

Extreme Weakness

RESULTING FROM POOR NUTRITION.

Heart Palpitation, Dizziness and Weakness in the Legs Followed Until the sufferer Felt That His Case Was All Most Hopeless.

From the Mirror, Meaford, Ont.

No man in Meaford is better known or more highly respected than Mr. Patrick Delaney, who has been a resident of the town for nearly forty years. Mr. Delaney is a stone mason by trade, and has helped construct many of the buildings which go to make up Meaford's chief business structures. Hearing that he had received great benefit from the use of Dr. Williams' Pink Pills, a reporter of the Mirror called to obtain particulars of the cure, and Mr. Delaney cheerfully gave him the following statement. "Last March," said he, "my health became so poor that I was compelled to quit work. The chief symptoms of my illness were extreme weakness in the legs, loss of appetite, and palpitation of the heart. The least exertion would cause my heart to palpitate violently, and if I stooped to pick up anything I was overcome with dizziness. My legs were so weak that I was compelled to sit down to put my clothes on. The doctor I consulted said I had a bad case of anaemia. He prescribed for me and I took three bottles of medicine, but all the while I actually grew worse until I became so weak that I could not get up. Having read of the cures effected by Dr. Williams' Pink Pills I determined to give them a trial. From the first box I noted an improvement in my condition. My legs became stronger, my appetite improved, and by the time I had used four boxes I felt better than I had done for months. That the pills are a wonderful remedy there is not the least doubt. I can do light work about home without experiencing any of the unpleasant sensations that I once underwent. I feel altogether different, man despite the fact that I am now sixty-seven years of age. All I can say is that I attribute my present good health to Dr. Williams' Pink Pills and I would advise any other similar sufferer to try them.

WATCHES FROZEN AND BAKED.

How they are Tested in England's National Physical Laboratory.

Keen observers, near London, which is being kept before the public mind because of the threatened derangement of its delicately-made instruments by the installation of electric tramways at Hammersmith, some miles distant, is more than a home of magnetic mystery. Many watches constructed for scientific and other special purposes, are here subjected to tests which tax their capabilities to the utmost.

The branch of the observatory where this interesting operation is carried on is known as the rating department of the National Physical Laboratory. The observer, Mr. E. G. Constable, states that about 500 watches are tested yearly and that 10,000 have passed through their hands since the department was opened. An ambitious watch in pursuit of a first-class certificate commences its career at Kew by standing upright for five days in an ordinary case. It spends a similar period in three other positions and is then placed on its back in a refrigerator. After five days of that key holds it is removed to an oven kept at a temperature of 90 degrees Fahrenheit, and is at last restored to a normal temperature. All this time the watchful eye of the observer has been upon it and the watch's behavior duly noted in books. Every variation of a second the watch makes in the different positions and temperatures is carefully entered, and certain marks for and against are given it. What this means will be the better appreciated when it is explained that the Kew possesses instruments capable of indicating the hundredth part of a second.

KANGAROO THREAD.

One of the Querer and Best of Modern Sewers.

The outfit of a modern surgeon includes dozens of different kinds of thread used for sewing up cuts and wounds. Among them are kangaroo tendons, horsehair, silk and very fine silver wire. Many of these threads are intended to hold for a certain number of days, and then naturally break away. The short, tough tendons taken from the kangaroo, which are used for sewing severe wounds, will hold for about four weeks before they break away.

Silk thread will remain much longer, sometimes six months, while fine silver wire is practically indestructible. With the entire outfit a surgeon is able to select a thread that will last as long as the wound takes to heal, and will then disappear completely.

To accommodate this assortment of threads, special varieties of needles are required. Besides the needles craned in different segments of a circle, surgeons use needles shaped like spears, javelins and bayonet points. Some are as long as a foot, in a point like a miniature knife-blade. Others have the sharpened end triangular.

Jump-pumps—Why, all his friends had gone back on him, before he had succeeded, and he was able to begin his life with a clean slate.

Heiress and Wife.

CHAPTER XXVI.

Rex and Pluma talked for some time in the moonlight, then Rex, having imparted to her the plea of having important business letters to write, retired to the library.

For some minutes Pluma leaned thoughtfully against the railing. The night was still and clear; the moon shined over the dark trees; floods of silvery light bathed the waters of the glittering sea, the sleeping flowers and the grass, and on the snowy orange-blossoms and golden fruit amid the green foliage.

"I shall always love this fair southern home," she thought, a bright light creeping into her dark, dazzling eyes. "I am Fortune's favorite," she said, slowly. "I shall have the one great prize I covet most on earth. I shall win Rex at last. I wonder at the change in him. There was a time when I believed he loved me. Could it be handsome, refined, courteous Rex had more than a passing fancy for Daisy Brooks—simple, unpretentious Daisy Brooks? Thank God she is dead!" she cried, vehemently. "I would have perished my very soul to have won him."

Eron as the thought shaped itself in her mind, a dark form stepped cautiously forward. She was not startled; a passing wonder as to who it might be struck her. She did not think much about it; a shadow in the moonlight did not frighten her.

"Pluma!" called a low, cautious voice, "come down into the garden; I must speak with you. It is I, Lester Stanwick."

In a single instant the soft lovelight had faded from her face, leaving it cold, and pitiless. A vague, nameless dread seized her. She was a courageous girl; she would not let him know it.

"The mad fool!" she cried, clenching her white-gloved hands together. "Why does he follow me here? What shall I do? I must buy off my own chastity. I dare not defy him. Better tempter to death than this! She muttered the words aloud, and she was shocked to see how changed and hoarse her own voice sounded. "Women have faced more deadly perils than this," she muttered, "and I have outwitted ingenious foes. I must win by stratagem."

She quickly followed the tall figure down the path that divided the little garden from the shrubbery. "I knew you would not refuse me, Pluma," he said, clasping her hands and kissing her cold lips. He noticed the glance she gave him had nothing in it but coldness and annoyance. "You do not tell me you are pleased to see me, Pluma, and yet you have promised to be my wife." She stood perfectly still leaning against an oleander-tree. "Why don't you speak to me, Pluma?" he cried. "By Heaven! I am almost beginning to mistrust you. You remember your promise," he said, hurriedly. "If I removed the overseer's niece from your path, you would reward me with your heart and hand." She would have interrupted him, but he silenced her with a gesture. "You said your love for Rex had turned to bitter hatred, and that would be a glorious revenge. I did not have to resort to abducting her from the seminary as we had planned. The bird flew into my grasp. I would have placed her in the asylum you selected, but she eluded me by leaping into the pit. I have been haunted by her image ever since. I see her face in crowds, in the depth of the silent forest, her specter appears before me when I fly from it like one accused."

She could not stay the passionate torrent of his words. "Lester, this is all a mistake," she said. "You have not given me a chance to speak." Her hands dropped nervously by her side. There were fierce, rebellious thoughts in her heart, but she dare not give them utterance. "Why, I left you at White-stone Hall, feeling secure in the belief that I had won you. Returning suddenly and unexpectedly, I found you had gone to the home of Rex Lyon. Do you know what I would have done, Pluma, if I had found you his wife and false to your trust?"

"You forget yourself, Lester," she said. "gentlemen never threaten women."

His lip quivered. "There are extreme cases of desperation," he made reply. "You must keep your promise," he said, determinedly. "No other man must dare speak to you of love."

She saw the angry light flame into his eyes, and trembled under her studied composure; yet not the quiver of an eyelid betrayed her emotion. She had not meant to quarrel with him; for once in her life she forgot her prudence.

"Suppose that, by exercise of any power you think you possess, you could really compel me to be your wife, do you think it would benefit you? I would learn to despise you. What would you gain by it?"

The one great point for which I am striving—possession of White-stone Hall; but he was too diplomatic to utter the words. She saw a lurid light in his eyes. "You shall be my wife," he said, gloomily. "If you have been cherishing any hope of winning Rex Lyon, abandon it at once. As a last resort, I would explain to him how cleverly you removed the pretty little girl he loved from his path."

"You dare not!" she cried, white to the lips. "You have forgotten your own share in that little affair. Who would believe you acted upon a woman's bidding? You would soon call to account for it. You forget that little circumstance, Lester; you dare not go to Rex!"

She knew what she said was perfectly true, but had not intended to say so. Rex; he knew it would be as much as his life was worth to encounter him. He was aware his name had been coupled with Daisy's in the journals. He knew Rex had fallen madly, desperately in love with little Daisy Brooks, but he did not dream he had made her his wife. "You have not given me time to explain why I am here."

"I have heard all about it," he answered, impatiently. "But I do not understand why they sent for you." "Mrs. Lyon requested it," she replied, quietly. "Rex simply obeyed her wish."

DEVON AND INDIA TEA, GREEN OR BLACK, Is Economical Tea.

Its greater strength combined with its absolute purity make it the best tea on the market.

If your grocer does not keep it he will get it rather than lose your trade.

ASK FOR IT.

A free sample of delicious SALADA Tea sent on receipt of postal mentioning which you drink—Black, Mixed, or Green Tea. Address "SALADA," Toronto or Montreal.

More than likely she took umbrage at that. "That was a very unkind remark," asserted Eron. "You had no business to mention it at all; it was uncalled for."

"Well, she would not have known it if she had not read it," replied Eron. "She remembers the conversation she had so lately had with Daisy. How she had clasped her loving little arms about his neck, crying out, 'I do not care for my own momentary happiness, I care for you.' Poor little Daisy! what was the secret sorrow that was goading her on to madness? Would she ever know?"

Where was she now? Ah, who could tell? A curious chance seemed to come over Eron's mind, how changed! "You should have waited until he had caused to reproach me, Lester," she said, drawing her shawl about her and shivering as if with cold. "I must go back to the house now; some one might miss me."

CHAPTER XXVII. The month flew quickly by; the cold winter had slipped away, and the bright green grass and early violets were sprinkling the distant hillsides with their tiny blossoms. The trees and all Nature reminded one of the glorious spring had come.

Rex Lyon stood upon the porch of Whitestone Hall gazing up at the white, fleecy clouds that scudded over the blue sky, lost in deep thought. He was the same handsome, debonair, smiling, merry, laughing, brown-eyed, silent and grave enough now, and the lips the drooping brown mustache seemed to have a deeper tone.

He had done the one thing that morning which his mother had asked him to do, and his dying breath had asked Pluma Harburt to be his wife. The torture of the task seemed to grow upon him as the weeks rolled by. He would not have married himself he must settle the matter at once, or he would not have the strength to do it.

He thought what he should do with his life after he married her. He tried to summon up courage to tell her the story of his marriage; that his hopes, his heart, his life, his love lay in the grave of his young wife. Poor Rex, he could not lay bare that sweet, sad secret; he could not have borne her questions, he could not have borne her reproaches; his dead love was far too sacred for that; he could not take the sacred love-story from his heart and set it down to public gaze.

FROM THE TALMUD. Do not live near a pious fool. Attend no auctions if thou hast no money. Pride is a sign of the worst poverty—ignorance. If thy friend is honest, do not lick him up altogether. If thy friend is dishonest, do not lick him up altogether. Associate not with the wicked man, even if thou canst learn from him. A man should be careful not to afflict his wife, for God counts her tears. One inward contrition in the heart of man is better than many flagellations. Let not your heart with cares be filled, for care has many a victim killed. Beautiful is the intellectual occupation, if combined with some practical work. Do not confine your children to your own learning, for they were born in another time. There are three who are especially beloved by God: He who is forbearing, he who is temperate and he who is courteous. Blessed is he who gives from his substance to the poor; twice blessed he who accompanies his gift with kind, comforting words. Do not worry thyself with the trouble of to-morrow; perhaps thou wilt have no to-morrow, and why shouldst thou trouble thyself about a world that is not thine?

MINARD'S LINIMENT is the only Liniment asked for at my store and the only one kept for sale. All the people use it. HARLIN FULTON. Pleasant Bay, C.B.

SLOWLY TURNING TO STONE. Body Has Been Petrifying Gradually for Eighteen Months.

Mrs. Mary Black, wife of a well-known insurance official, of Laporte, Ind., is slowly but surely turning to stone.

About eighteen months ago Mrs. Black, who was a woman of unusually good health and development and weighed nearly two hundred pounds, was taken with a feeling of languor that refused to give way to ordinary treatment.

It was followed by an affection of the stomach and an apparent giving out of the joints. At the close of the same time a noticeable discoloration of the skin was manifest. This unnatural color increased until nearly the whole body had taken the color of amber.

As this color increased her flesh decreased and apparently hardened, until it had the appearance of turning into stone or ivory. This condition is due to the severe and permanent contraction of the muscles, which are kept at such a tension as to make them very rigid or hard, hastening the petrification of the body.

This action of the muscles has increased her helplessness, as though she were a statue of stone. The progress of the various features of the case has been gradual and continuous up to the present time, except that the color of her skin lightened within the past few weeks.

The heart action has become impeded by what medical experts believe is the formation of a crust of stone, which will sooner or later stop its action. The only portion of the body that emits perspiration is the face. Medical experts say that this case will give to the world a perfect specimen of a stone body.

AN IRISHMAN'S CALENDAR.

It is always fair weather with the residents of the Emerald Isle. The tourist may be drenched to the skin with the wettest of rain, but every native he meets will assure him it is "a foine day."

It is only when an Irishman takes his pen to write that he numbers something beside the sunny hours, as in the effusion below, which is marked by rather more truth than poetry; thirty days hath September, April, June and November, From January up to May The rain it raineth every day, All the rest have thirty-one Without a blessed gleam of sun; And if any of them had two-and-thirty, They'd be just as wet and twice as dirty.

REASONABLE.

Mrs. Hoon—I have read an item which declares that insanity can often be cured by music.

Mr. Hoon—The theory is a probable one, I should say. The average amateur cornetist would throw the ordinary lunatic into fits, and almost any physician can cure fits.

MINARD'S LINIMENT CURES SUNBURN.

"SAWING WOOD." Do you like the timber of that tenor's voice?

I might, if he didn't make his sound as if he were going to split it.

MINARD'S LINIMENT FOR SALE EVERYWHERE.

Brutes leave ingratitude to man.

WOMAN'S BEST FRIEND.

There is a department which suits the figure and talents of each person; it is always lost when we quit it to assume that of another.—Rousseau.

DODD'S KIDNEY PILLS HAVE LAID CLAIM TO THIS TITLE.

They Seem to be Substantiating the Claim by the Evidence of Many Trustworthy and Well-Known Ladies.

Lushes's Right, Little Bay, Island, Green Bay, Nfld., March 11.—Special.—Dodd's Kidney Pills, and the wonderful healing work, they are accomplishing in Newfoundland, is the subject of much favorable comment among our people. Many cases are reported, where they have saved the lives of men and women suffering with Bright's Disease, Diabetes, Rheumatism and Female Troubles. The local druggists are selling a great deal of this remedy. Right here there occurred a case which is of more than ordinary interest.

Mrs. Elizabeth Brooks was for years a sufferer with Kidney Disease. She is a lady well-known and highly esteemed, and her story of recovery has caused general satisfaction. She writes: "I wish to make known to all what good I have obtained through the use of Dodd's Kidney Pills. I have been a sufferer for over two years with Kidney Disease. I employed a doctor, but did not succeed in getting any better. I heard of the wonderful cures Dodd's Kidney Pills were working in the Island, and bought a box of them. After using the first box, I felt that I was getting better, so I bought more. Now I can truly say that I am a well woman. I think every suffering woman should know of the remedy that will cure her and I am giving my grateful thanks to the publisher."

Mrs. Brooks' statement is only one of many equally strong cases cured by Dodd's Kidney Pills in the neighborhood.

BIRD'S NEST SOUP.

Nine million birds' nests, for soup making, are brought into Canton in a year. It takes 50 to make a pound, and they cost \$2.50 an ounce.

W P C 1067

MONTEAL HOTEL DIRECTORY. AVERE MOUSSE Family Hotel rates \$1.50 per day.

CALVERT'S CARBOLIC OINTMENT.

For all skin ailments.

J. C. Calvert & Co., Manchester, England.

MUSIC TEACHERS WANTED.

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124 Adelaide St. Toronto, Ont.

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68-70 ADELAIDE ST. TORONTO.

JUBILEE OF 1901. A Popular Memorial Present.

For the Jubilee of 1901, a commemorative medal has been struck by the Dominion Government. Special arrangements for the sale of the medal, post-paid, D. and J. S. PATRICK & Co., Montreal.

FEATHER DYING.

Cleaning and Curling and Kid Gloves cleaned. These can be sent by post, 10 per cent. the best place in Canada.

BRITISH AMERICAN DYING CO.

It Will Pay You to consign all your Produce to the Dawson Commission Co. Limited.

Office: Colborne and West Market St., Toronto. They will get you the highest possible prices.

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Larger and Faster Steamships. Superior accommodation for all classes of passengers. Special attention given to the needs of the public. Full complement of crew. The latest improvements in all particulars. Write for particulars to the Dominion Line Steamships, 77 State St., Boston. D. Torrance & Co., Montreal and Toronto.

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EPPS'S GRATEFUL-COORFING COCOA.

BREAKFAST-SUPPER.

THE MERIT of absolute purity and moderate price has brought LUDELLA HOUSEKEEPERS. It is this Elegant Sugar-Shell WORTH ASKING FOR? Full size much larger than illustration. This elegant Sugar-Shell can be had free by sending your address. We adopt this way to introduce our Silverware manufactured from a new and precious metal—Yukon Silver. It is superior in every respect to any other metal known to the 20th century. Any responsible person sending their name shall receive one of these by mail—FREE—postage prepaid. We can't give you a regular prospectus in the field of time until we have your name. Our object in making this remarkable offer is to get a sample of Yukon Silver into every home in the land. YUKON SILVER CO., 104 King St. East, Toronto, Ont.

Paint All Alike? Ramsay's Paints are the oldest and best in Canada. You would like to see some lovely houses, painted with Ramsay's Paints, and learn all about it? Don't buy cheap paints, but buy Ramsay's old established brand, made from the best raw pigments to fight off the sun, beauty and protect your house. Ramsay's Paints are the oldest and best in Canada. You would like to see some lovely houses, painted with Ramsay's Paints, and learn all about it? Drop us a card and ask for Booklet "K" free.

Canada Life. 54th Annual Report. The 54th Annual Meeting of the Canada Life Assurance Company was held on the 7th of February. The meeting was harmonious, and the following report shows the Company to be in a sound and flourishing condition: The Year's Business. The number of policies with first premiums actually paid for in each during 1900 was 2899, representing an assurance of \$3,377,943.33. This is an increase of \$95,823.77 over the business paid for in the previous year. Of the above amount, \$415,516.23 represents the Canadian business. Coming now to business originating strictly within the past year, the number of applications received was 2210 for \$5,158,334. The number of policies issued and revived was 2170, and the amount of assurance granted (including new reversionary additions) was \$2,556,630.55. It is gratifying to be able to announce that satisfactory increase in our business has been shown for the first two months of the current year over the corresponding period of the last and previous years, the total assurance now in force amounting to \$81,030,831. The Income. A substantial increase has taken place in our premium income, which amounted to \$2,916,687.33, or, including considerations for annuities, to \$3,055,965.33. The income from interest amounted to the large sum of \$968,423.37. These figures exceed the highest point yet reached by the Company, both as to premiums and interest. The Payments. For the first time in the Company's history, the claims by death exceeded the million dollar mark, the payments amounting to \$1,112,367.43, which, however was well within the amount expected. Including bonus additions, the death claims and endowments paid amount to \$1,291,480.23, while the dividends to policy-holders and the payment of \$958,823.77. The total payments to policy-holders and annuitants amounted to \$2,250,309.54. Omitting all annuity transactions, the actual expenses of management for the year (including taxes and government fees) amounted to 14.61 per cent. of the income from premiums and interest. This percentage is less than the corresponding one for the previous year. In this connection, a respectful protest should be lodged against the unfair measure of taxation which life insurance companies are subjected to by some Provincial and State enactments. The Assets. Owing to the temporary stringency in the money market during the past year, little difficulty was experienced in securing desirable investments. The assets of the Company increased during the year by 21,854,142.62, notwithstanding the large payments to policy-holders. The total assets now amount to \$22,618,234.68, being more than double the amount reported ten years ago. The Liabilities. The valuation basis at present adopted is Actuarial 4 per cent. for old business, 5 1/2 per cent. for new business additions and annuities, and 5 1/2 per cent. for policies issued since 31st December, 1899. After providing for these liabilities and for the Special Reserve towards the new standard, as well as for all other liabilities to policy-holders, there remains a surplus on policy-holders' accounts of \$1,095,513.35. At 31st December last the surplus stood at \$388,500.00. A Retrospect and Forecast. With a valuable accumulated experience of nearly 55 years, with a long-established reputation for solidity, integrity and economy; with assets retained and held upon a conservative basis; with reserves largely in excess of Government requirements; with new plans of assurance and liberal policy contracts, the Company enters upon the new century with renewed energy and with resources and equipment requisite to meet the strain of a financial crisis, if it appears, or to reap the advantages of prosperous periods as they recur. GEO. A. COX, President, R. HILLS, Secretary.

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Financial Abstract AS AT 1ST JANUARY, 1901

Assets: Government, Municipal and other Bonds, Stocks and Debentures \$10,050,041.10; Mortgages on Real Estate 3,841,383.23; Loans on Bonds, Stocks, Policies, Etc. 5,964,883.99; Real Estate (including Company's buildings in Toronto, Montreal and Hamilton) 1,591,109.69; Premiums in Transit, deferred Premiums and Interest accrued 893,344.30; Other Assets (including Cash in Banks) 306,851.77; Total \$22,648,204.08.

Liabilities: Assurance Reserve Fund (Actuarial) 4% for all business prior to 1st of January, 1900; 5% for Policies on issue since 1st of January, 1900 (for new business additions) \$20,559,839.00; Special Reserve toward 3% basis 625,000.00; Investment Reserve Fund 125,000.00; Other Liabilities except Paid up Capital 332,851.55; Surplus on Policyholders' Accounts 1,005,513.53; Total \$22,648,204.08.

Receipts: Net Premium and Annuity Income \$3,055,965.33; Interest 906,426.27; Capital \$28,900.00; Suspense Items 5,910.31; Total \$4,227,141.91.

Payments: Paid Policyholders and Annuity \$2,283,810.56; All other payments 653,451.83; Total \$2,937,262.39.

PRESIDENT'S ADDRESS.

The President, Hon. George A. Cox, in moving the adoption of the report, said: I venture to think that our Financial Statement this year is one that will commend the confidence of the public in the sound and prosperous condition of the Company. Indeed, the Balance Sheet, does not, perhaps, fully reveal the strength of the Company. As most of you are aware, the Directors of this Company, as far back as 1890, commenced to look forward to a change of valuation basis from 4 per cent. of interest, and the progress we have made from that time to this is best illustrated by showing what surplus margin the Company would now have, if its policy-holders were valued first, upon the usual American standard; and secondly upon the Dominion Government's standard.

The surplus upon policy-holders' accounts, according to the Company's standard, is now \$1,005,513.53. Now, if we adopted the usual American valuation standard (Actuarial 4 per cent.) and had set aside no special reserve fund for a higher standard, our surplus upon policy-holders' accounts would have been \$1,673,141.90.

Similarly, upon the Dominion Government Standard (4 1/2 per cent. and 5 1/2 per cent. for new business), our corresponding surplus would have been approximately \$2,511,000.00. The relative positions are thus shown to be as follows:

Surplus on policyholders' accounts, as per Company's standard \$1,005,513.53; Surplus on policyholders' accounts, as per American standard \$1,673,141.90; Surplus on policyholders' accounts, as per Dominion Government standard \$2,511,000.00.

While our position is thus shown to be a strong one, I do not believe it errs on the side of being too strong, in view of the transformations that are now taking place in the financial world generally, and by many lending companies in particular. The great benefit that will accrue to our policyholders on account of the increased carrying power now established will become more and more manifest as time elapses.

The large benefits that are now conferred upon the holders of the Company's policies are shown by the report, from which it will be seen that \$2,283,810.56 is attributed to policyholders by way of death claims and matured endowments, profits, surrender values and annuities.