

Zam-Buk in The Home.

Read How Useful It Proved in These Widely Different Cases

Zam-Buk's strongest point is its effectiveness in all kinds of skin diseases and injuries. Just note how excellent these persons proved it in widely different directions.

Sore Heel.—Mrs. C. A. Campbell, of Powassan, Ont., writes: "One of my heels was badly blistered by a pair of new shoes, and the poisonous dye from my stocking got into it, and made a bad sore. For a week I could not put on a shoe, and suffered great pain. I applied Zam-Buk, and in a few days it drew the poison out and healed the wound."

Bad Cut.—Mrs. J. Virgint, of Onondaga, Ont., writes: "Zam-Buk healed a bad cut which I sustained. I was hurrying across my yard one day when I slipped and fell heavily, my knee striking a sharp stone. At the moment I did not realize how badly I was hurt, but I found I had a bad cut about two inches long, very jagged and very deep. We bathed the cut and applied Zam-Buk. This stopped the smarting very quickly, and in a few days it had healed the wound completely. For cuts and bruises Zam-Buk is a splendid remedy."

Eczema Cured.—Mrs. Antone Arsenault, of Maxville, P. E. I., writes: "I can highly recommend Zam-Buk to any person suffering from eczema. I had this disease and was under doctors' treatment for two years, without any good result. I then tried Zam-Buk and in the end it cured me."

Zam-Buk is just as good for piles, blood-poison, festering sores, pimples, eruptions, cuts, burns, bruises, and all skin injuries and diseases. 50c. box all druggists and stores, or post free for price from Zam-Buk Co., Toronto. Try Zam-Buk Soap, 25c. tablet.

PAID FOR HIS WIFE

Barter and Sale of a Woman in a London Court

A London cable says: The barter and sale of a woman for \$27,500 was arranged in the courts here recently by the authority of a judge. The case was that of a divorce suit brought by Marcellus Raymond Moraud against his wife, Helena Woodley Moraud, both actors. J. A. Morrison, inheritor of the Morrison millions, was named as co-respondent. The suit was undefended, and counsel stated that it had been agreed that Morrison should pay Moraud \$27,500 damages. Mr. Justice Bargrave Deane, addressing the jury, said: "The parties have agreed as to damages. The co-respondent is prepared to pay the amount, and the petitioner is satisfied to receive the sum. If there were something behind the arrangement I should tell you not to listen to it, but in this case, as far as I can see, there is nothing objectionable. Capt. Morrison practically bought this woman for \$27,500."

PHYSICAL DEFECTS IN SCHOOL CHILDREN

Of 5194 Toronto Public School children inspected by physicians, those having physical defects were as follows:

Number with defective vision.....	232
Number with eye disease.....	104
Number with defective hearing.....	32
Number with ear disease.....	19
Number with defective nasal breathing.....	314
Number with enlarged tonsils.....	314
Number with enlarged glands.....	159
Number with pulmonary disease.....	5
Number with heart disease.....	1
Number with defect in feet.....	11
Number with malnutrition.....	25
Number with decayed teeth.....	1723
Number with defective palate.....	3
Number with skin disease.....	251



E. J. CHAMBERLIN
President of the Grand Trunk Railway

Big Mountain Lion

Maddened when wounded, fighting to the death, and attempting to tear the bodies of his assailants to shreds, a big mountain lion was shot at Half Moore Bay, 50 miles up the coast from Vancouver, B. C., by Thos. Hare, who subsequently collected the bounty on same. Hare, his brother and the latter's wife were passing through the woods, when the lion made his appearance and plunged towards them. Though wounded several times he still came on. Ammunition was running low, but, taking his last aim, Thomas Hare sent a shot through the brute's head as he was making his final spring, and it rolled over in the snow dead. When measured it was found to be seven feet from tip to tip.

Bermuda's Coral Houses

Bermuda is the original home of the "White House." The simplest bungalow is built of the same material as the most pretentious villa, in almost precisely the same way. White coral blocks cut from the backbone of the islands are used for all building purposes. Many of the well-to-do negroes live in lovely little white coral bungalows and cottages, which for vivid, radiant whiteness would surpass the executive mansion at Washington. Paint can not rival the dazzling lustre of Bermuda's lime-washed coral buildings, shimmering as they do in the brilliant, sub-tropical sunshine like pillars of light.

Russians Use Wooden Spoons

The peasant class in Russia, which forms 77 per cent. of the total population, still uses the wooden spoon. The people of this class can not afford plated ware. The middle classes use steel and plated ware, and the wealthy classes usually have sterling. Most of the steel and plated ware is manufactured in Warsaw. Probably 90 per cent. of the people of Russia use the very cheapest grades of table ware and only 10 per cent. of silver ware.

Wagner's Thirteen's

It is a comfort to know that thirteen is not invariably connected with bad luck. Richard Wagner revelled in the figure; he was born in '13, and the sum of the figures of the year also made 13; his name had 13 letters; he composed and published 13 great works, and his real career commenced on the 13th day of the month. "Tannhauser" was completed on April 13, and produced in Paris for the first time on March 13. Wagner left bayreuth on September 13; he also happened to leave this world on the 13th day of the month.

Natural Blankets

Nature is kind in Ecuador. When a native wants a blanket he goes to a demajagua tree and cuts from it a strip of peculiarly soft, thick bark, five or six feet long. This is dampened and beaten until the flexibility of the sheet is much increased. The rough, gray exterior is next peeled off, and the sheet dried in the sun. The result is a blanket, soft, light, and fairly warm, of an attractive cream color. It may be rolled into a compact bundle without hurt, and with ordinary usage will last for several years.

Cat-like Animal

A huge cat-like animal was killed recently on the bush farm of Joseph Sauder, Puslinch Township, Ont., by Aaron Ziegler. It was discovered that some miscreant creature was stealing meat hung up in the kitchen, and a burrow under the building was accidentally disclosed, extending 100 yards back to the swamp. At the entrance to the burrow a dead-fall was set and worked to a charm. The captive animal was despatched with a crowbar. It was pronounced by Mr. Herbert Wales, Galt, taxidermist, to be a genuine catamount or mountain lion. It weighed 33 pounds and measured 5 feet 4 inches from nose to tail tip.

Tortoiseshell From Florida Coast

The finest of tortoiseshell is said to be that which comes from the Indian archipelago, although much of that obtained on the Florida coast is of the very best quality. There are three rows of plates on the back of the animal, called "blades" by the fishermen. In the central row are five plates, and in each of the others four plates, there are 25 small plates around the edges of the shell, known as "feet" or "noses." The biggest turtle does not furnish more than 16 pound of shell. Formerly the undershell was discarded as worthless, but now it is much esteemed for the delicacy of coloring. Sometimes imitation of tortoiseshell is made from the horns of cows.

Real Pearl Toilet Powder

Some of the most beautiful women of Edrope use a face powder that is made from pearl dust; that is, real pearls ground to a powder, according to a current newspaper report. It is far more expensive than the so-called poudre de perles sold in shops, which is merely mother-of-pearl crushed. The real pearl powder originated in the East. At a certain pearl merchant's place in the Levant, several girls were employed to bore holes through the gems for the purpose of stringing. Some of the girls noticed that a few of their companions were acquiring brilliant complexions. For some time they could not induce them to tell what they were using, but at length the secret was out, and pearl powder thereafter became in great demand as a facial beautifier.

Poverty Unknown in Servia

Though the progress of Servia has been disappointing, said to be due in a considerable measure to the fact that the country has been afflicted with two native dynasties, yet poverty is almost unknown. The peasantry is prosperous, almost all being small land-owners and quite well-to-do.

Horse Nineteen Hands High

Battle Creek, Michigan, boasts a giant horse. It is 6 feet 4 inches high. It is seven years old and a good traveller, but no attempt will be made to mate it for double harness, for it would be a fruitless task.

THRIFT IN FARMING

Too Much Land Taken up in Roads and Fencing

An agricultural writer says that the country roads are too wide; that 220 acres in each township is devoted to roads which if made into a farm would yield some one a comfortable income. He says farmers should set their fences out twelve and one-half feet. Upon this the Emporia Gazette makes the comment that farmers do not utilize all the land they have enclosed. There are, it says, numerous and sundry patches which, if cultivated, would add materially to his income. "Suppose he gets after those wastes before he goes in for turning the beautiful wide lanes of the prairies into mere courts."

Both these suggestions are signs of a change in agricultural methods. In the United States, as in Canada, farming has been done with careless prodigality. For this the farmer is not to be blamed. There was plenty of land, and therefore, no apparent need to husband its resources or restore its fertility. In the early history of the United States, the farmer moved from place to place, tapping the wealth of new regions, very much as miners flock to a district where gold has been discovered.

Although this involved waste, it was not altogether evil in its influence. It fostered the pioneer spirit, hastened the development of the country and the building of railways.

But how it is perceived that the resources of the country are not inexhaustible. Although all the land has not been occupied, there are no new and vast regions to attract the pioneer. Conservation of resources becomes a watchword. Desert lands are made fertile by irrigation. Attention is paid to the Southern States, which so long lay under the blight of slave labor.

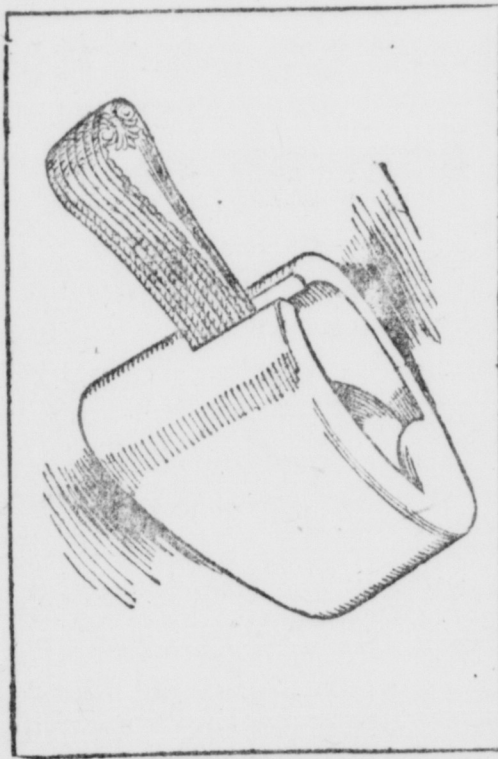
In France every foot of soil is utilized, and wonderful results are achieved. A country not as large as Texas produces a third as much wheat as the United States, large quantities of other grains and roots, while there are nearly four million acres of vineyards yielding grapes which are manufactured into 627,000,000 gallons of wine. The whole country presents the appearance of a garden.

Of course the United States and Canada are a long way off from this stage of agricultural development, which is due partly to thrift, partly to necessity. But we are bound to move in that direction.—The Star.

NEW SPOONHOLDER

Will Not Upset and Contents Are Always in Neat Design

To the old-fashioned spoonholder several objections have been raised; none of them serious but they set a young jeweler to thinking and he designed a holder which overcomes them. One objection to the old type of receptacle was the ease with which it overturned and spilled its contents on the table. Another fault was the



NO "TANGLING" OF SPOONS.

manner in which the spoons sometimes became entangled so that when you removed one you brought others with it.

The holder shown herewith has a relatively long base and is quite stable. The interior is in the general shape of the bowl of a spoon and the latter fits smoothly into it, with the handle projecting through a slot. As each spoon is put into the holder it rests exactly upon the one below it and a neat pile is formed. Of course, the holder is made in different sizes for different size spoons.

Improved German Farming

Germany was losing more than a million of her sons and daughters every year, simply because her soil could not support an increased population. But Germany went to work and in 20 years increased her wheat yield from 20 (which is more than our average) to 40 bushels an acre. She did it in one way, for example, by planting beet crops which renewed the soil, and at the same time gave her so much raw material for sugar that she now exports that article. Thus she killed two birds with one stone.

Lazy Friend: "I understand your husband is of a retiring disposition."
Wife: "Ye-es, but usually not before 5 a.m."

Selection & Science in Roasting

Have helped
SEAL BRAND COFFEE
to stand the long test
The Favorite for 50 Years

CHASE & SANBORN
MONTREAL

Standing Of Women Suffrage In The United States.

In connection with the agitation for women suffrage in England, it will be interesting to learn how the cause stands in the United States. Nine states—Wyoming, Colorado, Utah, Idaho, Washington, California, Oregon, Kansas, and Arizona have already provided for woman suffrage.

In five other States—Michigan, Montana, Nevada, North and South Dakota—an amendment to provide for women suffrage will be voted upon either this year or next.

In three States—Iowa, New Jersey and New York—woman suffrage has passed one branch of the Legislature and must pass another, and will then go to the electors in 1914-15-16. In Pennsylvania and Wisconsin favorable but not final action has been taken toward the enfranchisement of women.

Toronto Weekly Star.

Building Extraordinary

A remarkable engineering feat was accomplished recently at a factory in Pennsylvania, when a steel roof weighing 600 tons was lifted from one of the mills to a height of 40 feet above the perpendicular sides of the mill, 35 feet high. This was done in less than four hours. Artisans immediately began to build the sides of the mill to meet the suspended roof, which was held in air, mainly by cables suspended by large steam cranes.

An Eleven-Storey Liner

The Hamburg-American Company's new liner Imperator is the largest liner in the world. She is an eleven-storeyed floating palace, 710 feet long, with engines of 80,000 horse power. Her displacement is 50,000 tons, and she can accommodate 5,000 passengers. Among other luxuries the Imperator has been fitted with three electric lifts, winter garden, summer-houses, theatres, gymnasium, Ritz restaurant, swimming baths, ballroom, telephones, "Cottage" cafe. The first class dining saloon in the Louis XVI. style is 300 feet long.

Whisky for Monkeys

Monkeys kept into captivity in the Zoo at Richmond, Indiana, are supplied with a drink of whisky every other day during the winter months, and their drink bill amounts to a considerable sum. The Zoo authorities say that the monkeys look for the whisky, which helps to keep them warm and in good health. It is now proposed to save money to the city by giving the monkeys all the whisky calmed in raids on "shebeens."

Powerful Dredge

A powerful dredge built in Holland for the government of Uruguay crossed the ocean to its new home under its own steam.

Books!

EVEN a good cook likes to work with "easy" ingredients. But she has learnt that all is not gold in fact that glitters in promise. Does the following look to you like a gilded promise or a truthful fact?

Gold:

Regal Flour makes the best quality and the utmost quantity of bread per barrel of any flour you have ever used. White, light loaves always. And pastry of melting flakiness.

Substance:

Unless Regal Flour proves every bit as worthy as we say, your dealer will return your money. We protect him in that. Isn't that a substantial offer? The sooner you ask for Regal the easier your bakedays.

THE LAWRENCE FLOUR MILLS CO. LIMITED
W. W. Lawrence