

FINE GROCERIES FRUIT and CONFECTIONERY

G. C. Thornton & Son THE UP-TOWN GROCERS

MAIN STREET PHONE 227

Woodstock Ice Races

The second race of the season on the Woodstock ice track was run off on Friday afternoon with a large attendance in spite of the severe cold.

Del Caione (C. McLean) 1 1 1 Anna D. (George Gray) 2 3 2 Harry M. (H. M. Martel) 3 2 3

Ivan Jackson, son of David Jackson, has returned from the Klondike to Volunteer for overseas duty.

Mr. and Mrs. Fred J. Boyer of Victoria, British Columbia, are making a fortnight's visit to Boston and New York.

Mrs. T. J. Carter of Andover, spent the week end with Miss Mary D. Clarke, Connell Street.

Mr. and Mrs. R. P. Hartley and little Miss Isabel Hartley left on Tuesday to visit friends in Winnipeg.

How To Cure Stomach Trouble

The Common Cause is Lack of Blood—Therefore You Must Build Up The Blood

There is the most intimate relation between the condition of the blood and the activity of the stomach. The blood depends upon the stomach for a large part of its nourishment.

The most common cause of indigestion is lack of rich, red blood. Not only does impure blood weaken the muscles of the stomach but it lessens the product of the glands of the intestines and stomach, which furnish the digestive fluids.

There is not a child in London who will not endorse a manifesto issued by a body of grown-ups in Manchester, called the "Confectioners' Association of the United Kingdom."

Dr. Williams' Pink Pills are sold by all dealers in medicine or may be had by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

STURGEON FISHERIES

Declining Industry That Must be Revived

In the 80's when Canada's sturgeon fisheries were first being exploited commercially, the flesh of the sturgeon sold for four or five cents per pound, and the prepared eggs, or caviare, for ten cents per pound.

The sturgeon has been accused of predatory habits, but has been acquitted of this charge by the foremost Canadian scientists. Every portion of the fish can be utilized for the manufacture of some valuable commodity.

Strange Bamboo Trees

Certain species of Bamboos flower only once in about fifty-five years, and, strangely enough, all the trees in a locality flower about the same time.

Lights For Automobiles

When purchasing electric light bulbs for the automobile one should note with care the type of lamp needed. If the voltage system is high, the ordinary six-volt bulb will not prove serviceable.

A poultry raiser has found that it is possible to hatch in an incubator eggs that have been cracked by pasting paper over the cracks with gum arabic.

Telescoping toaster forks have been invented for use over open fires that can be extended to three feet in length.

VERY SWEET OF THEM

A Lollipop Manifesto Which Will Please the Children

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Ornamental Horn Match Holder



A match holder made of the horn shell of cattle hoofs mounted on a wooden shield, as shown in the sketch, is both ornamental and useful.

NEED FOR FLAX FIBRE

Canada May Develop Industry to Aid Britain

The linen industry in Ireland and Scotland is in danger as a consequence of the war. Much of the raw material, flax fibre, has come from Belgium, France and Russia, and these sources of supply are, for the time being, closed.

Flax for fibre can be grown in Canada wherever mixed farming can be carried on. In some parts of Quebec and in Western Ontario, from the days of early settlement, flax has been grown and homemade into linen.

ICE HOUSE FOR FARMER

Directions For Building a Good Cooling Room

A 20x20 ice house with 12-foot studding is a practical sized building for farm use. A suitable sized ice house, and one that gives most practical results is 18x20 with 12-foot studding—building the cooling house on north side wall of building.

Under this plan the cooling room is attached to and forms a part of the north wall, with door opening into the cooling room from the north to prevent the direct rays of the sun at any time entering the cooling room.

It is advisable to have one or more glass panels in door of cooling room so that in entering same the door may be closed and still permit enough light for convenient operation in cooling room.

Sawdust is, of course, most desirable for protecting the ice, but with most farmers is not available, and excellent results can be had from the use of hay or straw.

PERSIAN LAMB FUR

Cross-breeding Sheep Produces Excellent Persian Lamb

In appearance the Karakul differs from Canadian sheep in their greater length of body, broad tails and long, drooping ears. The wool is long and coarse in texture, the first shearing being generally brownish in color, but afterwards very similar in color to our native sheep.

It has been found that by crossing the Karakul with some of our long-wool sheep that Persian lamb pelts equal to the pure-bred Karakul can be produced. It has also been found

that in crossing with our native sheep the offspring is invariably heavier than the pure-bred native (generally from 20 to 30 per cent). They are also extremely hardy. The mutton is of a very superior quality, and is absolutely void of the musk flavor which lives common sheep, especially the Merino family, the characteristic, and, to many, disagreeable sheepy taste, and it is the most delicious mutton known.

Farm Sanitation

It would be difficult, writes a community builder, to make every farmer or father believe that lack of sanitary equipment for his household and neglect of his barnyard caused sickness and deaths in his family. It may be impossible to convince him that the death of his wife at an early age was a result of too much washing, mousing and washing by her.

For Motor Touring

Considerable hard work can be avoided on the road if the tire rims are treated occasionally with a little shellac and graphite. Aluminum paint is also good to prevent the head of the tire from rusting in the rim. It is a difficult matter to remove the casing from a rim when it has become rusted.

Scientists in both France and Germany are seriously trying to ascertain if there is any value in the dirtiest rod for leading underground water and metals.

FRENCH ARE PRACTICAL

War Prices Have Developed the French Industries

It is quite true that all the warring countries are paying topnotch prices for anything they buy from neutrals, just as it is likewise true that they bitterly resent this fact. Their resentment might have a touch more of reason if their own merchants did not do their best to squeeze the last ounce of profit out of each contract.

So the army started a tanning department. Soldiers overseas it and work in it. The hide of every animal killed in France goes to it. They come back from the slaughterhouses just back of the firing line, which are worthy of a story in themselves, and from the great military depots. The leather for army boots costs less, for the aggressions of private enterprise are guarded against, and it is of the highest quality.

"We will make dyes here," said France. "We must."

Factories were erected and chemists went to work. The product has not been overly satisfactory as yet, but it is improving in quality all the time. The French chemists are gradually getting the hang of the coal tar puzzle. And this is not a merely temporary expedient to meet an emergency. These dye factories and the tanneries and a score of other similar industries are being subsidized by the State. The hope is that under the forced draft of war they will be able to so develop that when peace comes they can take their own part in the world markets.

GinPills FOR THE KIDNEYS

WHAT THE KIDNEYS ARE RESPONSIBLE FOR

The function of the kidneys is to purify the blood. Every three minutes the entire blood stream passes through the kidneys and is relieved of its impurities by these busy organs. When the kidneys fail in their work, poison accumulates in the blood—poison that is in the back, the head aches, the urinary system is deranged, the joints and ankles are apt to swell and there is grave danger of rheumatism, neuritis, and indigestion.

Gin Pills restore the kidneys to their normal activity, and should be taken as soon as any of the symptoms mentioned above are felt. Gin Pills soften and heal the kidneys. Don't neglect kidney trouble—you will only suffer needless pain.

All druggists sell Gin Pills—50c a box, or 6 boxes for \$2.50. A sample will be sent free upon request to

NATIONAL DRUG & CHEMICAL CO. OF CANADA, LIMITED Toronto, Ont. 62 U. S. Address—Na-Drug Co. Inc. 202 Main St., Buffalo, N.Y.



RIDERS OF THE PLAINS

Reluctance of Mounted Police Shown by Cold Figures

It has often been asked, How does it happen that the Royal Northwest Mounted Police are so successful in maintaining order over so great a stretch of territory? We have the answer in the report of the operations of the force for one year. Here is that answer: In thirty-two cases of capital crime committed in the prairie provinces, during twelve months, the principals in thirty-one instances were overhauled. The principal in the thirty-second instance will not be permitted to rest until he also is brought in, if he is to be found anywhere between the international boundary and the Arctic Circle. It is fundamental with the Mounted Police service of Canada, that no culprit shall be allowed to escape. The fugitive is pursued relentlessly, whether in the crowded city or among the desolations that bend from the height of land to the North Pole.

Care of the Forest

The forests form one of the largest of the natural resources of Canada and one that has contributed largely not only to the general prosperity of the country but to the public revenues. Moreover there are extensive areas that will be productive only if they are used for growing forests. With these facts in mind it seems self-evident that it is the duty of every citizen to take an interest in the forests.—Canadian Forestry Journal.

The Wear and Tear

A three-year-old miss became indisposed in a peculiar noise, and asked what it was. "A cricker, dear," replied her mother. "Well," remarked the little lady, "he ought to get himself oiled."

Home Inspection

Do not depend upon your landlord to protect you. Inspect your home yourself from cellar to attic and insist that unsafe conditions be made safe.

THE MINISTER OF FINANCE REQUESTS THE PEOPLE OF CANADA TO BEGIN NOW TO SAVE MONEY FOR THE NEXT WAR LOAN

JAN. 9. 1917

DEPARTMENT OF FINANCE OTTAWA