

Deserted Country Churches

(Providence Journal.)

Now the automobile is held accountable for "the decline of the country church." The pastors in session at the State Agricultural College of and deserted country churches." The explanation is that the farmers who own automobiles go to the city, where they find pipe organs, good choises and comfortable pews.

This is a variation of the assertion churches were neglected because the farmers took long rides on the bicycles ly dangerous. Sundays. Then they were accused of being more interested in sprockets and times than in worship; nothing was said about sttendance at city churches. Is it certain that the farmers who ride in their automobiles Sundays, go to distant churches City pastors are not commenting upon any unusual attendance from the country.

Blood Pressure

Physicians have, says Youth's Campanion, always studied the pulse, hecause it gives valuable information concerning the body's condition of health or disease; but it is only recently that they have begun to use the term "blood-pressure" frequently. and to regard the amount of that pressure as of great importance. That is because they now have instruments for accurately measuring the is expected the money will make eight pressure, which previously they could kundred miles of good roads in the only estimate by feeling the pulse.

Blood-pressure, or the degree of tension of the blood current within the arteries, is chiefly significant because a permanent increase in it is quite sure to be followed in time by hardening of the arteries, and by the degeneration or disease of important organs, especially the kidneys.

The blood-pressure is increased by a number of causes that increase the force of the Leart-beat, or contract the smaller blood vessels. Any excitement-anger, by, fear, "nervousness" -raises it temperarily; but that is of little importance unless the emotion is frequently repeated, or unless the person already has diseased arteries. The blood pressure that is permanently high is more serious. That comes from long-continued montal excitement, such as worry, busin'ess anxiety or political strife, or from the action of certain poisons that are formed in the system, and not properly excret-

Barley is a superior hog fand. The Dates bacon, so prized a Indian markets is the product of ston, and are of these will be driven

Headache and Ear-Ache

Keep Running.

Nervous headaches are often inherited. Overcome this tendency early by having your child lead as much of an outdoor life as possible, Kansas report that in that State paying heed to every measure that there are one thousand dahandoned favors good circulation of the bloodabundant sleep, perfect digestion and disposal of the waste products of the body.

morning will be very helpful in giving a good start to the day. On no acmade a few years ago that the rural count give headache powders for any form of headache. They are extreme-

> Toothacke is unfortunately, very common among children. Do not let even small cavities in the first teeth go! unfilled. Remember that the molars that come in at the age of six are permanent teeth. Too often, under the mistaken idea that these are part of the first set, parents allow them to decay unheeded, until it is too late to do anything but extract them.

GOOD ROADS ..

Maine is seriously grappling with the question of good roads. The legislature agrreed to the issue of bonds to the amount of two million dollars, for for the construction of roads, and to the appointment of a highway commission to carry on the important work. The commission has been named, and the work will soon be commenced. It

-St. John Globe.

Oi! for Motor Power in British W ar-Ships.

The British torpedo-boat destroyer Hardy, rec ently commissioned at Portsmouth, is the first Biish warship to be fitted with an installation of interval combustion engines with oil as the basis of

The Hardy has two sets of Parsons turbines for high-speed steaming-32 knots is the des gned rate -but for cruising work each prop. eller shaft is driven by a Diesel motor, the speed attainable by this ground being between 12 and 15

By he all-carrying ships are unas constantian for the nav. I serby will educate explusively.

As long as a drop of blood keeps running in your veins. keep running. too. Stopping means death -- any form ! of death. Keep running if you want to feel alive. Keep striving after some ideal, says The Prince Rupert Empire The pleasure of one accomplished success won't last very long. You must always have something fresh that The cold sponge or salt rub in the keeps you going. The harder you strive, the fiercer you struggle, the more contentment you will get. There is no glory in winning a battle where there is no defence. Easy success does not keep you alive. But when you have fought the battle with all your strength and all your power, when you have attacked, boldly all reverses. mastered perplexing situations, surmounted harassing difficulties, then you feel that you have a right to be proud of your strength of your tenacity, of your final success. But do not stop when once you have done a great thing; strive on for more. Life is a battle, and only fighting can keep you alive. Looking on is not living. You cannot feel the right life unless you are an active member of manhood, and you can be that only by fighting for the good of all. Fight on to keep the rascals and deceivers at bay. And never stop; there is plenty to be fought for-the human battle has no end. The moment man would stop struggling upwards would be the return to barbarism, the death of man. If that is true for manhood, i must be true for the individual. A man never has finished his career never has fulfilled all the duties of life. He must go on always and never stop-that is the only way of getting life's value, and its full and true enjoyment.

Indigestion

If you are suffering from indigestion and the attendant distressed stomach. you should give Mi-o-na, the guaranteed remedy a trial. Mr. William Shafer of 230 Queen's St. S., Berlin, Ont., says: "For years I have been a sufferer from acute indigestion, which caused the most distressing pains in my stomach. I decided to try Booth's Mi-o-na Tablets and they have done me more good than anything I have ever used, I am now more free from this trouble than I have been for years. I am pleased to endorse and recommend this remedy to all who suffer with stomach trouble."

Remember Mi-o-na Table ts are guaranteed to cure acute or chronic indigest on and turn the old stomach into a new one in a few weeks. All druggists 50c, s box or postpaid from The R. T. Booth Co. Ltd., Fort Erie, Ont. Sold and guaranteed by E. W. Mair.



DAILY FASHION HINT.

The house dress has entirely supplanted the wrapper as an indoor garment for most women. The design herewith deand gathered at the waist line. The closing laps a little to one side, and this maybe turned back and faced in the style of a revers if desired. The skirt has three gores and is attached to the waist at the belt line.

All the soft cotton crepe weaves, the soft finish ginghams, the ratines and such like may be used for this dress.

The dress pattern, No. 6,182, is cut in sizes 34 to 42 maches bust measure. Medium size requires 5% yards of 36 inch material, with % of a yard of 27 inch fabric to trim as shown.

The pattern can be obtained by sending 10 cents to the office of this paper.

The mixed farmer, who carries on dairying to a limited extent, and who keeps, say, from five to ten cows, should make up his mind that these cow. will be of the best type available, and should not for a moment think of allowing the calf to run with the cow.

There are a number of things about the filling of a silo that must be learned by experience. One of these is to set the blower as nearly perpendicular as possible, so that the wind will come from below and push the silage up If the blower is allowed to slant the silage will settle on the lower side, and the wind will blow over it without dis. turbing it.

A hen that begins to lay in Nov ember and lays even as mary as ten eggs a month through to the end of February, at the prices that prevail in any town, has paid for her feed for a whole year, and all she produces the remaining eight months of the year is clear profit.

In purchasing the sire a good gen eral rule to follow is to get one whoes female ancestry is of the type that it is desired to raise.

Rate are often a source of great loss among fowl, caused directly by the death of young pullets. The cost of a good concrete floor is often saved in one year by making the house rat-proof.

Evening

From the upland slopes I see the cows file by,

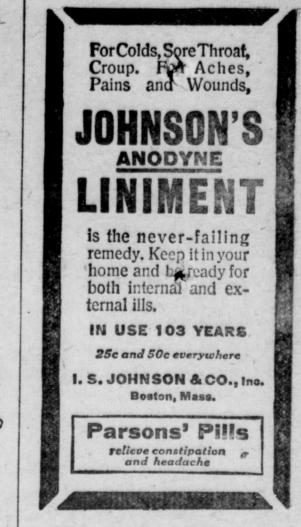
Lowing, great-chested, down the homeward trail. By dusky fields and meadows shin-

ing pale With moon-tipped dandelions; flickering high A peevish night-hawk in the western

Beats up into the lucent solitudes. Or drops with girding wing; the stilly woods Grow dark and deep, and gloom mys-

steriously, Cool night winds creep and whisper in mine ear: The homely cricket gossips at my

feet; from far off pools and wastes of With obb and change the chanting trogs break sweet In Sull Pantiesn chosus; one by one Shine out the stars, and the great



Building Curious Ship.

London, Sept 11-According to the Paris correspondent of the Daily News an extraordinary craft is being completed under one of the picted is of the simplest. The waist is of archways of the Pont St. Michael blouse outline, plain at the upper part on the Seine. With the greatest mystery, two men are working on the construction of the model of a cylindrical, bottle-shaped vessel, which, they believe, will carry them across the Atlantic at the rate of a hundred miles an hour. The vessel is of wood and tarred cardboard, with strong hoops of iron. It is about 30 feet long by 7 1-2 feet across, There is a manhole at each end.

> The master of this curious craft is turned 70, and wears a blue suit with no shirt underneath, and no shoes on his feet. His long curly have evidently known no barber's shears for many a long year, for they reach to his shoulders and mingle with his patriarchal beard of snow white. The old man is a Greek, Constantine Panejotti by name. His father was a business man and left a comfortable little fortune, which the son devotes to alleviating the ufferings of his less favored compatriots. M. Panejott' wants are few. He lives on crustage dried vegetables, and boiled water with no salt or butter. He spends, most of his spare moments in prayer. His only assistant in his work on the Seine is a young workman.

"The craft now in the slip," M. Panejotti remarked to a representative of the Petit Parisien "is only a model Later on I propose to build another measuring 325 feet, and driven by three 15 horsepower motors, which will developa speed of 100 miles an hour

"The secret of my invention lies in the action of the propellors which will enable my bottle to revolve on its own axis at a dizzy rate. The persons inside will be one a floor fitted with rollers, which will remain completely stable. My pupil and I intend to go from Paris to Havre and thence to New

"My boat;" he added, "has no keel. If by a shock or any other cause a leak is sprung, astroke of the propellers causes it to turn upside down and a leak can be repaired without the least danger."

O! FIRST of human blessings! and su preme! Fais Peace! how lovely, how delightful thou!

-James Thomson-