

Ee Brief

The more you make of yourself and the bigger you become-the more you Morgan at the time of his death was this: In conversation with one of his friends the topic turned to the value of Time, and Mr Morgan stated that he estimated his Time to be worth a Thousand Dollars an hour! Brevity always counted with Mr Morgan.

Be Brief.

The habit of Brevity becomes the habit of Conservation. What you say accumulates for you. Be Brief.

Brevity starts with orderly habits of Mind backed by a Will and a worthy Purpose. For the more you accomplish what really counts, the more you will value the minutes that belong to you and everyone else-and the more you will appreciate Brevity.

Be Brief.

Be brief in what you have to say at all times. Think much. Talk little. Be brief in your letters. It takes time to read them. Concentrate your ideas. Lincoln's Gettysburg address stands as the greatest and most notable he ever delivered. It took but a few moments to deliver it. The world long ago forgot the speech the scholarly Edward Everett delivered at the same time, as the "Orator of the occasion." Its delivery consumed over two hours. If you want to be effective-Be Brief.

at the Station.

The train came in and from a car There stepped a lovely she, And glancing up and down the place She rushed across to me.

"Oh, Jack", she cried; "oh, dear old Jack,"

And kissed ma as she spake; Then looked again and blushed to find She'd made a bad mistake.

"I'm truly sorry, miss, that I Am not your Jack," I said. 46 As for the kiss, of course I'll give It back"-she turned and fled.

And since that night I've often stood Upon that platform dim; But only once in a man's whole life Do such things come to him.

> rge frocks never go out of fashion hose of navy blue.

do not trim your hat ding feather effect and

are the kimmonathe area and folded round the body Edited to getter in front.

DK. USLET UN UTUUS

Eminent Canadian Doctor Not a Great Medicine Giver

interesting stories told of J Pierpont | use of drugs in the treatment of dis-At one time a professor in John Hopkins University, Dr. (sler was appointed Regius Professor of Medicine at Oxford University, England. "ad he is regarded by the doctors of every English-speaking country as a great FURTHER LIGHT ON ENGLISH authority.

> Dr. Osler says of diphtneria: "We are still without drugs which can directly counteract the tox-albumens of the disease, and we must rely upon general measures of feeding and stimulants to support the strength. Medicines given internally are of little

Concerning pneumonia, Dr. Osier

avail in diphtheria.'

"Pneumonia is a self-limited disease which can neither be cut short nor command. Even under the most unfavorable circumstances it may terminate abruptly and naturally without a dose of medicine having been administered. There is no specific treatment of pneumonia. The young practitioner may bear in mind that patients are more often damaged than helped by the too promiscuous system of drugging, which is still only too prevalent."

Of scarlet fever, Dr. Osler says: "Ordinary cases do not require any Medical antipyretics are not of much service in comparison with cold water.'

Of measles, Dr. Osler says:

"Confinement in bed in a well ventilated room and light diet are the only measures necessary in uncompli-

cated cases.' Of whooping cough, Dr. Osler says: "The medical treatment is most unsatisfactory.

Of yellow fever: "Careful nursing and a systematic plan of diet probably give the best results."

Of dysentery: "The treatment of dysentery by topical applications is by far the more

rational prati-

Mrs. Mather "-"I wonder what makes that dog so afraid of me? He always acts as if he thought I was going to kill him." Little Daughter-"I daresay he's seen you spankin' me!"

This fall we will use the clinging draperies, the wide belt, with its butterfly bows and draped and hanging panels. the kimono line for bodices and wraps and the wonderful colorings and embroideries of the Orient.

The new tailored suits show as many as ever of the dip-back coats.

Near Hood River, Oregon, there is a cold storage building constructed entirely of lava. The frigidity is They are not in cured from the ice-cold springs of water which flow from nearby lava beds One simply must have a vest. If

tach a vest effect to your neckwear.

Scotch Apple Tart.-Peel and core half a dozen tart apples and place in a crock in a slow oven, adding neither Sultana raisins, allowing a quarter of a Dr. (Sir) William Osler is probab'y pound to each pound of apples. Turn will appreciate Brevity. Among the the greatest living authority on the into a deep baking-dish, sprinkle with! sugar and grated lemon; cover with top crust, pricking well to allow for the escape of steam, tnd bake in a quick

LAND QUESTION.

Futher light is thrown on the English land question by an incident told of in the London Chronicle. There was a strip of barrenland in Suffolk which was too poor to raise rabbits even. A doctor, who had been in East Africe, undertook to make this land productive. He cultiveted it, manur ed it and placed tenants on small aborted by any known means at our holdings. By labor intelligently apied a soil which had been produc-

> g nothing was made to yield crops worth £6 to £8 per acre. Then, as soon as crops began to appear rabbits appeared also. "At considerable expence," said the doctor, "I rut up wire netting all round the land, but the rabbits soon began to burrow beneath it. In these places we set traps, but I discovered to my amazement that it is unlawful to set a trap on your own land."

> Thus a most promising enterprise was brought to an end. The promoter refused to spend more time and money in raising fodder for rabbits which were protected in the interest of sport-loving landlords.

Soft crushable velous hats for wee girlies are now to be seen in the shops. Teacher-What is 8the derivation of the word lunatic?

Luna, the moon and -er-er-attic, the upper story. - Town Topics.

Indigestion

If you are suffering from indigestion and the attendant distressed stomach, you should give Mi-o-na, the guaranteed remedy a trial. Mr. William Shafer of 230 Queen's St. S., Berlin, Ont., says: "For years I have been a sufferer from acute indigestion, which caused the most distressing pains in my stomach. I decided to try Booth's Mi-o-na Tablets and they have done me more good than anything I have ever used, I am now more free from this trouble than I have been for years. I am pleased to endorse and recommend this remedy to all who suffer with stomach trouble."

Remember Mi-o-na Tablets are guar anteed to cure acute or chronic indigest on and turn the old stomach into a new one in a few weeks. All druggists 50c. any shape which can you cannot button one around you in a box or postpaid from The R. T. Both true waistcoat fashion, you must at- Co. Ltd., Fort Erie, Ont. Sand guaranteed by E. W. Mair

aumerous ratine fabrics will make up well in this style, and the more simple woollens, such as serge, will also be appropriate. sizes 14, 16 and 18 years. Medium stre requires 4% yards of 36 inch material.

The pattern can be obtained by sending water nor sugar. When tender, mix in 10 cents to the office of this paper.

o'en. Serve with milk.

0. S. Newman's Hat

Simple and Youthful.

The effect of youthfulness is sought

above all others at present, and the grow-

ng girl has at last awakened to the ad-

rantages of being at the beginning of

things. Her wardrobe also shows the

ame tendency. For this effect there is so daintier model than the one shown

terewith. The simple blouse has a low

rut neck, which is outlined by : large, eflective collar, while the elbow sleeves are

linished with a cuff. The skirt is a three gore design and fastens in front on a line

Linen, pongee, cotton eponge and the

The dress pattern, No. 6,186, is cut in

with the closing of the bodics.

DAILY FASHION HINT.

6186

The Minneapolis Journal of the 16th, in commenting on the different representatives to the Sovereign Grand Lodge, now in session, says:

Among the delegations prominent in the hall as the grand representatives convened were the four representatives of the Maritime Provinces of Canada, who travelled 2,000 miles to attend the meeting in Minneapolis. In the delegation are: Rev OS Newnham, archdeacon of Fredericton, St Stephen, N B; J McLaughlan, Charlottetown, PEI; WS Hooper, Mayor of Fredericton, N B; and A F Messervey, Halifax, N S. The delegation will go by the name of the "Eastern Quartette" at the convention.

Rev Mr Newnham wears the dress of the English clergyman, and he was amused to-day by the attention his low-crowned, broad-brimmed stiff hat is attracting. "I am not in the least afraid of being lost," he said, laughingly, "or if I should by any chance stray, I may be easily found because everyone will remember seeing the man with the peculiar hat. I don't know what I would do if I dressed in the full regalia with short trousers and gaiters."

In Nova Scotia, Mr McLaughlan said, the Puritanic idea of observing the Sabbath still prevails. "The contrast in the way Sunday is observed in Minneapolis," he said, "was one of the most striking differences between the States and the Maritime Provinces that came to my attention."

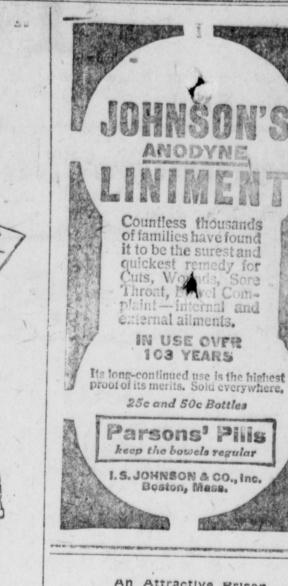
The Sovereign Grand Lodge did not entertain the resolution offered to reduce the age of joining the order from 21 years to 18 years.

HUNGER MAY BRING STRIKE TO AN END.

London. Sept. 15- Hunger has become the ally of organized capital in the fight against the Dublin Transport Workers. By the end of this week the spectre of starvation will be a grim reality in the foul slums of the city, where life at best is a hand-to-mouth struggle to keep body soul together.

There is no sign of weakening however no the part of James Larkin's deluded ollowers, despite a steady and ominous growth day by day of the employers' cock out.

Coats of lightest and most transparent materials have collars and bands of fur-skunk, broadtail and ermine being mostly used.



An Attractive Prison

A Kingston man who stole in order that he might be sent to the Ontario prison farm at Guelph was bitterly disappointed because he was sent to the county jail. He says he will steal again as soon as liberated. If Mr. Hanna keeps on making his prison so attractive there won't be enough pecple left outside it to carry in the country's business. - Montreal Herald.

Europe Extracts Radium

Practically all radium-bearing ores mined in Canada and the United States are sent to Europe for the extraction of the radium.

Canadian Parcel Post

That Canada will have a parcel post service next January, which would be of immense benefit to the whole Dominion was the recent statement of Hon L P Pelletier, Postmaster General. Last session it was announced that a system would be established but since then few details have leaked out. Under the direction of the minister officials have been engaged. in watching the American and English systems carefully so that initial mistakes could be avoided.

The service will not be for one particular part of the Dominion but will extend from East to West. The different provinces will be used as zones.

The Postmaster General said recently:

"The saving to private citizens wil be enormous, the rates, of course, being much less than at present, but the expense to the country will be largely increased. It will certainly be a great citizens' benefit."

There is every indication that when the system comes into vogue it will be a smooth running machine. The words used by the Postmaster General thus that he has the interests of the people at heart and that he will have to his credit the inauguration of the greatest postal measures of at least a generation.

PULLING THE STRING OUT OF STRING BEANS.

A string bean without the string is the latest triumph of plant breeders. George B. Frank, of California, has succeeded in crossing a string bean and wax bean and securing a hybrid with the size of a string bean, but the color and texture of the wax bean.

When Frank first crossed "Kentucky Wonder" string beans with an ordinary wax bean the result was a bean somewhat larger than the average and greenish in hue. This he crossed back with the wax bean.

The result was he eliminated theclimbing vine and produced a dwarf bush on which appeared a bean with all of the good qualties of both the wax and the string bean. With none of the objectionable features of either. The pods of the Frank bean averaged six to sever inches long. There are 25 to 30 pods to a bush and an average of six beans to. the pod.

The bean itself is perfectly white. although after the first cross it was green. The pods are transparent ke a pipestem. People who have eaten them are begging Frank for some of the seed. They declare that the bea nliterally melts in one's mouth. Although the first crop has been harvested and the plants are to all appearance dead, new plants are sprouting from the roots. "I firmly believe," said the bean experimenter. "that this bean will soon be the most widely used. I am now going to work to perfect the cucumber."