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BUTTER PAPER
FOR SALE BY
"The Dispatch"

Household Hints

With The Needle.

Boston Advertiser

The omission of a tablecloth for break-
fast and luncheon is so general that no
housekeeper can have too many plate
doilies. This is a tip to the girl who is
wondering what she can give a friend.

It is possible with little effort to make
a complete lucheon set, centrepiece,
plate doilies and tumbler doilies to
match. The first should be 28 to 30
inches in diameter, the plate doilies
nine inches, and the tumbler size five
and one-half inches.

Use good round thread linen of fine,
firm grade, as some women do not care
for the coarse crash effects for table
use. If possible, get hand-bleached
quality. It costs more but wears much
better.

Both colored and white embroidery
are in good style, but if elaborate work
is to be done the all-white set is more
satisfactory, as it stays in style longer
and washes better.

A novel effect in arranging rows of
scallops is to form shallow pyramids,
pointing to the centre. This needs care-
ful measurement and some computation
before any stamping is done.

A crocheted lucheon set is always in
favor, and lovely simple patterns can be
found.

If you want this kind of a set to be
appreciated, work very firmly, as the
loose mats will not launder in the stiff
forms now in vogue for such mats.

The girl who does lace work can make
exquisite lunch sets at small cost. A
filet set, with a nine-inch-square for the
plate doilies, a six inch square for the
tumblers and a twenty-five inch square
for the centrepiece, makes a handsome
gift, if finely done.

It is often possible to pick up sets of
lace motifs that can be applied to linen at
bargain prices. The Irish crochet
medallions sold by Armenians by the
dozen can be turned into handsome sets
by combining with a little embroidery in
satin stitches and cut work.

Another good-looking set for one who
does not embroider is made by combin-
ing small lace squares with cluny or filet
insertion. These can be finished with a
narrow pitot edge or with an applied
linen hem.

Brown Cake

One cup brown sugar, half teaspoon
butter, one cup buttermilk, yolks of
four eggs, three teaspoons cinnamon,
three teaspoons spice, two large cups
flour, one cup raisins, one teaspoon soda.
Beat the eggs well, stir in sugar and
butter, add buttermilk and beat well.
Sift flour, soda and spices together
twice, the put both together. Roll
raisins in a little flour and put in last.

Ginger Cookies

One cup molasses, one cup butter,
half cup of sugar, one teaspoonful each
of ginger, cinnamon and cloves. A
little salt, teaspoonful of soda. Mix
molasses, sugar and shortening to-
gether and let them cook slowly for a
few minutes. Dissolve soda in half
cup boiling water. Stir all together
well, and add flour enough to roll thin.
Cook in quick oven.

Scotch Cakes

One cup sugar, two cups butter, four
cups of flour. Have the butter quite
soft, and mix well with the flour and
sugar, which has been previously sifted
together. Stir in just enough milk to
make them roll good. Cut in different
shapes. Bake in rather slow oven.

**Catarrh Cured
By Breathing**

You breathe in Hyomei (pronounced
High-o-me) and inhale the antiseptic
vaporized life of the pine and eucalyptol
forests. As you breathe in this delight-
ful air it passes over the inflamed and
germ-ridden membrane, allays inflam-
mation, kills the germs and drives out
the disease.

Druggist E. W. Mair sells Hyomei
and guarantees it for catarrh, coughs,
bronchitis, asthma, and croup. A com-
plete outfit includes hard rubber inhaler
and costs you \$1.00. Extra bottles of
Hyomei costs but 50c. By mail post-
paid 50c. and \$1.00 from The Booth Co.,
Limited, Fort Erie, Ont. Remember
Hyomei is guaranteed or the money
back if it fails you.

**THE ROYAL BANK
OF CANADA**
Pays special attention to
**Savings
Accounts**

IN THE WORLD OF SCIENCE

CAN WEIGH THE SOUL

It Tips Beam at Ounce To Ounce and
Quarter.

Dr. Duncan MacDougall, of Haver-
hill, Mass., who has long been a
student of psychical phenomena, de-
clared his belief, in an interview here
that the human soul weighs from one
half ounce to nearly an ounce and a
quarter, and further that the soul
substance is blended with the proto-
plasm of the brain and spinal cord
in life.

Dr. MacDougall says it has been his
experience in a dozen instances to
watch a dying man or woman stretch-
ed on a bed that was part of a de-
licately adjusted scale, and to hear,
as the patient's last breath leaves the
body, the noise of the dropping out
of the weight.

Again, sitting in a darkened room,
he has watched a strong ray of pure
white light rest along the body of a
dying man, covering him like a silver
bar from feet to head, and over the
face. Dr. MacDougall believes that
this ray of light is the "soul sub-
stance."

HOW INSANITY IS PROPAGATED

(1) Insanity will be inherited by all
the children if both parents are in-
sane.

(2) When one parent is insane and
the other is normal, but has the in-
sanity taint from one grandparent,
half the children will be insane and
half will be normal, but all will be
capable of transmitting the insanity
taint to their descendants.

(3) If one parent is insane and the
other is normal and of pure normal
ancestry, all the children will be nor-
mal, but they will be capable of trans-
mitting the insanity to their descend-
ants.

(4) If both parents are normal, but
each inherits the insanity taint from
one grandparent, one-fourth of the
children will be normal and will be
incapable of transmitting the insanity
to their progeny; the remaining
half of the children will be normal,
but will transmit the insanity taint to
their offspring.

(5) Both parents being normal, one
having a pure normal ancestry and
the other with the insanity taint from
one grandparent, all the children will
be normal, and only half of them will
be capable of transmitting the insanity
taint to their descendants.

(6) When both parents are normal
and of pure normal ancestry, all the
children will be normal, and will not
be capable of transmitting an insanity
taint to their progeny.

For the sake of simplicity and brevity
the word "insanity" has been used
in the foregoing paragraphs to include
feeble-mindedness as well as certain
— but not all — forms of mental
disease.

Lighthouse Without a Keeper

"What do you think of a perpetual
lighthouse, needing no keeper and
yet as regular in its flashes of light
as one maintained by the Govern-
ment" says a writer.

"This natural light never fails, and
that means much for navigation. It
is a volcano on the Island of San
Salvador. This volcanic lighthouse is
about eight miles inland from the
port of Acapulco. It is a veritable pil-
lar of cloud by day and the flash
of its light by night has been valuable
to mariners for years. It can be seen
far out at sea and a burst of flame has
gone upward every seven minutes
without the variation of a second for
many years.

"A lighthouse fee is collected of all
vessels that put in at the harbor near-
est the volcano and no skipper ob-
jects. He knows that the volcano is
more reliable than the lighthouses
kept by human beings on other coasts
and the novelty of the light is worth
the price charged by the Govern-
ment."

TWENTY SIX-FOOTERS

A Startling Example of How Oats
Create Height

Archdeacon Sinclair, in advising boys to
eat much oatmeal, said this: "Among my
brothers and my father's brothers and
sisters there were 20 six-footers, all brought
up on oatmeal."

Oats contain more body-building food,
more brain-building food, more nerve-build-
ing food than any other grain that grows.
No other item in all human diet compares
in importance with oats. Nothing else
creates so much energy.

But thousands of people buy this food
carelessly. They accept oatmeal made
from oats as they run—the plump and
small, the rich and the worthless.

Quaker Oats is made from the cream
of the oats, selected by 62 siftings. Only ten
pounds in a bushel are good enough for use
in this food. The result is a richness and
flavor that all enjoy, and the maximum
value as food.

Yet Quaker Oats, despite its quality, costs
but one-half cent per dish. Does it pay to
take something inferior?
Made in Canada.

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Sheathing, Flooring and House Finish of
all kinds**

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Just imported, a consignment of No. 1 White Wood.

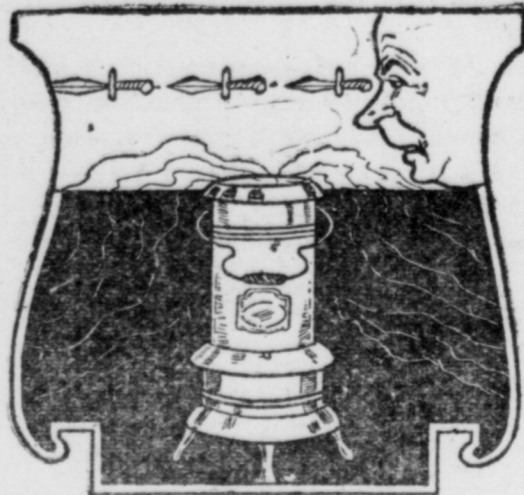
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in all sizes. Oil stoves, too, that
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at lowest prices.

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A Fire All the Time
A Saving of 25 to 50 Per Cent
of Fuel

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Tube Feeding the Fuel with Hot Air
All the Time

THE QUEEN HEATER is more
of a heating machine than it is a
stove. It can be regulated like a
lamp. You can have your room
any temperature you wish. You
positively keep a slow fire burning
24 hours by putting in one large
stick or knot. Will heat a room
20 feet square in ten minutes in
cold weather, or no sale.

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cleanest stove in the world. No
opening of any kind. Will save
half the fuel of the average stove
Burns large knots, chunks, chips
and trash.

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world.

SITTING-ROOM STOVE—Be-
cause one fire can be run all winter

BEDROOM STOVE—The finest
thing in the world.

DINING-ROOM STOVE—Be-
cause you heat your room in ten
minutes.

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W. F. Dibblee & Son.

The Hardware Dealers

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