

**THIS BARREL**

Contains flour guaranteed to give satisfaction or you get your money back. Regal Flour is always preferred by careful cooks because it insures good bread always—and palatable as bread can be made.

**REGAL FLOUR**



MAKE NO MISTAKE. Always insist upon Regal Flour and you can be sure of the quality.

THE ST. LAWRENCE FLOUR MILLS COMPANY LIMITED. MONTREAL

Joseph Wedgewood last week, in obstructing the mental deficiency bill, kept the House of Commons up for two nights running till nearly four a. m.

**Parsian Sage**  
An Ideal Hair Tonic

Parsian Sage is compounded on the most advanced scientific principles, and nothing on the market to-day can compare with it. It accomplishes so much more than the ordinary tonics and does it so quickly that users are astonished.

Parsian Sage kills the dandruff germs and eradicates dandruff, stops falling hair, itching of the scalp and splitting hairs in two weeks or we will refund your money.

Parsian Sage gives a fascinating lustre to women's hair and makes it beautiful. It makes the hair grow luxuriantly; it is the daintiest and most refreshing hair dressing that science has produced, and has not a particle of grease or stickiness in it. Parsian Sage costs 50 cents at your druggist or post paid from the proprietors, The Giroux Mfg Co., Fort Erie, Ont. The girl with the Auburn ranted by W. Mair

**Big Catch Of Sword Fish.**

(Halifax Chronicle.)

LUENBURG, July 31.—Our fishermen have just awakened to the fact that the swordfish is a fine product, and those motor boats, and whaler that are engaged in shore fishing are all armed with harpoons, and the necessary outfit for this important industry. Although not eaten by our own people, the swordfish finds a ready market in the United States, where in the fish markets it is retailed from 16 to 20 cents per pound. Two days ago, there were over sixty of these fish landed here by eight fishermen.

These represented about 18,000 pounds of eatable fish which were all caught in one day which would represent at least \$1,000, a very good day's fishing among so small a number of men.

Henry Miller had quite an adventure with one of those monsters thinking the fish dead he went to bring it on board his dory, when the sword-fish ran his sword

through the dory and came near swamping the boat before the fish was put out of action. Captain G. W. Nass of the steamer Mascott organized a party who went out to the fishing grounds thoroughly armed, and succeeded in bringing back three. Those fish are put up in separate boxes, in ice and shipped to the Boston market, where they meet with a ready sale.

**Sovereign Grand Priory Of Canada.**

VANCOUVER, B. C., Aug 4—The Sovereign Grand Priory of Canada, the governing body of the Masonic "Order of the Temple," began its annual session here today, the meeting being the first that the order ever has held in the far West. Many of the delegates from the East will return home by way of Denver, where they will attend the Knights' Templars' triennial conclave next week.

**DUKE AND DUCHESS OF CONNAUGHT SAIL OCT. 17**

LONDON, Aug 5—The Daily Express is authority for the statement that the Duke and Duchess of Connaught will sail for Canada on October 17th immediately after the wedding of Prince Arthur.

**Deafness Cannot Be Cured**

by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous surfaces.

We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars, free.

F. J. CHENEY & CO, Toledo, O. Sold by Druggists, 75c. Take Hall's Family Pills for constipation.

**Hyomei**  
Death to Catarrh Germs

Hyomei (pronounced High-o-me) means death to catarrh germs in a few hours. It is the only guaranteed Catarrh Cure.

When you use Hyomei, you don't swallow nauseating drugs. You simply breathe in the soothing, pleasant and antiseptic Hyomei through a little pocket inhaler. As this medicated vaporized air passes over the inflamed parts relief comes almost at once and a cure follows.

Your druggist E. W. Mair will sell you a complete outfit for \$1.00 and what is more he will refund you your money if after using Hyomei according to directions, it fails to do all that we claim. Hyomei is guaranteed to cure catarrh, croup, grip, cold in the head, sthma, etc. Hyomei can be obtained from all druggists and dealers, or postpaid on receipt of price from The R T Booth Co, Limited.

**Green Crops**

**For Sheep.**

Sheep are most at home in pasture fields. They feed not only on the tender grass blades, but they strip weeds and other foul plants of their leaves and branches: They are in truth the plant scavengers of the farm. When turning to pasture from dry feed lots, the change should be made gradually. An afternoon is best when no moisture is on the grass. After feeding on this pasture for a short time, return the flock to the yard. Repeat in this manner for a few days, and little, if any, digestive disturbances will arise. After four or five days the sheep in the same field will be accustomed to green feed.

Sheep should have a change of pastures. Kept on the same land year after year without change, the pastures become foul, disease lurks in the soil and dangerous parasites accumulate. For these reasons sheep should be changed frequently from field to field from year to year, and except in the case of well established permanent pastures, crop rotation should be followed so that the fields may be clean of disease and parasites, and may be ever fresh with new-growth-grass crops.

**MASTER ROBIN.**  
(By Zitella Cocke.)

Of all the chaps who come with spring I love dear Robin best. He is the first to sing his song, The first to build his nest. He greets you, too, as you pass by With such a note of joy, I do believe he has a heart Exactly like a boy! He's not a coward, no, not he, He never takes a dare, But if there's any fun around He's sure to take his share. Besides, he is a gentleman Who's always nicely dressed In quite a stylish swallowtail, And very handsome vest. He steps quite like a dandy when He's out on dress parade, And though Jack Frost is watching him, He's not a bit afraid But, independent as you please, He heeds nobody's eail, And sings just when he has a mind, In springtime or in fall. He's good friends, too, with all the flowers, And wakes them from their sleep: 'Tis at the sound of his dear voice That they begin to peep. I love him and his song, and when I hear it, sweet and clear, I shout, "Now, hurry up, Miss, Spring, For Master Robin's here!" —"Youth's Companion"

**Thirteen Killed and Thirty Wounded During a Riot at Cawpore India**

Calcutta, India, Aug. 4—There was serious rioting yesterday at Cawpore, including the demolition of a mosque, in view of the necessity of widening a street. The police fired on the mob, killing thirteen and wounding thirty.

A man named Goat led a suffragette parade in New York.

**Chicago's Police Women on Duty.**

Chicago, Aug. 5.—Chicago's ten police women, clad in modest blue tailor-made suits and wearing silver stars and hats with blue bands, went on duty to-day. Their work will be mainly to look out for women and children.

The details of their duties, apparel and powers, have been worked out by a committee of women social workers and chief of police. The chief had considered assigning the police women to stations in the red light districts, but it was decided they would be of greater service in the public parks and other places of recreation.

The police women will visit the public dance halls, excursion boats, beaches and railroad stations and will try to keep young folks off the streets late at night. They will obtain information rather than make arrests, although on occasions they may be called upon to arrest some one.

Whether the police women shall wear brass buttons and carry revolvers and clubs, will be decided after the civil service examination for the positions.

**Loan Shark King Given Warning.**

TRENTON, N. J., Aug. 1—Daniel H. Tolman, money-lender, with a chain of offices recently in large cities throughout the country, was warned by Judge Gnich-tel to-day that he must remain out of the so-called loan shark business for three years upon penalty of imprisonment. In passing sentence on Tolman, who pleaded guilty to violating the New Jersey law in conducting his business, the court fined him \$1,000 and announced that if he should conduct a money-lending business in any part of the United States or Canada during his probation the court would consider his probation broken and cause his arrest and imprisonment.

Tolman is 61 years old and a resident of Montclair, N. J. His activities have been the cause of investigation in numerous cities and have given him the sobriquet of "king of the loan sharks." He has made a fortune out of his business.

[Tolman's swindling career in Montreal will be remembered. Some New Brunswickers were among his victims.]

**Green Manures.**

The ploughing in of green manure crops is one of the most effective methods of enriching the surface soil. Green crops contain elements of fertility derived from the air and from the mineral and vegetable constituents of the sub-soil on which they grow, as well as what they have taken from the surface soil. Therefore, when green crops are returned to the earth and left to decompose in it, as by ploughing in, they naturally not only restore to the surface soil those elements that they took out but also add to it the elements of plant food they secured from the air and sub-soil. The plants best adapted for use as green manures are those that derive their support largely from subsoil and grow rapidly and cover the ground well, and where roots penetrate deeply. The growth of these crops may,

with advantage, be largely increased by the use of artificial manure. Buckwheat, rye, rape, clover and cowpeas are chief among the green crops used as green manure; and of these clover and cowpeas are the most valuable, because of their habit of deep growth and nitrogen addition. These green manure crops are used most profitably in conjunction with summer fallow, and they should be ploughed in as near as possible to the time of flowering. The improvement which they effect in the texture and fertility of the soil is most marked in clays. The use of green manure crops furnishes a cheap and efficacious method of manuring for lands remote from the buildings of the farm.

**TWENTY-TWO MINERS KILLED.**

Glasgow, Aug. 4.—The Marvis Valley pit of the Cadder colliery, 12 miles from this city, caught fire yesterday and twenty-three miners were entombed. Twenty-two of these perished. Their bodies were recovered to-day. Only one man escaped alive of the shift of miners in the pit at the time of the fire. A widow lost three of her sons.

**Robbing Bichloride of Mercury of its terror!**

St. Louis, Mo., Aug 4.—A discovery of great importance, promising to rob bichloride of Mercury its terror has been made in St. Louis, following recent suicides and accidental deaths due to this poison and the almost hopeless helplessness of physicians. Also the way has been paved for the curing of sixty thousand men who each year in the United States are poisoned by lead.

**TIGHT SKIRTS STILL IN FASHION.**

The National Association of Women's Tailors has decided that tight skirts are to continue in fashion, but that they are to be draped, and some will be trimmed with turn-up stitched fold, like the turned-up bottom of a man's trousers. One new model shown was called the leg of mutton skirt, which was full and draped over the hips, and plain and narrow below. If anyone comments on the absurdity of this style when carried out to its extreme, it will be well to remind the critic that although to be worn by women it was designed by a man, like most glaring innovations in dress, Three-piece suits, having waists in chiffon or net of the same color are promised for Winter wear. Many of the skirts will show suspender effects, having shoulder straps of the same material. The long Japanese shoulder is to remain in favor. Cutaway coats are to remain in favor, and the long coats are to be draped.

**Switzerland will not Exhibit at Panama Show.**

Geneva, Aug. 6— Before Britain and Germany decided not to send exhibits to the Panama Exposition, Switzerland had come to the same determination. The bigger Swiss watch-making and embroidering firms, who have a large trade with the United States, notified the government that their patents are not sufficiently protected by the United States.

"We can have any of our designs copied and openly sold in the United States," said one of them, "and have no recourse. I have lost two such cases already and do not want any more."

PERKIN, China, Aug. 6.—The Chinese Government will be unable, owing to its financial difficulties, to furnish the funds necessary to support the Chinese exhibit at the Panama Pacific Exposition at San Francisco in the manner originally planned. The Finance Minister, however, proposed an appropriation of \$500,000 although many members of the Chinese Parliament opposed it. Several chambers of commerce also are reluctant in the matter, owing to losses to merchants brought about by the Chinese revolution and the recent rebellion.