

You Breathe It

By the simple act of breathing, you breathe life and death. You breathe the air crowded with disease germs. These lodge in the membrane and at once commence their deadly work. In a night you develop a cold and before long you are in the grip of Canada's deadliest enemy—Catarrh.

You also breathe Hyomei (pronounced High-o-me) and by so doing breathe in life—Hyomei is medicated and vaporized air. In its journey through the breathing organs it arrests and kills catarrh and cold germs, soothes the inflamed membrane and commences the work of healing. Ask druggist E. W. Mair what he knows about Hyomei. You will find that he not only sells it but guarantees it. A complete outfit will cost you \$1.00 from your druggist or postpaid from the R. T. Booth Co., Limited, Fort Erie, Ont. You will find it valuable for coughs, colds, catarrh and all kindred diseases. Money back if it fails.

GREAT BRITAIN IS NOT TO PARTICIPATE

LONDON, July 31.—Great Britain has decided against participation in the Panama-Pacific Exposition at San Francisco in 1915. Notification of this determination of the British government was conveyed officially to Washington early this week, the despatch merely stating that Great Britain was not in a position to participate in the San Francisco Exposition. No reasons were given. Both the Foreign Office and the United States Ambassador here decline to discuss the matter or to reveal the cause of this reversal of the announcement made some time back that Great Britain had decided, on principle, to participate in the Exposition.

It has been mooted for some time, however, that the dispute in regard to the Panama Canal tolls might possibly lead to this result, and the present notification of non-participation is attributed to that cause.

WASHINGTON, July 31.—After exhibiting much concern over the places which would be assigned to prospective exhibitors by the management of the Panama Pacific Exposition, the British government has declined to participate in the fair. The long delay in acting upon the invitation to participate in the fair extended a year and has been the cause of deep concern to the management of the Exposition, particularly as formidable opposition had likewise developed in Germany, where certain of the great trade associations, such as those representing the steel and iron manufacturers, had formally requested the German government to decline the invitation. In an unofficial way it is said that dissatisfaction on the part of the great commercial nations with certain features of the pending tariff bill, which they felt bore hardly upon their trade was the reason for the attitude to convert hostility toward the San Francisco fair. But as the Senate Finance Committee has amended the tariff bill in a manner thought to make it unobjectionable to those nations, it was fully expected that they would see their way clear to accept the invitations.

In the case of Great Britain, however, though the original cablegram of Ambassador Page giving notice of the declination has now been supplemented by a mail report dealing with the subject more fully it is not yet positively known what basis of objection now remains. It is thought by officials, however, that while the reason assigned by the British government is a belief that there have been too many such international exhibitions in recent years, the underlying objection is based upon the view of incongruity of British participation in an event designed to celebrate the opening of the Panama Canal while there is a dispute as to its free use.

CANADIAN PASTOR DIES ON WAY TO SWISS CONGRESS.

St. John, N. B., July 28.—A cable from Falmouth, England, brings word of the death of the Rev. Reginald J. Flint, Baptist pastor at Chipman, N. B. He left here to attend the Sunday School Congress at Zurich, Switzerland, but contracted pneumonia on the voyage and stayed with relatives in Falmouth. Had been seven years in New Brunswick and leaves a wife and one child here.

A great deal of the drunkenness and sin of the world is due to indigestion.—Dr. Josiah Oldfield.

THE WAR BETWEEN POLICE AND MILITANTS in England reached a dramatic climax on Sunday by the arrest of Sylvia Pankhurst and twenty-three other women suffragists. Miss Pankhurst led an excited crowd from Trafalgar Square to Downing St., London, with the object of presenting petitions to the Prime Minister, and a collision occurred between the militants and the police. The strength of the movement does not appear to be seriously impaired by the legal measures adopted to put it down. There were over ten thousand people in Trafalgar Square when Sylvia Pankhurst secretly arrived on the scene and made a fiery speech. She has been lodged in Holloway Prison. In the meanwhile Mrs. Pankhurst has been at death's door, and the desperate remedy of the transfusion of blood was resorted to as a last effort to save her life. A young woman sympathizer volunteered to supply the blood, and the militant leader is said to be rapidly recovering. An ugly crowd rushed the platforms of the militants at Marble Arch on Sunday night, and one of the speakers had to be rescued from the angry mob by five policemen after being struck at and her clothes torn by men in the crowd.

Mothers!

Preserve Your Children's Hair

Every mother should see that her children's hair is dressed with Parisian Sage, the wonderful hair restorer and germicide. A little neglect on your part now, may mean much loss of beauty when your girl grows up.

Prevention Better Than Cure

Parisian Sage is a rigidly guaranteed hair restorer and cures all scalp diseases, prevents hair from falling out and creates a rich luxuriant growth of hair, a glory to woman and the pride of man.

A pleasant hair dressing—ladies like it, and your druggist E. W. Mair guarantees every bottle that he sells at 50c. and stands ready to refund you money if it fails to do its work. By mail postpaid from Giroux Manufacturing Co., Fort Erie, Ont. See that the Girl with the Auburn Hair is on the pack. 31d. and guarantee by E. W. Mair.

THE DOUKHOBORS are seeking \$450,000 compensation from the Dominion Government in respect of homesteads abandoned in Saskatchewan because of their refusal to become Canadian citizens. A deputation representing the Doukhobors visited Ottawa last week and conferred with the Minister of the Interior. Three hundred families, it is admitted, have broken away from this strange sect and become naturalized subjects, thus obtaining a clear title to their homesteads. The greater number, however, have migrated to Brilliant, B. C., and about 4,700 are already settled there.

HUERTA'S REGIME in revolutionary Mexico seems to be drawing to an ignominious close. The refusal of the United States to recognize his Administration makes his position as President untenable. The United States Ambassador to Mexico, who has arrived in Washington, is said to be pressing for the official recognition of the revolutionary Government, guilty of the assassination of Madero. President Wilson, however, draws the line at the man responsible, and refuses his assent while Huerta is at the head of the Government. The resumption of official relations between Mexico and the United States is urgently pressed in both countries in the interests of commerce and the heavy investments in Mexico by United States citizens. The only way out of the impasse is the retirement of Huerta, and this seems likely to be the outcome of a situation which is growing intolerable. The British press would like to see the United States actively intervene in the administration of the affairs of her troublesome neighbor, but President Wilson is determined to follow the policy of his predecessor.

THE KING'S PRIZE FOR SHOOTING has again been won by a Canadian, and a Torontonian. Pte. W. A. Hawkins of the 48th Highlanders is the lucky winner of the Bisley blue ribbon, which carries with it \$1,250 in cash. The King, Premier Borden, the Duke of Connaught, Lord Strathcona and many others sent congratulations to the winner, and the city of Toronto will give Private Hawkins a suitable reception on his arrival back. Canada keeps well to the front in shooting competitions with the old country, despite the impression in some quarters that the Dominion cannot raise men for defence.

THE POPE'S SWISS GUARDS, one of the most famous organizations in the world, who for over 400 years have watched over the Pontiff, and whose uniforms were designed by Michael Angelo; about whom there is a glamour of mediaeval tradition, have gone on

strike. They who, at least once in their long history, proved themselves as capable of a heroic death in the service of the master who paid them as the Swiss mercenaries who laid down their lives for Louis XVI., became so insistent in their demands last week that Pope Pius X. was obliged to order their total disarmament. And, if report be true, the attitude of the disgruntled Swiss became so threatening that the Pope was on the point of telephoning to the Italian government, requesting that a squad of carabinieri be sent at once to curb the mutinous mountaineers. That other august body, the Pope's Noble Guard, is also discontented, it is reported, on account of Pius X. recent decree extending the right to belong to the corps to noble families all over Europe instead of having it confined as formerly, to those of Italy. The grievances of the Swiss Guards serve to remind the world forcibly that, in spite of their mediaeval uniform and glamorous traditions, they are eminently human. It seems that their present commander is too strict a disciplinarian to please them. In the old days, when men were more turbulent, the task of guarding the Pope was no sinecure, and the military efficiency of the Swiss had to be kept up to its highest pitch. But times have changed and the mounting guard at the Vatican has become more of an honor than anything else.

Uses For Sawdust

Not so very long ago about the only real use anyone had for sawdust was for packing ice. That was when small local saw-mills were more common, and the amount of this form of waste wood was, or at any rate appeared, comparatively small. Now, when the tendency is to consolidate these into large mills with a capacity of several hundred thousand feet of lumber per day, the daily waste in sawdust is seen to be enormous and much experimenting is being done to discover new methods of utilizing it.

Perhaps the most promising venture in sawdust utilization in this country is the manufacture of ethyl (or grain) alcohol. The sawdust is treated with sulphuric acid under suitable conditions, resulting in the formation of sugar, which is then fermented to produce alcohol. Several plants have been erected to produce alcohol from wood in this manner, and, though there are some difficulties still to be overcome, the ultimate success of the process on a commercial scale is assured.

Sawdust has been successfully manufactured into briquets for fuel for a considerable time in Europe by a very simple process. The shavings and sawdust are first steam-dried, the water contained in the wood being thus evaporated and the resin almost liquified. The sawdust is then compressed under heat into briquets of the desired size the contained resin acting as a binder. A firm in Vancouver is engaged in a similar line of manufacture, the sawdust being compressed into a cylindrical tube where it is cut into short lengths by a revolving knife, emerging in the form of small round briquets. These briquets are clean to handle, easy to handle, and leave very little ash.

In England sugar is manufactured on a commercial scale by treating sawdust in closed retorts with weak sulphurous acid under high pressure. In Austin, Texas, also a plant is being built to manufacture stock food from sawdust by a somewhat similar process. The tar, pitch and turpentine are removed from the sawdust leaving only sugar and fibre to which is added forty per cent of cottonseed meal. The mixture is sold for fattening cattle.

Two and one half parts of clean sawdust mixed with two parts sand and one part cement make a warm long-wearing and sound-proof floor, to which carpets can be tacked with less injury than to a board floor, and which has the advantage over a cement floor in being more elastic. These qualities should win an extensive use for this form of flooring, which has the additional advantage that it can be stained to harmonize with interior finishings by the addition of color to the mixture while in a semi-liquid state.

The sawdust of certain kinds of wood is used in considerable quantities by manufacturers for metal polish, for packing, for meat curing, for making safety explosives, and composition novelties, and for fibre and pulp manufacture. Patent cleaning powders for use on carpets and rugs consist principally of sawdust, lightly moistened by some mineral oil.

Before burning your bridges behind you be sure they are fully insured.

Ride a hobby if you will, but remember you are not the only jockey in the race.

THE REASON WHY

You Should Use



REGAL FLOUR

is that no other brand gives you so much in quality, as Regal.

Superior flour means superior bread—success in your baking and palatable, nutritious bread, excelling in everything that makes bread worth eating.

So certain are we that Regal Flour will please you, that if you will buy a barrel and give it a fair trial, we will return your money if you find it unsatisfactory.

THE ST. LAWRENCE FLOUR MILLS CO., LTD. MONTREAL



They Surely Must.

(Philadelphia Ledger.)

The old mountainer, who was standing on the corner of the main street in a certain little Kentucky town, had never seen an automobile.

When a good-sized touring car came rushing up the street at about 30 miles an hour, and slowed down just enough to take the corner on two wheels. His astonishment was extreme.

The old fellow watched the disappearing car with bulging eyes and open mouth. Then, turning to a by-stander, he remarked solemnly:

"The horses must sho'ly ha' been travelling some when they got loose from that gen'leman's carriage!"

The New Strawberry Bed.

The end of July or the beginning of August is the best time for making a new strawberry bed. When the plants are put in thus early they have an opportunity of becoming well established before the cold weather sets in, and if good strong runners have been secured they should be able to bear a crop next years.

If it is possible to find time at this busy season, it is the best plan to layer a few runners to make sure that they have sent out some good roots. If they are given some good rooting soil it will help them much.

Many people have complained this year of some of their strawberry plants having gone blind—i.e., not having put out any blossoms at all. These plants must, of course, be avoided when rooted runners are being sought for making the new bed.

The sight of a wagon load of green bananas on Bay Street, Toronto, a few days ago, inspired a prominent Irishman to say bitterly: "Yes, and they won't be here a month before they'll turn yellow."

Summer Mushrooms.

If one has an old shed with a north aspect it can be used profitably to grow mushrooms in summer. Horse manure out of which most of the straw has been shaken should be turned over three or four times until it looks dryish, and then heaped to a depth of 2 1-2 feet, and made firm being surrounded by boards to protect from winds.

Put in spawn, in pieces about the size of a bantam's egg two inches deep and from 15 to 18 inches apart, when the temperature falls to about 80 deg. Fah. Four or five days later cover with two inches of sifted loam, and cover with straw. Water if the bed gets very dry, and when the mushrooms appear as they should in about six weeks, take off the straw.

Deafness Cannot Be Cured

by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever. Nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous surfaces.

We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars, free.

F. J. CHENEY & CO, Toledo, O. Sold by Druggists, 75c. Take Hall's Family Pills for constipation.

If a man worries about his debts it's a sign that he is honest; the dishonest man lets the other fellow worry.

Do your share towards preventing this old world from becoming a howling wilderness by not howling.

BULGARIA IS IN DESPERATE STRAITS.

The Servian troop have control of the railway, and the Bulgarian capital is cut off from the rest of the world. Bulgaria has appealed to Roumania to open up a way for supplies to the beleaguered capital, which is threatened with famine.