

W B HOWARD D. P. A. C. P. R. ST. JOHN N. B

Girls upon the threshold of womanhood often drift into a decline in spite of all care and attention. How often one sees girls who have been strong and lively become suddenly weak, depressed, irritable and listless. It is the dawn of womanhood—a crisis in the life of every girl—and prompt measures should be taken to keep the blood pure and rich with the red tint of health. If the blood is not healthy at this critical stage the body is weakened and grave disorders follow. Dr. Williams' Pink Pills have saved thousands of young girls from what might have been life-long invalidism or an early death. They are a blood-builder of unequaled richness, strengthening weak nerves and producing a liberal supply of red, healthy blood which every girl needs to sustain her strength. Dr. Williams' Pink Pills have proved their great value over and over again to young women whose health was failing. Miss Minnie Duffield, Eramosa, Ont., says:—"It gives me great pleasure to tell you what Dr. Williams' Pink Pills have done for me. When I was approaching the age of womanhood I suffered greatly from bloodlessness, or anaemia. My work was a drag to me, I had no appetite and never felt rested in the mornings. I could scarcely walk for five minutes at a time without taking a rest. I was troubled with severe headaches, and things looked gloomy indeed. I doctor- ed for a long time and got but little, if any, benefit. I was advised to try Dr. Williams' Pink Pills, and did so and after taking them for a time felt better. I continued taking the Pills until I had used six boxes, when I felt like a new person, and was again enjoying splendid health. I would strongly advise any girl who is weak or run down to try Dr. Williams' Pink Pills."

You can get these pills from any dealer in medicines or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

gain when a dugout was unharmed. British, with bayonets fixed on rifles in hand, appeared at the entrance to find the Germans still inside, perhaps just starting out. All in

London, Oct. 8.—To-day's news from the Canadian front speaks of the heavy rains and depressing weather for much trench duty. An officer of the Canadian Brigade, who was doing regular work in the trenches, says: "We had a pretty hard fortnight of it. I lost seven men through shell fire. A big shell went into my dugout, wounded my servant badly in three places, and killed my orderly. Luckily for me, I had just left. The enemy has been shelling us for the past hour. They have just blown in one of men's dugouts. Fortunately, nobody was in it at the time." A Canadian ex-governor official.

his first season in fast company, Frank Bogash, Jr., astonished the turfsters. In 1913 he won \$20,042 in purse money, which is the largest sum placed to the credit balance of any candidate in the pacing division during the season. In 14 starts he was first eight times and second six times. He started 14 times and always won part of the purse. Directum I., Garden Direct, Flower Direct, Earl, Hal B. Jr., and Walter Cochato fell before his wonderful speed early in the season he battled successfully against the California mare, and J. Del Rey and Stebriano Lad, the fastest of the green wigglers, and when he went against the best pacers training at the closing Grand Circuit meeting at Lexington and emerged from that battle with all scalps hanging from his girth-belt. In 1914 under Murphy's handling, he showed even more brilliant form, and again demolished the "wise fish" by pacing the first race mile ever registered under two minutes, this remarkably fast feat being accomplished at Detroit, Mich., in the second heat of a Pace. The former Sherbrooke gelding went from wire to wire in the wonderful mile of 1:59 1/4.

It remained for an Australian minister of health to discover that baseball is brutal, dangerous, and also silly. In Sydney, teams representing the United States and Australia were playing at a patriotic carnival. According to the report of a Sydney daily: "In America's second inning a player deflected a fast ball straight for the densest portion of the crowd, and a scream was heard. The ambulance men rushed to the spot and found that a woman had been struck on the head by the ball but was not seriously injured. Without waiting to see if any damage had been done the players procured another ball and continued the game as if nothing had happened. A few moments later this ball was also deflected to the upper story of the pavilion, striking a man on the shoulder. Mr. Flowers, the minister of health, who was present, rushed out on the ground and called out: "Stop this silly game!" The players promptly obeyed his orders and play ceased."