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(Portland Argus.)

Experience is the finest teacher in the world and makes, or ought to make, us wiser beings. After three years of war conditions it is certain that our English sisters have learned much about food conservation that we might profit by.

CHEESE FRITTERS.

Take one tablespoonful of fine oatmeal, one egg, a little milk, pepper and salt and four ounces of grated cheese. Mix to a thick batter, stir in the cheese and fry a dessertspoonful at a time in a little clarified fat, taking care not to let the fritters burn. Serve hot.

JERSEY HOTPOT.

One pound of beans and two ounces of fat pork, one onion seasoning. Soak the beans for 24 hours in water in which you have put a tiny lump of carbonate of soda (about one pint of water is enough). Put them the next day with the water in which they were soaked into a kettle with the pork and a chopped (raw) onion; season well and tie down with paper. Place in a hot oven for four hours and serve very hot. If you have a casserole with a lid use it.

POTATO SCONES.

Boil and peel and mash one-half pound of potatoes, add one ounce of margarine, enough barley flour (gradually) to make a thick dough. Cut into rounds and bake in a good oven. The potato should not be allowed to get cold before baking.

OATMEAL SOUP.

One cupful of cold cooked porridge, one cupful of milk, two cupfuls of rice stock, one teaspoonful grated onion, seasoning. Add the oatmeal to the milk and rice stock. The rice stock is made by boiling one ounce of rice in a pint and one-half of water till the rice is cooked to a pulp. Then add the grated onion and seasoning. Boil up, well mixing it all smoothly and serve very hot.

RICE CROQUETTES.

Two ounces of rice, three-quarters of a pint of milk and water, one-half ounce of fat, one egg, one ounce grated cheese, seasoning. Simmer the rice for about thirty minutes in the milk and water, and add margarine and seasoning. When the rice is quite soft stir in the grated cheese and the yolk of the egg and continue stirring over a gentle heat until the mixture has thickened. Pour on to a plate, and when quite cold and stiff form into balls. Roll these in flour, then into the beaten white of the egg and bread crumbs, drop into boiling fat and fry a light brown. Serve hot.

YORKSHIRE PUDDING.

One pound of hot mashed potato, one egg, one-half ounce of fat, a little milk. Mash the potato smoothly, mix in the margarine, seasoning, a beaten egg and enough milk to make a stiff batter. Bake in a flat tin with a little hot dripping.

PRUNE JAM.

3½ lbs. prunes.
2 lbs. sugar.
8 cupfuls water.
1 lemon (juice only).

Wash the prunes thoroughly in warm water. Cover with the cold water and let them soak overnight. In the morning put the prunes into a preserving kettle together with the water in which they soaked. Cook for ten minutes after they begin to boil. Cool in the kettle and drain. Save the juice and measure—there should be two and one-half cupfuls. Add water to make that amount if necessary. Run the prunes through a chopper, using a medium knife so the pieces will not be too small. Put the chopped prunes into the kettle with the two and one-half cupfuls of juice and the sugar and cook slowly for one hour, stirring frequently to prevent scorching. Remove from the fire and add the lemon juice. Stir well and pour into jelly tumblers. This amount will fill ten good sized jelly tumblers. When cold, cover with paraffin. This makes a splendid jam for the children, and is fine as a tart filling.

**The Sacrifice
Of Roumania**

Jassy, Roumania, Monday, March 4, (by wireless to Saloniki, Tuesday, March 5).—Intense indignation is felt by the army and people of Roumania over the terms of the preliminary peace imposed upon Roumania by the Central Powers. With its military forces scattered and its hopeless strategic position, Roumania had no resource except to yield to her powerful and ruthless foe.

The Roumanian example is pointed to as a repetition of the bitter fate suffered by Serbia and Belgium. The royal family is greatly depressed over the disastrous course of events. Hope is felt by the royal family and the people that when world peace comes some of the sacrifices now being made by Roumania will be recognized and recompensed.

All foreign missions in Roumania are making plans to leave, their departure being compelled by the peace terms.

Under the peace terms, Roumania not only will have to give up Dobruja lose control of the Danube and endure other great economic sacrifices, but she will be compelled to yield to Germany large wheat, petroleum and salt concessions. It is understood that Germany will have control of the Roumanian railways for a period of fifteen years, and will have possession of the four principal fortified passes through the Carpathians. All German goods are to enter Roumania free of duty, while all Roumanian goods will go into Germany under the old tariff, with the exception of certain reductions.

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Germany served her final ultimatum on Roumania yesterday, giving the little kingdom only twenty-four hours in which to make a final decision. A crown council was held, and it was decided that Roumania, completely isolated and without outside support, would have to bow to the force of circumstances and take a course from which there appeared to be no escape.

Former Premier Bratiano, who attended the meeting, declared that no nation could accept terms so humiliating. King Ferdinand asked him if he would assume his old position at the head of the cabinet and accept the responsibility for refusing Germany's terms. Bratiano replied he could not undertake individually to bear such a burden.

London, March 8.—Nikro Radoulavitch, Montenegrin minister of war and interior, who is now in London, in a letter to the Daily Chronicle in the name of his king and government, denies that Mon-

tenegro will make a separate peace with the Central Powers.

The letter adds that if Montenegro had contemplated a separate peace she could have obtained it. Minister Radoulavitch asserts that an offer of peace reached King Nicholas since he took up his residence in France. He adds: "The offer was put forward formally by the Central Powers and was refused in terms of contempt and indignation."

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