

Healthful.

Fresh, ripe Fruit is healthful at all times, and can be eaten freely.

Sovereign Lime Juice

is the Pure Juice of Ripe Lime Fruit, carefully expressed and filtered. Diluted with water and sweetened to taste, it makes a delicious and healthful drink at moderate cost.

All Grocers.

REFINED BY
SIMSON BROS. CO. LTD.,
HALIFAX, N.S.

HUMPHREYS' Witch Hazel Oil

THE PILE OINTMENT.

One Application Gives Relief.

It cures Piles or Hemorrhoids—External or Internal, Blind or Bleeding, Itching or Burning, Fissures and Fistulas. Relief immediate—cure certain.

It cures Burns and Scalds. The relief instant.

It cures Inflamed or Caked Breasts and Sore Nipples. Invaluable.

It cures Salt Rheum, Tetters, Scurfy Eruptions, Chapped Hands, Fever Blisters, Sore Lips or Nostrils, Corns, Bunions, Sore and Chafed Feet, Stings of insects, Mosquito Bites and Sunburns.

Three Sizes, 25c., 50c. and \$1.00

Sold by Druggists, or sent pre-paid on receipt of price.

HUMPHREYS' MED. CO.,
Cor. William & John Sts., NEW YORK.

Whooping Cough and Asthma

ARE ALWAYS RELIEVED BY

Dr. Harvey's Southern

RED PINE

25c. everywhere.

THE HARVEY MEDICINE CO., Mfrs.,
Montreal.

LIPPINCOTT'S MONTHLY MAGAZINE

A FAMILY LIBRARY

The Best in Current Literature

12 COMPLETE NOVELS YEARLY

MANY SHORT STORIES AND

PAPERS ON TIMELY TOPICS

\$2.50 PER YEAR; 25 CENTS A COPY

NO CONTINUED STORIES

EVERY NUMBER COMPLETE IN ITSELF

Stylish Spring Jacket.

To any one who will mention the SENTINEL and send us 25 cents we will forward immediately the pattern of an advance Paris style for a Spring Jacket.

Address

The Morse-Broughton Co.,

Publishers of L'Art de la Mode,

3 East 19th Street, New York,

Single copies of L'Art de la Mode, 35c.

A FREE PATTERN

(your own selection) to every subscriber. Only 50 cents a year.

McCALL'S 50c MAGAZINE YEAR

A LADIES' MAGAZINE.

A gem; beautiful colored plates; latest fashions; dressmaking economies; fancy work; household hints; fiction, etc. Subscribe to-day, or send 50c. for latest copy. Lady agents wanted. Send for terms.

Stylish, Reliable, Simple, Up-to-date, Economical and Absolutely Perfect-Fitting Paper Patterns.

McCALL'S 10c BAZAR PATTERNS 15c

All Seams Allowed and Perforations show the Basting and Sewing Lines.

Only 10 and 15 cents each—none higher.

Send in neatly written city, street, or by mail from

THE McCALL CO.,

112-117 West 31st St., NEW YORK.

Write promptly obtain U. S. and Foreign

PATENTS

Send model, sketch or photo of invention for

free report on patentability. For free book,

How to Patent, write to

W. E. CASNOW & CO.

Opposite U. S. Patent Office

WASHINGTON, D. C.

Keep Minard's Liniment in the

House.

A New York newspaper incurred

the enmity of a patent medicine

firm by heading up their advertise-

ment of an internal remedy, with the

startling headline "Infernal Rem-

edy."

Benham—I believe a woman can

love two men at the same time.

Mrs. Benham—If she is a married

woman she has to try to.

Benham—What do you mean?

Mrs. Benham—She has to try to

love her husband, and he isn't the

same man when they have company

that he is when they haven't any.

Prospective Tenant—"But this floor

slopes fearfully towards that side.

A person could fairly slide from one

wall to the other."

Agent—"Yes, sir, think what an

amusement it will furnish to the

children; you could make this the

nursery you know."

His Worship (to prisoner who has

been up every month for years)—

"Ebenzer Noakes, aren't you ashamed

to be seen here so often?"

"Bless yer worship, this place is

respectable ter some places where

I'm seen."

Nell—Who were the people the

Bible speaks of as "having eyes they

see not and having ears they hear

not?"

Bell—Chaperons, I suppose.

I bought a horse with a supposedly

incurable ringbone for \$30.00, cured

him with \$1.00 worth of MINARD'S

LINIMENT, and sold him in four

months for \$85.00. Profit on Lim-

iment, \$54.00.

MOISE DEROSCE,

Hotel Keeper.

St. Phillip's, Que., Nov. 1st, 1901.

He—"I know it! I feel it! You

have been flirting with some other

man."

She—"But, my dear, I was so lone-

ly without you."

For Over Fifty Years

Mrs. Winslow's Soothing Syrup has been

used by millions of mothers for their

children while teething. It disturbs at

night and broken of your rest by a sick

child suffering and crying with pain of

Teething. It will relieve the poor little

sufferer immediately. Depend upon it,

mothers, there is no mistake about it.

It cures Diarrhoea, regulates the Stomach

and Bowels, cures Wind Colic, softens the

Gums, reduces Inflammation, and gives

energy to the whole system. "Mrs.

Winslow's Soothing Syrup" for children

teething is pleasant to the taste and is

the prescription of one of the oldest and

best female physicians and nurses in the

United States. Price twenty-five cents a

bottle. Sold by all druggists throughout

the world. Be sure and ask for "Mrs.

Winslow's Soothing Syrup."

Knicker—Those bathing girls must

be afraid of the police.

Bocker—How so?

Knicker—They hate to be caught

with the goods on.

Unmistakable Signs of Catarrh.

If you have a ringing in the ears,

drooping in the throat, bad breath,

headache, morning weakness, bad

taste in the mouth—then it's catarrh.

Use Catarrhose Inhaler four times

daily and eradicate this awful dis-

ease from your system. Catarrhose

kills the germs, heals the in-

flamed membranes, clears nose,

throat and air passages by one ap-

plication. Catarrhose quickly

remedies the head noises and deaf-

ness, prevents dropping, and is war-

ranted to absolutely cure all forms

of Catarrh, Bronchitis, Asthma and

Lung Troubles. Two months' treat-

ment cost \$1; trial size 25c. Drugg-

ists or N C Polson & Co, Kingston,

Ont.

DR HAMILTON'S PILLS CURE

HEADACHE.

Johnson—Do you mean to insinuate

that I can't tell the truth?

Parkinson—By no means. It is im-

possible to say what a man can do

until he tries.

Your Opportunity to Get Well.

You are offered Dr Chase's Nerve

Food as the most perfect restorative,

blood creator and system builder

that was ever prepared. The name of

the discoverer, Dr A W Chase, is

enough to guarantee this, and be-

sides you have the testimony of

scores and hundreds of cured ones in

every part of Canada and the United

States. You can use it knowing that

it is bound to do you good.

Husband (impatiently)—If the fool-

killer would strike this town he

would find plenty of work to do!

Wife—Is there such a person, dear?

Husband—Of course there is.

Wife (with anxiety)—Well, I do

hope, John, that you will be very

careful.

STOPS THE COUGH

and Works off the Cold.

Laxative Bromo Quinine Tablets cure a cold

in one day. No Cure, No Pay. Price 25

cents. —ly44.

Little Bertie had been taught not

to ask for anything at meals. One

day poor Bertie had been forgotten,

when he pathetically inquired, "Do

little boys get to heaven when they

are starved to death?"

Keep Minard's Liniment in the

House.

A New York newspaper incurred

the enmity of a patent medicine

firm by heading up their advertise-

ment of an internal remedy, with the

startling headline "Infernal Rem-

edy."

CONTINUE

Those who are gaining flesh and strength by regular treatment with

Scott's Emulsion

should continue the treatment in lost weather; smaller dose and a little cool milk with it will do away with any objection which is attached to fatty products during the heated season.

Send for free sample.

SCOTT & BOWNE, Chemists,
Toronto, Ont.

5c. and 10c. all druggists.

Recently a pastor was preaching

to children. After asking many

questions and impressing on the

minds of the children that they

must be saved from sin he asked

the question, "What is sin?" A

bright little boy, six years, quick as

thought, replied, "Chewing, smoking,

cursing and tearing your pants."

Nervous, Sleepless and Exhausted.

Not sick enough to lay up, but you

are out of sorts, blood is weak,

nerves unstrung, kidneys deranged,

vitality is low. You should take

Ferrozone at once; it will enrich,

strengthen and purify the blood, in-

crease your energy, vitality and

power. Ferrozone will renew your

appetite and digestion, make you

sleep soundly—in fact will make you

well. Try Ferrozone. Price 50c.

per box, or 6 boxes for \$2.50; at

druggists, or N C Polson & Co, King-

ston, Ontario.

Teacher—Evil communications

corrupt good manners. Now, John-

ny, can you understand what that

means?

Johnny—Yes'm. For instance, pa-

got a communication from ma's

dressmaker this morning that made

him swear.

Recuperative Effect.

Considered with reference to its recu-

perative effect, there is not so much good in

the ordinary vacation as there is in a single

bottle of Hood's Sassafras. The latter

costs \$1; the former—well, that depends;

how much did your cost last year?

Hood's Sassafras refreshes the tired

blood, sharpens the dulled appetite, restores

the lost courage.

Mr. Henpeck proposes that the

marriage service should be altered

so that it will read: "Who dare

take this woman?"

And the bridegroom shall answer:

"I dare."

Ask for Minard's and take no other.

Flippant Cockney (to countryman)

"Are there many fools in this part of

the world, my lad?"

Yokel—"Not as I knows on, sur."

Dyer feel a bit lonesome like?"

Maud—Why did you break your

engagement with Tom Hatchkiss?

Edith—Hush, don't tell anyone,

but he was growing so horribly fat.

When grief has pulled him down a

bit I shall take him on again.

He—You told your mother I was