

## WORKING WOMEN

Their Hard Struggle Made Easier—Interesting Statements by a Young Lady in Quebec and One in Beauport, Que.



All women work; some in their homes, some in church, and some in the whirl of society. And in stores, mills and shops tens of thousands are on the never-ceasing treadmill, earning their daily bread.

All are subject to the same physical laws; all suffer alike from the same physical disturbance, and the nature of their duties, in many cases, quickly drifts them into the horrors of all kinds of female complaints, ovarian troubles, ulceration, falling and displacements of the womb, leucorrhoea, or perhaps irregularity or suppression of "monthly periods," causing backache, nervousness, irritability and lassitude.

Women who stand on their feet all day are more susceptible to these troubles than others.

They especially require an invigorating, sustaining medicine which will strengthen the female organism and enable them to bear easily the fatigues of the day, to sleep well at night, and to rise refreshed and cheerful.

How distressing to see a woman struggling to earn a livelihood or perform her household duties when her back and head are aching, she is so tired she can hardly drag about or stand up, and every movement causes pain, the origin of which is due to some derangement of the female organism.

Mlle. Alma Robitaille of 78 rue St. Francois, Quebec, Que., writes:

Dear Mrs. Pinkham:—  
"Overwork and long hours at the office, together with a neglected cold, brought on a Lydia E. Pinkham's Vegetable Compound Succeeds Where Others Fail."

**GASOLINE ENGINES.**  
FARM, FACTORY AND BOAT.  
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**FEWER BROS.**  
WOODSTOCK, N. B.  
Plumbers, Steam and Gas Fitters, &c.  
All kinds of work in the Plumbing line executed at short notice.  
We have taken the agency for the Ontario Wind Mill and Gasoline Engines. These machines are of special importance to Farmers and others who desire sufficient power at a low cost for the running of churning, sawing machines, threshing machines, all kinds of grinding and numerous other uses of every day occurrence. Any person interested would do well to call or write for prices and all further particulars. We can guarantee satisfaction.

**FEWER BROS.,**  
Connell Street, Woodstock.

### Notice of Sale

To the Heirs, Executor or Administrator of Howard D. Shaw late of Woodstock in the County of Carleton, deceased, and also to Donald McKendrick of the same place, Railway Conductor, and Jane F. his wife, and all others whom it may in anywise concern:

NOTICE is hereby given that under and by virtue of a Power of Sale contained in certain Indenture of Mortgage bearing date Twenty-Sixth day of January in the year of our Lord One Thousand Eight Hundred and Eighty Seven, and recorded in the Carleton County Records in Book II, Number three on pages 127, 128, 129 and 130, and made between the said Howard D. Shaw, formerly of the Town of Woodstock in the County of Carleton, deceased, and Donald McKendrick of the same place and Jane F. his wife of the one part, and John Fisher and William Fisher, both of the said Town of Woodstock, Foundrymen, Executors of the last Will and Testament of John Fisher, deceased, of the other part, there will be sold for the purpose of satisfying the money secured thereby, default having been made in the payment thereof, at Public Auction in front of the Law Office of Frank B. Carvell in the Town of Woodstock in the said County of Carleton and Province of New Brunswick on Tuesday the tenth day of October next at the hour of ten of the clock in the forenoon, the lands and premises described in the said Indenture of Mortgage, as follows:—

"All that piece or parcel of land situate and lying in the Town of Woodstock aforesaid and described as follows, that is to say, commencing at the North Western angle of a lot of land leased by Frederick and Judith Morehouse to Elizabeth McNeal, thence running North fifty two degrees West to the North Eastern angle of a lot of land leased by the said Frederick and Judith Morehouse to David B. Wortman six and a half rods; thence South thirty two degrees West along the Eastern boundary line of said David B. Wortman to Water Street; thence Easterly along Water Street to the South Western angle of the said lot leased to the said Elizabeth McNeal; thence North thirty two degrees East along the Western boundary line of the said lot leased to the said Elizabeth McNeal, containing by admeasurement half an acre more or less being the same lot of land and premises lying between Connell and Water Streets occupied by the late Robert A. Hay during his lifetime as a home site."

Together with all and singular the buildings and improvements thereon and the appurtenances thereto belonging or in any way appertaining.

Witness my hand this Fourth day of September A. D. 1905.

CHARLES R. SHAW,  
Assignee of Mortgage.

F. B. CARVELL,  
Solicitor.

### Farewell to Carleton Co. Grl.

A most impressive service was that of Monday night in St. John's Presbyterian church, when Miss Janie M. Kinney, B. A., of Florenceville, N. B., and Miss Connel of Alliston, Ont., were bade farewell before leaving for the mission field of northern Formosa to establish and conduct a school for native girls. They are sent out by the foreign missionary committee of the Presbyterian church. Both are graduates of the Edwath Missionary Training Home. Rev. Dr. MacLaren, Rev. Dr. Kilpatrick, Rev. Dr. Tavish, Rev. Alfred Gaudier and Rev. Dr. P. MacKay delivered addresses at Monday night's service. Mrs. A. R. Gregory, president of the Toronto Presbyterian of the Women's Foreign Missionary Society, assured the future missionaries of the abiding thoughts and prayers of all women of the church and presented them both with Bibles from the society.

Rev. Dr. Kilpatrick reminded the recipients of this earnest farewell that it was indeed the most solemn season of their lives. Called to the dark world of heathendom, their past would hereafter be a void, but he was confident that both would have abundant cause for thanksgiving and few regrets for their self-imposed vows. To the departing heartiest congratulations were proffered with no note of lament—congratulations that they had made the very best investment of their well-trained talents. The demand for varied powers on the foreign field was unique, also the opportunity for all the thousand exaltations of a great, noble and joyful life.

Of all the trials they must face their separations from home would be most unutterable. The disappointments, the long waiting, the absence of all soul nourishment, apart from their own prayers for grace, would all test their mettle. Dr. Kilpatrick urged the meeting to make a sacred promise to keep the two consecrated ladies in their sincerest prayers.

Rev. Dr. MacLaren, who conducted the meeting, spoke of the church's former work in Formosa, and the abiding inspiration of the late Rev. Dr. MacKay. He assured the young missionaries that their work would instill in them even greater zeal than they thought themselves possessed of.—Toronto Globe.

**KEEP CHILDREN WELL.**  
Your little one may be well and happy to-day, but would you know what to do if it awoke to-night with the cough, or went into convulsions or spasms to-morrow? The doctor may come too late. Have you a reliable remedy at hand? Baby's Own Tablets break up colds, prevent croup, reduce fever, check diarrhoea, cure constipation and stomach troubles, help the obstinate little teeth to come painlessly, and give sound, healthful sleep. And they contain not one particle of opiate or poisonous "soothing stuff"—this is guaranteed. They are equally good for the new-born infant or the well-grown child. Mrs. Susan E. MacKenzie, Burk's Corners, Que., writes: "Before I began using Baby's Own Tablets, my little one was weak and delicate, since then she has had splendid health and is growing nicely. I find nothing so good as the Tablets when any of my children are ill." Sold by all druggists, or by mail at 25 cents a box by writing The Dr. Williams Medicine Co., Brockville, Ont.

**Did You Ever Wonder—**

Why a baby carriage isn't known as a crycycle?

Why it is so much easier to be wrong than it is to be president?

Why some people manage to talk a great deal without saying anything?

Why so many of our coming men seem to be handicapped from the start?

Why the company that issues the map has the only curvilinear railroad thereon?

Why the average man invariably makes a fool of himself every time he tries to act up?

Why men are nearly always embarrassed when they propose—either financially or otherwise?

Why so many men who are anxious to work when sick are just as anxious to avoid it when well?

Why some men are not as black as they are painted and some are not as white as they are whitewashed?

—Cincinnati Enquirer.

**Extracting a Splinter.**

When a splinter has been driven into the hand it can be extracted by steam. Fill a wide mouth bottle nearly full of hot water, place the injured part over the mouth and press it slightly. The action thus produced will draw the flesh down, and in a minute or two the steam will extract the splinter, also the inflammation. Try it and be convinced.

Several inches of snow fell in Colorado on Monday, 18th. The snowfall was preceded by a high wind that blew down several buildings, including a large ice house.

### Canada's Foreign Trade.

Ottawa, Sept. 25.—Canada's total foreign trade during the fiscal year up to June 30, 1905, totaled \$470,151,289, with a decrease of \$2,581,746 compared with the previous year. The import trade reached \$266,834,417, an increase of \$7,622,614, and the export trade \$203,316,872, a decrease of \$7,559,493 in domestic products only, and of more than ten millions in foreign and domestic products together. The imports consisted of \$187,164,976 in dutiable goods, an increase of \$1,056,822 and \$109,869,442 in free goods, an increase of \$8,566,091.

### North Pole Sacrifices.

Myriads of human lives have been sacrificed in a vain effort to accomplish something which others have failed in doing. The north pole especially claims its sacrifices. It is said that more than 4,000 lives, 200 ships and \$100,000,000 have been expended at various times in efforts to reach the North Pole. On this computation, should the goal ever be achieved, every acre of ground in the whole Arctic region will have been bought and paid for at better than market rates.—Moncton Transcript.

Subscribe for the SENTINEL.

**Piles**

To prove to you that Dr. Chase's Ointment is a certain and absolute cure for each and every form of itching, bleeding and protruding piles, the manufacturers have guaranteed it. See testimonials in the daily press and ask your neighbor what their friends say. You can use it and get your money back if not cured. See a box at all dealers or EDMANSON, BATES & CO., Toronto.

**Dr. Chase's Ointment**

**The Canadian North-West.**

**HOMESTEAD REGULATIONS.**

Any even numbered section of Dominion Lands in Manitoba or the North-west Territories, excepting 8 and 26, which has not been homesteaded, or reserved to provide wood lots for settlers, or for other purposes, may be homesteaded upon by any person who is the sole head of a family, or any male over 18 years of age, to the extent of one-quarter section of 160 acres, more or less.

**ENTRY.**

Entry may be made personally at the local land office for the District in which the land to be taken is situated, or if the homesteader desires he may, on application to the Minister of the Interior, Ottawa, the Commissioner of Immigration, Winnipeg, or the Local Agent for the District in which the land is situated, receive authority for some to make entry for him. A fee of \$10 is charged for a homestead entry.

**HOMESTEAD DUTIES.**

A settler who has been granted an entry for a homestead is required by the provisions of the Dominion Lands Act, and the amendments thereto, to perform the conditions connected therewith, under one of the following plans:—

(1) At least six months' residence upon and cultivation of the land in each year during the term of three years. It is the practice of the Department to require a settler to bring 15 acres under cultivation, or if he prefers he may substitute stock; and 20 head of cattle, to be actually his own property, with buildings for their accommodation, will be accepted instead of the cultivation.

(2) If the father (or mother, if the father is deceased), of any person who is eligible to make a homestead entry under the provisions of this Act, resided upon a farm in the vicinity of the land entered for by such person as a homestead, the requirements of this Act as to residence prior to obtaining patent may be satisfied by such person residing with the father or mother.

(3) If a settler was entitled to and has obtained entry for a second homestead, the requirements of this Act as to residence prior to obtaining patent may be satisfied by residence upon the first homestead, if the second homestead is in the vicinity of the first homestead.

(4) If the settler has permanent residence upon farming land owned by him in the vicinity of his homestead, the requirements of this Act as to residence may be satisfied by residence upon the said land. The term "vicinity" used above is meant to indicate the same township, or an adjoining or cornering township.

A settler who avails himself of the provisions of Clauses (2), (3) or (4) must cultivate 30 acres of his homestead, or substitute 20 head of stock, with buildings for their accommodation, and have besides 80 acres substantially fenced.

The privilege of a second entry is restricted by law to those settlers only who completed the duties upon their first homesteads to entitle them to patent on or before the 2nd June, 1889.

Every homesteader who fails to comply with the requirements of the homestead law is liable to have his entry cancelled, and the land may be again thrown open for entry.

**APPLICATION FOR PATENT.**

Should be made at the end of three years, before the Local Agent, Sub-Agent or the Homestead Inspector. Before making application for patent, the settler must give six months' notice in writing to the Commissioner of Dominion Lands at Ottawa of his intention to do so.

**INFORMATION.**

Newly arrived immigrants will receive, at the Immigration Office in Winnipeg, or at any Dominion Lands Office in Manitoba or the North-west Territories, information as to the lands that are open for entry, and from the officers in charge free of expense, advice and assistance in securing lands to suit them. Full information respecting the land, timber, coal and mineral laws, as well as respecting Dominion Lands in the Railway Belt in British Columbia, may be obtained upon application to the Secretary of the Department of the Interior, Ottawa; the Commissioner of Immigration, Winnipeg; Manitoba; or to any of the Dominion Lands Agents in Manitoba or the North-west Territories.

W. W. CORY,  
Deputy Minister of the Interior.

N. B.—In addition to Free Grant Lands, to which the Regulations above stated refer, thousands of acres of most desirable lands are available for lease or purchase from Railroad and other corporations and private firms in Western Canada.—Globe.

## "Coughs and Colds"

Colds are the most dangerous of all forms of disease. A neglected cold leads to Bronchitis, Consumption, Pneumonia. "Coughs" are the result of irritated bronchial tubes. "PSYCHINE" cures coughs by removing the irritating particles and healing the inflamed membrane. It is a germicide and destroys the tubercle germ. It is a tonic that strengthens the lungs, the liver, and tones up the system. It makes for better health in all conditions of humanity. Get strong and the cough will disappear. "PSYCHINE" makes weak people strong. It cures coughs of the most obdurate kind and breaks up a cold in a few hours.

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Write or call before purchasing elsewhere.

**Woodstock Carriage Co., Ltd.**

**WAGGONS.**

**Clearing Out Sale at Reduced Prices.**

We have One Cushion Tyre Bike Wagon and One American Cornish Cushion tyre, all got up in the very best shape. Road Waggons and Carriages, Expresses in 3 different sizes. Second-Hand Waggons at great Bargains. We want to close out our Waggons, as we are now working on Pungs.

We Have Extra Choice Goods.

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