

FIRST CANARIES WERE NOT YELLOW

Little Singers Are Quite Domesticated and Captivity is no Hardship to Them

Canaries sold in Canada for from \$1 to \$10 apiece, according to their singing ability, but it is not an uncommon thing at all in Germany to have \$125 paid for one of the birds.

The Englishman and the German is not happy unless he has a canary warbling to him when he comes home from work.

The original canary, of course, came from the Canary Isles, where the species is still found in abundance.

The island of Elba, it is said, was the first European point where the canary found a resting place.

Regarding the breeding of canaries in Germany a fancier tells an interesting story.

"I went to school in Germany with a man named Schofert," he says, "and in after years this man raised canaries to sell to the royalty.

Those who sympathize with the little singer because it is caged should find comfort in the fact that it would really be "murder in the first degree" to give the canary its liberty.

OCCUPATION AND TEETH

Dangers Encountered by Workers in Mines and Factories

It is a curious but scientific fact that bad teeth often may be laid to occupation. Quicksilver miners have the worst teeth in the world.

bleachers, destroys the enamel and dentine of the teeth. As chloride of lime is used in many factories, those who come in contact with it are in great danger of serious tooth trouble.

BONFIRE OF STEEL

Heat From a Rubbish Blaze Ignited Steel Chips

A bonfire of steel chips, set alight from the heat of a rubbish fire near by, gave an odd trouble to a manufacturer.

AN UNDERGROUND FARM

Robert Smith Finds It Pays to Farm in a Cave

Probably the most unique farm in the world is located in Missouri, seventy-five feet underground, near the city of Springfield.

LOW PRICES THERE

Go to Antioch if You Would Escape the High Cost of Living

"The cheapest place in the world is Antioch, in Syria," said a returned traveler. "Being on the Mediterranean the climate is just right in the colder months."

PIPES AND PIPERS

There is hardly a country in the world where the pipe is not smoked, in one form or another.

ground. He then lies face downward, applies a light to the tobacco, and his lips to the ground, at the spot where he has withdrawn the wire, and smokes in peace.

LIFE OF PIONEERS IN THE FORESTS

First Settlers in Ontario Were Happy in Spite of Many Hardships

When the early settlers of this country first took up land and built their shanties, the country being all bush, they cleared the land with the use of an axe by chopping the timber down and cutting it into lengths and burning it.

In reference to their houses, the roofs of the shanties were made of boughs, hewn out with an axe. The walls of the shanties were of course made of logs, the cracks being stuffed with moss.

Bread was baked in a large iron pot with three legs and a lid. Hot coals were put under it and on the lid and it was turned around often.

Furniture in those days was made with nothing but an axe and an auger. The chairs were benches with four pegs for legs.

The women would card wool, spin it and someone in the neighborhood would weave it into cloth, which made beautiful dresses and men's suits.

Through all the hardships the people were very happy. They had church service in their homes turn about.

People were very hospitable and any person travelling through the country, such as for flour, etc., would call in and stay where night overtook them.

AN EXTINCT GEYSER

Hot Lake at Banff is Remnant of a Tuff

Few persons ever heard of a extinct geyser, but they are not uncommon. It is said that that beautiful widening of the Mississippi River known as Lake Pepin is really a extinct geyser or perhaps the crater of a volcano.

Here is a large cave or chamber within a mountain, and in its centre is a small, hot lake. The dome-like roof comes to an apex some twenty feet above the water, and in this is an opening, or vent, two feet or so in diameter, which pierces the rock roof six or eight feet until it reaches the outer air.

by the eruption of the waters. reaches this hot pool now by a tunnel, but formerly it was necessary to descend through the vent, and a story is told of a distinguished Canadian official who, some years ago, tried to make the descent.

The entrance tunnel was afterwards constructed by the Canadian Government, but the process of squeezing through the hole, leaving some cuticle in the descent, and the knowledge that a slip would mean a ducking in a hot lake below was a novel experience that the tunnel cannot furnish.

LEARN TO RELAX

You Are Troubled With Insomnia Rest Your Brain

Sleep is a habit. It is a very natural and beneficial habit, but one that can be easily broken through injudicious living and thinking.

Insomnia cannot be cured by drugs. It is always dangerous to use drugs to produce sleep, and they should seldom be resorted to except in serious illness, and then only on the advice of a physician.

If you cannot sleep, and find that your sleeplessness is becoming a habit, begin immediately to go slower. Curb your ambition, leave off all unnecessary work and learn how to rest.

There is one exercise, which, properly practised, will be found beneficial in more ways than one. Stand erect, but without stiffness, arms hanging easily at the sides.

EUGENICS DEFINED

St. Francis Galton's definition of eugenics is "the study of agencies under social control, that may improve or impair the racial qualities of future generations, either physically or mentally."

MOOSE VERSUS DEER

Savage Battle Fought on Railway Tracks While Train Waited

The passengers on a train near Cobalt saw a sight that few human beings have ever witnessed, and that was a battle between two buck deer and a moose.



Advertisement for Seal Brand Coffee, featuring the text 'Satisfaction', 'SEAL BRAND COFFEE', and 'Ask your Grocer for Seal Brand to-day.'

Many of the passengers alighted and ran to the front of the engine; some threw stones but still no heed was given and for about five minutes the watchers witnessed a magnificent struggle.

The antlers of the two bucks had become entangled but it could not be seen whether the horns of the moose were caught or not as he kept his head down and fought with his feet, snorting angrily.

The passengers and trainmen crowded on board and the train started, leaving the two beaten animals lying weak and exhausted beside the track with their horns still locked.

SIGNIFICANT NAMES

There is a Marked Difference in Place Names in Ontario and Quebec

The place names of Ontario and Quebec eloquently reflect the historical background of the respective peoples. Journey through Ontario and you are confronted with names of counties, townships, towns and villages lifted almost bodily from England, as in Middlesex, Lincoln or York.

In Quebec how different are the scenes called up by the names of cities, rivers, counties and parishes: Champlain, after the founder of Quebec; Chicoutimi, the first French Viceroy; Montmagny, who succeeded Champlain.