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HOUSEHOLD

MAPLE CUSTARD

Into three cups of milk put
four eggs, one teaspoon of salt,
and one-half cup of maple syrup.
Oil four custard cups and strain
the milk mixture into them. Set
on a trivet in a deep baking dish
and pour enough water into the
dish to come half way to the top
of the cups. Cover and steam
in a very moderate oven. Serve
cold.

COCOANUT DESSERT

Mix two tablespoons of corn
starch with one-half cup of milk.
Add to one and one half cups of
hot milk. Cook until starchy
flavor has disappeared. Beat
two eggs and add one tablespoon
of honey. Add to the corn
starch mixture. When eggs are
cooked, remove from heat, add
one cup of dried cocoanut and
pour into wet molds to stiffen.
Serve with milk.

GINGER COOKIES

Mix and heat one cup of
molasses and one-half cup of
vegetable oil. Mix and sift one
teaspoon of ginger, one-half tea-
spoon of salt, one-half teaspoon
of baking soda, one teaspoon of
cinnamon, and two and three-
fourths cups of flour. Add dry
materials to the molasses after it
has cooled. Add one-fourth cup
of sour milk. Let stand two
hours. Roll, cut, and bake in a
moderate oven.

HONEY FROSTING

Boil one-half cup of honey
with one-quarter cup of water
until it threads. Beat one egg
until stiff and pour the syrup in-
to it. Continue the beating un-
til the frosting will hold its
shape. Spread on the cake as
desired.

**MAPLE CORN STARCH
MOLD**

Mix three tablespoons of corn
starch with one-half cup of milk.
Add to two and one-half cups of
scalded milk. Add one-half cup
of maple syrup and one half tea-
spoon of salt. Cook until the
starchy flavor has disappeared.
Pour into wet molds and allow to
cool. Serve with milk sweeten-
ed with maple syrup.

String Bean Salad

Cook green string beans in
slightly salted water until ten-
der; add to these one or two
green sweet peppers, chopped
fine and cucumber chopped or
diced. Use French dressing.
Serve on lettuce.

BRAN FRUIT GEMS

One cup bran, 1 cup white
flour, 1/2 cup sugar, 1 teaspoon
salt, 4 teaspoons baking powder,
1 cup milk, 1 egg, 1 tablespoon
melted butter, 1/2 cup chopped
dates
Mix and sift flour, baking
powder and salt. Add bran,
Mix sugar, milk, egg well beaten
and melted shortening, and com-
bine the two mixture. Add
dates rolled in flour and bake in
greased gem pans in a hot oven.

**Woman Describes
The Ruin of Russia**

The distress, hopelessness, and
chaos which overwhelmed the well-
to-do and official classes in the
Russian revolution are vividly por-
trayed from the standpoint of a
Russian woman in a letter received
by her former classmate in the
country. The writer is a daughter
of a Russian diplomat who was
connected with the Russian Em-
bassy in Washington about twenty
years ago, and the widow of an
officer in the Russian army, who
was killed early in the war.

"Russia, crushed by exterior and
interior enemies, jointly despised
and abhorred by the great coun-
tries that once trusted her, is ruined
and disappearing," she wrote.
"My country is ceasing to exist.
It was bad enough before the
March revolution, when our un-
happy, half-witted Emperor, under
the influence of his German wife,
seemed to do everything possible
to make people lose patience. We
have a thousand anonymous po-
tentates, the top ones paid by Ger-
many, and the lower ones lured
into supporting them by money,
money, and money.

"The present government has
abolished all laws, all courts, the
police, and ownership of all private
real estate in town, all distinction
of castes and grades in the army
and navy. They have seized all
the banks, are opening all the priv-
ate safes, and confiscating all gold
and silver found therein, though it
had never been said before that it
was criminal to have it.

"Of course, everything they de-
clare is so mad that it is quite sure
not to last forever, but the chaos
they make will take centuries to
forget. The country is going back
to a savage state. And we will
not live to wait for better times.

ALL RUSSIA SUFFOCATING

"All Russia is suffocating—every-
day brings new surprises that show
that there is but one way out of
it—the grave. On the ground of
liberty they abolish all laws, jud-
ges, attorneys, and substitute for
it 'people's courts of justice,' with
only soldiers, workmen or peasants,
often quite illiterate and always
without the slightest knowledge of
court proceedings, taking the places
of the former judiciary.

"On the same ground they abol-
ish all police, let loose all the crim-
inals from the prisons, arm them,
constituting from their number,
together with workmen, deserters
and hooligans, a 'red guard,' and
fill the prisons to their utmost with
all those who crave for order and
will not work together with them
toward the total ruin of the coun-
try.

"On the pretense of equality
they abolish all grades in the army
and navy and make all posts elect-
ive by the sumpie soldiers. In
most places it is understood as
complete extermination, lynching
of the officers, who, for being bet-
ter educated, are under suspicion
of being 'counter-revolutionary.'
The highest posts are occupied by
elected soldiers who very often can
hardly sign their names, and the
former officers are made simple
soldiers, with a soldier's pay of
\$3.50 a month, and ordered to the
lowest tasks, cleaning of the bar-
racks, cooking food, taking care of
the horses.

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"Our great country could only
exist when all the wheels of the
government were working in har-
mony. Now everything is a per-
fect chaos. Everybody was will-
ing to throw over the Czaristic
government, but not in order to
change it for this one of loof, anar-
chy, and treason, toward our allies!
Oh, the shame, the disgrace, and
the folly of it!

"The army, which now consists
of young boys, (the regular one is
long ago killed), without any sense
of duty, morals, and discipline,
see their acquired 'freedom' in the
freedom to go home when they
want to. And so all the trains,
all the stations, are attacked and
destroyed by this horde of savages,
who kill engineers, if it seems to
them the train goes too slowly,
who martyrize the railway agents
who tell them of the impossibility
of starting their train, for there is
another one coming toward them
in the same time. As this horrid
flood goes home without any
organization, everything is looted

and destroyed.
"Some months ago, I was be-
lieving myself to be quite well off.
I have a house in Petrograd. Last
Spring I was offered \$125,000 for
it, but was advised not to sell and
go over to America to have
my little girl become a happy
American school girl. Now—I
have on hand about \$2,000 and no
other resources; the house, like
other private property, is being
confiscated, the revenue going to
the Government, that is to say to
the private pockets of the usurpers.
The Government bonds annulated
(repudiated)—and even if I had
not more money—believe me—
there is nothing to buy.

HUNGER IMPERILS PETROG-
RAD

"Life in Petrograd is horrible—
all the criminals, all the workmen,
and demoralized soldiers rob the
few cars that still bring some kind
of products. In the very heart of
the city, in daylight, you see
Concluded on page 7

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