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## HOUSEHOLD

BAKED BROWN BREAD.

One-half cup sugar, 1-2 cup molasses, 2 cups sour milk, 3 cups graham flour (sifted), 1 1-2 teaspoona soda, 1 teaspoon salt, 1 cup flour,

Mix dry ingredients, add molasses and milk. Beat thoroughly. This is an economical, delicious bread. It calls for no butter and eggs, which is a great factor these days.

Bake from forty to sixty minutes in

Raisins or nuts may be added to this

For a coarse bread use unsifted flour for a fine bread use sifted.

Picnic Cake

SOFT FRUIT COOKIES.

One egg, 1 cup each of lard, sugar, sour milk, molasses and raisins, 1 teaspoon each of soda, cinnamon and cloves 1.4 teaspoon of sale and 4 cups of flour. Drop by spoonfuls on greased tins and bake in a quick oven,

#### Cake Without Eggs.

One and one-quarter cups of sugar, 1 tablespoon of butter, 1 teaspoon of cinnamou, 1-4 teaspoon of cloves, a little nutmeg, 1 cup sour milk, 1 small teaspoon of soda, 2 cups of flour, 1 cup of rasins and half cup of currants mixed in a little of the flour. Nut meats may also be added if liked. Bake in a loaf, leaving in a moderate oven for one

Chocolate Eggless Cake.

ard, 1 cup of thick sour milk, 1 teaspoon soda, dissolved in the milk; 2 1-2 ish. cups of flour, 2 tablespoons of cocoa and I teaspoon of vanilia. This recipe may be used for drop cakes, a nut meat being pressed in the top of each one before baking.

#### TOMATO BISQUE.

Tomato bisque is always acceptable, being enjoyed even by those who usual ly do not care for soup. It is not a hit or miss potage by any means, and should be undertaken only when there is time to watch it carefully. Scald a quart of milk in a double boiler, meanwhile stewing one pint of peeled or canned tomatoes. Cream one tablespoonful of flour or cornstarch with a heaping tablespoonful of butter. Blend with a small quantity of cold milk, then with the hot, and stir until it thickens. Add one teaspoonful of salt, a little paprika or red pepper, and a tiny pinch of baking soda to counteract the acid of the toma toes and keep the milk from curdling: stir in the hot tomatoes which have been rubbed thru a fine sieve. Serve at once preferably in cups with a desert spoonful of whipped cream on each. Make only the quantity of tomato bisque required for a single meal, as it cannot be warmed over without "breaking" the milk.

#### TOMATOES.

part of the pulp and mix it with bread and the Minister of Labor the text of a crumbs, hoiled rice, mashed potato or despatch received from Vancouver ground meat. Season with salt, pepper stating that negotiations were under and onion juice; put back in the shells, cover with coarse crumbs and bits of India Colonization Company to charter butter and bake.

For breakfast, cut tomatoes in thick ada through the port of Halifax. slices, dredge with flour and fry in the pan in which the breakfast bacon has just been cooked, or in a mixture of lard and butter, or in drippings.

Another breakfast dish is prepared by breaking an egg into a scooped out tomato, dusting it with salt and pepper, and baking until the egg is firm.

From the tiny yellow tomatoes that ripen a little later on a delicious preserve may be made. Scald ard remove skins, add an equal quantity of granulated sugar and let stand over night. Pour of the sirup next morning and boil until it begins to thicken, then add the tomatoes. Also an ounce of ginger and two sliced seeded lemons for each pound of fruit. Cook until clear and

To bake potatoes quickly, clean and pour boiling water over them, and let stand on the stove five or ten minutes before putting them in the oven.

Iodine is a healing remedy for wounds caused by rusty neils. Such wounds, however, should have the attention of a physician from the start.

If eggs are to be stuffed, they must be put into cold water as soon as they are taken from the stove. This will keep the whitee in better shape.

simple matter to mend a bole to a smart bair in on avery package. Bold and i remoter sections of the Island to a sim boy's troplets if a darping east is elips guaranteed by B: W. Main

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this WEEK; also a new lot of

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## Mrs. F. L. Mooers

ped into the pocket and the darning done over it.

If salt fish is required for immediate use, it will freshen much more quickly if soaked in milk instead of water. Sour milk will answer as well as sweet.

An outdoor cupboard will be found useful and economical during the winter weather. It will do away with the necessity for ice for quite a long time.

Mix stove polish with equal parts of household ammonia and turpentine and Two cups of brown sugar, half cup of apply to the coal stove. Rub off with a soft woolen cloth. It gives a high pol

> If a gloss is desired on linen add teaspoonful of salt to the starch when making.

> To disguise the unpleasant taste of Epsom salts, drop in a little lemon juice. Then you will find the salt solution quite pleasant to take.

To insure a Yorkshire pudding always being light, it is a good plan to add a tablespoonful of cold water to the batter just before placing it in the oven.

Powder the insides of new gloves to make them easier to slip on, and also, in the case of colored kid ones, to pre. vent the dye from staining the hands.

#### Hindu Halifax Alarmed At Rumors

Halifax, N. S. July 16 .- Determined efforts are to be made immediately by the Halifax civic authorities to prevent further negociations being carried on by an East Indian Colonization Company to charter a steamer to bring a party of Hindu immigrants to Halifax.

Steps were taken at the meeting of the Board of Control, yesterday, to bring the attention of the Nova Scotia government, the Prime Minister of Select large firm tomatoes, take out | Canada, the Minister of the Interior way by the Secretary of the America a steamer to bring 500 Hindus to Can

Mayor Bligh stated today that noth ing would be left undone to emphatical ly show the secretary of this company, under whose auspices it was reported the Hindus were to come, that they were not wanted.

## Parisian Sage

Will Grow More Hair

Parisian Sage will stop falling hair in two weeks-cure dandruff in the same time and stop scalp itch at once. It makes the hair soft, silky and luxuriant.

## As A Hair Dressing

Parisian Sage is without peer. It conpains nothing that can harm the Hairit is not sticky, oily or greasy and preents as well as cures diseases of the

Women and children by the thousand use it daily as a dressing and no hom s complete without it.

#### Money Back If It Fails

guarantee Paristan Sage and will re. sented to the city by Bowring brothers fund your money if it fails. Ask drug- at a cost of \$50,000. Afterwards be gist E. W. Mair what he thinks of it laid the corner stone of the tuberculosis He sells it at 50c. per large bottle or manitorium to cost \$75,000, presented to prove the satisfaction we can you can secure it by mail postpaid from the colony by William Duff Reid, his The Giroux Manufacturing Co., FortErie | brothers, Henry and Robert, undertak-Menting Holes-It will be found a Ont. See that the Girl with the Auburn ing to provide smaller sanatoria in the

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A Fire in Half the Time A Fire All the Time A Saving of 25 to 50 Per Cent.

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THE QUEEN HEATER is . more of a heating machine than it is a stove. It can be regulated like a lamp. You can have your room any temperature you wish. You positively keep a slow fire burning 24 hours by putting in one large stick or knot. Will heat a room 20 feet square in ten minutes in cold weather, or no sale.

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SITTING-ROOM STOVE-Because one fire can be run all winter BEDROOM STOV E-The fine st ning in the world.

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-CLARENCE HAMILTON at Mrs. F. Winslow's Hair Dressing Parlors. Regent St. Woodstock-

At St. John's on Wednesday the Duke of Connaught opened Bowring Druggi sts and stores everywher Park, a beautiful suburban area pre iar amount.

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