

QUICK RELIEF FROM THAT PERSISTENT, HACKING COUGH

We mean the kind of cough it gives one a cold shiver just to hear—the dry, deep-seated hack—hack—hack—that seems as if it were tearing the very vitals. That's the kind of cough that means business.

Fortunately, though, that is also one of the kinds of cough for which Na-Dru-Co Syrup of Linseed, Licorice and Chlorodyne was first prescribed, and which it has been relieving with great promptness and regularity ever since.

Na-Dru-Co Syrup of Linseed, Licorice and Chlorodyne is absolutely free from harmful drugs of any kind, and is safe even for children. It is pleasant to take, and acts quickly, relieving the irritation, loosening the phlegm, promoting expectoration, and so stopping the cough. Thousands declare it to be the best cough syrup they have ever tried.

Your Druggist will gladly recommend it, and will supply you with either a 25c. or 50c. bottle. The National Drug & Chemical Co. of Canada, Limited. 116

Enjoyable Sleigh Drive

On Wednesday Feb 7th, a few of the members of "Brunswick Rebekah Lodge," No 44, enjoyed a very pleasant "moon-light" drive to Lindsay where they were most hospitably entertained at the home of Mr and Mrs Harry Briggs, each receiving a very hearty welcome.

After spending a very enjoyable evening, a dainty luncheon was served at the midnight hour, after which host and hostess were escorted to the "Drawing Room" where Brother Stevens, on behalf of Brunswick Lodge, No 44, tendered Brother and Sister Briggs a most hearty vote of thanks for their kindness and hospitality; which was heartily responded to by all present.

The guests departed in the "Wee small hours" each declaring Brother and Sister Briggs a most charming host and hostess.

Those present were.—Mr and Mrs H W Dalling, Mr and Mrs W W Loane, Mr and Mrs Baker, Mr and Mrs Fields, Mr and Mrs G True, Mr and Mrs Stevens, Mr and Mrs Black, Mr and Mrs Roy Briggs, Mr and Mrs Judson Briggs, Mrs J W Ellsworth, Mrs G W Lee, Mrs Grey, Misses Agnes Dent, Inez Burt, S McLean, Lizzie Gibson, Rheta Ellsworth, Abbie and Nellie Montgomery, E Cambridge (Hartland), B West and A West, (Centerville), Velma Tilley, C E Allingham, Messrs E Burt, Wm Vasey, L Hull, Douglas McBride, Harry Dunbar, Alex Brown, Rev M K Charman and Fred Davidson.

Does Your Stomach Work Properly

There is no complaint so humiliating and tiresome as stomach complaint. The reason so many people suffer with their stomach is because they overwork it and do not give it a tonic.

Mio-na Tablets will tone the stomach and speedily remove the disagreeable belching (gas on the stomach), sour taste and foul breath. Dizziness, biliousness and headache all disappear when you begin to take Mio-na.

Mio-na is guaranteed by E. W. Mair who will refund your money if they fail to cure or do what we claim. Postpaid from The R. T. Booth Co., Limited, Fort Erie, Ont., on receipt of price, 50c.

A fumigating boat, used in the harbor of Hamburg to rid incoming ships of rats, has been known to kill more than nine hundred rodents on a single vessel.

How To Tell Catarrh

An Experienced Physician Says the Following Symptoms Are Sure Signs:

You can always tell Catarrh by the following well-known signs:
Eyes red and watery?
Difficulty in breathing?
Are the nostrils stuffy?
Do you sneeze frequently?
Is your throat hoarse?
Do you spit phlegm?
Oppression in the chest?
A ringing in the ears?

If you have any of these indications of Catarrh, cure the trouble now—stop it before it gets into the lungs or bronchial tubes—then it may be too late. The remedy is "Catarrhazone," a direct, breathable cure, that places antiseptic ointments and healing medication on every spot that's tainted by Catarrhal germs.

There can be no failure with Catarrhazone—for years it has successfully cured cases that resisted other remedies. "No one can know better than I the enormous benefit one gets from the very first day's use of Catarrhazone," writes T. T. Hopkins, of Westvale, P. Q., "I had for years a stubborn case of Bronchial Catarrh, ear noises, headache, sore eyes, stopped-up nose, and throat. It affected my appetite, and made my breath rank. Catarrhazone cured quickly."

Get Catarrhazone, use it, and you are sure of cure—beware of imitations and substitutes. Large size Catarrhazone, with hard rubber inhaler, lasts two months, and is guaranteed. Smaller sizes 25c and 50c. By mail. 3

FARM AND FIELD

CAN'T BE TOO CLEAN

Dairying is Profitable, but to Make and Keep It So Demands Attention to Minor Details.

The matter of cleansing dairy utensils is a big proposition, and where there is a large herd of cows it is almost a necessity to have a steam boiler in the dairy building. Cleaning may be done by hot water, but this is a slow and hard process of washing, where by steam the work can be done quickly and cheaply. In addition to added convenience the boiler furnishes heating for a dairy building in winter and provides power where any is necessary, for separating milk and churning, etc. The power is beneficial and adds to the cheap production of dairy products, but cleanliness is the great essential in the dairy business. This can only be obtained by an abundance of hot water or steam.

The dairy business is one of the progressive branches of our agriculture, and has been proved to be a very profitable business, worthy of the best brains of those engaged in agricultural work, and to get the most out of it requires attention to the small details, as well as a wide knowledge of methods of feeding, stabling and general care of cows and of the methods of handling and disposing of the dairy products.

NOTHING LIKE PURE BRED POULTRY

The reason that scrub poultry always proves unsatisfactory may be understood by considering the relation which they bear to certain laws of breeding. These laws hold good whether with plants or animals, whether with birds or beasts. The law of inheritance that "like begets like" means that certain of the characteristics of a parent are inherited by the offspring and the apparently contradictory law, the law of variation, that "like begets unlike" means that every offspring differs from its parent to some extent. If a variety of fowl has been bred pure for a great number of generations and in every generation only those allowed to live which conform to a certain type, the resulting offspring are very likely to possess a uniformity of type and characteristics similar to that in the birds which have been used for breeding through the previous generations. A bird resulting from such a line of breeding is prepotent, which implies that it has the power to imprint its own likeness upon its offspring.

To Preserve Vegetables

Vegetables properly prepared and stored in a good cellar can be kept as good as new far into the following summer. Potatoes and all roots will keep better if covered with dry earth. Cabbage and lettuce should be trimmed of rough leaves and roots, and packed head downwards. For celery, take all rough, worthless stalks and leaves off the roots, place close together on the cellar floor and fill in between the plants with fine sand to nicely cover the roots. If properly done the celery will keep until June. Onions, if well cured, can be kept in long boxes a foot deep, suspended two feet from the cellar ceiling. All stuff should be covered with cotton sheeting or old bags, to keep it from sudden changes of temperature by opening doors. The cellar should be kept at a forty to forty-five degrees temperature.

With just a little care and trouble fresh vegetables can be in use every day in the year.

Fighting the Hessian Fly

When fall wheat is attacked by the Hessian Fly sowing should be postponed as late as possible, that is to the end of September. By this means the young plants will escape the second or summer generation of flies and their eggs will not be deposited on the young wheat, as it will come up after the flies have disappeared. If care is taken in the preparation of the land and a little fertilizer used any loss which might be experienced owing to the late sowing will be made up, apart from the fact that the increase in yield incident to the young plants escaping the Hessian Fly will be considerable. This procedure has proved successful in Ontario and also in the United States, and from its results appears to be the best remedial measure that can be adopted.

To the Hen and Her Egg.

Lives there a farmer's wife whose mood,
When she beholds the yellow brood
That's just broke forth from many a shell,
Doth fail to make her bosom swell?
If such a heartless one there be,
Please do not make her known to me!

Is there a farmer sits him down
To carve the rooster, roasted brown
With gravy, dressing, or with pie,
And doesn't heave a grateful sigh?
If indigestion's pangs pursue
That farmer, he's but got his due!

If every soul who reads this verse
Reflects how much he'd be the worse
Without the hen, and all she gives,
To all those meals whereby he lives,
He'll join me in my heartfelt praise,
Of her, and all the eggs she lays.

DANGERS OF RAPE PASTURE

Points to be Avoided in Turning Cattle and Pigs into the Rape Field.

Some caution is necessary in starting cattle or sheep to pasture down rape. There is some danger of digestive troubles when stock are turned on the rape before it is sufficiently matured, but the greatest danger is from bloat. The bloating is most likely to occur during the first few days of their feeding on it. It is never wise to turn stock on rape for the first time when they are hungry. Always allow the cattle or sheep, as the case may be, to have their appetites fairly well satisfied in pasture or other feed, and then turn them into the rape. They will not be over hungry and consequently are not so likely to gorge themselves. The risk of trouble from bloating can be almost entirely avoided by turning the stock on the rape when it is dry, after the dew is off, and leaving them on for a short time the first day, longer the second, and so on, until they become accustomed to it, when they can run on it at will with little danger. Do not forget that stock should never be pastured exclusively on rape. They should have free access to a grass field and the rape field at the same time. Pigs turned in wet rape sometimes suffer from skin trouble, brought on by the irritation caused.



COL. HON. J. M. GIBSON,
Lt.-Governor of Ontario

To Destroy Caterpillars.

Caterpillars are one of the greatest sources of annoyance to gardeners, both professional and amateur, and the following is a capital method of getting rid of them. The method is simplicity itself. If your garden is infested by caterpillars just catch a few of them and feed them on some lettuce that has been soaking in water for four days. After they have eaten their fill of the lettuce they will soon be dead. The method has recently discovered that the consumption of watered lettuce leaves induces a violent and fatal attack of cholera amongst caterpillars. One caterpillar so infected quickly spreads the disease amongst its fellows, and so quickly rid the garden or orchard of the pest that has so long been the despair of farmers and the like. A caterpillar suffering from the caterpillar cholera soon stops eating. It becomes weak, and has no inclination to move; usually crawling up the trunk of a tree, fence, wall, or other vertical surface, where it remains without motion. In a few hours there drops from its mouth a blackish liquid; the caterpillar becomes more and more flaccid, one leg after another loses its support, and finally the creature, reduced to a black skin, hangs dead, still holding on with one of its false feet. There is no

"Pale and Depressed"

Anaemia, Bad Blood, Indigestion, Sick Headache, Dizziness.

Success of Dr. Hamilton's Pills

For her life and health Mrs. E. K. Wilkinson is indebted to the marvelous curative properties of Dr. Hamilton's Pills. Her brightness, activity, and present good looks are due to nothing else but the enormous benefit she derived from using this grand medicine.

From her home in Newton, where she resides with her large family, Mrs. Wilkinson writes: "For years I was pale, anaemic, and lacking in vitality. I was a constant sufferer from indigestion, and the distress and pain it caused me, coupled with ever-increasing anaemia, made me weaker day by day. Constant headaches, specks before the eyes, and attacks of dizziness made me feel as if life were not worth living. My constitution was completely undermined and the constant pallor and dullness in my eyes showed what a sick woman I was. I began to take Dr. Hamilton's Pills and the improvement although slow was sure. I gradually got back my strength and my appetite grew much stronger and I enjoyed my meals thoroughly. I felt happier and more contented and the sickly pallor of my face was replaced by a bright, rosy color which proved that a strong medicine was at work. In a few months Dr. Hamilton's Pills brought me from a condition of deathly despair to robust health."

You can obtain the same results by using Dr. Hamilton's Pills—25c per box, or five boxes for \$1.00, at all dealers.

NO

MATTER WHAT COFFEE YOU

now drink, it can't cost over a cent a day extra to drink the finest coffee in the land. This is

Seal Brand

grown from selected seed under the best agricultural conditions.

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CHASE & SANBORN

MONTREAL

danger of caterpillar cholera spreading to human beings or animals. It is a variety of disease quite distinct in its way, and only infectious as regards caterpillars.

Percherons in the West.

The season's shows in Western Canada have called out a very large representation of Percheron horses. It is the general rule that classes for this breed have been much better filled than in former years, and quite often the growth in these classes has been greater than in any other classes of horses at the fairs. There has been a noticeably extensive movement of Percherons to western Canada during the last year, and several breeders have collected a very large number of the black and gray horses on their ranches. Although Clydesdales have a strong footing, especially among those who have gone west from eastern Canada, there seems to be a distinct preference for Percherons among emigrants from south of the line. The Percheron Society of America is assisting the Canadian fairs to encourage classes for this breed.

What the Farmer Needs

Perhaps one of the most urgent needs of the farmer at this season is a vacation, suggests a writer in the "Canadian Thresherman," not necessarily a trip abroad, but something to temporarily relieve the strain of long-continued farm labor. It may be hunting or visiting friends and relatives; anything which has the essence of a play spell is in the truest sense a recreation. The farmer who makes a practice of doing this is the one whom you may expect to keep young the longest, even if his business cares are ever so great.

BRITAIN'S COAL SUPPLY

Propheced Exhaustion of Fuel Will Hinder the Advance of Improved Engines and Machinery.

Scientific calculation goes to show that the available quantity of coal in the proved British coal fields is in the neighborhood of 100,000 million tons. If the rate of working continues as it is doing this will be completely exhausted in 375 years. The life of a nation 175 years is a span. It is far from certain, indeed, whether the period named is not an extreme one, for the ever-expanding mechanical activity of the world indicates an acceleration of the rate of output on which the calculation is based, and so it is not beyond the range of possibility that the children of those now living may, before they become octogenarians, witness the contraction of industry, the beginnings of the at first slow but afterwards rapid transformation of Britain's great career.

It is pointed out however that this summing up of our learned men does bolt the door against a more hopeful prospect. At present the greater part of the energy potential in the coal mined is wasted. There can be economy in many ways, it is pointed out, by the substitution of turbine engines for reciprocating engines, thereby reducing the coal required per horse-power from 4lb. or 5lb. to 1½lb. or 2lb.; by the further replacement of turbines by gas engines, raising the economy to 30 per cent. of the total energy available in the coal, and thus lowering the coal consumption per horse-power to 1lb. or 1½lb.; by creating the power at the pitmouth and distributing it electrically, as is already done in the north of England. There are other methods by which economy can be effected, but none of them perhaps so obvious as that of checking waste in the domestic grate as well as the factory chimney.

TWO NEW LAKES

A spectacular feature attending the building of the barge canal, in New York State, is a change in the map of the state that will add to its lakes two bodies of water of considerable size.

A profile of the canal across the state shows a continuous descent from Lake Erie to the confluence of Seneca and Oneida rivers, then a rise to the comparatively low divide in the vicinity of Rome, followed by another continuous descent, to the Hudson. From this it will be seen that there are two critical points in furnishing a water supply for the canal. The problem at the western end is readily solved by the abundance to Lake Erie, but throughout the history of the state canals, the question of supplying the Rome summit level has always presented more difficulties, and has led to the building of a chain of reservoirs among the hills to the south and within the Adirondacks on the north.

For the enlarged canal these existing sources are retained, and the two large reservoirs are added.

The work of building the dam and clearing the site at Delta, for impounding the waters of the upper Mohawk, about five miles north of Rome is now about three-quarters done. Across the greater part of the river gorge, 600 feet wide at its base, the dam has reached its full height of 100 feet above the loftiest foundation. When the gaps left for the river and an existing canal are closed, and the ton of the dam is extended to its 1,000 feet of length, there will be formed a reservoir some four miles long and two miles wide at the base of its triangular shape, having an average depth of twenty-three feet and a capacity of about 20,750,000,000 gallons.

The Mystery of Glass

A correspondent recently reported what he described as the "curious freak" of a backbird flying against a parlor window many times at the same spot continuously. Such an incident is not uncommon. Birds have been known to fight for hours at a time, day after day, with their own image reflected in a pane of glass, pecking and fluttering against the pane and quite exhausting themselves in their fury to demolish the supposed rival. It is another instance of how the arts of our civilization corrupt and confuse the birds. It is the same with fishes. Darwin tells a story of a pike in an aquarium separated by plate glass from fish which were its proper food. In trying to get at the fish the pike would often dash with such violence against the glass as to be completely stunned. It did this for more than three months before it learned caution. Then when the glass was removed the pike would not attack those particular fish, but would devour others freshly introduced. It did not at all understand the situation, but associated the punishment it had received, not with the glass, but with a particular kind of fish. Darwin's American monkeys proved themselves more "knowing."

A New Cave Wonder

"Cathedral Cave" is the name that has been given to a vast cavity in the earth near Prescott, Arizona, in which are found some of the most awe-inspiring works of nature, in the form of stalactites and stalagmites, that the eye of man ever beheld; also there are evidences that the place was used both as a burial ground and as a dwelling by some prehistoric race. The discovery was made accidentally only a few weeks ago, when a picnic party was going through a large cave that has been known for years. One of the party stumbled on a dark and narrow crevice giving access to the glorious "Cathedral." From the floor were picked up human bones and articles, which indicated that the cave had been used as a burial ground by the mysterious people who inhabited the south-west of what is now the United States before the Aztecs. Implements and domestic pottery were strewn about in profusion.

Are You Using An Oily Liniment?

Beware of Any Thick, Greasy Liniment That Contains Acids and Strong Ammonia.

No doctor would think of prescribing a greasy, thick, ammonia liniment—they can't penetrate, and in consequence are unable to reach the source of pain. The best liniment for general household use is "Nerviline," which is sold under positive guarantee to cure pain.

Nerviline is sure to cure pain because it is immensely stronger than other liniments, because it is more penetrating, because it relieves the congested condition that excites pain, because it restores circulation of the part. Now you understand why one person in three throughout the Dominion of Canada uses Nerviline. These people have tested it. They know how good it is, because in the hundred and one minor ailments that afflict us at odd times they found Nerviline always cured. Nerviline is an absolute antidote to pain, powerful, soothing, and certain in its action.

Nerviline is estimably the finest remedy for pain found in the world. Not an ache or pain anywhere that Nerviline does not cure.

Try Nerviline for neuralgia, headache, sciatica, lumbago, stiffness, rheumatism—wherever there is soreness, or pain, rub on Nerviline, and you'll be cured. Refuse anything offered you instead of Nerviline. Large 25c bottles, five for \$1. All dealers, or The Catarrhazone Company, Kingston, Ont.