

Gin Pills

FOR THE KIDNEYS

How They Relieve

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"It affords me great pleasure to convey not only to you but to all sufferers from Backache and Rheumatism, the great relief I have obtained from the use of Gin Pills. I feel thankful to you. I recommend Gin Pills to everyone suffering as I did."

ROBERT M. WILSON

Gin Pills are 50c. a box or 6 boxes for \$2.50 at all druggists. Free sample on request to

National Drug & Chemical Co. of Canada Limited, Toronto.

Why We Should Save And How

A pamphlet has been issued by the Parliamentary War Savings Committee in Britain entitled "Why We Must Save and How." As it is intended to illustrate the possibilities of saving by all classes there are necessarily many hints calculated to be of value to the world over and especially in afflicted countries. In the first place it combats the notion that these people who spend all they make are necessarily benefiting trade. On the contrary those who save wisely advantage themselves, their neighbours and their country. Spending money on luxury gives a certain amount of employment but nothing like the employment that investment in desirable and necessary articles does. The best way to convey the meat in this useful and timely pamphlet would seem to be to summarize its contents in brief, emphatic sentences, as follows:—

Thrift is a national duty, so that the money thus saved may be invested with the government.

The more goods we buy at home and the more we make and send abroad the richer the country becomes.

Every dollar borrowed abroad that might be obtained at home means money going out of the country.

By devoting all our energies to producing things useful and abandoning the purely ornamental and the luxurious we are helping the country.

The only money judiciously spent is that that keeps ourselves in health of mind and body and that by investment in productiveness helps in the progress of the land and the country.

Women are the main power in the campaign for thrift. As leaders of the home they can best foster economy in food and clothing.

Reduction in meat-eating might be generally practised without loss of

New Strength In The Spring

Nature Needs Aid in Making New Health-Giving Blood.

In the spring the system needs a tonic. To be healthy you must have new blood, just as the trees must have new sap to renew their vitality. Nature demands it, and without this new blood you will feel weak and languid. You may have twinges of rheumatism or the sharp stabbing pains of neuralgia. Often there are disfiguring pimples or eruptions on the skin. In other cases there is merely a feeling of tiredness and a variable appetite. Any of these are signs that the blood is out of order—that the indoor life of winter has lessened your vitality. What you need in spring is a tonic medicine to put you right, and in all the world of medicine there is no tonic can equal Dr. Williams' Pink Pills. These Pills actually make new rich, red blood—your greatest need in spring. This new blood drives out the seeds of disease and makes easily tired men, women and children bright, active and strong. Mrs. Eugene Cadarette Cadarette, Amherstburg, Ont., says: "I suffered for a long time from dizziness, pain in the back and sick headache, and nothing I took did me any good until I began Dr. Williams' Pink Pills. These cured me after taking six boxes and I now feel better than ever I did in my life."

These Pills are sold in all medicine dealers or can be ordered by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

strength.

Cheese is one of the best and most wholesome substitutes for meat.

Economy and good digestion are aided by never eating bread that is not at least 24 hours old. Ten per cent. of the cost of bread would be saved by rigidly adhering to this simple practice.

Fewer courses at dinner would not mean any wearing on the health, but less work and more saving.

It is in dress that women could best economize. Simplicity of material does not mean less attractiveness.

Excessive expenditure on weddings and funerals should be avoided.

Labour released from the manufacture and sale of things that can be dispensed with is available for other and more useful work.

Expenditure on golf, tennis and other games of pleasure could be beneficially curtailed.

The giving of presents on all trivial occasions is to be discouraged and, when given, they should be of an inexpensive and useful character.

Presents and gifts might take the form of war-loan vouchers.

Much money might be saved by spending less on hobbies.

Neighbours could benefit each other by systematically combining to buy food in quantities and sharing it.

Economy today means riches in the future.

The only luxury the Empire can afford is victory.

\$100 Reward, \$100

The reader of this paper will be pleased to learn that there is at least one-headed disease that science has been able to cure in all its stages, and that is catarrh. Catarrh being greatly influenced by constitutional conditions requires constitutional treatment. Hall's Catarrh Cure is taken internally and acts thru the blood on the mucous surfaces of the system thereby destroying the localization of the disease, giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in the curative powers of Hall's Catarrh Cure that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials.

Address: F. J. CHENEY & CO., Toledo, Ohio. Sold by all Druggists, 76c.

Transfer Of Wounded Prisoners

London, May 3.—An agreement has been reached between Germany and Great Britain for the transfer to Switzerland of wounded prisoners on both sides, according to an official announcement made yesterday. The announcement of the Official Press Bureau is as follows:

"The Foreign Secretary learns from the Ambassador of the United States that the German government has accepted the proposal of His Majesty's government for the transfer to Switzerland of British and German wounded and invalid combatant prisoners of war.

"The precedent formed by the arrangement between France and Germany will be followed as closely as possible. The Swiss government has been requested to send the necessary doctors to examine the German prisoners in this country. Swiss doctors are already in Germany for the purpose of examining French prisoners, and advantage will no doubt be taken of this to examine the British prisoners."

How Casement Was Captured

London, May 1.—A Times correspondent in County Kerry gives the first detailed account of the capture of Sir Roger Casement to reach London. He says that early on Good Friday morning a peasant discovered a strangely shaped boat on Banna Strand, near Ardfert, with a sheathed dagger lying in the bottom.

He reported to the police, and three policemen, sent at once to the spot and searching the neighborhood, found three revolvers, plenty of ammunition, three flash lamps, maps, a cipher code and an ad flag of the Irish republic.

Searching a little further they found a man hiding in the brambles and black thorn in an old Irish rath, on circular base, a couple of miles away. The man

was seen to slip away, climbing a tree and going into the old fort if he was seen, but during this useless attempt he made no resistance. He gave the name of Richard Morton and an English address, but when compared with a photo-

graph of Casement, although he had shaved off his beard, was at once recognized.

Clarke, who figures among the signatories to the declaration of the Irish Republic, is the owner of a small tobacco store in Dublin, who, under the name of Wilson, served several years' imprisonment in connection with a dynamite conspiracy.

Pearce is a schoolmaster, lawyer and editor of Claidham Solus, the official organ of the Gaelic League, who held the post of chief commandant of the Sinn Fein volunteers.

Connolly, a noted Socialist, was Larkin's chief lieutenant in the Dublin strike troubles in 1913. McDermott is editor of Irish Freedom, a monthly devoted to the Republic propaganda. Mc Donough is also a schoolmaster and sometime editor of the New Ireland Review. Eamonn Cernnt has been prominent in the Gaelic League movement, and is a man of much culture.

Countess Markievicz, who has been captured among the Dublin rebels, was a prominent figure in the street car strike riots in 1913 led by James Larkin. For several years she has been an ardent militant Socialist and Sinn Feiner. Early in the present year a raid was made on the home of the Countess in Dublin by the police under the Defence of the Realm Act, and a printing press and type with which it was alleged pro-German literature was being printed were seized. Some reports had it that arms also had been found in the home of the Countess and that letters seized in the raid led to the discovery of an arsenal of Sinn Feiners. The Countess is a sister of Sir Joselyn Booth, a land owner of Salford, Manchester. Her husband is a Polish artist. Despatches last week said that at the outbreak of the Sinn Feiners the Countess, dressed in a volunteer uniform, was a prominent figure among the rebel element.

German Women Demand Peace

London, May 3.—"Serious trouble is reported to have occurred in Berlin and elsewhere in Germany on May Day," says the Amsterdam correspondent of the Exchange Telegraph Company.

"Vast crowds, composed for the most part of women of the laboring classes, clamored for peace. The crowds were dispersed by the police and many persons were arrested. Two women were wounded at Chemnitz, Saxony."

London, May 3.—A treaty at last has been ratified between Turkey and Germany to avert the possibility of Turkey making a separate peace, according to a Rome despatch to the Daily News-Germany, the correspondents says, agrees to guarantee Turkey's territorial integrity, provided when peace conditions are discussed Turkey does not initiate negotiations with the Allies without Germany's consent. Germany, it is declared, acquires complete freedom of action and will be able to accept the Allies' conditions of peace, even if they are to Turkey's detriment. The Kaiser, the despatch adds, may shortly visit Constantinople.

German Forces Leaving Verdun

LONDON, May 1.—A Paris telegram says that heavy German batteries in considerable number, have been withdrawn from before Verdun and sent to a distant point believed to be the British front.

French military critics are beginning to argue that the German campaign against Verdun is virtually at an end, but the military authorities of France are understood to be taking no chances of what might happen if they weakened their forces in that region.

It is contended that the looked for attack farther north is perceptibly nearer to hand, and the prediction is for another attempt to drive through the British line and capture Calais, Dunkirk and Boulogne.

German Field Marshal Shot

LONDON, May 1.—Reuter's Bucharest correspondent telegraphs as follows, regarding the recent death of German Field Marshal von Der Goltz:

"A person whose opinion is of some weight, and who has arrived here from Constantinople, declares that Field Marshal von Der Goltz was shot by Ali Abdullah, an officer of an Anatolian infantry regiment, the evening of April 14. He fired three times, at the Field Marshal, all the bullets taking effect."

Three Rebels Shot.

LONDON, May 3.—Three signatories to the republican proclamation in Ireland have been tried by court-martial and found guilty and were shot this morning.

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