

ZAM-BUK

MRS. A. SAICH, of Cannington Manor, Sask., writes:—"My brother suffered severely from eczema. The sores were very extensive, and burned like coals into his flesh. Zam-Buk took out all the fire, and quickly gave him ease. Within three weeks of commencing with Zam-Buk treatment, every sore had been cured."

This is but one of the many cures we are constantly receiving from people who have proved the healing powers of Zam-Buk. For eczema, piles, sores, burns, cuts and all skin troubles there is nothing like this wonderful balm. No skin disease should be considered incurable until Zam-Buk has been tried.

All Druggists, 50c. per Box.
Refuse Substitutes.

ECZEMA

Apple Catsup.

Wipe, quarter, pare and core 12 sour apples. Put in a saucepan cover with boiling water, bring to the boiling point and let simmer until soft, when nearly all the water should be evaporated; then rub through a sieve. To each quart of apple pulp add the following: M x one cup sugar, one teaspoon pepper, one of clove, one of mustard, two of cinnamon, and one tablespoon salt; add two grated onions and two cups cider vinegar. Bring the apple pulp, to which the mixture has been added, to the boiling point and let simmer one hour. Bottle, cork and seal while hot.

Flammarion, the great French astronomer, figures it out that deaths from lightning in United States are only ten a year for each 1,000,000 people. But the fact will not alloy feminine terror at each storm.

Sweet Pickles—The following is a rule for making any kind of fruit sweet pickles. For each pound of fruit after being pared, cored or pits removed: sugar one-half pound, vinegar one-fourth up with unground spice (tied in cloth) to taste. Boil together until fruit is tender. Take out fruit. Boil down juice or syrup, then pour over.

Tomato Marmalade.—Peel and chop ripe, firm tomatoes, allowing for each pound the grated yellow rind of a lemon. Boil together till the tomatoes are soft, when to each pint add the juice of a lemon and a pound of sugar. Cook for about a half hour or until it will jelly when placed on a chilled plate. Put away as with other marmalade.

Light burning of underbrush to remove forest litter has been practiced in India, with the idea that it improves conditions for teak growing. Now after long investigations forest officials there say that the fires are harmful, that full fire protection must be extended everywhere, and that to be really effective this protection must be continuous.

The youthful high waist line women are loath to forego, and it has been retained by many designers.

Now is the time to fight the mites as hard as you can. They are hard at work and will be numberless in a few weeks if they are neglected.

Remove the seed pods from all annuals as soon as they appear and the plants will bloom for a much longer period than they will if the seeds are allowed to develop.

Clean the incubators up thoroughly and store them away until next spring. The way you do this work may tell more than you think on another season's success.

When heating milk for pudding or custard, put a little sugar into it; this will prevent its scorching.

FAITH IN DOMINION

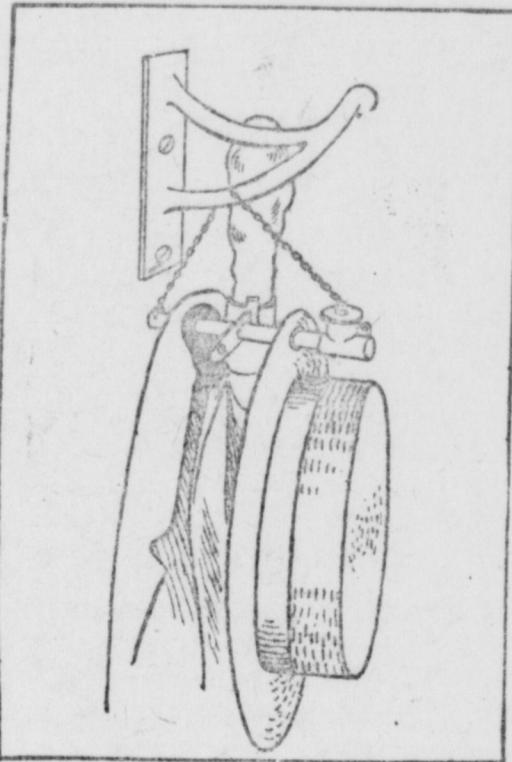
Quiet Years Mere Breathing Spells Says Big Railroad Man

Speaking at Cochrane, Mr. A. W. Smithers, chairman of the Grand Trunk Railway Board, declared his belief in Canada's future greatness and prosperity in the following words: "The spirit that animates you all to go forward and conquer will lead to a continuance of prosperity in Canada and if we have a little quieter year or two I do not think we should look upon it with any fear, but rather as a good omen that it will give us time to take breath to make the next big stride forward. I believe in the main Canada is sound, because as long as her immigrants come in, and as long as new land is broken up every year, that is the real source, the real standard of the wealth of Canada; and as long as that goes on I think the prosperity of Canada—although it may ebb and flow slightly—I do not think there is any considerable setback to be apprehended, but that she will go on and show continued progress as she has done in the past."

CANNOT LOSE CLOTHES

Locking Device Designed to Frustrate Hotel Thieves

Necessity is the mother of invention and the inventor of the lock for wearing apparel shown in the accompanying illustration, was probably prompted by an unfortunate experience in a restaurant of some busy city. He probably discovered that some persons keep themselves supplied with hats, umbrellas and coats by picking out the best at hand when they are ready to leave such a public place as



LOCKS HIS CLOTHING ON THE HOOK a restaurant. If they make their getaway, all right, but if detected, it is a very simple matter to ask pardon and say mistake.

This device, which has been recently patented in this country by a Canadian, consists of a bar with a removable head and a small chain and a key for locking the two parts together. If it is desired to relieve oneself of hat and coat, the garments are secured on the bar and the chain passed through an opening in the wall hook and they can then be left with perfect safety so far as stealing the garments is concerned. This bar is adapted to hold hat, coat and umbrella or cane.

BATH FOR EYEGLASSES

Good Results Follow a Good Soap and Water Wash

Do you ever give your eyeglasses a bath? If not, give them a surprise and see how you like the result.

Dampness and dust form a gummy combination on the eyeglasses, and the wearer of glasses or spectacles will find his vision, apparently, much improved by giving them a thorough washing daily with soap and warm water, followed by drying and polishing with tissue paper. The gummy substance which collects on the lenses cannot be removed by a mere rubbing with cambric or tissue paper.

An oculist, who knows the importance of well-washed lenses, carries in his pocket a vial of alcohol. It takes but a moment to moisten the corner of a handkerchief and remove the combination of dust and moisture from his glasses. Another has the case of his glasses interlined with a folded bit of soft tissue, such as is used for copying letters in offices. This is so soft that it is easily folded into the small space of the receptacle. No dust collects on this as it does on the velvet lining, and the tissue interlining is renewed every day or two.

Canada has called upon the United States for aid in improving its highways and J. A. Pennybacker, Washington, has been loaned to the roads committee of the Dominion. Mr. Pennybacker who is secretary of the American Highways Association, will organize a statistical bureau for the Canadian Commission. The Province of Ontario is said to have already appropriated \$10,000,000 for the beginning of work on its highways, and the sum is to run up to five times that figure before the programme of improvement is completed.

A Whitty Heckler.

Many are the vicissitudes through which Englishman pass on their pilgrimage to the House of Commons, and in the opinion of a contributor to the English Illustrated Magazine none is so annoying as the "voice" from the back of the hall. It is dreaded by even the most experienced campaigner.

Not long ago, following the present fashion of basting of your humble origin and early struggles, a prospective M. P. referred to the hardships of his youth.

"How did I make my way in the world?" he asked the audience. "I got my start in life by serving in a grocery shop at twelve shillings a week, and yet I managed to save."

"Was that before cash registers were invented?" asked the inexorable "voice."

The orator wisely decided to join in the laugh.

THE BLOODLESS SPORTSMAN.

I go a-gunning, but take no gun;
I fish without a pole;

And I bag good game, and catch such fish

As suits a sportsman's soul;
For the choicest game that the forest holds

And the best fish of the brook
Are never brought down with a rifle shot

And are never caught with a hook.

I bob for fish by the forest brook,
I hunt for game in the trees,
For bigger birds that wing the air,
Or fish that swim the seas.

A rodless Walton of the brooks,
A bloodless sportsman, I—

I hunt for the thoughts that throng the woods.

The dreams that haunt the sky.

The woods were made for the hunters of dreams,

The brooks for the fishers of song;
To the hunters who hunt for the gunless game

The streams and the woods belong.

There are thoughts that moan from the soul of the pine,

And thoughts in a flower bell curled;
And the thoughts that are blown with the scent of the fern

Are as new and as old as the world.

Ho, away! for the hunt in the fern-scented wood

Till the going down of the sun;
There is plenty of game still left in the woods.

For the hunter who has no gun.

Ho, away! for the fish by the moss-bordered brook

That flows through the velvety sod;
There are plenty of fish still left in the streams

For the Angler who has no rod.

—Sam Walter Foss.

When powdered sugar gets hard, run it through the food chopper. This is an easier way of breaking up the lumps than using a rolling pin.

Distressing Headaches

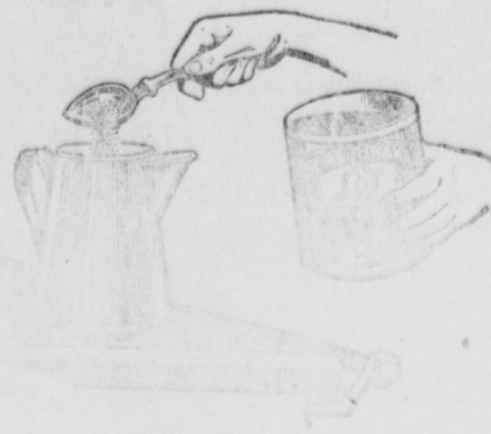
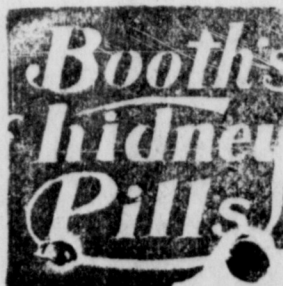
Headaches are largely the result of disordered kidneys.

Mrs. Hall, 84 Flora Street, St. Flora St., St. Thomas, Ont., says: "I suffered for years with headaches of a most distressing nature. They would come on me suddenly, and would last for days at a time. There were usually accompanied by spells of dizziness that would leave me unable to attend to any house duties."

My back was weak and caused me much suffering through the night. I had doctored for years, but all to no avail. Nothing benefited me

and my condition was gradually becoming worse. I learned of Booth's Kidney Pills. One box gave me a complete and lasting cure. I have not had a headache or dizzy spell since and I feel like a new person."

Booth's Kidney Pills are sold by all druggists, 50c. box, under a guarantee to refund your money if they fail to relieve any disease having its origin in the kidneys or bladder. Postpaid from The R T Booth Co, Ltd, Fort Erie, Ont. Sold and guaranteed by



What adds more to a good breakfast—what is more enjoyed—than a cup of good coffee?

What is simpler to make?

Why deprive yourself of this morning luxury when

Chase & Sanborn's Seal Brand Coffee

costs but one cent a cup?

CHASE & SANBORN, MONTREAL, 142

FLUID TO REPLACE PETROL IS NOW MADE IN BRITAIN.

London, Sept. 6.—It is announced here that the joint committee on substitutes for petrol, composed of representatives of the Royal Automobile Club, the Automobile Association, the Motor Union and the Society of Motor Manufacturers and Traders, has discovered a process by means of which it is hoped that fully 40,000,000 gallons of suitable fluid manufactured from British materials will be available annually.

The joint committee was appointed because of the serious shortage and increasing price of petrol, which was responsible for the taxicab drivers' strike.

It is said that the fluid just discovered is obtained from a substance produced in this country in enormous quantities. The committee reports excellent results from a small demonstration plant and a full-sized commercial plant is now being built.

The annual consumption of motor fluid in this country is estimated at about 100,000,000 gallons. The retail price for petrol is now 44 cents a gallon, with every prospect of a further rise.

KRUPPS.

(London Daily News.)

The sensational trial of German officers who betrayed secret information to Krupps about German armaments and information as to the tenders made by Krupps' rivals, reveals a case of a corporation without country and without conscience, jerking the rudder of State—not in Germany alone, but in all countries sufficiently Christian and civilized to buy big guns—solely according to their own financial interests; able to exercise a steady pressure upon Government servants who can be useful to them by glittering offers of employment in return for services rendered, and quite indifferent to the effect of their labors on this or that among the little ring of Governments whose jealous competition and endless fears all go to swell their shareholders' dividends. That is the great fact behind the relatively unimportant one of the sentencing for betrayal of secrets of six German petty officers. It is a fact of European and, indeed, of world-wide importance.

Urges Community Kitchen

Washington, D. C. Sept. 7.—Mrs. Jenness-Miller, Washington's woman contractor, thinks that the ideal home of the future will contain no kitchen.

"They're unsanitary, wasteful and altogether bad," she said to-day. "Look in the garbage can if you want to find the secret of the high cost of living."

"I hope the time will come when cities will be divided into small neighborhoods with one group of houses to a large square. In the centre the community kitchens will be established under the management of an expert chef, one who understands the relations of food chemicals."

"From the central plant individual service may be given to every home in the square."

HAS ISOLATED THE RABIES GERM.

NEW YORK, Sept. 7.—The rabies germ has been isolated and cultivated by one of the scientists connected with the Rockefeller Institute of Medical Research, Dr. Hidyo Noguchi, announced.

Dr. Noguchi's experiments have shown that the germ, which produces hydrophobia, but unsuccessfully.

Dr. Noguchi began in 1912 the experiments which resulted in his discovery, nearly fifty series of cultivation being necessary.

The brains of medulla removed aseptically from small animals infected with virus were used. The method of isolation is described as similar to that employed successfully in cultivating the spirochaetae of relapsing fever.

Dr. Noguchi was born in Japan in 1876, was graduated from the Tokyo Medical College and subsequently took post-graduate courses at the University of Pennsylvania and abroad. He has held professorships at Pennsylvania and the Carnegie Institute and was appointed to the Rockefeller Institute in 1909.

AN AEROPLANE THRILL

LONDON, Sept. 9.—An airman named Kent attached to the Royal Aircraft Factory, had a marvellous escape from death to-day near Farnham. When at a height of 2,000 feet, his engine stopped, and seemingly he lost control of his machine. Spectators were amazed to see the aeroplane turn completely over four times. Then, with the utmost difficulty, the airman regained control of the machine and succeeded in descending safely and alighting close to the edge of a pond.

An eye-witness says that when the machine turned over it seemed to flounder helplessly; but that when within about 100 feet of the ground the pilot got his engine started again, planned up a short distance, and then descended in a very steep spiral to the plane.

After landing, Kent appeared much shaken and remarked, "I thought I was done for that time," but he soon recovered from the shock, and, after his engine had been attended to resumed his flight.

Six King's Counsel Have Been Named.

FREDERICTON, Sept. 16.—Six new king's counsel have been appointed by the provincial government, the appointments have been signed by Lieutenant Governor Wood and will be formerly promulgated in the Royal Gazette tomorrow. The six lawyers who are being elevated are: Mr. J. Roy Campbell, St. John; Mr. George Gilbert, Bathurst; Mr. J. Chipman Hartley, Woodstock; Mr. E. Albert Reilly, Moncton; Mr. A. Watson Bennett, Sackville and Mr. F. Howard Grimmer, St. Andrews. The new king's counsel will be called to the inner bar at the next sitting of the Supreme Court en banc in this city in November.

HE "SWORE HIMSELF IN."

It is, says the London Chronicle, recorded of Brigadier-General John Pennefather, of Crimean fame, that he was in the habit of swearing terribly on occasion, and though he meant nothing by it his expressions were too awful for repetition. When, years after the Crimea, he had been given the command at Aldershot, the Queen happened to arrive and inquired if the new General had taken up his command. She received the reply that meant more than was apparent: "Yes, your Majesty, he swore himself in yesterday."

STRAW HATS SMASHED

BY NEW YORK ROWDIES

NEW YORK, Sept. 12.—More than fifty youths were arrested during the night for smashing straw hats to emphasize their opinion that the straw hat season was over. In the night court early to-day most of them were fined five or ten dollars. The young rowdies for the most part worked on trolley cars.

"If we are keenly conscious of having failed, that fact in itself is evidence that we have not failed. Only those have really failed who are unconscious of any failure in their lives."

—John A. MacCallum.