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these in the feed lot as to be able the common flea, is very troublesome, difficult to detect in animals in stock condition than when fattened; but, notwithstanding this, there are a numtemporarily lacking the thick, even covering of the back and ribs so essen-

about the head and horns, is particua greater percentage of offal and cheap carried by caravans in the porterage meat, as well as a tendency to sluggish circulation. The head should lence of finished product, though this

The garden should never con- The natives at Stanley Pool had wit- half teaspoonful of soda. Mix to a stiff tain less than half an acre, and nessed with sorrow the advent of the dough, mold with the hands into little the disease being felt. And not inbetter be two acres. A garden of this size can easily be worked with them, but sent on colonies further up does not make enough moisture for the prescribed by Olivier (of Paris) as a a horse, saving much hand labor, the river. Thenceforth the jigger's meal, add a little water or decrease the preservative against influenza. It is which is required in smaller plots. progress was more rapid, for steam- quantity of meal. If more is grown than required for boats and caravans were much later on the upper Congo. Seven years later home use it can usually be dispos- er, in 1892, Dr. Oscar Baumann report- cold boiled rice four teaspoonfuls of fuls in the middle of breakfast, so as ed of at some nearby market, or to ed the arrival of the pest at Bukumbi milk, two eggs-whites and yolks beat- stomach. It is said to have kept all some neighbor who will not have Sulf, midway on the south coast of Victoria Nyanza. It was still unsalt. Heat a tablespoonful of butter seems to be no specific action in cod a garden. Or the area can be de- Victoria Nyanza. It was still displayed salt. Heat a tablespoonide of butter seems to be no specific known on the east shores of the lake. very hot in a frying pan, then pour in liver oil—only the powerful tonic voted to potatoes, or roots for stock natives declared that it had been the mixture, cover and bake about ten action for which it is well known, and Barrel Heading can be increased. Being near the brought to the west coast by Stan- minutes in a moderate oven until stiff. which doubtless enables the constihouse, it is of easy access, and the farmer can spend many half hours work- jigger appeared about the same time ing his garden, when he would not throughout most of the central lake think of going to the field for that region, following the caravan route macaroni is an excellent dish, which The garden should contain all the eina to Lake Tanganyika. The natives the day before it is to be served, for it large quantities, say, about one currants, etc. Plant these in sin- fered terribly from the infliction, and will be richer. Take a good beef- gramme every twenty hours in two gle rows, and far enough apart so many villages were abandoned. that they can be easily cultivated. Three years more elapsed before the into dice, dip each strip into seasoned The space between can be devoted missionaries at Mpwapwa reported the flour, pepper and salt, and roll it round to some vegetable, which will com- arrival of the jigger among the moun-

garden can be made to produce tion against the jigger. fresh vegetables for the table all the year round.

EXTRA LARGE VEGETABLES. fairest specimens of vegetables possible. The county fair may be the objective point for these specimens, or it may be that the grower simply desires to raise the finest squashes, tomatoes, cucumbers, etc., for his own duction of each plant. VALUE OF WOOD ASHES.

It would probably be hard to find a commercial fertilizer of much greater a battle between warrior crabs. worth for dry upland soil than pure and simple unleached hardwood ashes. A bushel of this home fertilizer is worth more than a bushel of oats to any farmer, and yet how often do we see it dumped as a heap of worthless refuse to leach in the rains and part with its hidden value until it becomes

become deficient in potash. This is one of the main sources of fertility that have become exhausted. It is good for corn, it is good for wheat, it is good for potatoes, and clover cannot thrive without it. Try a little experiment next spring. You who burn wood this winter, store your ashes where they will keep dry, and, sow them on your young clover as you would plaster. You will be agreeably astonished at the result. You will find many dollars added to your product. Nor is the effect gone with the first crop, as is often the case with commercial fertilizers. It lasts for years, and its benefits are often extended to many succeeding crops.

THE HOME ORCHARD.

should contain a sufficient number of plants, vines and trees to grow an abundance of fruit for family use. Beginning with strawberries, it should also contain raspberries, currants, gooseberries, grapes, cherries, quince, pears, plums and apples, and a number of varieties of each, ripening in regu-

lar succession, so as to keep up a constant supply of good fruit the whole health and pleasure if carried into TRAVELS OF AN INSECT.

Troublesome South American Native's spoonful Slow but Steady Progress Round the stock, steer; but there are some dis- of the West Indies and South America, exception of the flavoring. Parsley tinctions that are easily detected. has at last crossed equatorial Africa There are certain types of cattle, for from the Atlantic to Zanzibar, about

to recognize the excellence in other and if its attacks upon a few animals, including man, are not prevented, it The characteristics that make the is sometimes fatal to life. The fact profitable feeder are naturally more that its gradual advance among the natives of Africa threw them into consternation, often causing the abandonber of indications that are fairly re- ment of villages and districts, has liable. Though the young steer may made it easy to trace its progress step butter and a generous spoonful of flour, be comparatively thin in flesh and by step, and a brief summary of its and when the milk begins to boil stir due to the action journey across Africa will be interest-

together with a good, soft, mellow handling skin and fine, silky hair, giving what is termed the thick, mossy and lodging between the cuticle and Mush Gems.—Three cups each of coat; without coarseness, and with it the flesh soon made its presence sweet milk and boiling water. When all a good, strong, vigorous head, known. There are effective means of hot stir in three gills of Southern flesh and good handling quality can natives learned how to deal with it the add one teaspoon salt, two of butter, hardly be overestimated. The bone little pest caused great suffering. It eggs very light, and with long strokes should be moderately fine and clean. was long ago evident that the jigger beat them into the mush. Pour in hot that people escaped the disease even Coarseness, either in the bone or was not using its own powers of loco- gem pans, bake twenty minutes, and larly objectionable, as it indicates motion to any large extent in its jour-

present a certain refinement, finish In 1885 travellers crossing the Cona general quality and superior excel- the jigger till they arrived within 300 oven refinement must be accompanied by miles of the Atlantic. It had taken Kentucky Dodgers.—One pint of

THIRTEEN YEARS Pasha. However, that may be, the platter. fruits, such as berries, along the edge of Victoria Nyanza suf-

Far Eastern Rivals of the Bulldog and

Perhaps the most savage specimen of to be assisted by the experience of the crab species is found in Japan. He those who have been able to raise seems to think of nothing but fighting which can be slightly changed to suit stowed upon fluid extract of aconite splendid specimens of garden truck. to delight in nothing half so much. varying circumstances and the differ- and upon gelsemine, cannabis indica Excavate a round hole 2 1-2 ft. deep The minute he spies another of his ent tastes of the family. Such a one and 5 ft. across. Select good loam and kind he scrapes his claws together in is this favorite recipe for molasses be so evident that they are almost exthe excavation and round up the sur- Not a moment is wasted in prelimin- together 2 cups molasses and 1-2 cup face, Set the plant in the center and aries, but at it they go, hammer and shortening lard, butter and lard mixcover the surface with coarse manure, tongs. It sounds like stones grinding ed, or drippings. As soon as it reaches only a small amount of fruit to set, against each other as their claws ratand keep the plant, or plants, well the against the hard shells. The sand supplied with water during the en- flies as the warriors push each other to six cups of sifted flour previously the progress of the disease and the retire growing season. Under such con- hither and thither until at last one of ditions some first premium vegetables them stretches himself out in the sun, and cut while warm, as it is difficult can be quite confidently reckoned up- tired to death. But he does not beg to handle when cold. Rolled thin, on. It will be a practical object les- for mercy or attempt to run away, marked with a creased roller and son also of the value of deep culture, only feebly rubbing his claws together bake in large sheets, it is the old-fasha rich soil, mulching the surface about in defiance of the foe. That foe comes ioned hard gingerbread. Cut with a growing plants and of limiting the pro- closer, and with his claws trembling cooky cutter, and after baking put in with joy at his victory, the conqueror a jar and covered while warm, they catches hold of one claw of the van- are soft molasses cookies. Spread out quished crab, twists it until it comes singly and cooled uncovered, and you

JEWELLED GLOVES

Several leaders of society at Nice and delicious. and Rome have taken to jewelled Take the same ingredients and pro- that cold contracts. But there are exgloves, and the fashion is said to be spreading. At a Russian dinner, on gloves which represented a fortune. balls the size of a small English wal-Our lands as a general thing have but were detachable. Hoop rings of to a ruby and diamond bracelet. Princess, but the wearer was a count- of it prepared in the several different ess who is a power in European ways, thus giving variety. society, and other women are wearing less pretentious ornaments of the

A SORDID VIEW.

business? Well, if she has money there is more chance of getting it than if she put it

· he Home

VARIOUS RECIPES. Potato Omlet .- To a cupful of mashed potato allow three eggs; you may add four or five, but three will do; the volks and whites should be beaten separately, as they will be so much lighter in that case; an even

milk, and a very little sifted flour not more than a heaping teaspoonful, The jigger, one of the insect pests complete the ingredients, with the chopped very fine may be used, or emon juice with a very little black other as it happens in the case of pepper, and an audacious cook may add

Brown it lightly and serve hot. Creamed Onions.—Boil half a dozen nions in three quarts water an hour, pour off the liquor and cut the onions boil, rub to a cream two tablespoonfuls this cream into it. Continue the stiring until the sauce is smooth. Season with salt and pepper and boil up at

Angola, in September, 1872, from milk, half a teacupful of yeast, butter lishments in which the disease has deness back of shoulders and in flanks, Brazil with sand ballast, which she the size of an egg, one pint of flour and clared itself with any intensity. prominent brisket, full neck vein, dumped on the beach. The jigger had one egg. Let this rise over night, and The air, and more particularly the wide chest and well-rounded barrel, crossed the ocean in this sand, and its in the morning add flour until the bat- damp air breathed on denuded river

and set away to cool. Beat three this channel. Graham Gems.—One and a half cup-

fuls of sweet milk, two cupfuls of graham flour, three tablespoonfuls of melted butter, one of sugar, one egg and two teaspoonfuls of baking powand vigor that in a measure indicate tinent from Zanzibar heard nothing of der. Bake in gem pans in a very hot mentary to the prophylactic and

white cornmeal, one tablespoonful of to penetrate this distance into Africa. of salt, one-half pint of buttermilk, one-

ley's expedition for the relief of Emin Double and turn out carefully on a hot tution to resist damp cold weather, Matched Flooping

from the upper Congo through Many- should always be prepared and cooked steak and cut it into strips and the fat separate doses.

the jigger is now established at the with tart paste or bread dough. Peel, congestion. busy mart whence many vessels sail quarter and core as many apples as Antifebrine and phenacetine are said for the East Indies and Oceanic. There you require. Then cut them in half to act like sulphate of quinine and seems no good reason why this per- quarters. Lay them close together antipyrine, but with less marked effect. From Five Cents to One Dollar per It is a worthy ambition that leads severing and successful traveller sideways on the paste till it is cover- Salicylate of soda may have good efone to seek to raise the biggest and should not girdle the tropical world. ed. Mix a custard of a half pint of fect when the pain in the joints is exmilk, two eggs, a teaspoonful of corn- cessive.

little butter over it before taking.

AN ADAPTABLE RECIPE. the boiling points, stir in 2 heaping number of secondary indications which tity of soda. Pour while foaming on- and which he must vary according to Large & Fresh Supply measured in a pan, Mold, slightly roll. off and bears away the palpitating have the snappiest kind of ginger limb as a trophy of his prowess. Such is snaps., Take these same snaps, keep

> and they lose much of their brittleceed exactly as in the first place, ex- ceptions. cept that only five cups of flour are used, and the dough is to be molded

they will gather a trifle of dampness

SUCH AN ADMISSION! I do hope they'll put off the beginning of the next century another

Why so, Miss Passay? Because it will be such an admission don't you know, to say you remember things in the last century

od Liver Oil and Su phate of Quinine The Absolute Necessity of Drinking Only Filtered or Botled Water During an

disease predisposes the patient to ar

against contagion. The first measure frame and stoutness of build, accompanied by short, straight legs, wide

A sailing vessel arrived at Ambriz,

Griddle Cakes.—One pint of sweet patients and prompt closing of estabpanied by short, straight legs, wide

Angola, in September, 1872, from milk half a tengunful of yeast, butter lishments in which the disease has de-

> Numerous observations have shown POOR we aim to please every when living in a centre of contagion by using carefully sterilized water.

warm bath on the first symptoms of Beef and Macaroni.-Stewed beef and cellence," in M. Olivier's opinion. Should cod liver oil not be used, sul-

CURATIVE TREATMENT. If sulphate of quinine does not ala bit of fat; lay in a deep pie dish, cov- ways act as a preventive, it may sere er with stock or water, tie a greased to cure. It is the best medicine for paper over and bake in a moderate oven influenza. It should be taken three ranging in price from \$300 to \$1,000 years more to reach the coast towns for an hour and a half to two hours. days consecutively in average doses of per acre, can upon a half dozen of East Africa, where it appeared al- if this cooks too fast the beef will be fifty to eighty centigrammes. Thus hard, as the gravy will boil; next day administered it will lower the temperatake off the paper, remove all fat from ture and react favorably upon the the top of the gravy, cover over with course of the disease. Quinine may be articles for food that will take the late last fall, it was jumping along the greased paper again; have ready a associated advantageously with antiquarter of a pound of macaroni boiled pyrine on account of its action in fever into some good tomato sauce and simmer for ten minutes: alease and simmer for ten minutes: alease and simsive commodities bought in town? The people of the east coast have in salted water till tender, stir this and its analgesic properties with

seems to influence the evolution of the tended to ward off pleuro-pulmonary

which depend on the very nature of NEWCASTLE DRUG STORE influenza, but there exists a certain the physican is alone able to define,

NONE. Timmins-I had a notion to write paragraph to the effect that this sort of weather justified a man in getting drunk, but I was afraid the weather would change before I could get it published. Lushforth-And how could that

in a pail or jar down cellar or where WORKS DIFFERENTLY SOMETIMES As the statement of an abstract ness, but still remain crisp, melting scientific truth, soliloquized the physician, it is strictly correct to say



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Ohatham, N.B.

This address slip pasted on the top of this page he it, if the date of the paper is later than that on the remind the subscriber that he is taking the paper

No. 19.

HINTS FOR THE FARMER. who breed or purchase steers for fat- year. It would be a matter of causing

the market. It requires a well-trained eyes to detect in all cases the possible variations of results in the store, or instance, that never feed profitably 2,700 miles, twenty-six years after its a "trace," as the chemists say, of under any conditions, and it is quite introduction into the Continent. This nutmeg. Heat and grease a large as important to discriminate against variety of the flea, much smaller than

tial in the finished carcass, he must, ing as a striking illustration of innevertheless, present that blocky sect navigation.

coarseness of texture throughout and ney through Africa, but that it was

THE FARM GARDEN.

pel working around the shrub. If tains at that point, 200 miles from the the market gardener, upon lands Indian Ocean. It took the insect two acres sell more dollars' worth of most simultaneously, late in 1897, at produce than are sold off many all the towns between Bagomoya and large farms, why may not the Pangani, along seventy miles of the farmer grow in his own garden coast, and another year elapsed before place of much of the more expen- sands of Zanzibar Island. The garden cannot be had without suffered comparatively little in comthe amount produced, than is re- hundreds of Zanzibaris who had work- in the center of a hot dish, arrange less throbing of the eyes. quired for general farm crops, ed for years on the Congo have re-Two and sometimes three crops turned home and spread the informa-

gratification. In any case he deserves covered with a mulch of straw. Allow

The home orchard and fruit garden into bonds.

JAPAN'S FIGHTING CRABS. the Game Cock-As Game as Either in

the Riviera, one woman wore jewelled between the floured hands in little account. The jewels were not set in the gloves, nut. These balls are to be placed an rare rubies and diamonds encircled and baked in a quick oven. In the each finger. From each ran a tiny process of baking they will flatten out, gold chain, and these chains were and when done, exactly resemble the caught together on the back of the little crackly-looking ginger cakes of hand by a superb cluster of the same the baker. The quantities called for stones. The chains then extended to in the recipe are sufficient for a the wrist, where they were fastened large family. Half the quantity This sounds like a description of the it was all to be cooked one way, or the chaste adornment of a Hottentot whole recipe could be used and some

Do you believe in woman going into

D. G. SMITH, EDITOR & PROPRIETOR TERMS-\$1.00 a Year, in Advance

WHAT THE DOCTORS SAY. SOME METHODS OF PREVENTING OR

CURING INFLUENZA.

Epidemic-The Dangers of Contag on. Since the epidemics of recent years nfluenza seems to have taken deep BAND AND SCROLL SAWING almost everywhere. It visits us periodically, raging with more or less ntensity, and does not spare even those whom it attacked before. For it may be noticed that, far from conferring mmunity, a previous attack of this

Influenza is displaying a recrudessaucepan and pour the mixture into cence at the present moment; for this a particularly malignant form, it will NATIONAL,

banks and in low lying districts, seems to be specially adapted to the transmission of the germs. But minute clear, full eye, and quiet temperament.

The importance of an overcovering of preventing its attacks, but before the importance of an overcovering of preventing its attacks, but before the add one teaspoon salt, two of butter. antiseptic care of the nose and mouth

> There is another question complehygienic measures intended to prevent an invasion of influenza:-Are there any means for arresting infection and lard or good drippings, one teaspoonful rendering it abortive? A very general practice in Russia is to take a unwelcome visitor that abided with dodgers, place in a well-greased baker, frequently it is found to answer the and bake in a hot oven. If the milk purpose. Another method has been cod liver oil. This substance should be boats and caravans were multiplying Rice Omelet.—Add to one cupful of taken in doses of one to two tablespoon-

> > phate of quinine may be mentioned as Dimensioned Lumber

abor, but with less, considering parison with the inland tribes, for mer for ten minutes; place the meat pain in the joints, less headache and the macaroni round, and serve very There is another medicine which can be grown upon the same tion that rubbing with tobacco leaves Apfel Kuchen.—The apfel kuchen It is administered in quantities of two ground in one season. With the and, above all, cleanliness and the you enjoyed so much in Germany, or to three grammes during the twenty- addition of a few hothed sashs the wearing of shoes, are effective protection and the sashs the wearing of shoes, are effective protection and the sashs the wearing of shoes, are effective protection and the sashs the wearing of shoes, are effective protection and the sashs the wearing of shoes, are effective protection and the sashs the sashs the wearing of shoes, are effective protection and the sashs the sash the addition of a few hotbed sashs the wearing of shoes, are effective protectapple cooken, as it is called here, is four hours in doses of fifty centi-After its long journey from Brazil made as follows. Line a shallow tin grammes every two hours, and is in-

> starch, some grated lemon peel or nut- Salipyrine in doses of half a gramme meg and sugar enough to make it to a gramme exercises its soothing, quite sweet. Pour it over the apples. hypnotic properties when headache is Bake it in a moderate oven. Slice a very great. Hyposulphite of soda when taken in tablespoonfuls every two hours from a potion made up of four grammes is likely to diminish all the morbid symptoms by the end of Most housewives value a recipe the day. Lastly, praise has been beand phenocolle. But at present the

> > sistance of the organism.

make any difference?

It was the height of the influenza season, and he was looking at his bank

