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At Millville the 16th and 17th, and
Pokiok 18 and 19th of each month.
At Centreville Office six days begin-
ning the 20th of each month
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three days, beginning the 26th of each
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Several desirable building Lots,
in the Town of Woodstock, at
moderate prices.
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**Butter
Paper**
FOR SALE BY
"The Dispatch"

Household Hints

Peanut Sandwiches

There are several ways of using pe-
anuts for sandwiches. They may be
simply pounded or chopped fine, well
sprinkled with salt, moistened with a
few drops of olive oil, and spread
thickly between slices of buttered
bread. Or they may be powdered and
stirred in mayonnaise for the filling,
mixed with cream cheese and spread
between crackers or slices of thin
buttered bread. Another way: With
a biscuit cutter cut slices of bread
round, cover with whipped cream (not
sweetened); mash some peanuts fine
and sprinkle thickly over the cream.
Nice for afternoon luncheons.

Baked Parsnips

Scrape the parsnips and boil until
tender, then slice them lengthwise.
Have ready in a dripping or roasting
pan some hot drippings or butter. Lay
in the parsnips, sprinkle with sugar, a
little salt and pepper, and let them
brown nicely in the oven; when one
side is browned, turn and brown on the
other.

Chocolate Hard Sauce

A delicious sauce for steamed plum
pudding may be made by first making
hard sauce with butter and powdered
sugar. When light and creamy add the
white of an egg and two or three
tablespoons of cold melted chocolate.
Beat until the egg is frothy, then add a
little vanilla.

Hard-and-Fast Routine

More and more, as we grow older,
do we become the victims of routine
and slaves of the hour.

The same round of duties lies every
morning waiting for the coming of
the mistress of the house as she takes
up the reins of government with the
best heart she may.

The woman who really rules her
household and assumes the responsi-
bility of wife and mother as her own,
is to be laid on the shoulders of
any deputy, gradually, in too many
cases, lets go the opportunities of in-
fluence and blessing which would in-
terrupt her prescribed order of ac-
complishment.

Round Steak Boiled

If properly cooked boiled round
steak will be rare, tender and juicy.
Plunge the meat into sufficient boil-
ing water to cover, boil rapidly for
fifteen minutes, then push the kettle
over a slow fire where it will sim-
mer at one hundred and eighty
degrees Fahrenheit for fifteen minutes
to each pound of beef. Serve
the beef with cream horseradish
sauce, boiled turnips or cabbage and
potatoes.

An old country woman and her
daughter went into a shop in town
to buy a bonnet. When she had pur-
chased the bonnet the milliner, turn-
ing to the woman, said:—"What about
a sailor for your daughter?" meaning,
of course, a hat. The woman turning
to the girl, indignantly retorted—
"What about a soger for yourself?"

Women Suffer More than Men

Women have more than their share of the
aches and pains that afflict humanity. They
must "keep up," in spite of constantly aching
backs, or headaches, dizzy spells, etc. Mrs.
Edward Calwood of 123 S. Harold Street
Fort William, Ont., says:

"I suffered with dull miserable pains, sore-
ness across my back and in my sides for
months. They would catch me so badly at
times that I could scarcely move around. I
would have dizzy spells and altogether, felt
generally run down. After using a number
of remedies without finding relief, I learned
of Booth's Kidney Pills and found them an
excellent remedy. They not only relieved,
me of the miserable pains and soreness in my
back but cured me of my kidney trouble."



Booth's Kidney
Pills cure Back-
ache, Dull Shooting,
Pains, Thick and
Cloudy Urine,
Gravel or Stone,
Rheumatism and
all diseases of the
kidneys and blad-
der.

All druggists and dealers 50c. box or post
paid from The R. T. Booth Co. Fort Erie
Ont. If you derive no benefit your money
will be refunded. Could we say more? Sold
and guaranteed by E. W. Main.

Diggs—I see that they're making
brandy from sawdust.
Wiggs—Good gracious, as if the
forests were not disappearing fast
enough as it is!—Cleveland Plain Deal-
er.

**THE ROYAL BANK
OF CANADA**
Pays special attention to
**Savings
Accounts**

A Familiar Friend Of 100 Years Ago

Marvelous changes have been
wrought in the way of living in the last
100 years. We prepare our food in a
different way, we eat differently, dress
differently, are taught differently in
the schools. If we stop a moment to
compare our "ways" with those of a
hundred years ago, we are almost led to
believe that everything has changed
and everything has been improved.

In the matter of treating our ailments
the changes are no less noticeable than
in other things. Old ways and old
methods are gone. Amid all this change,
however, we are almost startled when
we think of one household preparation
which has come down to us out of the
remote past unchanged, and which is
today more highly respected than ever
before. We refer to that old reliable
household remedy, Johnson's Anodyne
Liniment, which has been used contin-
uously by the people of this country for
101 years.

One hundred years is a long time. To
go back to when it began is to get out
of the age of the flying machine, the
automobile, the telephone and the tele-
graph to a time when such things were
not even dreamed of. It goes back be-
yond the steam railroad into the realm
of the stage coach. The steamboat
was a hundred years ago a new thing.
In 1810, when Johnson's Anodyne Lin-
iment was first compounded, James
Madison, 4th President of the U. S.,
had just been inaugurated. Abraham
Lincoln was then a one-year-old baby.
The country then had less than one-
tenth of the population it now has and
not one in a hundred thousand of its
present 90 million of people had then
been born.

With the age of this 101-year-old
friend goes respectability. The respect
is due solely to its virtues. It could not
have lived over 100 years if it had not
been one of the most efficient remedies
the world has ever known for the aches
and pains, the ills and ailments to which
the human family is subject. During
its lifetime thousands of other liniments
have come and gone and been forgotten.
The 101-year-old liniment lives and
grows in the affections of the people.
Where it has once been used in a family
it is a rare thing that anything else has
ever been found to take its place. Thus,
in innumerable households it has come
down, like a valued heirloom, from
father to son for generations.

The Anodyne Liniment is manufac-
tured by I. S. Johnson & Co., Boston,
Mass., and is sold by dealers generally
throughout the country.

HOW MEN ENDURE

The Oat-Fed Man Can Outwork
All the Rest

A concern which employs 2,000 woodcut-
ters made scientific tests of food. The re-
sult has been to prove oatmeal the great
endurance food. Those workers now all
start the day on a diet of oats alone.

No other grain supplies the energy of oats.
You know the affect on horses. It is just
the same on man. Any man can increase
his endurance, his vim and vitality by eat-
ing more oats.

That is why oatmeal is so immensely im-
portant. In this food above all foods one
should insist on the utmost. It is not a
wise thing to serve common oatmeal.

The rich, plump grains used in Quaker
Oats are selected by 62 siftings. Only ten
pounds can be obtained from a bushel.
But those choice grains have richness and
flavor, and the maximum value as food.

Quaker Oats is the cream of the oats
made delicious. Yet, despite its quality,
the cost to you is but one-half cent per dis-
t. Made in Canada. (170)



"Vessels Large May
Venture More, but
Little Ships Must Stay
Near Shore."

The large display ads. are good
for the large business and the
Classified Want Ads. are propo-
riately good for the small firm.
In fact many large firms became
such by the diligent use of the
Classified Columns. There ex-
ample is good—start now.

**WOODSTOCK WOOD-WORKING
COMPANY, LIMITED,**

MANUFACTURERS OF

**Doors, Sashes, Blinds, School Desks,
Sheathing, Flooring and House Finish of
all kinds**

We employ a first-class Turner, and make a specialty of Church
stair and Verandah work. Call and see our stock or write for prices
before purchasing. All orders promptly attended to.

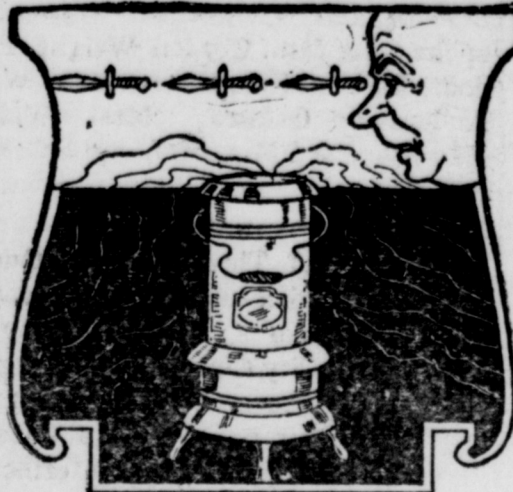
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Clapboards for sale.

Hard Pine Flooring and Finish.

N. B. Telephone No. 68-8.

Union Telephone No. 119]

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sary articles for the winter and
here we have a variety of them
in all sizes. Oil stoves, too, that
are even handier still. Get your
winter Hardware now before
you actually need it. All kinds
of Hardware in the best qualities
at lowest prices.

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A Fire All the Time
A Saving of 25 to 50 Per Cent
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See that Vertical Hot Blast Draft
Tube Feeding the Fuel with Hot Air
All the Time

THE QUEEN HEATER is more of
a heating machine than it is a
stove. It can be regulated like a
lamp. You can have your room
any temperature you wish. You
positively keep a slow fire burning
24 hours by putting in one large
stick or knot. Will heat a room
20 feet square in ten minutes in
cold weather, or no sale.

Absolutely AIR-TIGHT and the
cleanest stove in the world. No
opening of any kind. Will save
half the fuel of the average stove.
Burns large knots, chunks, chips
and trash.

PARLOR STOVE—Best in the
world.

SITTING-ROOM STOVE—Be-
cause one fire can be run all winter

BEDROOM STOVE—The finest
thing in the world.

DINING-ROOM STOVE—Be-
cause you heat your room in ten
minutes.

The Queen Top Draft Stove is only sold by

W. F. Dibblee & Son.

The Hardware Dealers

Write them for circulars and prices.

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Just get a few of your friends to subscribe for "The
Dispatch" and get one or more of the following
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We are going to give every boy or girl that gets us

3 Subscribers, a pair of Nickel Plated Hockey Skates
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The terms are one dollar a year in advance.