#### FACE A WOMAN'S

PLAINLY INDICATES THE CONDITION OF HER HEALTH.

the Skin Sallow, and the Wrinkies Begin to Appear-How One Woman Regained Health and Comeliness.

Almost every woman at the head of a home meets daily with innumerneverthele ss these constant little that make so many women gether. look prematurely\_old. Their effect may be noticed in sick or nervous day. What of his future? Had any headaches, fickle appetite, a feeling of provision been made for it? Or, when some time ago." constant weariness, pains in the back the quarter was over, would Dr. Lester and lions, or in a sallow complexion, coming of wrinkles, which every woman who desires comeliness vide for him; she wished to do so. and certain cure; a restoration of had-all save Lancewood. color to the cheeks, brightness to the eye, a healthy appetite, and a sense anxiously. She had no wish or desire to of freedom from weariness.

cis Poirier, of Valleyfield, Que., Mrs. a large school must see, he would Poirier was a sufferer for upwards of hardly remember Mrs. Smith. my limbs would swell so much that I feared that my trouble was developing into dropsy. I had almost constant pains in the back and loins. It was while I was in this sad condition that I read in La Presse of the cure of a woman whose symptoms were much like mine through the use of Dr. Williams' Pink Pills. I told my husband, and he urged me to try them, and at once got me three boxes. Before I had used them all Ifelt better, and I got another supply of the pills. At the end the month I was strong enough do my household work, and before another month had passed I had entirely recovered my health. I am sorry that I did not learn of Dr. Williams' Pink Pills sooner, for I know that they would have saved me several years of sickness and misery, and I feel that I cannot too strongly urge other sick women to use them."

and nerves needed attention, and for this purpose Dr. Williams' Pink Pills are woman's best friend. They are particularly adapted to cure the ailments from which so many women suffer in silence. Through the use of these pills the blood is enriched, the nerves made strong, and the rich glow of health prought back to pale dressing the Dr. Williams' Medicine lation, I should imagine." Co., Brockville, Ont.

The condition indicated in Mrs.

Poirier's case shows that the blood

#### A GREAT TRAVELER.

Dr. George E. Morrison, Pekin Correspondent of the London Times.

Aside from the official dispatches from Minister Conger and Sir Claude Macdonald, the first authentic news to come out of Pekin since the foreigners were besieged, is the dispatch from Dr. George Ernest Morrison, the correspondent of the London Times, printed in Thursday's Free Press. Dr. Morrison has had the inside track of Chinese news for a number of years, and several times before has startled European capitals. He is acpondent in Pekin.

Dr. Morrison has led an adventurous life as a traveler. He is an Australian by birth, the son of a Scotch educator. While a school boy he traveled several hundred miles alone down an Australian river. Next he walked from Melbourne to Adelaide. While staying at Melbourne university he went to the Beche des Mer and worked for several months as an ordinary seaman. While thus engaged he exposed the traffic in kidnaping Kanaka boys in the South Sea Islands and brought down a royal commission which put an end to the practice. This was his first experience as a newspaper correspondent.

His next adventure was a 1.900mile walk across the Australian continent, with the sun and stars as his only guides. The clothes and boots he wore on this trip are now in the Melbourne Museum. He explored New Guinea for a Melbourne paper and was wounded in an ambush, necessitating a trip to England for surgical aid.

He took up medicine, in 1887, and rereived his M. D. in 1895. While a medical student Stanley asked him to accompany him to Africa, but he declined. After a tramp through various islands of the West Indies he went to England and became a hospital

surgeon. In 1893 he traveled through China, Japan and the Philippine Islands, and in 1894 made a wonderful journey on foot from Shanghai to Burmah, being dressed as a Chinaman and without an interpreter. He accomplished the 3,000 miles in 100 days and at a cost of less than \$100. His adventures on this trip are told in book, "An Australian in China." He was appointed the correspondent of the Times at Pekin in 1895.

ALWAYC BELIEVED.

People are growing more incredulous each year, remarked the man who

disbelieves in human nature. I don't think so," answered the optimist. I have noticed that whenever the thermometer goes above 85, you can tell everybody it's the hottest day pure, healthy blood and new nerve genuine. Fifty cents a box, at all ever known and he won't doubt you force as to overcome disease and its dealers, or Edmanson, Bates & Co., but she had not deceived him. for a second.

### Through Storm and Sunshine

CHAPTER XLIV.-Continued. She had decided that it would not be prudent to take him out: she might meet people who would recognize her,

questions about the boy. Besides, he was so fatally like herself she did overlooked. It would never do for any what you mean." one who knew her to see them to-

Another thought occurred to her one send him away? In all conscience and be the elder Dorman; this is the in all honor she was bound to pro- younger." To those thus afflicted Dr. would have shared her fortune with

be imprudent; perhaps her seeming Among the thousands of Canadian immunity from all danger made her women who have found new health reckless. She resolved upon seeing and new strength through the use of Dr. Lester himself. Amongst the Dr. Williams' Pink Pills is Mrs. Fran- number of people whom the master of

seven years; she had taken treatment | Dr. Lester had been rather curious from several doctors, and had used a to know who Henry Dorman's visitor number of advertised medicines, but was. In fact the pupil himself had with no good results. Mrs. Poirier been a puzzle to the learned doctor. says:-"Only women who suffer as I He had been brought to him a year did can understand the misery I en- before by a Mr. Dorman, who had just ten." dured for years. As time went on arrived from America. Mr. Dorman and the doctors I consulted, and the had made all suitable inquiries about earnestly, "that you are quite mismedicines I used did not help me, I the school, and had told the doctor despaired of ever regaining health, that he was in delicate health, and There were very few days that I did might in all probability go abroad not sufferer from violent headaches, lagain. He had asked permission to pay and the least exertion would make my for five years in advance, saying that heart palpitate violently. My stom- if he should be traveling it might be ach seemed disordered, and I almost difficult to send the money. He had loathed the food I forced myself to also left a small sum of money with eat, I was very pale, and frequently the doctor for the boy's private use and

benefit. his own way after that."

questions about the boy, and Gerald end. had evaded them, and so he knew a very beautiful lady, who had been a moment, but I fancied that friend of his mother's, often came to recognized her as Lady St. Just." see the boy, bringing him handsome presents, and showing a great liking little coldly. "It is very unlikely that for him, felt some little curiosity my wife would visit your school, or any

Dr. Lester was a man of science. He was known and valued wherever learn. ing was valued, consequently he had but little time to spare. More than once Lady St. Just asked to see him. but was not able to do so.

One morning she went to Hammersmith. She had with her some books that Oswald had asked for. Just as she was going away again, Dr. Lester, with another gentleman, entered the ent, and then he said to a man-servant, who was by the door-"Which of the young gentlemen you?"

does that lady come to see?" "Master Dorman, sir," was the re-

"What a mistake some of you have these pills a fair trial. Sold by all young Dorman-that is Lady St. Just Lady St. Just?" dealers or sent post paid at 50 cents I am going to meet her husband this a box or six boxes for \$2.50 by ad- very day. Dorman must be a poor re-

Had Lady St. Just left the school three minutes later or earlier, she persisted the doctor, would have avoided this meeting, and perhaps its consequences. As it was, say a word to Lady St. Just. Are the doctor thought there was nothing you satisfied, now, doctor?" odd in what was going on. He had fancied there was something noble a liberty with her name." and refined about him. Dr. Lester had a great admiration for Adrian St. Just-he considered him one of

scientific meeting that he had to at- Smith. tend took place in one of the large west-end halls, and at its close Lord St. asked the doctor. Just complimented the doctor on the able speech that he had made. They talked for a few minutes and then the

doctor said-"I am happy to find that I have a protege of yours, my lord, in my school; he is a clever boy, and improves rapidly."

At first Lord St. Just thought that the doctor was speaking in jest. or making some political reference. "I do not quite understand," he replied, politely.

"I say, my lord, that I am pleased to have your young protege in my

"I am ashamed to say, doctor," your sense of the word."

"Evidently a poor relation," thought

the doctor. "I thought he was a protege," he man" and not tell him about it? said aloud, "Perhaps he is related and then she would be asked awkward you, my lord? He will be a clever

"My dear doctor," returned Lord St. not dare to do it. There was no mis- Just, "you will think me very obtuse. taking the likeness; it could not be but I have not the faintest idea of

"I am speaking of young Dorman," said the doctor.

he is dead. I attended his funeral tioned the doctor's name. "Ah," said the doctor, "that would

"There is no younger. I have heard Lady St. Just say that there were two Pink Pills offer a speedy him; she would have given him all she brothers. One is a solitary bookworm who has an appointment as She pondered over this long and librarian on the Continent somewhere -I quite forget where; the other died.

and I attended his funeral." "There is certainly a young Dorman at my school, my lord-a clever young stripling-handsome too. Lady St. Just comes frequently to see him."

His lordship looked up quickly. 'What," he cried-"my wife, Lady St. Just, calls at your school, you say?

"I think not," he replied. "I saw Lady St. Just at the Royal Societyand hers is a face not easily forgot-

"I assure you," said Lord St. Just, taken, doctor. Lady St. Just in Hammersmith! She would have told me "I hope to Heaven," thought the

doctor, "that I have done no harm, Perhaps she wished all this kept secret from her husband; if so, I have be-Suddenly it occurred to him that

possibly Lady St. Just, not wishing to "If," he said, "anything should hap- be known, had assumed the alias of pen to me, and the boy shows talent, Mrs. Smith. It struck him, now that you can make him a tutor in your he came to think of it, that all her own school first, doctor. He will fight visits had been rather of a strange, secret kind. What mischief had he The doctor had asked one or two done? The doctor was at his wit's

"I may be mistaken," he replied; nothing either of his friends or of his "one ought never to be too positive as parentage. Hearing, therefore, that to identity. I saw the lady only for a "I think not," said Lord St. Just,

> one there without telling me." "It is most likely my mistake," al

lowed the doctor; but his lordship saw that he was anxious to lessen the impression of his words, and that annoyed him still more.

"It is as well to be careful," he said, "in making an assertion of that kind; and the doctor saw that he was cooler than usual in his manner toward him. He looked at him gravely.

"My lord," he said, "I am most probcollege. He watched her for a mom- ably quite mistaken. I see few ladies, and am not a good judge of resemblances. May I ask a favor from

"Certainly," replied Lord St. Just, with his usual frank courtesy. "You will honor me by so doing."

and sallow cheeks. There would be made!" he said. "I was told that it absurd mistake, may I request you er turned a leaf. He saw that she less suffering if women would give was a Mrs. Smith who came to see not to mention what I have said to was so deeply, so completely en-

The good-natured peer smiled. "What can it matter?" he replied, that she would have sat there for "either one way or the other?"

"Still it would oblige me, my lord," "Then I will promise-I will not

"Yes." he replied. "Her ladyship always admired young Dorman - he would perhaps think that I was taking possible that the mysterious visits to

They parted soon afterward, both uneasy. When he reached home, the first thing that the doctor did was to the wisest statesmen and cleverest summon young Dorman to his private they be for? He was startled. Then men of the day. He met him very room. He made all kinds of inquiries he reproached himself. What could often, and they had a mutual respect about the lady who had visited him. for each other. On this day the The boy assured him that it was Mrs. ly wife of his?

> "Did you ever know a Lady St. Just? "I do not think I have ever seen

life," he said. And the doctor was more puzzled than ever. The more he thought of it, the more sure he felt that the beautiful face he had seen was the face of Lady St. Just.

"I only hope," he said, "that I have made no mischief. One thing is quite certain-her husband knows nothing of the motive that brings her here."

CHAPTER XLV.

Lord St. Just was equally puzzled -not that for one moment he sussaid Lord St. Just, laughing, "that I | pected his beautiful wife of anydo not believe I have a protege, in thing underhand, or of concealing felt it. He raised her face between anything from him-his faith in her

## Intense Heat and Many Deaths.

Dreadful Sufferings Among the Poor and the dark lashes lay on her cheeks. Weak-Low Vitality Unable to Hold Out Against High Temperature-Safety in the one of grave, tender earnestness. Use of Dr. Chase's Nerve Food (Pills), the Great Blood and Nerve Builder.

The very old, the very young, and system against the debilitating effects many in middle life, whose health was of excessive heat. at a low ebb, met an untimely death in the hot wave which recently swept street, Toronto, states:- "My daughover this continent.

Is this not an emphatic warning against allowing the system to become run down in the summer time? You say: "I feel so weak and tired," "I have lost all energy and ambition," "I don't sleep well and cannot digest my food properly," "I am losing flesh and have headaches." The fact is you are depressed and debilitated by the sumand vigor into your body.

You cannot afford to neglect these danger signals, which tell of a system breaking down. You cannot afford to run the risk of becoming a victim of nervous prostration, paralysis, heart failure or insanity, when a few boxes of Dr. Chase's Nerve Food (pills) will

thoroughly restore you. strengthening and life-sustaining ef- praise of this great restorative. Imitafects, Dr. Chase's Nerve Food (pills) tors do not dare to reproduce the pormakes life worth living even in the trait and signature of Dr. A. W. summer time. It so fills the body with Chase, which are on every box of the depressing symptoms, and fortify the Toronto.

Mrs. E. McLaughlin, 95 Parliament ter was pale, weak, languid and very nervous, her appetite was poor and changeable, she could scarcely drag

mer heat, vitality is running low, and box of Dr. Chase's Nerve Food. She you need something to build you up, to used this treatment for some weeks. enrich your blood, and to put new life and from the first we noticed a decided improvement. Her appetite hair. became better, she gained in weight, the color returned to her face, and she gradually became strong and well. I cannot say too much in favor of this wonderful treatment, since it has proven such a blessing to my daugh-

Nerve Food (pills) attests its popular-By its wonderfully invigorating, ity. People everywhere are loud in

Had she been to Hammersmith or not? If she had been, why had she not told him? Why did she not speak about her visit? "Young Dorman"-who could he be? Not the secretary's son. for he had never been married. Why should his wife go to see "Young Dor-He thought he would try her.

was so true a gentleman that having given his word to the doctor not to mention what he had said he would keep it at any cost; othernothing would have been easier than to go to her and put a straightforward question to her. He would try her, and see if she exhibit-"Dorman," repeated the peer; "why, led any consciousness when he men-

> During dinner that day, several guests being present, Lord St. Just spoke of the meeting he had attended. "The best speech," he said, "was made by Dr. Lester, of Hammer-

smith-one of the cleverest men we

beautiful face turned quite white. She was looking at him with fear and wonder in her eyes; he had never seen such an expression on her face before. He saw that her lips were pale, and trembled as she spoke.

Slowly, as from a painful dream, she seemed to rouse herself, and turning to the gentleman by her side. began to talk; but it was an effort. and he saw it. He saw, too, that she ly. listened if he again mentioned the doctor's name. He mentioned it of pain pass across her face.

"There is a mystery," he said to himself-"a mystery that has some pain in it-and my darling is keeping it all to herself." He resolved to find it out and share

it with her. Perhaps, he thought to himself, Gerald Dorman intrusted some secret to her about this young relative, and she thinks that in honor she must keep it to herself. He noticed that all the evening his

began to talk to him.

"What meeting was that," she asked, "that you attended this mornmatter she had most at heart. "Who is this Dr. Lester I heard you mention?" she said.

at Hammersmith," he replie "Do you know him?" she aske!; and.

though she spoke so quietly, he dethe low tones. "Yes, every one in London knows Dr. Lester. He lectures admirably,

valuable works. He is quite a public character. She looked relieved, and he saw it, "Do you often see him?" she asked,

and he has written two or three

after a short pause. "Not very often. We meet at lectures and soirees. I do not remem-

ber to have seen him elsewhere."

She took up her book and said no more. But he, watching her, saw "As I have most likely made an that she did not read-that she nevgrossed in her own thoughts that she had forgotten all else. He believed

> What could it all mean? He had noticed the great change in his wife. her fits of absence of mind, her gloomy abstraction, the brooding thought that seemed to lie like a dark shadow over her. Could it be Hammersmith had anything to do with the change in her manner, the engrossing care and thought that now characterized her? If so, what could there be wrong in this proud, state-

hour-she never moved nor spoke. done. Turn in a coffee cupful of Then he went to her and took the boiling water. Thicken with

"Adrian," she cried, with a start, lady'-that is, a lord's wife-in all my "I-I had forgotten you were here." "That is a poor compliment, Vivien. You had forgotten that I was heremay I ask of whom you were thinking -or of what-that you could for-

> Her face flushed crimson under the searching gaze of his eyes. "You spend a great deal of time in

thinking now," he said. "Pray tell me what it is all about." "Who can describe an unknown

world?" she asked. "And thought is an unknown world." It was an evasive answer, and he

"Let me look into your eyes, darl-

But her eyes fell before his, the white lids closed over them, the long "Why, Vivien, you will not let me

see!" Then he changed his tone to "My darling wife," he said, gently, "is there any secret that you are keeping from me?"

He could tell how the words pierced her by the shudder that passed over "A secret!" she cried, wildly. "Why

should you say that? A secret, Adrian! What secret have I?" "I cannot tell. Is there one? Are you keeping anything from me, darl-

ing? Have you any secret that you will not share with me?" She seemed to recover herself by marvelous effort. She freed herself from his arms. She raised her

'See," she said, "you have spoilt my coiffure-and it was very pretty. How you have startled me, Adrian, talking about secrets! See, too, how late it is. And you have that The enormous sale of Dr. Chase's long speech to make to-morrow! 1

hand to the diamond circlet on her

insist upon your going to rest.'

To Be Continued.

was unbounded-yet he was puzzled. SOMETHING QUITE NEW\_

CEYLON GREEN TEA Samo flavor as Japan, only more delicious,

## About the House.

YOU SHOULD.

If a man faints place him flat his back and let him alone. If any poison is swallowed, drink instantly half a glass of cold water with a heaping teaspoonful each common salt and ground mustard stirred into it; this vomits as soon as it reaches the stomach; but Then he was startled, for his wife's fear some of the poison still remains swallow the white of one or two raw eggs, or drink a cup of strong coffee: these two being antidotes for a greater number of poisons than any dozen other articles known, with the advantage of their being always at hand; if not, a half pint of sweet oil or lamp oil, or "drippings," or melted butter or lard are good substitutes, especially if they vomit quick-

The best thing to stop the bleeding of a moderate cut instantly is to covpurposely, and again he saw a spasm | er it profusely with cobweb or flour and salt, half and half.

> If the blood comes from a wound by jets or spurts, be spry, or the man will be dead in a few minutes, because an artery is severed; tie handkerchief loosely around near the part between the wound and the heart; put a stick between the handkerchief and the skin, twist it round until the blood ceases to flow, and keep it there until the doctor comes;

hands down the dress, keeping them as close to the body as possible, at the same time sinking to the floor by bending the knees; this has a smothering effect on the flames; if "A gentleman who keeps a chool not extinguished or a great headway is got, lie down on the floor, roll over and over, or better, envelop yourself in a carpet, bedcloth, or any tected the keen anxiety unde lying garment you can get hold of, always preferring woolen.

> SALT USEFUL IN MANY WAYS. A strong solution of salt and water may be used to clean bedsteads. The cleansing properties of the brine make it efficacious.

> Willow furniture may also be cleaned in the same manner. Rub it with nailbrush and dry thoroughly. Salt dissolved in alcohol will remove grease spots from cloth.

Salt dissolved in lemon juice is in-

valuable for removing stains from the walks and places frequented by snails will effectually remove those crea-

Ink stains in linen can be removed if they are first washed in a strong solution of salt and water, and then sponged with lemon juice.

A brine of coarse salt and water will destroy weeds.

#### STEWS.

Plain Hamburg Stew .- Heat a tablespoonful of butter or nice drippings in a frying pan; put in a pound of finely chopped beef, called in trade "Hamburg Steak." Season to taste with salt and pepper and brown quickly, stirring most of the time to keep the crumbs of beef separated. He watched her for quite half an and that the browning may be evenly level tablespoonful of flour, mixed smoothly with cold water. Boil three minutes. Serve on squares or threecornered pieces of buttered toast. Sprigs of parsley make a tasty garn-

For breakfast or lunch this quantity is sufficient for four persons. Hamburg Vegetable Stew.-Brown and season one pound of Hamburg steak as in preceding recipe. Have ready stewed in a stew pan one medium sized onion, minced or sliced, one large potato and one small carrot cut in dice, a tender turnip if sweet and not at all bitter cut in dice and a little shaved cabbage may be added if

liked. When vegetables are cooked a large cupful of liquor should remain in stewpan. Into this stir one teaspoonful of good beef extract. Mix this compound with the browned beef. Thicken slightly and boil three minutes, being careful not to burn. Serve on buttered toast or

with egg dumplings. Egg Dumplings .- One cup of flour, one egg, pinch of salt, dash of pepper, one teaspoonful baking powder, enough rich milk to make as stiff a batter as can be nicely handled with a spoon.

With a teaspoon drop a spoonful of this batter first in one side of the stew pan and then in the other until all is used. Cover stewpan tightly and boil gently but constantly for from seven to ten minutes, according to size of dumplings.

An asbestos mat placed under stewpan will usually prevent scorching. Chicken Stew with Rice and Curry. -To many farmers' tables the use of curry powder is unknown. If the following recipe is tried I believe it will be found so relishable as to be oft

Cut up a chicken, an old will is nice cooked in this way or remnants of cold chicken may be used. Stew until sufficiently tender to remove bones. After bones are removed cut up meat rather coarsely and return to liquor in stewpan. There should be just enough liquor to cover the meat. Salt to taste and add a good teaspoonful of India curry powder, to a quart of stew. Thicken with flour thickening and let boil two or

Have ready one cupful of rice boiled in three cupfuls of water seasoned

with one teaspoonful of salt. It is easy to boil rice perfectly when a double boiler is used. To save time boil, rice on the stove without the

poiler to finish. Heap the chicken and curry in the middle of a deep platter and put rounded spoonfuls of the snowy rice about it. Or if preferred put spoonful of boiled rice in centre of platter and pour curried chicken over it.

#### APPLE PUFFS.

For six persons: One pint flour, two easpoonfuls of baking powder, one level teaspoonful of salt, enough sweet milk to make stiff batter, three cupfuls of tart apples peeled, cored of to-day is of one invariable shape. and chopped.

Have ready buttered six cups or jelly glasses, fill these nearly full with the batter and apples in alternate layers, putting the first layer of apples and the last of batter. Place glasses in steamer, cover tightly and steam over rapidly boiling water for twenty minutes without removing steamer cover. If apples do not seem quite done, steam a few minutes longer, but too long steaming makes batter tough. When done turn from glasses into

pudding saucers and serve at once ities these amulets possess. There with lemon cause or with a sauce made as follows: Emperor, who was stricken with para-

Two cupfuls of apple juice strained as for jelly, one cupful of sugar, onehalf cupful of butter; put in saucepan and let come to a boil and thicken with a dessertspoonful of flour mix- to make known his desires and deed smoothly with a little cold water. If desired, color any preferred shade with Dr. Price's fruit color and add any liked flavor, or color with homecanned raspberry or blackberry juice body was being viewed by the priests. you said the only thing that could and add no other flavor.

#### ONE ACCOMPLISHMENT FOR

GIRLS. Every girl, in whatever station life she may be placed, should wife was unusually thoughtful and chief can not be used, press the thumb brought up to mend her own clothes abstracted. More than once she on a spot near the wound, between and do a certain share of a younger answered at random, not knowing the wound and the heart; increase sister's or brother's, or something for what she said; and when their visitors | the pressure until the bleeding ceases, her parents. Even where people are had gone she sat quite still, looking but do not lessen that pressure for rich enough to keep lady's maids it with dreamy eyes at the page of a an instant, until the physician ar- does not follow that their children book, which she did not even pre- rives, so as to glue up the wound by will be able to do so to the end of tend to be reading. Suddenly she the coagulation or hardening of the their lives, and many a girl has married and gone out with good prospects If your clothing takes fire, slide the to some country or colony where no of small-arms ammunition have been one can be got to perform these little has been in a very poor plight.

#### GARDENING IN CHINA.

Trees Are Cultivated Which Are these, some 18,000 tents, 420,000 Unknown in Other Lands.

Queer people the Chinese. If prizes have been forwarded. for profitable gardening were competed for by nations, the Mongolians would have a very fair chance of being successful competitors. The Chinese do not confine themselves to cultivation on dry land only; they also cultivate the bottom of the waters, and in the beds of shallow lakes, ponds and brooks produce fruits unknown to other people. The water chestnut, the fruit of which is inclosed in a case formed by its root, is one of the most noteworthy of these products and is grown up in large quantities. It is very wholesome and of Salt sprinkled about the garden a delicate flavour, and is gathered by women, who tuck up their wide trousers, and wade above their knees into the ponds, where they grope for the chestnuts with their hands. As soon as her basket is full, the gatherer repairs to the nearest town or village, which she perambulates, crying her water chestnuts. These esculents are much appreciated, and meet a ready sale. They are prepared for

food by removing the rind and boiling the bulb. A great variety of trees, some of which are little known out of China are to be found in the orchards. In addition to the peach, apricot, custard-apple, rose-apple, pineapple, pear olum, date, cocoa, plantain, banana, quince, guava, olive, pomegranate, and n many varieties-there are the liof a strawberry, the stone being in says a trained nurse. "Upon awakensoft, succulent pulp of a very deliious flavor; the lungngan, or dragon's eye; the wampee, whose fruit, of hot milk was given to her. At seven about the size of a pigeon's egg, is o'clock she sipped with a spoon a cupmuch esteemed, and the carambolo. ful of hot water. At eight o'clock a Of these fruits the carambo is, perhaps, gathered in greatest abundance. given to her, after which she ate In the autumn when the fruit ripens, the orchards are in a state of per- whatever she wanted for breakfast. petual clangor, from the beating of At nine o'clock she took a half cupgongs by boys hired for the purpose, and without whom the birds would consume more than half the fruit.

CHINA'S FLOATING HOUSES. There are to be found in China at all an egg, and anything she wanted cities and towns on the banks of rivers besides for luncheon. The course and creeks, what may be called floating hotels. They are large boats of special construction, and are called Chee-Tung Teng. As the rivers and creeks may be said to be the highways night menu, and unless she was restof the country, these boats are of great ervice to travellers. The gates of ing. cities and towns are invariably c'osed at an early hour of the evening, and two and three pounds of raw round of should a passenger boat arrive at a city by night, the passengers would be unable to disembark until the next morning were it not for the conveni- oven, after which the juice was exence of these floating hotels.

There are also large boats on the

Canton river called by the Chinese

Wang-Lau and by the foreigners give tone to the stomach. With this flower boats. These boats are neither treatment cod liver oil and cream were more nor less than floating houses, given daily, when the patient could and they are often richly carved and take them without disturbance to the gilded. At night, when illuminated, they present a gay and animated ap- stomach, together or with three eggs. pearance. These boats are the resort | boiled or poached. in the evening of citizens who are disposed to make merry. It is not conman to invite friends to dinner at his without seeing the nurse coming with family residence, excepting on the something to eat, and various remonmarriage of a son or daughter, or strances because she could never be alwhen honouring the natal anniversary lowed to get hungry and enjoy a meal, fore issues cards of invitation to his she thrived apace; and when the friends to meet him at dinner on board dreaded month of March came she was a certain flower boat. The dinner is about the house, and at the beginning cooked in a large floating kitchen of May she began to eat like other anchored near. At such banquets there are invariably a number of folks. The treatment had been startpublic singing women.

## THE DEMAND FOR

To Day a household necessity the result of careful blending and expert packing.

In Lead Packets. 25, 30, 40, 50 and 600

MAGIC AMULETS.

It looks like a large martingale.

the bracelet has proved a lucky one,

the bones in the old man's hand are

Many are the marvelous tales told

by the Chinese of the wonderful qual-

is a tradition that a certain Chinese

lysis, wore upon his forearm a magic

bracelet, which kept life in that mem-

ber for many months, and allowed him

crees by writing. At last, when death

claimed the Emperor, something even

more wonderful took place. Dead

three days, and lying in state, his

mean the bracelet should go with its

THE COST OF WAR.

African War may be derived from the

amount of war material sent out. One

hundred and seventy million rounds

dispatched, in addition to 886,000

rounds for field guns, howitzers, etc.

To clothe our troops we have sent out

280,000 khaki suits, over 370,000 pairs

and over 500,000 flannel shirts. Besides

s Uric Acid in the blood.

Unhealthy kidneys are the

cause of the acid being

there. If the kidneys acted

as they should they would

strain the Uric Acid out

of the system and rheuma-

tism wouldn't occur. Rheu-

matism is a Kidney Dis-

ease. Dodd's Kidney Pills

have made a great part of

their reputation curing

Rheumatism. So get at

the cause of those fearful

shooting pains and stiff,

aching joints. There is

but one sure way-

Dodd's

Kidney

FOOD TREATMENT FOR CONSUMP.

"An elderly woman threatened with

consumption was restored to strength

preparation of strong beef juice was

ful or thereabout of beef juice pre-

pared at home. At 10 o'clock a cup

of hot milk, at 11 o'clock a cup of

hot water, as before; at 12 o'clock

more of the home prepared beef juice,

pursued in the afternoon was the same

as that of the morning, the hot water

coming at five o'clock and hot milk at

nine o'clock. The patient objected to a

less she was not disturbed until morn-

"The juice squeezed from between

steak was taken by the invalid daily.

square and warmed slightly in the

water was given by the physician, to

"Notwithstanding pathetic com-

plaints that she could not look up

ed on December 1."

"What the fool does in the end,"
the wise man does at the beginning.
Try a package of Blue Ribboh
beylon Tea today.

Some idea of the cost of the South

owner to the tomb.

ly reliable barometer.

broken and the bracelet removed.

A young and newly-married couple It is the desire of every Chinaman's were entertaining their friends, and heart to possess a pair of magic bracelets. Arm rings or bracelets are amongst the guests was one whose thought a great deal of in the Cel- continued rudeness made him extremeestial Empire, the custom of wear- ly objectionable to the rest of the ing them having been handed down His conduct, although almost unfrom time immemorial. Usually made bearable, was put up with for some of jade stone, the Chinese arm ring

time, until at supper he had up on his fork a piece of meat which had been served to him, and in a vein of The Chinese word for jade is ngookintended humour he looked round and seu, and for jade arm ring or bracelet, remarked, "Is this pig?" which immengook-ak. The custom in China is to diately drew forth the remark from a place the bracelet on a young man's quiet-looking individual sitting at the arm just before the hands stops growother end of the table, "Which end of ing. A tight fit is usually secured. the fork do you refer to?" and once placed the amulet arm ring is worn throughout life. At death, if

WHICH ?

#### WHAT THEY EAT.

and if there is a son whom it will fit, A horse will eat in a year nine times his own weight, a cow nine tines, an ox six times and a sheep six times.

#### One Minute Cure for Toothache.

Magical in potency and power, penetrating at once to the diseased nerve. Nerviline - nerve-pain cure - cures the most marvellous pain remedy known to science, may be used for all nerve pains. Test at once its efficacy.

Towne-Yes, I'm looking for a most to death. Browne-I thought The advisability of removing the really frighten her was a mouse? bracelet was being considered, when Towne-That's just it. At a little the hand was lifted up and gave a distance these roaches look like signal which they interpreted to mice.

#### AN EXTENDED EXPERIENCE

me to say that Putnam's Painless Corn Extractor never fails. It makes no sore spots in the flesh, and consequently is painless. Don't you forget to get Putnam's Corn Extractor, now for sale by medicine dealers

FOR OVER FIFTY YEARS WINSLOW'S SOOTHING SYRUP has been the child, softens the gums, allays pain, cures wind colic, and is the best remedy for diarrhœa. 25c.a bottle. Sold by all druggists throughout the world. Be sure and ask for "Mrs. Winslow's Soothing Syrup."

He-Do you know what I would do if I were you? She-No. What? He-I'd of boots, 200,000 jerseys, 1,020,000 pairs of worsted socks, 400,000 flannel belts.

MONTREAL HOTEL DIRECTORY. blankets, and 300,000 waterproof sheets The "Balmoral," Free Bus Am. Plan AVENUE HOUSE—McGill - College Avenue Family Hotel rates \$1.50

> Strategy-That fellow Bumbleton is a deep one. What has he been dointo a brisk controversy with the landlady over the reasons for woman's mental inferiority, and under cover of it he sneaked a second piece of huckleberry pie.

There is more Catarrh in this section of the and until the last few years was supposed to be incurable. For a great many years doctors pro-nounced it a local disease, and prescribed local emedies, and by constantly failing to cure wit local treatment, pronounced it incurable. So ence has preven catarrh to be a constitution disease, and therefore requires constitutions treatment. Hall's Catarrh Cure, manufacture by F. J. Cheney & Cy., Toledo, Ohio, is the only by F. J. Cheney & Cy., Toledo, Onio, is the only constitutional cure on the market. It is taken internally in doses from 10 drops to a teaspoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials.

Address, F. J. CHENEY & CO., Toledo, Co., Sold by Druggists, 75c.

Sold by Druggists, 75c. Hall's Family Pills are the best. Barnes-Wonder what has happened to the Sweetsers? They used to be dead in love with each other. Why everybody was laughing at their devotedness. Now they are as glum as they can be. Farmer-I know. She

was silly enough to get him to go shopping with her the other day.

## W P C 1039

Carbolic Disinfectants, Soaps, Ointment, Tooth Powders, etc., have been awarded 100 medals and diplomas for superior excellence. Their regular use prevent infectious diseases. Ask your dealer to obtain a supply. Lists mailed free on application. F. C. CALVERT & CO.,

OR SALE-CHOICE FARMS, BRUCE County,

MANCHESTER - - ENGLAND

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