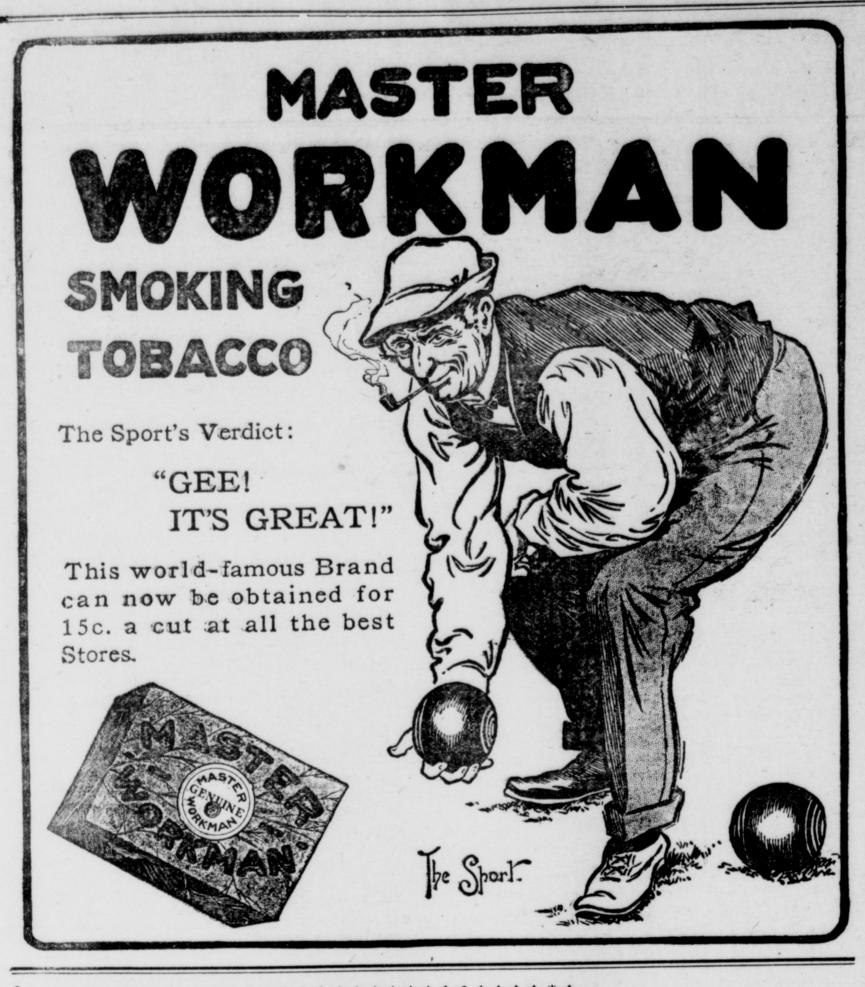
### DISPATCH THT



Jake Or No Jake --- She Was

leaped, but I thought I knew what I was about, and took the leap---then I looked! Well, if a girl gets a man Bound To Keep It. \* that won't work, there's just two things for her to do---set down in dirt or do double. Here, do you want this 'ere dressing sacque?

punching of the clothes before my big Socrates replied:

'I used to try it; but I found that wore worser on me than all the other things put together. Talk about "nerves" and "nervous" women, I found that with me, "nerves" meant temper. It was just dreadful what a state I'd work myself into when I couldn't make things go as I wanted 'em to. 1 got so I hated myself; and almost hated Jake. I knew that'd never do. That was about the time I got religion. I soon found out that when i'd had a particular hard day at a particular trying place, the fact that I had most of the earning to do, and Jake's not -- not -- wanting to work, pricked an jabbed and rasped and sung more'n usual. I though the thing out, and I knew I'd got to do something or else give up pretending to be a Christian. The first thing I did was to give up workin' at places where my upsetting sins got most stirred up.'

'Gave up work, Mrs. Cramp?' I asked.

'Yes, at them trying places where a woman expects you .o do a five-dollar job for two dollars; treats you as though you were a dog, and then makes you wait your pay. I found I always lost my temper easy after I'd worked all day at one of them places, and it looked as though 1 couldn't ask the Lord to not lead me into temptation, when I took a bit in my own mouth and deliberately went into temptation. Do you think I could?'

Here the clothes went gently through the wringer, but the flow of inspiration seemed to cease. The Pierian spring stopped bubbling, so I asked another question to start the flow again.

'Do you mean how'd I stop my upsetting sins, 'specially my temper, getting the upper hand of me? I quit working so hard, and I quit going to places where I got rasped and always went home feeling ugly. I don't go to no such places now. You, see I don't have to. A woman can do lots more work when she can do it peace: and then there's no internal fret and upheaval; she ain't near so tired out when she's through neither.

## DOCTORS FAILED. **RESTORED BY PERUNA**

Catarrh of the Lungs Threatened Her Life Miss Ninette Porter, Braintree, Ver mont, writes: "I have been cured by Peruna.

"I had several hemorrhages of the lungs. The doctors did not help me much and would never have cured me "I saw a testimonial in a Peruns almanac of a case similar to mine, and I commenced using it.

"I was not able to wait on myself" when I began using it. I gained very slowly at first, but I could see that it was helping me.

"After I had taken it a while I commenced to raise up a stringy, sticky substance from my lungs. This grew less and less in quantity as I continued the treatment.

"I grew more fleshy than I had been for a long time, and now I call myself weil,"

I looked at the shining face of the woman beside me, and smiled.

'You see, it was my heart that was tired. It wasn't "rest" from work I wanted, but "rest" while I worked. Itwas the worry, the fret, and the things that made me uncomfortable, that were the hardest part of my life See?' and the woman looked eagerly into my face.

'I understand' I replied.

'Wall, I thought you would. It is the queerest thing, I declare; but the rest that come that day into my soup when I understood about the "yoke" has never left me, There is a sort of real joy in doing things when I know I'm learning of the Master. I cant't explain how 'tis, but that day I made up my mind that I must have rest, and said, "Lord, I'll do anything if you will only show me how," such a sweet, homey comfortable, quiet peace come straight into my heart. .

'I made up my mind, right then and there, Jake or no Jake, work or no work, I was going to keep this beautiful great sweetness that had no fret inside. If ever a woman needed it, with what I'd got before me--six children to feed and clothe and educater. and Jake besides,-if ever a woman needed an internal and eternal rest, I was that woman. And it was as plain as daylight that there was no need of a miracle. All I had to do to keep this rest was to use my common sense and keep on the "yoke," and keep learning. You see, that's one reason why I wont go to places that used to fret me and tire me out, soul and body. And when I find my temper, "or my upsetting sins, is getting the better of me, and I begin to get riled, I jest stop and rest. Let me finish that starchin' now. You see, I ain't lookin' for rest in some easy-chair, but it's this inside rest I'm after.'-Zion's Herald.'

## 

My helper who comes when there is an unusually hard day for cleaning, scrubbing or laundry work, is a genius.

Imagine & quaint, strong, bright woman, who is running clothes through a wringer, while for reasons of my own, I am at work near by with the clear starch on fine garments.

'Yes, mum, I mind time to rest now. Jake--you know my Jake---is---shiftless-like, and so that keeps me purty busy. I don't reckon Jake's to blame for his no-account sort of ways. You ther told me I'd better look before I hard punch. A big sign followed the

see, the Lord made him out of the odds and ends of both families, the Crampses and the Binnees. They'd had urteen children when Jake was born. and he was sort of weakly, and they never made him work, and you can't change a man's habits any more'n you could turn the river back into the brook where it first started from.

'You see, when I married I didn't know as much as I do now. My mo- giving the clothes in the blueing a

'Ever, get discouraged? Well, yes, I should if I thought 'twas any use. The children've got to be raised, and got to be fed and clothed, and they've got to have an oducation. Supposin' I got discouraged? That wouldn't mend matters. All there is on earth to do is, jes, go on.

'Can't I make Jim work? Here there was a long pause, and I caught a glimpse of the strong bare arms

'Yousee, if you'er a Christian it helps. I don't mean just a church member, but-well-you know. When I first got religion I thought that if I wanted to get rid of upsetting sins, 'specially my crossness, all that I'd got to do was to cry, 'Lord! Lord!'' long enough, and I'd be a saint of the first. water; so I used to go to the meetln' and pray and pray and pray for deliverance. After a while I used to go out into our barn, up in the loft, Sunday afternoon, and just cry to God for help: and one day, all of a sudden, when I was a-readin' my Bible and praying over that place where Chris says, "Come unto me, and I will give you rest"-you know?

#### 'I said, "Yes, I know."

'Well! I was readin' that verse and holding out my hands for him to give me that rest right into 'em when I struck the next verse, "That my yoke upon you," "Learn of me," and I found I'd got something to do besides cry. "Lord! Lord!" The "yoke" might be "easy," but still it had a meaning and here Mrs. Cramp came o er to ny basin to take my work into her cwr hands.

I paused and said, "That is interest ing. How did it end?"

'You used to live on a farm?' she replied in a questioning tone. I nod ded. 'I knew if I took a "yoke" on me I must not only go to work, but I'd got to obey somebody; and it was all right there, in that verse, "Learn of me," "Come unto me," "All ye that labor," "I will give you rest"-"if you learn of me." It was jest wonderful how the light shone on those verses that day,

## Catarrh Gured By Breathing

You breathe in Hyomei (pronounced High-o-me) and inhale the antiseptic vaporized life of the pine and eucalyptol forests. As you breathe in this delightful air it passes over the inflamed and germ-ridden membrane, allays inflam mation, kills the germs and drives out the disease.

Druggist E. W. Mair sells Hyomei and guarantees it for catarrh, coughs, ronchitis, asthma and croup. A complete outfit includes hard rubber inhaler and costs you \$1.00. Extra bottles of

## No Bath In 22 Years,

St. Petersburg, Nov. 6-An old lady possessed of 1,000,000 rubles (\$500,000) has just died here from a malady due to twenty-two years' bstinence from soap and water. She allowed nobody but a single vervant to enter hir houe, fr pared her own food from tear of being poisoned, and allowed mice and rats to play about unmolested. The cause of her dea h is the

more extraordinary because Rus sians are great believers in the b th and most of them have a hot team bath every week.

# Hair Goods

#### OUR SPECIALTY.

"Consider the postage stamps say's Josh Billings, it makes its Mark by sticking to one thing till it arrives. So do we. Our sole Business is the Mauufacturing and importing of the latest fashionable Hair Goods at lowest possible prices. We carry all the latest novelties in Fancy Bands, Nets, Barettes, Combs, Etc. Give us a trial order to prove the satisfaction we can give you.

