

WOMAN'S DANGERS

The Lives of All Women Beset by Secret Troubles.

A SIMPLE AND CERTAIN METHOD BY WHICH THE ILLS OF GIRLHOOD AND WOMANHOOD MAY BE OVERCOME.

Every woman's health depends upon her blood—its richness and its regularity. Sometimes it is hard to believe that nearly all common diseases spring from the blood no matter how different they may seem. It is hard, for instance, to realize that rheumatism and indigestion are both the cause of bad blood, and both cured by good blood. But there can be no doubt in the case of the secret troubles of a woman's life, from fifteen to fifty. The blood is plainly the cause of all her irregularities in health. Then comes the signs of secret illness, the headaches, backaches and sideaches; the pale cheeks and dull eyes; the failing appetite and irritable nerves; the hysteria and biliousness; the weakness and languor; the distress and despondency and all the weary, wretched feelings that attack women in their times of ill-health. And the blood is to blame for it all. When the blood is rich and red and regular, there is little trouble in the life of a woman or mother. That is why Dr. Williams' Pink Pills for Pale People are worth their weight in gold to every woman. They actually make new blood. Every dose sends gushing through the veins pure, strong, rich red blood that strikes at the cause of the secret ill-health. The new blood restores regularity and braces all the special organs for their special tasks. In this way Dr. Williams' Pink Pills banish the backaches and headaches, sharpen the appetite and the energies, soothe the nerves and bring back the rosy glow of health to faded cheeks. This is the special mission of Dr. Williams' Pink Pills and there is no other medicine in the world can do so successfully. Mrs. Geo. Danby, of Tibury, Ont., has proved the truth of these statements and says so for the benefit her experience may bring to other suffering women. Mrs. Danby says: "I think Dr. Williams' Pink Pills a blessing to suffering women. For a long time I was a great sufferer from the ailments that afflict so many of my sex. I was extremely nervous at all times, suffered a great deal with headaches and indigestion. In fact I was in a miserable condition when I began the use of Dr. Williams' Pink Pills, but after taking them a short time I began to improve, and through their further use I am altogether like a new woman. I am sure if more women would take Dr. Williams' Pink Pills they would be convinced of the great good they can do."

What Dr. Williams' Pink Pills have done for Mrs. Danby they can do for every growing girl and ailing woman in Canada, if they are given a fair and reasonable use. But you make sure you get the genuine pills with the full name "Dr. Williams' Pink Pills for Pale People" on the wrapper around every box. To be had from dealers in medicine or by mail at 50 cents a box or six boxes for \$2.50 by writing the Dr. Williams' Medicine Co., Brockville, Ont.

The strength of the regular forces of Russia may be reckoned at 3,910,000 trained men, while all the effective at the disposal of the military authorities total 5,310,000.

You Take No Chances.

All druggists guarantee every bottle of Chamberlain's Cough Remedy and will refund the money to anyone who is not satisfied after using two thirds of the contents. This is the best remedy in the world for a gripe, coughs, colds, croup and whooping cough and is pleasant and safe to take. It prevents any tendency of a cold to result in pneumonia.

Rev O. B. Pitblado, pastor of Westminster Presbyterian Church, Winnipeg, has resigned owing to ill-health.

In the week ending Feb 10th St John, N.B. far surpassed New York in her eastward movement of wheat.

The recent report that Canada is to garrison Halifax and Esquimaux is ridiculed at Ottawa.

NO NEED TO SUFFER.

Torture of Rheumatism Relieved in Six Hours Cured

In One to Three Days.

The acid poison that invades the joints in Rheumatism can be reached only through the blood. South American Rheumatic Cure neutralizes the acids, dissolves and washes out all foreign substances and sends a current of rich, red blood to the affected parts, bestowing instant relief from the torturing pains. Read what C. M. Mayhew, of Thomasville, Ont., has to say: "My joints were so badly swollen with Rheumatism that I could hardly walk, or even feed myself. I have tried various other remedies, but they did me no good, and I almost despaired of getting cured. A friend advised me to try the South American Rheumatic Cure, and after using only three bottles I was entirely cured, and have never had a return of the agonizing symptoms."

Pain in Your Kidneys? South American Kidney Cure purges the kidneys of every impurity, and restores them to health—speedily and perfectly.

Brief Presentation of the Royal Arcanum.

WHAT IT IS.

A Fraternal Beneficiary Association, incorporated Nov. 5, 1877, under Massachusetts laws.

A Royal Brotherhood, with the true fraternal spirit, with a membership second to none in its personnel.

A membership of.....285,039 Subordinate Councils.....2,110 Grand Councils.....29 Operates in 43 States, Territories and Canadian Provinces.

Its Councils are composed of the best men in every community where they are established.

Moral character is the first requirement for membership.

Sound physical condition is assured by a rigid medical examination.

No political or sectarian tests are applied to applicants or allowed in its business.

Issues Benefit Certificates for one and three thousand dollars death benefits.

A protection for the home at the lowest possible cost.

WHAT IT HAS DONE.

Began business June 23, 1877, with nine members.

Paid its first death benefit in full in 1878, with fifteen hundred members.

Has grown to 285,039 members. Has collected \$85,625,479 1/2.

Has paid \$3,013,634.55 to the beneficiaries of 29,000 deceased members.

Its Councils pay from their private funds about \$75,000 a year in relief for sick and distressed members.

Has accumulated an Emergency Fund of \$2,023,717.91 since Aug. 1, 1898.

Has paid every just claim in full.

Has conducted its immense financial operations with the least possible expense.

For further particulars apply to T. C. L. Ketchum, sec. Woodstock Council, No. 525.

STORIES THAT I HEAR.

A man and woman went into a large department store to purchase a sideboard. The woman did all the talking and turned to the man for confirmation. "Well," said the woman, "we're willing to pay \$50 for this sideboard, ain't we, Jack?"

"And we'll pay it now, won't we, Jack?"

"And we'll have our own teamster bring it home, won't we, Jack?"

"What address shall I put on it?" inquired the salesman. "You are man and wife, of course?"

"Man and wife," repeated the woman sharply. "Indeed we're not, are we, Jack?"

"No, my dear."

"What! not man and wife?" said the salesman.

"Not exactly," she retorted. "I'll have you to know that in this instance we are wife and man. That's so, isn't it Jack?"

And Jack meekly acquiesced.

A friend told me this morning a little story of a sweet old Quakeress who gave a gentle rebuke to one of her grandchildren, a boy of eight:

"Tisn't only in school I can remember things, grandpa," he said; "it is everywhere. I remember dates and names and people and signs and places and things. And in Sunday school, I always know the whole lesson by heart."

"That's an excellent thing, dear child," said the old lady, mildly.

"Did you ever happen to learn the second verse of the 27th chapter of Proverbs?"

"No, grandpa, I haven't learned any proverbs yet, but I'll learn it to-night."

"That night as he read 'Let another man praise thee, and not thine own mouth; a stranger, and not thine own lips,' he had burning cheeks."

Last summer a young fellow who had just graduated from an agricultural college and found a position as assistant horticulturist in a southern experiment station, wrote the following letter to his friend and mentor in New York:

"Dear H—, in an ungarded moment I promised to act as judge at the forthcoming ladies' flower show. You have had lots of experience. Won't you tell me some book where I can find out all about it, or, better still, tell me what to do?"

Here is the reply of the hard-headed gardener to whom K— wrote:

"Dear K—, think quick, look wise, say nothing, and get out of town as fast as you can. H—"

THE STORY-TELLER.

Antipathies of Great Men.

It is a natural human trait to desire kinship with great minds, and partly for this reason the world loves to hear of the little weaknesses, inconsistencies, and illogical prejudices of its intellectual giants.

The following then, a carefully compiled and, so far as the writer knows, absolutely authentic list of the anti-

An Ancient Foe

To health and happiness is Scrofula—as ugly as ever since time immemorial.

It causes bunces in the neck, disfigures the skin, inflames the mucous membrane, wastes the muscles, weakens the bones, reduces the power of resistance to disease and the capacity for recovery, and develops into consumption.

"Two of my children had scrofula sores which kept growing deeper and kept them from going to school for three months. Ointments and medicines did no good until I began giving them Hood's Sarsaparilla. This medicine caused the sores to heal, and the children have shown no signs of scrofula since." J. W. McGinn, Woodstock, Ont.

Hood's Sarsaparilla

will rid you of it, radically and permanently, as it has rid thousands.

paths of certain past-masters may prove of general interest.

Shakespeare, it seems, disliked a forced abstinence from victuals.

Lord Ochesterfield hated to have the chair upon which he was just sitting down withdrawn from under him.

The Iron Duke (and it may be remarked in passing Lord Roberts of our own day has a similar aversion) would grow quite uneasy if shut up in the same room with a mad dog.

Schiller would never, if he could avoid it, write with a broken nib.

Carlyle never liked being alluded to as a "blithering idiot."

Keats would go out of his way to avoid a lunatic with a knife.

Faraday, the great chemist, disliked the sensation of nitric acid on his hands.

Macready had a great disrelish for either the flavoring or perfume of bad eggs.

Mendelssohn did not like the sound of a finger-nail being drawn across a slate. A thumb-nail caused him similar disquiet.

Disraeli would walk about or stand rather than sit upon a freshly-painted bench.—Punch.

When the Lamp of Life Burns Low

the strain on all the delicate organs of the body is very great. The stomach and bowels are weaker—the liver more sluggish. Constipation paves the way for dreaded kidney and liver diseases.

Abbey's Effervescent Salt

Nature's own aperient, is extracted from the pure juices of fresh fruit. It is not a purgative but a gently effectual and insistent laxative. It relieves the system of all impurities and acts upon the most sensitive organs without discomfort. Abbey's cleanses and purifies the blood, regulates the bowels and brings sound refreshing sleep. It cures constipation by removing the cause, and brings the entire system back to healthful vigor. Directions on the bottle. At all druggists 25c. and 60c.

About 25 of the 59 theatres of this city have been served with notice of the requirements for changes in their construction and operation.

Reserve Force.

The healthy body has a certain amount of strength reserved in case of emergency, attack by disease or unusual physical exhaustion, without this power of resistance a person is an easy prey to every ill that comes along. By enriching the blood and creating new nerve cells, Dr. Chase's Nerve Food keeps the health at high water mark and fills the body with the vigor and vitality that overcomes and defies disease.

A Texas jury has sentenced a negro to 1,000 years in prison for an attempted assault. He can have 200 years taken off for good behavior, however.

Nova Scotia has a population of about 500,000 and shows a school attendance of 93,788 pupils.

Youngstown, Ohio, concern proposes to establish a china factory in London, Ont.

The C.P.R. it is announced, has a surplus of \$2,751,793 for the first half of the year.

This Boy was Weak and Languid

His parents became alarmed and used Dr. Chase's Nerve Food with splendid results.

Mrs. GEORGE F. BRISBEN, Lake Street, Peterboro', Ont., states:—"One of my children, a boy of about fifteen years, did not have good health for a year or more. He seemed to have no energy, was weak and languid and suffered from nervousness. The doctors said that he was growing too fast, but we became alarmed about him, and began using Dr. Chase's Nerve Food. It was not long until we noticed a great change in his condition. His appetite improved, he had a better color and a son became stronger and healthier. He is still using the Nerve Food, and I am perfectly confident that he is improving right along under this treatment."

Dr. Chase's Nerve Food, the great blood builder and nerve restorative, 50 cents a box, at all dealers, or Edmondson, Bates and Co., Toronto. To protect you against imitations the portrait and signature of Dr. A. W. Chase, the famous recent book author, are on every box of his remedy.

Good rains have fallen in districts in South Africa where there had been almost continuous drought for two years.

There are now forty-nine public libraries in Japan.

Tom Mann, the labour leader, has taken to farming in Australia.

Every Japanese, be he noble or plebeian, must now serve his term in the army.

Madame Albani has arranged to take a concert party this spring to South Africa.

The city of Winnipeg received \$14,363.96 as the proceeds of the 5 per cent. tax on street railway earnings last year.

The Dominion Government is sending large supplies of tents to different centres in the North-West, with other conveniences, to meet the demands of expected immigrants this spring.

General News Items.

Minard's Liniment Cures Dandruff.

O. M. Sherwood, Centreville, has an energetic crew of six men and a pair of horses graving the mill dam. They deposit from sixty to eighty tons of gravel per day, besides placing a heavy coat of fir brush on which the gravel is to rest. The new wheat miller, William Maunders from Ontario, has put the mill in excellent condition, and the work turned out is said to be entirely satisfactory.

Minard's Liniment Cures Burns, etc.

"Better out than in"—that humor that you notice. To be sure it's out and all out, take Hood's Sarsaparilla.

The Woodstock Woodworking Co., Green street, corner Elm, have commenced operations again, and are prepared to execute all orders in their line with promptitude and dispatch.

The scratch of a pin may cause the loss of a limb or even death when blood poisoning results from the injury. All danger of this may be avoided, however, by promptly applying Chamberlain's Pain Balm. It is an antiseptic and unequalled as a quick healing liniment for cuts, bruises and burns. For sale by all druggists.

Notice.

I can quickly sell for cash, without local publicity, your business Real Estate or Partnership, no matter where located. Send full particulars, prices, &c.

Address: CHAS. E. POWELL, 19 W. Mohawk street, Buffalo, N. Y.

8-tf.

Millville Items.

We find Kendrick's Liniment gives excellent satisfaction, and our sales constantly increasing.

WM. COUTSHARD.

Millville, N. B.

The police telephone system to enable patrolmen on posts to communicate quickly with police stations is now in operation in five precincts in Manhattan.

From up the Tobique.

We find Kendrick's Liniment gives excellent satisfaction, and our sales constantly increasing.

The Cause of Piles

Is invariably constipation which is quickly remedied by Dr. Hamilton's Pills of Mandrake and Butternut. Sure relief, and no gripping pains. For a remedy that never fails use Dr. Hamilton's Pills. Price 25c.

The successor of Dr. Greer, as rector of St. Bartholomew's Episcopal Church, this city, was announced on Monday to be the Rev. Dr. Leighton Parks of Boston.

Is Your Doctor Bill Large?

Best way to keep it small is not to call the doctor, but use Nerviline instead. For minor ailments like colds, coughs, chills, cramps, headache and stomach trouble Nerviline is just as good as any doctor. It breaks up a cold in just one night, cures soreness in the chest, and for neuralgia, toothache and rheumatism you can't get anything half so good as Nerviline. The fame of Nerviline for cramps, colic, and pain in the stomach extends far and wide. Good for everything a liniment can be good for and costs but 25c. for a large bottle.

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Don't Neglect A Cough

Many a case of chronic Bronchitis, Pneumonia and even dreaded Consumption itself, may be traced directly to "only a cough." When the first cold comes, start in on

GRAY'S SYRUP OF RED SPRUCE GUM

IT CURES COUGHS—beats the inflamed surfaces—strengthens weak throats—puts the lungs in the strongest possible condition to resist the trying effects of a Canadian winter.

25c. bottle

WANTED!

1,000 CORDS of FIELD STONE

To be delivered on the banks of the Meduxnakik River, near the mouth of MARVIN BROOK, during the present winter.

Contracts will be made at once for any portion or portions of the above amount.

J. A. HAYDEN,

President Woodstock Electric Ry, Light and Power Co
February 5, 1904.—5.

YOUR BOY'S OUTFIT FOR \$6.00 AND A WATCH FREE.

THE OUTFIT IS MADE UP AS FOLLOWS:

Single-breasted All-wool TWEED SUIT, - - - \$4.00
Dark Check Pattern, - - - 80
Extra Pair Knee Trousers, - - - 35
Cloth Cap, - - - 25
One pair Heavy All-wool Stockings, - - - 25
Pair Suspenders, - - - 25
Necktie, - - - 25

Total, \$6.00

Cut this advt. out, send it to us—giving name of the paper in which you saw it—and enclose \$6.00, and we will send you by express this boy's outfit, any size from 9 to 17 years, and A WATCH FREE.

After you receive it, if you and your friends do not say it is The Best Boy's Outfit you ever saw for the money, or if it is not as good as you can get from your local dealer or elsewhere for \$3.00, or if it does not please you in any way, you can return it to us at our expense and we will immediately return your money.

We make this extremely low bargain price merely as an advertisement of our Boy's Clothing Department, for we know if we get your order for this that we will not only secure your business, but that of your friends and neighbors as well.

A Watch Free will also be sent as a present to the boy—a splendid Ingersoll Yankee Watch, in perfect running order and a first-class time-keeper, free of charge, and guaranteed by the maker for one year.

Send \$6.00 at once—to-day—and secure this great bargain.

Greater Oak Hall,

King Street, corner Germania, ST. JOHN, N.B.

SCOVIL BROS. & Co.

INTERCOLONIAL RAILWAY

ON and after SUNDAY, OCT. 11th, 1903, Trains will run daily (Sunday excepted) as follows:

Trains Leave St. John.

No. 1—Mixed for Moncton, 6.30
No. 2—Express for Halifax, Sydney, N. S., and Campbellton, 7.00
No. 2B—Express for Point du Chene, 7.15
No. 4—Express for Moncton and Point du Chene, 12.15

Trains Arrive at St. John.

No. 1—Express from Halifax & Sydney, 6.30
No. 7—Express from Sussex, 9.10
No. 12—Express from Montreal & Quebec, 12.50
No. 5—Mixed from Moncton, 15.20
No. 3—From Point du Chene and Moncton, 16.50

No. 25—Express from Halifax and Point du Chene, 17.40
No. 1—Express from Halifax, 18.40
No. 8—Express from Moncton, Sunday only, 18.35

All trains run by Atlantic Standard Time. 25.00 o'clock is midnight.

D. POTTINGER, General Manager, Moncton, N. B., Oct. 9th, 1903

City Ticket Office, 7 King Street, St. John, N. B.

GEO. CARVELL, C. T. A.

Jewelry!

You will find a large stock of Fine Gold Jewelry, in Chains, Lockets, Pendants, Brooches, Links, Studs, Rings, etc., at

41 King Street, - St. John.

FERGUSON & PAGE.

NOTICE.

The General Annual Meeting of the Carleton Woodstock Co. Ltd. will be held at the office of the Company, Town of Woodstock, Tuesday the ninth (9th) day of February next at three o'clock in the afternoon, for the election of officers, and for such other business as may properly come before the meeting.

ANDREW MYLES, Secy-Treas.

Woodstock, Jan. 22nd, 1904.—4-1.

PURE PARCHMENT

In 1 lb. Sizes, \$7.00 per Ream.

At the Sentinel Office

36 YEARS OLD

And not doing growing yet. Last year was our banner year, the best of the 36