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 MAIN STREET PHONE 227

Tells How Hindenburg Impressed His Hostess

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 HOME DEFILED

When the Prussians were driven out by the Russians, the Countess returned to her home, which she found defiled in an unspeakable way by the Germans who had occupied it.

"It was the 11th of February, said the Countess, "and I was a prisoner until September the 12th. Why had I not escaped? Because my children had typewriters. They were delirious. The first I saw of the Germans? They came down the streets, and the next minute the house was overrun with them. I took the stand at once that I was an American and that they dare not touch me. I always wore my Red Cross uniform, too. You see we had a hospital.

"The next day they marched the prisoners through the streets. It was after that terrible battle. Forty thousand men passed our doors. Their cruelty was unspeakable. They killed prisoners as they marched, clubbing them. They hitched them to the guns and made them drag them and beat them as they went. They locked them—hundreds—in the churches and kept them without food or water for two weeks. Even then there were a few alive."

HINDENBURG AS A GUEST

"What about Hindenburg?" was one's query, knowing that this famous German general had taken the Countess' house to live in.

"I could not bear to look at him. He is so horrible. Well, he is like his pictures, very fat with a very red face and ruthless. He did not strike me as a great man—but as a great brute. He is not human."

"He arrived on the fifth day after

REPLENISH YOUR BLOOD IN THE SPRING

Just now you are feeling "out of sorts"—not your usual self. Quite exhausted at times and cannot devote real energy to your work. Sleep does not rest you and you wake up feeling "all tired out." Perhaps rheumatism is flying through your muscles and joints, or may be your skin is disfigured by rashes, boils or pimples. Headaches, twinges of neuralgia, fits of nervousness, irritability of temper and a disordered stomach often increase your discomfort in the spring.

The cause—winter has left its mark on you. These troubles are signs that your blood is poor and watery, that your nerves are exhausted. You must renew and enrich your blood at once and restore tone to your tired nerves, or there may be a complete breakdown. The most powerful remedy for these spring ailments in men, women and children is Dr. Williams' Pink Pills for Pale People, because these Pills cleanse bad blood and strengthen weak nerves.

New, rich, red blood—your greatest need in spring—is plentifully created by Dr. Williams' Pink Pills, and with this new, pure blood in your veins you quickly regain health and increase your strength. Then your skin becomes clear, your eyes bright, your nerves strong, and you feel better, eat better, sleep better, and are able to do your work.

Begin your spring tonic treatment to-day for the blood and nerves with Dr. Williams' Pink Pills—the Pills that strengthen.

These Pills are sold by most dealers, but do not be persuaded to take "something just the same." If you can't get the genuine Pills from your dealer they will be sent you by mail, post paid, at 50 cents a box or six boxes for \$2.50 by writing The Dr. Williams' Medicine Co., Brockville, Ont.

Suwalki was taken. The officers who had taken possession of our place vanished when he arrived. Ah! I could not bear to look at him. All the orders for the brutal things are from him. No humiliation is too small. I had to serve him while he occupied my house. One night at three o'clock I had to prepare coffee and food for him. It is strange they eat and drink an enormous amount. There was a perfect mountain of bottles."

WANTON CRUELTY

As the Countess said, every day was a nightmare. No cruelty was too terrible. For instance they regarded it as a joke when the local priest and Jewish rabbi were pinioned together and driven through the streets. No person dare help a starving Russian or Pole, or his or her life was endangered. Every woman was insulted. Children died by hundreds.

The Countess had been making every effort to get out of the country. It all seemed of no avail. They were suspicious of her.

DESTROYED MARRIAGE CERTIFICATE

"They never learned I was born in Canada. That would have meant the firing line for me. And I was telling the truth when I said I was an American. My marriage certificate, I had to destroy because it said I was born in Canada.

"I had to destroy all my papers. Some I had sewed into the head of the Teddy Bear belonging to my little girl. I was warned not to risk having any thing. So I took the papers out again and burned them by the candle—and the Teddy Bear was one of the first things they opened up—We still have Teddy but he is very limp now."

"It seemed hopeless about getting passports when they sent for someone from the American Embassy to see if he could identify me as an American.

"It was a most dramatic incident. When he came in he said, 'Is it you they want to identify? I remember seeing you and hearing you sing at a thanks giving dinner in Berlin.'

"And it had been so," said the Countess. "There was a beautiful entertainment. It was before I was married. They had arranged for a very famous singer who did not turn up. I was with a doctor from the American Embassy and they persuaded me to sing.

"That won my release," she added. "for the officers said it she sang the American Anthem at an American dinner in Berlin she must be all right."

So the passports were given, and with her children, whom she had nearly lost, and who young as they are, now have a horror even of the German language, she was sent to Berlin. At Margibowa she had a threatening experience when, forgetting and speaking in English to her children, one of whom she carried because the child was so ill, a German woman nearby shrieked "English," and she and other women spat at her. "Oh—I was more afraid of the women than of the men. If there is ever a revolution in Germany the women will be terrible," added the Countess.

The Countess has not come through unscathed. The look in her eyes, her beautiful hair turned white, although she is quite young, tell of the unforgettable things she has endured.

Her husband is in Odessa where he is a high official of the Polish Red Cross. She herself was a Red Cross nurse, caring for children, besides her own, taken down with the terrible illness.

"Have you any of the children, here?" was the query.

"No, I have put them in boarding schools. I have had so many threatening letters since my book came out, that I was afraid for them. I wanted to get them away from the atmosphere of war."

About the only light hearted thing the Countess said was, when asked how to pronounce her name, she told, with a smile, adding "I think the best thing is to sing it."

NEED FOR FLAX FIBRE

Canada May Develop Industry to Aid Britain

The linen industry in Ireland and Scotland is in danger as a consequence of the war. Much of the raw material, flax fibre, has come from Belgium, France and Russia, and these sources of supply are, for the time being, closed. Representatives from the large mills of Great Britain have visited Canada in an endeavor to enlist the cooperation of farmers in a greater production of flax. Here is an opportunity to develop the industry in this country and by modern methods of production and handling, put it on a basis that will make it profitable under normal conditions and prices.

Flax for fibre can be grown in Canada wherever mixed farming can be carried on. In some parts of Quebec and in Western Ontario, from the days of early settlement, flax has been grown and homemade into linen. In only a few sections of Ontario in 1904 some 700 tons of fibre were produced, which sold for \$201 per ton. This fibre was of a poor commercial grade, owing to antiquated methods of preparation for spinning. A shipment to Belfast produced by slightly improved methods sold for \$240 per ton. The average price for Irish flax during the last five years has been \$325 per ton, while Belgian flax has averaged \$405 per ton. It is obvious that Canadian flax should supply the present deficiency and future requirements of the Empire's raw material for linen production, and that generous remunerative prices will be received if improved methods of production are employed.

LEARN HOW TO SWIM

Good swimmers are drowned now and then, but most of the victims lose their lives because they are not able to swim. As between the swimmer and the non-swimmer the chances for escape in an emergency are as ten to one. The point of the important lesson is driven home with emphasis every summer, and still it apparently needs urging as much as it did twenty years ago. Most people seem to regard swimming not as an important accomplishment, but merely as an optional recreation, like golf, tennis or china painting. And yet any of us may be confronted at any time with a crisis that makes swimming an art more important for the moment than that of walking. The folly of the common neglect is heightened by the fact that it is an art as easily acquired as the ability to walk. And once acquired it is never lost.

AUTO MOTOR NOT ALL

Other Parts That Owners Need to Understand

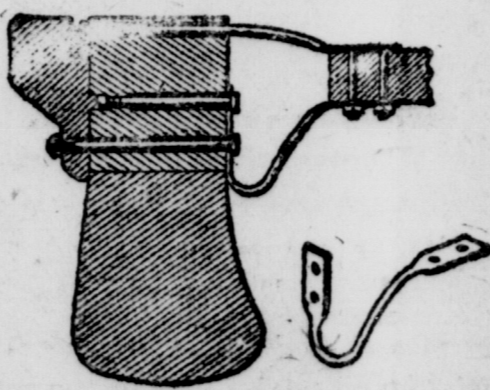
A writer on motor cars says: It has often been said that owners know too much about the motor, and their knowledge of it tends to remove their attention from the clutch gearset and the remainder of the power transmission system. We all like to work around machinery we know something about, but in the case of motor car owners, they should endeavor to learn more about the running gear and its care.

Universals, brakes, wheel bearings and many other parts not as accessible as the spark plugs, seem to be forgotten until something goes wrong with them. The owner does not wait for a bearing cap to fall off before he fills the crankcase with oil, and similarly he should not wait until there is excess play in the universal before it gets its supply of grease or graphite. It is difficult to keep universals well lubricated, even when the housing is periodically filled. These parts are just as important as the motor, and should receive just as much attention and at frequent intervals. There will be no buckling, due to end play in the propeller shaft assembly or clutch, if the parts are properly lubricated and kept.

ABSORBS SHOCK OF AXE

Device is Really a Shock Absorber For Axe Handles

A shock absorber for an ax has been designed, to minimize the vibrations which are felt in an ax handle when one is engaged in vigorous chopping. The handle of the implement fitted



with this device does not extend into the head but is fastened to it by means of two short spring-steel rods. One of these is bolted to the upper edge of the wooden member and the other to the lower edge. The former extends through the head and is fastened by a nut; the latter describes a downward curve and is fastened to the head by two bolts. This gives the handle a resilient connection with the head without lessening the force of the latter's blow when it strikes into the wood.—Popular Mechanics.

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