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The Board of Health has notified the 90,000 handlers of foods and dishes in the 4,500 hotels and restaurants of New York that they must without delay get certificates declaring that they are free from all communicable diseases.

HOUSEHOLD**SAVORY CARROTS**

Take three or four large carrots, scrape and wash them, and cut them into thin slices. Par-boil them for a few minutes, drain them and put them into a pan with a piece of butter, sprinkle with a little white sugar, and pepper and salt. Add half a gill of stock, and let all simmer gently until the carrots are perfectly tender. Then add the yolks of two eggs beaten in half a teacupful of milk, and a little chopped parsley, make all very hot and serve.

CARROT PUDDING WITH LEMON SAUCE

Wash and scrub half a pound of young carrots, but do not scrape them; put them into slightly salted water and boil till tender, then pass thru a fine sieve. Cream half a pound of margarine and four ounces of powdered sugar together, add the yolks of two eggs and beat well, then mix in half a pound of breadcrumbs, one teaspoonful of ground cinnamon, four ounces of glace cherries cut in quarters, and the carrot pulp. Whip the whites of eggs to a stiff froth, stir them very lightly into the rest of the ingredients, pour the mixture into a well-buttered mould and steam from two and a quarter to two and a half hours.

For the lemon sauce—Ingredients: Half a pint of water, the juice and rind of one lemon, the yolk of one egg, one ounce of butter, one ounce of flour, and three or four lumps of sugar. Rub the sugar on to the lemon until all the outer rind is removed. Melt the butter, stir in the flour, and cook well without brewing. Add the water, stir until it boils, then put in the sugar and lemon juice. Let the sauce cool slightly, then add the beaten yolk of the egg, stir until the sauce thickens, and serve.

BAKED APPLES WITH NUTS.

Select apples of uniform size. Wash, dry and core them. Arrange in a baking dish. Fill the cavities with sugar, with which has been mixed finely chopped nut meats, in the proportion of one-half cup of the nuts to each cup of the sugar. Bake until tender. Remove the apples carefully, place in a deep serving dish. Boil the syrup in the pan for five minutes, then pour over and around the apples. Serve cold. These will be found especially nice, and a little change from the ordinary baked apple.

FEATHER CAKE.

One tablespoonful of butter, one cup of sugar, one and a half cups of flour, half a cup of sweet milk, two eggs, yolks and whites beaten separately, one teaspoonful of baking powder.

APPLE PUDDING.

Make a rich biscuit dough with 1½ cups flour, ½ teaspoon salt and 2 teaspoons powder; add enough sweet cream to make a soft dough; roll out about an inch thick and slice five sourjuicy apples and grate nutmeg on apples and roll. Have ready your pudding dish one

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cup sugar, ½ cup butter, 1½ cups water; place your roll in that sauce and bake ½ hour. Can be made with other kinds of fruit.

Spies And Their Pay.

(Philadelphia Inquirer)

A spy who really takes an interest in his work and makes himself useful and trustworthy to the government that employs him—or her—may often have a remunerative, if not exactly a pleasant, time. A regular, accredited government "agent" in Europe may expect at least \$2,500 a year. Germany, which is recognized as the country that makes the most use of espionage, has a system of bonuses to encourage the spy and spur him on to greater efforts. Germany spends an enormous sum annually in the attempt to discover the plans and intentions of other governments. German Secret Service agents are found in the most unlooked for places.

Russia's expenditure runs close to that of Germany, and her system is agreed to be the finest in the world. Russian spies have figured in novel's galore. France and Austria-Hungary spend about \$300,000 and \$200,000, respectively, for the same purpose, but it is not brought to such a pitch of perfection as in Russia. Italy devotes \$600,000 for her secret service, but this amount is divided by the Ministry of the Interior as follows: For secret service, \$200,000; for police rewards, \$170,000, and for the detective service at home and abroad, \$230,000.

Spying is looked upon as a fine art in Japan, which runs Germany close for the world's championship in getting at other nation's secrets. Orientals are noted for their patience and they bring to this work a never-failing store of it. This, together with their ingenuity—in some cases cunning—makes them remarkably clever spies. The war in Manchuria gave a striking example of the value of the work done by Japanese Secret Service agents.

In England the service is principally controlled by the Intelligence department of the Admiralty and War office, and has in recent years been raised to the high standard of perfection credited to Russia and Japan.

To most foreigners spying is simply a business, a profession to be entered like any other, and to be paid as well as other dangerous professions requiring skill and courage. When women take up the profession they generally make better spies than men.

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Cleveland, Ohio, Sep. 9.—Cleveland and Canton, Ohio, capitalists closed a contract to-day for \$80,000,000 to supply Russia with 4,000,000 rifles. Final details of the contract were completed in New York.

According to reports in one Rotterdam paper the town of Brest Litovsk, before the war, had a population of 53,000. When the Austro-German armies entered it the other day all they found was one family. The rest had been removed and the houses burned.

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