

Printed Butter Wrappers FOR SALE AT "The Dispatch Office"

Plant A Vegetable Garden This Spring

A garden 60x100 feet should produce sufficient vegetables for a family of 10 or 12 persons, and leave some surplus for storage for winter. Cultivated by hand, it will occupy most of the spare time of a city dweller. A man cannot be a motor car or baseball enthusiast and at the same time make a success of a garden of this size. However, even in smaller plots, if intelligently handled, may be made to yield an astonishing quantity of good crisp vegetables, which have not lost their health-preserving value in the store window. Where the space available is small, crops should be selected that take but little space and give quick returns. Potatoes, cabbage, corn, eggplant, peppers, had better be dispensed with, and the space devoted to such things as peas, beans, spinach, lettuce, carrots, beets, tomatoes and onions. Tomatoes should be stake trained.

The cultivation of vegetables is easy and agreeable, and in the days when meat, eggs, milk and other staple articles are tending steadily to increase in price, a wider use of vegetables foods will reduce living expenses and promote health.

The best time to do garden work is early in the morning and in the evening; so that it is well to encourage the healthful habit of early retiring and early rising. If the work is done for the love of it, rather than from necessity, these hours will be the most agreeable of the day.

Garden Notes

Vegetables are gross feeders and require a large amount of plant food to give maximum results. Well rotted manure is the ideal garden fertilizer.

In small gardens, particularly where the soil is light, if manured and dug over in the autumn, a second digging in

the spring will be advisable only of such portions as are to be devoted to such crops as cabbage, tomatoes, eggplant, lettuce. A stirring of the surface will be sufficient where beets, carrots, etc., are to be grown, and should not take place until the time for planting and sowing arrives, as freshly worked soil is best for both operations. It is important that soil should not be worked in too wet a condition, otherwise it will dry in lumps, and much time and labour will be necessary to repair the damage.

The secret of success with early planting of such crops as peas, beets, beans, is to sow the seed at only half the depth of later sowing. This is particularly the case on heavy soils. Seeding on light soil should always be at a slightly greater depth than on heavy soil.

Remember that in dry weather cultivation should be continuous. When watering is necessary, it should be applied to the roots and not sprayed or sprinkled over the surface. A trench may be opened up with a hand or wheel hoe along each row, water poured in from a pail, and the earth thrown back. In this way two hundred feet of row may be thoroughly watered by two persons in half an hour, and cultivating and watering are performed in one operation.

Good wood-ashes form an excellent general fertilizer for the garden. They should be applied in the spring when the land is not too wet. Sifted coal-ashes will be of great benefit on heavy soil. They improve the texture of the soil and help set free food for the plants.

Soils that have been under cultivation for some time need lime. Crops will not grow well if the soil is acid, and lime corrects acidity and liberates plant food. It should be applied broadcast early in the spring, at the rate of, say, one pound to ten square feet.

Have a garden, if possible, not only for the fresh wholesome food that can be produced but also for the pleasure of it. Plant a few flower seeds and watch them grow.

WEARIN' O' THE GREEN

Origin of Shamrock Wearing in Honor of St. Patrick

Few who put a sprig of shamrock in their buttonhole on the seventeenth of March realize that these little green leaves more than once kept the Irish from death in dire famine times. In 1598 the poet Spencer declares that the war has brought the miserable inhabitants of Munster to a point where they "flock to a plot of water-cresses or shamrocks as to a feast." In his "View of Ireland" he describes this as the depth of ruin to which a land formerly having abundant corn and cattle had been plunged. The troubles then continued and the shamrock is mentioned as an article of food again and again. Fynes Morrison in 1598 writes that the herb is still being "snatched out of the ditches for food."

Not until later was the shamrock used as the national emblem of Erin. Nathaniel Colgan, member of the Royal Irish Academy says the earliest record of the wearing "of the green" is contained in the diary of Thomas Dineley who wrote in 1687: "17th day of March yearly is St. Patrick, an immovable feast, when the Irish of all stations and conditions wear crosses in their hats, some of pins, some of green ribbon, and the vulgar superstitiously wear shamrocks; three-leaved grass which they likewise eat (they say to cause a sweet breath)."

Housing Poultry Machines

There is no doubt that poultry houses built of concrete would be excellent winter quarters, but we should prefer having the inside of the house either lathed and plastered or double walled. Houses built entirely of lumber and double walled, with heavy lining paper between the walls, can be made just as comfortable, and are better liked by the majority of poultrymen, than houses built of any other material.

Actor Loves Criminology

It is curious what hobbies some actors have. That of Mr. H. B. Irving, for instance, is criminology, and one finds him at every notable criminal prosecution. He was regular in attendance at Bow Street when the case against George Joseph Smith was being heard.

The King gave 3,000 pheasants to military during three months.

Modern Definitions

Benedict—A married male.
Benedictine—A married female.
Benediction—Their children.

Hens will get broody from one to three times during the season. Occasionally hens will become broody four times, but seldom over twice.

When hens lay extra large eggs it is, as a rule, due to the hen being too fat. Such eggs should rather be a cause for alarm than for rejoicing. *Salvini*, the great Italian actor, \$160,000 in thirteen years.

SELL APPLES AT HOME

Neighbors Make Most Profitable Buyers of Orchard Products

In many parts of the country the small home or land has disappeared, or never existed, and farmer neighbors must buy fruit for the family of the professional fruit grower. Those who have home orchards should use the telephone or postcards to tell the neighbors where good fruit may be obtained. Even in localities where considerable fruit is grown in a commercial way a great deal of it may be sold to farmers and town folk who will come to the orchards and haul it away. This orchard trade is the most profitable of all. The grower needs no package, has no grading and very little sorting to do, no packing, hauling, storage, or freight expenses to meet.

This latter sort of trade can well afford to pay as much for orchard fruit, soft rotts out, as the buyer can for the first two grades. The packer must maintain grading machinery, tables, packages, the expense of picking, packing, hauling, freight, storage and handling. He cannot afford to pay much for orchards where he can only pack from one to a few cars. Growers of fruit in a small or a big way should get the habit of selling as much as possible to their neighbors.

Your Nose Defined

A prominent member of the face family, usually a Greek or Roman, who owns the shortest bridge in the world. He is often stuck up in company, but frequently blows himself when he has his gripe. Principal occupations: sniffing, snivelling, sneezing, snorting and scenting, intruding in the neighbors' affairs, stuffing himself without permission and bleeding for others.

Stand on All Fours

"If men acted more like monkeys they would be better off." This is the latest dictum of osteopathic science as enunciated by Dr. Walton Drew of the Smithsonian Institution. Dr. Drew declared that children up to ten years of age should spend half of their time on all fours. Adults according to this same authority should make it a daily practice to stand on all fours.

A Story From The Front

A story has been told by Mr. Joseph Hocking, the well known novelist, concerning his recent visit to the front. An officer of the Grenadier Guards, in conversation with Mr. Hocking, gave him an illustration of the remarkable spirit that characterizes the men. Tompkins, who was a private in his company, had been on his father's estate and appeared then of a dull and lifeless disposition. During the war he was badly wounded and the officer went to him and promised that he should be taken as quickly as possible to the hospital. "If you don't mind, sir, will you take So-and-so to the hospital, and so. They are well, thank me, and I can quite well wait." The officer did as Tompkins wished, and took his pals off to the dressing station. When he returned Tompkins had passed on to his reward.

Took the Hint.

"This seems like a sweet dream," he rapturously remarked as he lingered with her at the door step.

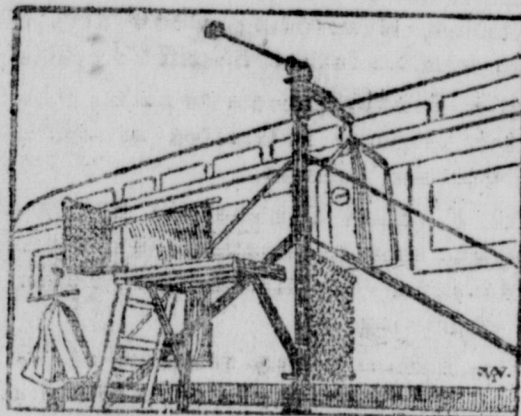
"It doesn't seem like a dream to me," she replied, "for a dream soon vanishes, you know."

MAIL CATCHING DEVICE.

Delivers and Receives Mail Bags From Moving Trains.

A new mail catching device which not only delivers mail bags to fast moving trains, but receives them as well, handling two or more bags as easily as one, is being installed on the Freeport division of the Illinois Central railroad.

The unique feature of the catching device is the baggy steel chain nets, which operate in the following manner:

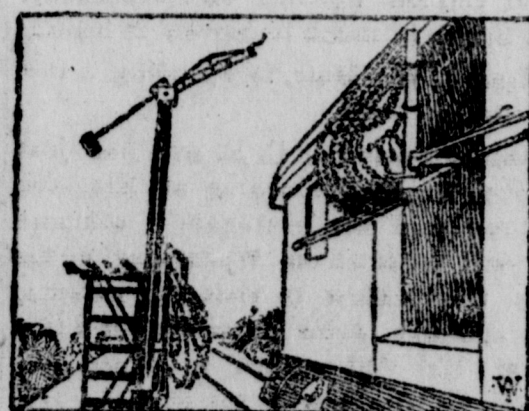


DEVICE IN OPERATIVE POSITION.

ner: Attached to the outside of the mail car is a square steel frame, to which the chain net is attached. This frame is made to swing on hinges attached to sliding bars so as to permit the device to be quickly shifted from one side of the car door to the other according to the direction in which the car is moving. Attached to the lower outside corner of the frame is the one end of an iron rod, with the other end traveling on a bar attached to the car side containing a set of spiral springs so adjusted as to bear by compression the shock resulting from the frame and net catching the mail bags. On the same outside corner of the frame, below where the rod is attached, is a hook or finger for the attachment of the bags to be delivered.

The roadside device, which acts in conjunction with the one attached to the side of the car, is similar in all respects, except that the bags it delivers to the train are hung above the receiving net, while with the car device the bags hang below the net.

The illustrations show clearly how the device operates. One of them shows the car approaching the roadside catcher, with two bags in position to be delivered to the station and one



THE MAIL EXCHANGED.

bag in position to be delivered to the train. The devices meet as the train rushes past, and the exchange is made, the force of impact being absorbed in the slack of the chain net and by spiral springs. The reflex action of the springs throws the frames and chain nets back, as shown in the lower illustration, with the mail bag surrounded by the nets.—Popular Mechanics.

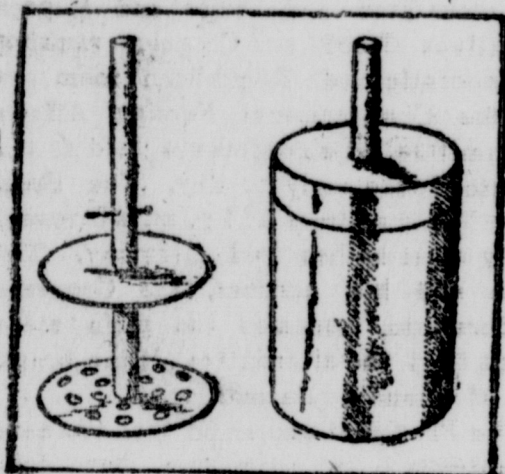


Passing goodness of our Seal Brand Coffee is not surprising if you consider the story of our fifty years as a business house—fifty years of constant study to bring to the coffee... drinkers of North America the best to be found in the plantations of the world.

House & Sanborn's Coffees

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HOME-MADE EGG BEATER SAVES EGGS COSTS NOTHING



Here's a "high-cost-of-living" egg beater! Take an old yeast powder can, punch a hole in the top to admit a small rod of wood. On one end of the rod fasten a tin disk with a lot of holes cut in it. Slip another disk over the rod. About half way up the rod drive a nail so that the sliding disk cannot work but half way up. Then put your eggs in the can, put in your rod and cover the can. The beating is done by working the rod up and down in the can. And it will beat eggs quickly and efficiently without spattering the eggs all over the place.

USE FOR KITCHEN SCRAP

No Expense Attached to the Making of This Utensil

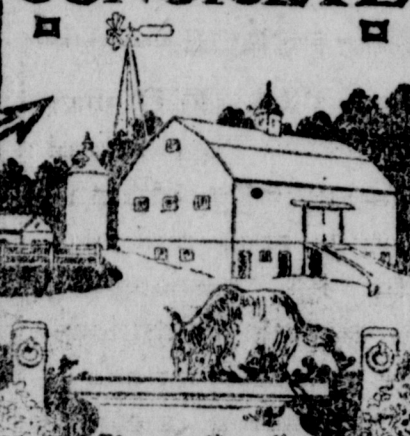
A candle lantern is a good thing to have on hand for use in the cellar. A discarded corn can furnishes the base of the lantern. Cut a square piece from one side where the hingeless or mica sheet can be inserted. This can be fastened on the outside by a strip



of wire twisted all around the can at the top and bottom. Or a heavier piece of wire can be shaped to fit the inside and hold the mica in place. The handle from the wash tub is used as the handle for the lantern and the bottom of an old tomato can, which is larger and will fit over the corn can, serves as the top. To hold the candle in place you can either cut a couple of cross slots in the bottom of the lantern and bend the points thus made upward, or drive a nail through the bottom and stick the candle on this.

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