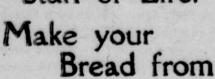
Eat more Bread and Better Bread

Few of us eat enough of the Staff of Life.





PURITY FLOUR

More Bread and Better Bread

Dilemma A Dutch

Pro-British Sentiment or German Money

(By James Dan in the London "Daily Mail.")

Rotterdam Dec .- When good smuggiers die they will come to Holland, Smuggling has super eeded skating as a pastime, L'ke the Irah of the "eighties, everybody here is "agia the Government" when it comes to making profit from the sale of proscribea articles.

Guilder (the standard Dutch coin, worth about 1s. 7d.) millionnaires are being made every month, and the Du'ch commercial grace beture deals is ' For what the Gir mina are about to riceive may the L'rd make us truly thankful.' Let me eay at once that the Dutch Government and the over worked Dutch Customs . ffi ers ate not to blame for the new national sin. Thousands of smugglers have been arrested, yet thousands more spring up in their places. Urged by love of gain and aided by German emissares, Dutchmen, big and lit le, are all taking a haud in this fasoinating game of "tend my neighbor."

Tutellec ual and moral leaders of the Da'ch nation have perceive the moral danger of the smuggling maan, and writing on "The Moral Dinger on the Front e" the "M'ouwe Courant" of Ratterdeu remarks: 'There is no doubt buthat the emugging on the frontier is being actively promoted and eccuraged on the other side Biranux have even heen organ za where all frauduently exported goods are received and paid for it c. 1. Tief w gu der ho wiel may be incurred does not on . weigh the enormous profits made in this way. Of en grap. therty to fifty persons carry it. wares in broad d ylight to the 300 yards forbidden z ne and wait a favorable opportunity to pass during the night.

of the moral results of the present tim D, ch p or. position or the popula ion of the fromier regions and part of the been taken by the Du ch m litery mittary. Some profits to the Ludwehr men and Militia guard- the muggler knows how to slip ing them. Sharp action should through the meshes of the law be taken against thie, as an im- and hone reds of persons of both portant army interest is at stake. | s x and all ages are conveying A other places it is the rural pop- bags of rice, flour, malt, and other use son which should be placed foodstuffs to a weight of two u der se ere control before they kilograms (about 4 1.2 lb.) over the come used to the lucrative the frontier, there being no penal smagging business. Workmen ty against such quanti ice. A have taken a dislike to working night, however, the ann't re because they can make plenty of are more impudent and venture money at sunggling, and whole along untrequented, ways with to miles e ote them elses to the mich larger quantities. Recently new cusiness. Part of the pop- a party of eight men, loaded with

ulation is here threatened by moral degeneracy, the consequences of which will be felt long after the war. It is the hand of a Government that must be felt along the entire trontier; not a tinger here and there."

Strong language, but language entirely justified by the facts. M nay is being made easily in Holland to-day. I am wriging this article in a cafe thronged wi h men whose fortunes have been more than trebled during the last nine months. Uncouth formers, rough in dress and dour in manne ; bring heavy wads of no e to clinch deals; smart business men who year ago had to search for bargains now sit at ease and take their choice. A year ago the average Dutchman carried a purse and thought in pennies; now he carries a cheque-book and thinks in bundred guilder notes.

Myself I have seen men rice from an ill-paid dependence to a comfortable independence. such a man a year ago was working for fifteen shillings a week. List week the same min was offering £250 for a permit to enable him to transport a wagonload of causages across the frontier. I have not the slightest doub! that he would get his permit, for great trade is being done in these licences to trade, which, issued before prohibition was enforced, are ela-tic enough to meet any date a' .. (qu remen'.

Hundred of st ries, some re male, be a joily serdid, have been told of smuggling. Petroi ecreted in tombs ones and in ce down a well in Holland and transmitted through pipes into Ger many ore some of the larger operation, will in perry operations he ar the of sen and the cun og of women are employed in thousand diff rant ways to trick fficers of the Dich Customs. O course, if it were not for the active aid of the Germin frantier guard mingling would cease to be "An important question is that prof the compation for the on-

> Alth agh stret masures have anthor t . . . o put down smugg in

rice, tried to cross the Belgian frontier war Huibergen, Tie guard and officials were at their post, however, with the result that the amugalers were halfed. One, a mirried min and the father of five children, seeking to escape, was hit by a bullet and he is not expected to recover.

The Datch courts are filled with smuggling cases, Ditch comic paper publish skits on smuggling. smuggling stories are told in every cafe. Behind the native greed of gain is the German agent temp'ing here, advising there. Beninc. the scenes in big business firms or pulling ett trumpery deals in candles, scap, or waste paper, the G rman agent is paramount in Hilland. For more than a year I hved in Holland and never have I seen so many German men of bustaes as I see to-day. The German commercial traveller is everywhere trying to sell anything.

But it is the Dutcom .u's pocket, not his heart, that is touched by the German appeal Sentimentally the Dutchman is not so much pro-Euglish as sti-Jerman. He neither trusts nor loves the German, but so s rong are the bonds of trade and so close are the ties of mutual profit that the Datel. man will forget his prejudices if he can fill his purse. Apart from business instincts the Durchman is more than willing to turn a kindly ear to the English call. On Monday week I was one of a huge audience which crowded the Rotterdam Thea're to enjoy the performanc. of .ue Timbertown Follies, an amateur party from the interned Naval D. vision at Gron-

EATS DIRT



inger. Among the audience were ment trading blocks, ol poured the light and lead ng of Rotterdam. and no entertainers could wish fo. a better reception of a heartier appr ciation than were gran el to he Timbertown troupe.

These nine young upper-mildh class E glanmen, with their buoyant spirit, their rare vitality and their injections irrespensible humor, gripped the Datch andenc., and 'n the'r three hours of merry nonsense brought the E 2ish cause near to the Duck sym. pathv.

"T, the English e look for ou pleasur, to e G rouns for on: r de, sa a "Duich basiness mar so we left the theatre, "B"weer he two combatents we secure the privilege of peace." He smiled cynically.

"You think that w: E glish have a monopoly of the planures?' I asker.

"No xietly that. Y u E g ish have learned how to rij v he G rioun is content to etidare."

"A d you bink that he stren n an endeavor of the German wil prevalin Halland."

He shook his head thoughtfully. I am not so enre. You carnot

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control emotions as you contr markets, and it may be that the inflaence of the theatre will be stronger than the influence of the Bourse. It would take more than a thousand Germans to nake Dutchmen laugh as your nine Englishmen made us laugh to-night. And men who can laugh and make others laugh after a year in bond age will take a lot of beating."

British Merchant Service, 1915

(C. Fox Smith, in the Spectator.) Oh down by Millwall Basin as I went | HEAR your face would you think he the other day.

I met a skipper that I knew, and to him I did say: "Now what's the cargo. Captain, that brings you up this way?"

'Oh I've been up and down (said he and round about also

From Sydney to the Shagerack, and Kiel to Callao With a leaking steampipe a'l the way

to Califora-i-o . . .

With nots and pans and ivory fans and every other thing. Rails and nails and cotton bales and sewer pipes and string . . . But now I'm through with cargues and I'm here to sarve the King!

And if it's sweeping mines[to which fmy ancy somewhat leans] Or hanging out with boody-traps for the skulking submarines,

I'm here to do my blooming best and give the beggars beans.

A rough job and al tough joh is the best job for me, and what or where I don't much care,

I'll take what it may be For a tight place is the right place, when it's foul weather at sea!"

There's not a port he doesn't know from Melbourne to New Yoak; He's as hard as a lump of harness beef

and as salt as pickled pork ... And he'll stand by a wreck in a murdering gale and count it part of his work!

He's the terro: of the fo'c's'le when he heals its various ills With (urpentime and mustarc leaves

and p untices and pills . . . But he knows the sea like the palm of his hand, as a shepherd knows

the hills. He'll spin you yarns from dawn to dark-and half of 'em are true! He swears in a score of languages, and

maybe talks in two! And . . . he'll lower a boat in a hurricane to save a drowning crew.

A rough job or a tough job-he's nandled two or three-

And what or where he won't much care, nor ask what the risk may

For a tight place is the right place when its wild weather at sea!

RAYS OF LIGHT PRODUCE SOUND

And This Wonderful Little Machine Can Prove it Impossible as it May Seem

Head-rest for Sewing Chair-Box .D Many sewing chairs which women love to use are uncomfortable, despite the fact that they are low and



"Listening" to light easy in many respects. One of the greatest troubles with these chairs is that their makers put too short a back on them and there is, therefore, no place where the person occupying them can rest her head.

It is right and proper that everything possible should be done to make the home comfortable, and one of the things that can easily be done is to put a headrest on the low-backed sewing chair, so that when mother finishes her evening tasks she can sit in the little rocker and rest herself in perfect contentment.

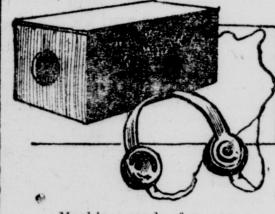
This headrest is detechable and can be put on any chair. The size of the finished product and the material which is used to make it can be regulated by the necessities of the

The general shape and character of the rest is shown in the sketch. The cross piece should be upholstered. but this will not be difficult, the whole thing being of very simple construction.

If a man were to tell you he could was crazy, or would you politely ask him how loudly the sun was chining? Of course, any one who could HEAR your face or your clothes could hear the sunshine and the moonbeams and that is just what is possible by means of the optophone.

An optophone? Exactly. The device that makes light audible, invented by Fournier d'Albe and exhibited by him to the members of the Royal Society in London.

The apparatus enables the totally



Machine ready for use

blind to hear the light they cannot see. It enables them to locate windows or open doors in a house and to locate persons whose clothing is either much darker or much lighter than their surroundings.

The optophone is a small box, something like a camera, which the blind man carries in front of him. A head-band holds the telephone to the ear. Through a small hole light is thrown upon the selenium cell which produces an electric current interrupted by a special clockwork interrupter, and so made audible in the telephone.

On a bright moonlight night the moon sounds quite loudly, but for real noise try to hear the sun shine! One bright sunbeam can make more noise in an optophone than a Magara. Falls. An electric light on a black background sounds like a boiler fac-

The inventor believes that with an optophone a blind person may get. around much better than he now can. for the optopione will tell him where an object begins and where it leaves. of . ith that apparatus a blind person, says the inventor, can hear the light of stars invisible through the telescope.