


Jim Dumps exulted, "We do not, On Summer days so close and hot, Build up a fire and stew and steam! A dish of 'Force,' a bowl of cream, Is just the food to fit our whim, And keeps us cool," laughed "Sunny Jim."



"Force"

The Ready-to-Serve Cereal

not a blood heater.



Ideal Summer Food.
"Force" is an ideal summer food because it contains elements for nourishing every organ of the body, is easily digested, creates what we know is vigor, and at the same time does not make a rivet of fire out of the blood. FERTY G. STANTON."



Dinner Set Free!

BY BUYING FOR CASH AT
NOBLE & TRAFTON'S.
See Sample in their Store Window.
Come in, Examine and Learn Terms.

P. BRADLEY, "LONDON HOUSE."

New Dress Goods

IN ALL THE POPULAR WEAVES FOR 1903.

NEW SUMMER HOSIERY.

Ladies' Cotton and Lisle Lace Open Work Hose; Plain Black Cotton Hose; Silk Embroidered Hose; Black Cotton Hose with White Spots. ALL HERMSDORF DYE, guaranteed fast and stainless.
Misses' and Children's BLACK and COLORED COTTON HOSE; Boys' Ribbed Cotton Hose, in solid black.

New Lace Curtains, Floor Oil Cloths.

P. BRADLEY, - Connell Block, - Main Street.

FOR GOOD HEALTH

To preserve or restore it, there is no better prescription for men, women and children than Ripans Tablets. They are easy to take. They are made of a combination of medicines approved and used by every physician. Ripans Tablets are widely used by all sorts of people—but to the plain, every-day folks they are a veritable friend in need. Ripans Tablets have become their standard family remedy. They are a dependable, honest remedy, with a long and successful record, to cure indigestion, dyspepsia, habitual and stubborn constipation, offensive breath, heartburn, dizziness, palpitation of the heart, sleeplessness, muscular rheumatism, sour stomach, bowel and liver complaints. They strengthen weak stomachs, build up run-down systems, restore pure blood, good appetite and sound natural sleep. Everybody derives constant benefit from a regular use of Ripans Tablets. Your druggist sells them. The five-cent packet is enough for an ordinary occasion. The Family Bottle, 60 cents, contains a supply for a year.

R-I-P-A-N-S

Qm-48

I. O. O. F.
Carleton Lodge No. 41, Woodstock, meets every Thursday evening at 8 p. m.
Officers for present term:
I. W. FISHER, N. G.
CHARLES COMBES, Rec. Sec.
H. D. STEVENS, Fin. Sec.
Visiting brethren are cordially invited to attend.

News from the Country.

Greenville. July 22.

We are sorry to say that Mrs John Carson is very sick.
Mrs Richard Kennedy, our postmistress, has painted her house; it makes a great improvement; the boys did good work for the first time; it looks splendid.

Roderick Neal has the contract to build the woodshed for the school here. It is very much needed.

The Baptists are repairing the parsonage which was much needed.

Claud Merrithew has had his house painted, making a great improvement in looks and durability.

Milton J Green has a cellar in the basement of his barn. It will hold seven or eight hundred barrels. He has also a fine herd of Hereford cattle.

The farmers are waiting patiently, for we are having the right kind of weather for crops to grow and we hope to have good weather to gather the harvest.

We have three mails a week—eight trains daily.

Tracey Mills.

As weather is generally the first subject discussed, the verdict of late has been "Very unpromising hay weather."

The heavy rains raised the streams so there is no difficulty in our mills sawing, grinding, carding, etc. Miller Bros saw mill is kept busy as there is quite a call for barn frames and other building material.

The teachers are home for their vacation. Tracey Mills sends some to Normal nearly every year. Quite a number from this and adjacent places wrote the Entrance Exams this year.

Our teacher, Harry Miller, is quite popular and will wield the rod here next term.

The school house here is being thoroughly renovated inside and out with a new coat of paint. New windows are being put in as well. Our trustees are hustlers and have the interest of the community at heart.

A lawn party at John Palmer's early in August is in anticipation. There will be amusements in the form of archery, sack racing and other sports, also refreshments consisting of ice cream and cake. Proceeds to be used for church and home mission purposes. We think we will be safe in promising a pleasant time to all who attend.

Miss Eva Hovey of Royaltown, who has been a great sufferer for many years, has at last entered into "Rest." Funeral at Tracey Mills, Tuesday, at 2 o'clock p. m.

Miss Maud Milbury of St Louis, Mo, and Miss Florence Minard of North Attleboro, Mass., visited their aunt Mrs James Sloat last week.

The person who lost a lady's storm coat, near Tracey Mills, will receive tidings of it by calling at James Sloat's.

Our pastor Rev E S Parker ministers to us in spiritual things. He has the sympathies of the people in the recent death of his father.

One of our former T. M. boys, Geo. Steeves, who has been absent for 13 years, returned a few days since from Colorado with his wife and child. His friends all extend a hearty welcome.

If this is not consigned to the waste basket we may venture to come again. VERDANT.

Riley Brook.

Times dull at present; the fishing sports are having a recess. The thunder storm of last week has riled it so much that the salmon can pass along unmolested.

The dryness of the month of June was a great set-back to crops and grass; since the rainy period there is a great change.

Mr and Mrs James Dorsey and family, Fort Fairfield, are visiting Mrs Dorsey's parents here for a short vacation of four weeks. Mr Dorsey is busily engaged fishing; salmon has not been very successful as yet.

Mrs R L Vanderbeck continues very low.

Mrs Isaac Gaunce is improving we are glad to say. Earle Gaunce is on his feet again—was able to be out to church on Sabbath.

Samuel Hayden, ten days ago, moved the first barn built here about 40 years ago by William Everitt, formerly of this place. The barn was in good condition, considering its age, and when reshingling will make quite an addition to Mr Hayden's residence.

Bird Ross made a flying trip to his home here from Fort Fairfield, on the 13th, has gone now with 'sports up Trowser's Lake.

Wedding bells will be heard in the near future.

AFTER SHAVING
POND'S EXTRACT



COOLS, COMFORTS AND HEALS THE SKIN. ENLARGES THE PORES. TENDERS THE FACE TO ENJOY A CLOSE SHAVE WITHOUT UNPLEASANT RESULTS. Avoid dangerous, irritating Witch Hazel preparations represented to be "the same as" Pond's Extract, which easily sour and generally contain "wood alcohol," a deadly poison.

George Parish, Haley Brook, has erected a new barn; also Charles Barker of this place.

John Hall is at his second home in this place doing lots of trading. J Griffith spent the Sabbath at the Harmony. ONE INTERESTED.

Perth Parish S. S. Association

The nineteenth annual convention of the Perth Parish Sunday School association of Victoria county met at Rowena. In absence of the president, Mr D Low, vice-president, took the chair.

Opened by singing, 'Nearer my God to Thee,' and prayer by D Low. Secretary's report was read and approved. Three superintendents and four teachers present.

George Gendall, Mrs Curry and Harry Manzer were appointed a nominating committee; finance committee, Ernest E Bloodworth; resolution committee, D Curry and Rev F L McLeod.

Reports from superintendents were next called for. George Gendall reported for Forest Glen Sunday school. Amasa Peoples reported for South Tilley. Harry Manzer reported for Rowena. A written report from Kincardine Sunday school by W S Low, read by F L McLeod, was appreciated very much.

D Low next read a paper on 'What connection is the church to the Sunday school.'

Bros McLeod and Manzer also addressed the convention on Sunday school work; offering taken up; amount 49c; attendance 18.

Closed by singing and benediction by Bro McLeod.

Evening session opened at 8 o'clock, Vice-president D Low in the chair. Praise and prayer service led by Harry Manzer.

Minutes of afternoon session read and approved.

Nominating committee reported as follows: D Low, president; George K Gendall, vice-president; Ernest E Bloodworth, secretary-treasurer; additional members of the executive, Alex Phillips, James Stewart and Amasa Peoples.

F L McLeod addressed the convention by a short Bible reading, with references. Harry Manzer also addressed the convention.

David Low next read a paper on the obligation of the home to the Sunday school.

Rev L A Fenwick, of Bath, next led the convention with open conference on Sunday school, which was helpful.

D Curry, for the committee on resolutions, submitted the following report:—

Resolved—That we the resolution committee of the Perth Parish S S convention, in session at Rowena, July 15, 1903, recommend that owing to the long service of the present field secretary; and

Whereas—There being a desire expressed in several localities for some change, we recommend that there be a change in the above named secretaryship.

D Curry, chairman.
Rev F L McLeod.

Moved and carried that the next annual convention be held in the Baptist church, Forest Glen, the first Wednesday after the 12th July, 1904.

Minutes of the convention read and approved. Offering taken up, 76c; attendance 23; total at all sessions, \$1.25. Closed by singing and prayer by Rev L A Fenwick.

ERNEST E. BLOODWORTH, Secretary.

BABY'S VITALITY.

The vitality of infants and young children is at its lowest point during the hot weather. More children die in summer than at any other season. This is because the little ones suffer more from bowel troubles, are nervous, weak, sleepless and irritable. Prompt action often saves a valuable little life, and troubles of this kind can be promptly met and cured by giving the little ones Baby's Own Tablets, which should be kept in every home ready for emergencies. These Tablets speedily relieve and promptly cure all stomach, bowel and other hot weather ailments, and give sound refreshing sleep. Mrs P. Ferguson, 108 Mansfield street, Montreal, says: "My baby was attacked with dysentery and was hot and feverish. I gave him Baby's Own Tablets and they promptly cured him. Before this he had been rather delicate, but since using the Tablets he has been better and stronger in every way."

These Tablets can be given with an absolute certainty that they will do good to all children from a new born upwards. They contain no opiate or poisonous "soothing" stuff. Sold by medicine dealers or mailed at 25 cents a box by writing direct to Dr Williams' Medicine Co., Brockville, Ont.

FOUR FAMOUS BANDS.

Sousa, La Garde Republicaine, and either Germany's or England's Leading Band to Furnish Some of the World's Fair Music.

St Louis, July 29.—Three of the most famous bands in the world will play prolonged engagements at the World's Fair in St Louis next year. Four hundred and fifty thousand dollars have been appropriated for music.

Sousa's famous band is already under contract to appear four weeks in May, four weeks in August and another four weeks in October. Two other famous bands will be secured for terms of eight weeks each. The noted La Garde Republicaine band of Paris, or some other equally famous band of France, will be one of these, while the remaining band will be selected from the best organizations in either England or Germany.

In Mexico a spirited rivalry between leading bands exists as to which should have the honor of playing at the World's Fair. These bands are engaging in a series of contests and the one that wins the decision of the judges will play a long engagement at St Louis in 1904.

Concerts will be given by these bands in the mornings, afternoons and evenings in stands provided at different points throughout the grounds. All open air music will be of a popular character, performances of a severely classical nature and recitals on musical topics being omitted.

Band contests will be held during the Exposition and prizes aggregating \$30,000 will be given.

Many famous orchestras will be engaged, one of which will be the St Louis Orchestra, a strong body of musicians, most of whose members have played under the leading American and European conductors. Mr Alfred Ernst is conductor of this organization.

Organ recitals will be given by the most distinguished American organists and a celebrated French virtuoso and composer will be heard in a series of recitals. The organ to be used for these performances will be the largest in the world, being built especially as an exhibit for the Exposition. The orchestra and organ concerts will be held in Festival Hall, which is in the centre of the magnificent picture presented by the Cascades.

Choral concerts will be given at intervals and choruses from the principal cities of the country will sing on certain days.

The most talented soloists in the country will be heard at the various orchestra, organ and choral concerts.

Prizes aggregating \$25,000 will be given for a choral contest which will bring many of the finest singers of the country and abroad together in earnest competition.

The indoor concerts will be of a more pretentious character, to gain the approval of serious musicians. In the making up of all programs, however, the very heavy features of music will be eliminated. The majority of the visitors to the Exposition will be in a holiday mood and heavy classical music will not appeal to them. Popular airs, selections from comic and light operas will be the pieces they will probably most enjoy.

The Bureau of Music of the Exposition is composed of George D Markham, of St Louis, chief, in supervising charge; Geo W Stewart, of Boston, manager; and Ernest R Kroeger, of St Louis, master of programs.

A Nocturne of the Shore.

(BY A BANKER).

The shades of evening are fast falling, the incandescence, golden glow, which had suffused the western horizon in a flood of glory, and had gilded the rippling wavelets with sparkling diamonds, and chrysolites, and glittering sapphires, has softly faded away, and has given place to an empurpled, ever deepening twilight, its shadows soon to melt away before the advancing reign of night.

And now the stars of heaven one by one shine forth; first the brightest of them all, soon to be followed by the constellations in all their glory. But to us, far more brilliant than all these mighty suns is Hesperus, the evening star, now shining with all her vivid beauty with a splendour so intense that a thin broken line of light is pencilled on the rippling sea. But not for long; for in the opposite quarter of the watery horizon a pale flood of light is slowly appearing, and soon the upper limb of the almost full-orbed queen of night appears, like a ruddy conflagration far away on the ocean, soon, however, mounting higher and higher; her blood-red hue transmuted into silver, and her glistening translucence, though not overpowering the 'brightest of the stars, yet soon again obliterating all trace of those of minor magnitude. How fortunate for us that we have but one satellite, however beautiful they may be; for had we as many as our neighbours

HEALTHY

A man with a thin head of hair is a marked man. But the big bald spot is not the kind of a mark most men like.

Too many men in their twenties are bald. This is absurd and all unnecessary. Healthy hair shows man's strength. To build up the hair from the roots, to prevent and to cure baldness, use—

Ayer's Hair Vigor

It always restores color to faded or gray hair. Notice that word, "always." And it cures dandruff.

\$1.00 a bottle. All druggists.

"My business calls me out among strangers a great deal. I would actually feel ashamed every time I would take off my hat, my hair was so thin and the bald spots showed so plainly. I began the use of your Hair Vigor less than three months ago. Today I find I have as fine a head of hair as I ever had. I tell everybody what I used, and they say 'it must be a wonderful remedy.'"
Geo. Yeal, Dec. 14, 1902. Chicago, Ill.

We have a book on The Hair and Scalp which we will send free upon request. If you do not obtain all the benefits you expected from the use of the Vigor, write the Doctor about it. Address: Dr. J. C. Ayer, Lowell, Mass.

Jupiter or Saturn, the star-gemmed vault of heaven would scarce ever be seen; perhaps not more than once in a long lifetime; while many even of the planets themselves would be invisible, and astronomy in great measure an unknown science.

And now she has risen high, a broad stream of sparkling silver rippling on the waves, which, as they break with ever varying cadence on the sand, glitter as though formed of molten metal, while the white surf-foam which the night breeze is driving before it has a weird spectral appearance as its tufted wisps drift along by the edge of the receding surge. Aye, and this sea-shade of the night thrills through and through with its beauty and its soft harmony. The genial air is delicately perfumed with the delicious aroma of the sea; the melodious rhythm of the ever tuneful music of the waves, accompanied at times by a sonorous boom as the ground swell heavily strikes the rocks of a jutting promontory hard by, the placid, tranquil lustre of the moon, and the flood of silvery light which glints and dances upon the ever restless ocean, all combine to produce a glow of fervid ecstasy and rapt fascination.

How grateful we should be to the Creator for making the earth so beautiful, and for giving us the capacity to appreciate all its sublime adornments. But it was fit that the one orb in the wide universe of God where the Redeemer was to make explanation for sin should be one of His masterpieces. But to those who avail themselves of that expiation are reserved far greater glories and far greater enchantments than any which this earth affords.

The late King Alexander and Queen Draga of Servia left debts there amounting to 400,000 francs (\$80,000).

BOWELS,
Digestive Organs
Regulated and rendered healthy and active by an occasional dose of

McGALE'S BUTTERNUT PILLS

For Sick headache, Bilious attacks, Constipation; Pain and Disordered Stomachs they have no equal.

FOR SALE EVERYWHERE, 25c PER BOX, OR BY MAIL ON RECEIPT OF PRICE.

STANTON'S PAIN RELIEF,
AN INTERNAL AND EXTERNAL REMEDY.
Cures Rheumatism, Cuts, Sprains, Neuralgia, etc.
FOR SALE EVERYWHERE. PRICE 5c PER BOTTLE.
Sole proprietors, THE WINGATE CHEMICAL CO. LIMITED, Montreal, Canada.