

It's the Kidneys

Close the sewers of a city and an epidemic rages. The kidneys are the sewers of the body. Let these vital organs become diseased and the whole system is affected, dizziness, headache, dull, listless feeling, shooting pains in the back, tell that the kidneys are in trouble, and a

neglect of nature's warning means uric acid poisoning and dreaded Bright's disease.

GIN PILLS

make kidneys healthy. They instantly relieve all kidney troubles—clear, heal, purify, strengthen—put the kidneys in perfect condition to perform their work as nature intends. We have such implicit confidence in the virtues of Gin Pills that we authorize druggists to refund the money if they fail to cure. See a box, 6 boxes for \$1.50. Sample box free—mention this paper.

THE SOLE DRUG CO., WINNIPEG, MAN.

The Workingman



Having set the seal of his approval on the Bicycle, stamps it as an article of common sense and practical utility.

He knows that it places distant points at the turn of a pleasant spin.

That it soon pays for itself in saved car fares.

That it gives him fresh air and healthful exercise while going to and from his duties.

That it enables him to live in the outskirts and still be within a few minutes of his work.

That the

"SILVER RIBBON MASSEY"

Has no superior anywhere.

That he can procure it in either the famous CUSHION FRAME or ordinary style models.

Model 54, Cushion Frame, - \$60 00

Model 56, Ordinary " - 50 00

Model 58, Imperial " - 40 00

MADE AND GUARANTEED BY

CANADA CYCLE & MOTOR CO., Limited,

"Makers of the World's Best Bicycles,"

Toronto Junction.

Local Representative, ALEX. S. BENN.

Sunshine from the South.

Forsyth, Ga., May 8th, 1906.

To the Editor of Carleton Sentinel:—

It has been some time since I wrote you, but I have read every number with interest. I am home again after an absence of two months building an eight room dwelling for my son at Adrian, Ga. A town noted for its big sawmill and its sandy soil, wiregrass and turpentine stills. This latter is quite a profitable industry in the wiregrass and yellow pine country, but it is getting less year by year as the timber is cut and the country cleared up and put into agriculture industry, producing well of cotton, corn, sugar cane, oats, rye, sweet potatoes, and a few Texas leas, and a few Georgia too but they do not like the blue nose blood so I had rest. The first building put up here was a sawmill and planer, built by Capt T J James a man of wonderful energy, push and muscle. He practically built the town; he also built fifty miles of R R over which he brings logs or the whole trees, these are from sixty to ninety feet in length and sawed at desired lengths by a power saw at the mill and over this road he ships his lumber. This town has two banks, several large stores, two millinery houses, two barber shops, one turpentine still, water works, electric lights, two churches, a large school, two planer mills lath and shingle machine, a large dry kiln, and only two doctors. But how these lumber men go for the pockets of the home builder. Brick or cement houses will soon be the cheaper here.

While at Adrian I received several souvenir postal cards one from my cousin Edward Snow or as we used to know him as Ned Snow. When we were boys we went to school together, snowballed and skated together many a time. His wife also sent a beautiful card she was Grisilla Davis before she loved cousin Ned, and was the daughter of George Davis of Victoria Corner.

They did live before the great earthquake in San Francisco, some where in California. But I don't know where they are now, but I hope safe; have not heard from them since. Ned if you are still on top I hope you will write me. He says he hears from me through the SENTINEL (so you see the old standby goes a long way from Woodstock.) Those California people have had an experience they know how helpless man feels on a shaking and quaking earth, as well as we Georgians and South Carolinians did in 1886.

Your last number is full of interesting matter. The old conservative party seems to struggle hard to keep their hard heads above the political waters in Carleton Co.

I think that old court house has become a stench in the nostrils of progress. I used to go there when a small boy, about sixty years ago; I think it was an old house then. That was in the young manhood of Sheriff Winslow and the old stock of Ketchum and Diblees, who now no doubt have all gone to their reward. It is strange how little public enterprise is felt in some towns and sections. It is sometimes for the want of a leader or a few leading and enterprising spirits to start the wheel rolling. I do hope the people of my old county and town will get up enterprise enough to build a new court house and a modern one and build it as we used to call it the Creek, but now the city of Woodstock, so when I visit your city again I can inspect and see how it compares with our court house in Forsyth which we built by direct taxation at a cost of about \$32,000 and no one felt the burden. My lifelong rule has been pay as I go; I am much opposed to burdening posterity for comforts I enjoy. I admire the Judge who declines to hold another court on the old stool. If you can't get rid of the old shack any other way send it down to Georgia and give one of our cyclones a showing and what you can find of it will make you good kindling wood.

Carvell's speech on the location of the new R R was an argument not to be disputed or contradicted, his argument was on the right line and to my mind only common sense.

I see my old friend Orandle Everett is still at his post at Hartland. I hope he will excuse me and accept an apology for referring to his honored father as uncle Jim Everett, for it was my recollection he was often called by that name by his intimate friends. Be that as it may I am ready and glad to offer an apology for mistakes when the facts appear. Everybody loved old Mr Everett and his family. I am glad they have a bridge at Hartland and that it is now a free bridge. The last time I crossed there going East I consider to this day was the narrowest escape for my life I ever had. I shudder when I think of it to this day. It was a cable ferry and current power and a man too excitable for anything about the water. If I had not turned the stern windlass loose just at the right time a raft of logs would have hit us broadside and then what—two buggies and four passengers, one a woman, would have gone seaward, whether under the water or on the water God only knows. But now when I go over to pick blueberries again I can have a safer transportation can't I? Thank God for His watchful care over all his creatures.

Cotton is coming up so is corn but this scribe must replant the third time which I hope to do in a few days. Oats will soon be cut, mulberries are ripening—the chickens are happy and the children have stomach trouble. Not quite ripe enough for the straw. Strawberries are in full swing, peaches are dropping but will make a fair crop.

I was sorry to see the death of an old friend Edward York of Mars Hill; I had lost sight of him. He was a young man when I was a boy. I remember well his father, mother and sisters. He had some beautiful sisters, but I don't know what ever become of them, but I suppose they made some men good wives.

ET MALLORY

NERVOUS CHILDREN.

St. Vitus Dance, Neuralgia and Headaches Common Among School Children.

St Vitus dance is a disease that is becoming more and more frequent among school children. Young people tire the nerves with study and the nerves cry out. Sometimes the trouble takes the form of neuralgia, headache, nervous exhaustion, weakness of the limbs and muscles, and what we call "being run down". In other cases St Vitus dance is the result, and the sufferer frequently loses all control of the limbs, which keep up a constant jerking and twitching. There is only one way to cure this trouble—through the blood which feeds and strengthens the nerves. And Dr Williams' Pink Pills are the only medicine that can make the new rich, red blood that feeds the nerves and strengthens every part of the body. The case of Flossie Doan, at Crowland, Ont., proves the value of Dr Williams' Pink Pills. Mrs Doan says: "A couple of years ago my daughter Flossie was dangerously afflicted with St Vitus dance. She became so nervous that after a time we could not let her see even her friends. She could not pick up a dish, lace her shoes, or make any movement to help herself. She had grown thin and very pale, and as she had been treated by several doctors without benefit I feared she would not recover. A friend advised me to give her Dr Williams' Pink Pills, and after she had used a couple of boxes I could see that they were helping her. We gave her nine boxes in all, and by that time she was perfectly well, and every symptom of trouble had passed away and she is now a strong, well developed girl."

If your growing children are weak or nervous, if they are pale and thin, lack appetite or complain of headaches or backaches, give them Dr Williams' Pink Pills and see how speedily the rich, red blood these pills make will transform them into bright, active, robust boys and girls. You can get these pills from any medicine dealer or by mail at 50 cents a box or six boxes for \$2.50 by writing The Dr Williams' Medicine Co, Brockville, Ont.

Hon James Dunsuir has been appointed governor of British Columbia by the Laurier administration. He is a conservative. Hon Sir Daniel McMillan has been given another term as governor of Manitoba.

PILES Dr. Chase's Ointment is a certain and guaranteed cure for hemorrhoids and every form of itching, bleeding and protruding piles. See testimonials in the press and ask your neighbors about it. You can use it and get your money back if not satisfied. 50c. at all dealers or EDWARDS, BATES & CO., Toronto.

DR. CHASE'S OINTMENT. Minard's Liniment Cures Dandruff.

Brookville.

Brookville is looking gay. Fisherman pass by at all hours and some receive a very hearty welcome.

Daniel Green passed through this place selling cement.

Peter did not wait for the roads to dry up; he paid a flying visit to Brookville last Friday night. Look out Dad.

Norris Whitney of Avondale was calling on friends one day last week.

Miss Ida Jones spent Sunday at her Uncle's Tom L Jones, Monticello, Me.

James Culbertson Esq of Avondale has been spending a few days with his daughter, Mrs Hanford Watters. Johnie Gillis of Lakeville with his planter is planting potatoes in this place.

Miss Alma Biggar of Tracey Mills spent a few days visiting friends in this place last week.

Miss Inez Murphy spent Sunday at W B Jones.

Hanging May Baskets is the order of the day.

R McCain Esq Florenceville was delivering apple trees in this place last week.

BLACK BIRD.

McGraw claims that Leon Ames is a second Amos Rusie, and the Giants' manager points to Ames' wonderful pitching against Philadelphia on Thursday last to bear out to the public in a very few minutes that McGraw knew what he was talking about when he said he showed the best condition. Never since the days of Amos Rusie has such a curve ball been seen as Ames handed the Phillies Thursday. Whistling with almost the speed of a bullet Ames' curves swooped across the plate and Duff's men were surrounded. And the beauty of it was the Ohio boy had control.

For two years lack of control has kept this same Leon Ames from being one of the greatest of pitchers the game ever produced. He now has that. His curve beats outward with a sudden drop as it gets to the plate, and carries such terrific speed that it is unhitatable. Clark Griffith sat by me one day last summer and for the first time saw Ames pitch.

"That man has one of the greatest curves I have seen since the days of Rusie," exclaimed the American League manager. "Just let him control it and he'll be a wonder."

Cook's Cotton Root Compound.

The great Uterine Tonic, and only safe effective Monthly Regulator on which women can depend. Sold in three degrees of strength—No. 1, 2, 3. No. 1, 10 degrees strength; No. 2, 20 degrees strength; No. 3, 30 degrees strength. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: TAYLOR MEDICINE CO., TORONTO, ONT. (formerly Windsor)

Notice of Sale.

To Milburn Kearney of the Parish of Simonds, in the County of Carleton in the Province of New Brunswick, Farmer, and to all others whom it may concern:

Notice is hereby given that under and by virtue of a Power of Sale contained in a certain Indenture of Mortgage bearing date the seventeenth day of June, in the year of our Lord one thousand nine hundred and four, and made between the said Milburn Kearney of the one part and Alexandra P. Comben of the City of Saint John in the said Province of New Brunswick, Teacher, of the other part, and registered in the office of the Registrar of Deeds and Wills for the said County of Carleton, in Book I, No. 4, on pages 538, 539 and 540 of said Carleton County Records, there will for the purpose of satisfying the money secured by the said Indenture of Mortgage, default having been made in the payment of the same, be sold at Public Auction in front of the law office of Charles Comben, on Main Street in the Town of Woodstock in the said County of Carleton, on MONDAY, the Fourth day of June next, at the hour of ten of the clock in the forenoon, the lands and premises mentioned and described in the said Indenture of Mortgage as follows:

"All that certain tract and parcel of land situate in the Parish of Simonds aforesaid and bounded as follows:—Commencing at a post standing on the western side of a reserved road at the south east angle of lot letter F, granted to John Burt in the second tier west of the river Saint John; thence running by the magnet north eighty-seven degrees and fifteen minutes east fifty chains to another post standing on the western side of the aforesaid reserved road, and thence along the same north two degrees and forty-five minutes east twenty chains to the place of beginning; containing one hundred acres, more or less, and distinguished as lot letter I in the second tier of lots west of the river Saint John and granted to William Ross by grant number 20826, and registered the 23rd day of June, A. D. 1886. Also all that other certain lot and parcel of land situate in said Parish of Simonds and described as follows: Beginning at a post standing on the western side of a reserved road at the north-east angle of lot letter F, granted to John Burt in tier two, Williamstown Settlement; thence running by the magnet of the year 1853 north eighty-seven degrees and fifteen minutes west thirty-three chains and fifty links; thence north two degrees and forty-five minutes east thirty chains; thence south eighty-seven degrees and fifteen minutes thirty three degrees and fifty links to a post standing on the western side of the aforesaid reserved road, and thence along the same South two degrees and forty five minutes west thirty chains to the place of beginning; containing one hundred acres, more or less, and distinguished as letter H, in tier two Williamstown Settlement, and granted to said Milburn Kearney by grant number 25057, and registered March 19th A. D. 1904.

Together with all buildings and improvements thereon and privileges and appurtenances to the same belonging or in anywise appertaining.

Dated the Eighteenth day of April, A. D. 1906.

ALEXANDRA P. COMBEN, Mortgagee.

CHARLES COMBEN, Solicitor for Mortgagee.

MIDDLE LIFE

A Time When Women Are Susceptible to Many Dread Diseases—Intelligent Women Prepare for It. Two Relate Their Experiences.

The "change of life" is the most critical period of a woman's existence, and the anxiety felt by women as it draws near is not without reason.

Every woman who neglects the care of her health at this time invites disease and pain. When her system is in a deranged condition, or she is predisposed to apoplexy, or congestion of any organ, the tendency is at this period likely to become active—and with a host of nervous irritations, make life a burden. At this time, also, cancers and tumors are more liable to form and begin their destructive work.

Such warning symptoms as sense of suffocation, hot flashes, headaches, backaches, dread of impending evil, timidity, sounds in the ears, palpitation of the heart, spasm before the eyes, irregularities, constipation, variable appetite, weakness, inquietude, and dizziness are promptly heeded by intelligent women who are approaching the period in life when woman's great change may be expected.

Lydia E. Pinkham's Vegetable Compound was prepared to meet the needs of woman's system at this trying period of her life. It invigorates and strengthens the female organism and builds up the weakened nervous system.

For special advice regarding this important period women are invited to write to Mrs. Pinkham, at Lynn, Mass., and it will be furnished absolutely free of charge. The present Mrs. Pinkham is the daughter-in-law of Lydia E. Pinkham, her assistant before her decease, and for twenty-five years since her advice has been freely given to sick women.

Read what Lydia E. Pinkham's Compound did for Mrs. Powless and Mrs. Mann:

Dear Mrs. Pinkham:— "In my opinion there is no medicine made for women which can compare with Lydia E. Pinkham's Vegetable Compound, and you have no finer friend in the Dominion than I am. At the time of change of life I suffered until I was nearly crazy, and was not fit to live with. I was so irritable, irrational and nervous that I was a torment to myself and others. I surely thought that I would lose my reason before I got through, when fortunately an old friend recommended your Vegetable Compound.

Lydia E. Pinkham's Vegetable Compound Succeeds Where Others Fail.

SEASON OF 1906.

A Horse that Combines Size, Speed, Gameness, Breeding, Beauty.

THE WHIRLWIND PACING STALLION

ALFONDLY 0149

Two-year-old record 2.25; Three-year-old race record 2.12, on half-mile track. Trial on half-mile track in 2.07.

UNDOUBTEDLY THE FASTEST AND SOUNDEST STALLION IN THIS SECTION.

One-quarter the blood of famous old Blue Bull 75; one-quarter the blood of George Wilkes 519. Fine crosses of American Eclipse and Mambrino Chief 11.

ALFONDLY will be at MARS HILL, Me., every TUESDAY, and at WOODSTOCK, Boyer's Stable, every THURSDAY and FRIDAY, until 3 p. m. The remainder of the time he will stand at owner's stable, CENTREVILLE. Season will start May 1st and end August 1st.

To place his service within the reach of every one the terms will be—\$10.00 for the season, \$5.00 to be paid at time of first service, note for balance, payable 1st of September. \$5.00 to warrant mare with foal, \$3.00 to be paid at time of first service, in every case balance when mare proves to be foal. Mares sent from a distance will be carefully looked after. All mares at owner's risk. Mares disposed of as sided with foal. Mare and colt held for service of horse. For further information extended pedigree write or telephone.

F. D. TWEEDIE, Centreville, N. B.

Two-year-old race record 2.25; three-year-old race record 2.12. As a two-year-old he started in seven races, winning six of them. As a three-year-old he started in twelve races, winning eleven of them and getting third place in the other against all ages. Alfondly has a full sister, "Faustina Smith," with a three-year-old race record of 2:19.

Alfondly's colts are all good size, and those from well bred mares are showing exceptional speed. The one advantage claimed for Alfondly over all other standard-bred stallions in this section is, that bred to ordinary mares he produces good sized, well made general purpose colts.

Alfondly will be at John Mallory's, Jacksontown, Wednesday night, and at William Davis', Waterville, Friday night during the season.

Alfondly is an exceptionally fine individual, and his breeding is perfect. Always breed to the best.

F. D. TWEEDIE, Centreville, N. B.

NEW PLUMBING FIRM.

We, the undersigned, have entered into a co partnership under the firm name of

PICKEL & DAVIDSON

With OFFICE in the

MARCY BUILDING, Connell St.

We are prepared to do anything in the line of Plumbing.

PROMPT SERVICE AND SATISFACTION GUARANTEED.

We have had many years experience, and solicit a share of public patronage.

J. P. PICKEL.

J. FRED DAVIDSON.

FOR SALE!

1 pair Farm Horses, with Wagon and Harness; 5 head of cattle; Mowing Machine, nearly new, and other Machinery. Will be sold at a bargain if sold at once.

EDGAR L. CARTER,

Lindsay, N. B.