



HOW DO YOU TELL GOOD BREAD?

The way bread tastes is no safe guide to the quality of the flour. Inferior flour sometimes makes pretty fair bread; good flour properly handled always makes good bread.

OUR CENTURY FLOUR

is good flour, and makes good bread.

Milled from the finest Manitoba wheat, all the starch and gluten particles--the parts that are nutritious and easily digested--are retained

TILLSONS MAKE IT

A Pleasant Thing to Know.

That you can

RELY

on the man with whom you have business.

J. W. ASTLE

Sells the Best Insurance.

He is also on hand when you need him. He has saved dollars for others. He will save dollars for you.

Fire Insurance,
Life Insurance,
Accident Insurance.

Queen Street,
Woodstock, N. B.



Mrs. J. B. Durepo
THE GREAT MIND READER,
Can Explain the Past
or the Future.

Mr. Souster lost a boy. He was drowned. This lady told parties there was going to be a boy drowned in the neighborhood. She told parties there were accidents going to occur, and it came to pass.
Mr. George Boag in Sheridan, Me., where Mr. Souster lives, was told that a lady would come there, and fall sick. This also came true. Write to her, and get your fortune, or call and have it told.
Upper Woodstock, Aug. 16, 1906.

HAVE YOU A GARDEN?

This is the Place to Get Plants
All at 35c. per doz.

Asters, Stocks, Pansies, Candytuft, Phlox, Sweet Alyssum, Lobelia, Everlasting Flowers, Mignonette, Marigolds, and many other fine Cut Flowers in Roses, Carnations, etc. Floral Emblems at short notice.

H. S. CRUIKSHANK,
139 Union Street, St. John.

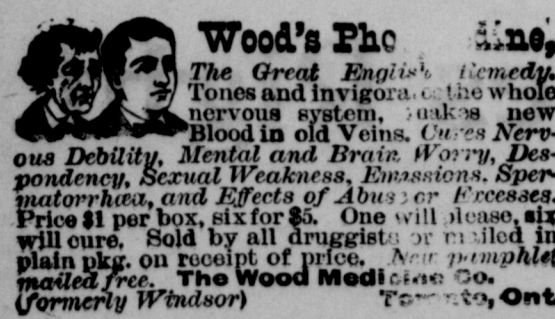
THE BEST Fire Insurance

IS that which gives PERFECT SECURITY at the most equitable rates. The Non-tariff Companies, which I represent, have more paid up capital in proportion to risks involved than any other Companies.

They do not take hazardous risks, and can therefore do a safe business at lower rates than other Companies can.

These Companies are noted for equitable adjustment of losses and prompt payments. Many of the best business men in the Dominion, and in this County, insure in these Companies. These are the safest and best.

GEO. L. HOLYOKE,
District Agent,
Woodstock, N. B., June 23, 1906.—U-26.



J. R. H. SIMMS,
Barrister and Solicitor,
NOTARY PUBLIC,
BATH, N. B.
Prompt attention given to Collections.
Agent for reliable Fire Insurance Companies.

Fatal Separator Accident.

Some time ago, in reply to a correspondent, we cautioned against running cream separators to too high speed, as accidents have been known to occur from the bowl exploding under influence of the terrific internal pressure. Shortly afterwards we received a letter implying incredulity, and asking for particulars. We replied, citing two or three instances, though we were unable to recall the dates or places. Lately we noticed in the New York Produce Review the following item, describing a serious accident on a dairy farm in Grant Township, north-west of Le Mars Iowa, brought about by overspeeding a hand separator. Three boys, the oldest over 17, were seeing how fast they could make the separator go when something snapped. One boy was instantly killed, a piece of the machine striking him in the face and penetrating to the brain. Another was struck in the eye by a fragment and will probably lose his sight, while the third was lucky to escape with only a broken arm. The machine was revolving at a terrific speed when the accident happened, and the broken fragment were scattered in all directions with bullet-like velocity. Of course, it is plain that in this case the boys were running the machine away beyond its proper speed, but the incident illustrates the danger, nevertheless.—(Advocate)

THE RESULTS IN MAINE.

The state election held on Monday resulted in a victory for the Republicans, but it is the kind of victory one does not relish. Cobb's big majority of two years ago all but vanished, and all the cities, even Rockland the home of the governor, went out of the Republican column. It was the country districts that saved the day. The rum element in the Republican party went squarely in favor of the Democrats. Arrostook county did its part nobly, but even in it there were many surprises. It begins to look as if the Prohibitory Law is about doomed. Another two years will probably see the re-submission party triumph, which will have but one ending—the adoption of local option as they have it in Vermont. While we are sorry to see the Pine Tree State going back on the Prohibitory Law, the truth may just as well be admitted. If it be that half the stories of the way the law is enforced are true, it is just as well and no wonder the people yearn for a change. At any rate an honest License Law would not be worse than a wretchedly enforced Prohibitory Act. The most satisfactory result in the state is the return of Congressman Littlefield against whom Samuel Gompers, one of the labor parasites, waged a determined fight. The labor interference is something that should not be tolerated, and is the greatest danger the big republic has to face.

Don't Be Gold-Bricked.

(From the Hamilton Times.)

When a "good thing" is forced on your attention think about it. Common sense should warn you to make sure that it exists. The first thing is to discover that the goods are in existence, and that they are worth the money. Don't buy mere paper; see that the printed and written paper represents something. You may have to take some chances; you must allow for that. But if some fellow offers you gold dollars for 25 cents, look closely at the quality of the metal; if he tempts you to part with your earnings for securities sure to pay 25 to 50 per cent, ask yourself why so many millions of the money of shrewd far-seeing, money-seeking men should pass them by and be invested in 3 and 3½ per cent securities.

Minard's Liniment used by Physicians.

Mr Roosevelt on Religion.

Oyster Bay, Sept. 12.—President Roosevelt participated in the 200th anniversary celebration of Christ Episcopal Church, which he attends during his summer stay here. The keynote of the President's speech was that the wealth of the nation must not be disregarded, but looked on as the basis for spiritual development, clean living and civic virtues. I cannot understand any American citizen, who has the faintest feeling of patriotism and devotion to his country, failing to appreciate the absolutely essential need of religion, using it in its broadest and deepest sense, to the welfare of this country, said the President. If it were not that in our villages and towns, as they have grown up, the churches have grown in them, symbolizing the fact that there were among their foremost workers whose work was not for the things of the soul; this would not be a nation to-day, because this country would not be an abode fit for civilized men if it were not true that we put our material civilization, our material prosperity, as the base only (a necessary foundation, a necessary base, but only as the base, as the foundation) upon which to build the superstructure of higher spiritual life.

'Speaking here to-day as a layman, I wish to emphasize the vital importance to this nation of our people being taught to realize that the highest value of Christianity manifests itself in the conduct of those who profess it.'

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven Catarrh to be a constitutional disease and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by J. C. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally in doses from 10 drops to a teaspoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials. Address: J. C. CHENEY & CO., Toledo, Ohio. Sold by Druggists. Take Hall's Family Pills for constipation.

FORTY YEARS AGO.

The electioneering tour of President Johnson was in many directions severely criticized. The Boston 'Journal' said: It is a mortifying sight, but one that was needed perhaps to show to the nation the true character of the man who aspires to dictate the terms on which a great rebellion shall be settled, irrespective of the peoples will. So long as he remained in Washington, subjected to occasional displays of his peculiar characteristics, the associations which cluster around his high and sacred office shielded him from much deserved unpopularity; but now that he leaves the capital and travels openly among the people, meeting them face to face, talking to them with all the freedom which egotism, passion, flattery and a sad want of refinement can lead to the prestige of his station fades away, and he stands before the country stripped of all fictitious surroundings, and shows exactly what his character and principles are. It is a humiliating picture for the American people to gaze upon. They can only hope that the President's return to Washington may be as speedy as possible, and that the present disgraceful exhibitions may cease, never more to be repeated in our nation's history.

Almost Serious Accident.

While driving from St. Marys Ferry to Gibson last evening, Rev Mr. Berrie, Methodist minister at the latter place, had the misfortune to meet with what might have been a serious accident; but fortunately the reverend gentleman escaped with a slight shaking up. A narrow culvert in front of Mr. Willis McPherson's machine shop, and the dark night are responsible. The culvert not being wide enough for two teams to pass, Mr. Berrie's team was crowded off, one wheel dropping into the ditch and throwing the reverend gentleman and his son out. Mr. Berrie escaped without serious injury, but his son was quite badly hurt.—(Tuesday's Gleaner.)

That the I. C. R. is buoyant and that the Minister of Railways, Hon. H. R. Emmerson has met with energetic co-operation in his efforts to place the road on a paying basis is evidenced by the fact that in the traffic department the increase of revenue is slightly more than \$221,000 over the same two months in the previous.

In the whole history of the Intercolonial railroad there is not another such record. The fact is encouraging, and especially so as it was expected that the short fiscal year of 1906-7, nine months, three of surplus and six of deficits, would result in a deficit. If Mr. Emmerson can, on March 31, 1907, make the revenue meet the expenditure, as now seems hopeful and even probable, he will have accomplished what was never accomplished by a predecessor.

What Ails You?

Do you feel weak, tired, despondent, have frequent headaches, coated tongue, bitter or bad taste in morning, "heartburn," belching of gas, acid risings in throat after eating, stomach gnaw or burn, foul breath, dizzy spells, poor or variable appetite, nausea at times and kindred symptoms?

If you have any considerable number of the above symptoms you are suffering from biliousness, rapid liver with indigestion. Dr. Pierce's Golden Medical Discovery is made up of the most valuable medicinal principles known to medical science for the permanent cure of such abnormal conditions. It is a most efficient liver invigorator, stomach tonic, bowel regulator and nerve strengthener.

The "Golden Medical Discovery" is not a patent medicine or secret nostrum, a full list of its ingredients being printed on its bottle-wrapper and attested under oath. A glance at its formula will show that it contains no alcohol, or harmful habit-forming drugs. It is a fluid extract made with pure, triple-refined glycerine, of proper strength, from the roots of the following native American forest plants, viz., Golden Seal root, Stone root, Black Cherrybark, Queen's root, Bloodroot, and Mandrake root.

The following leading medical authorities, among a host of others, extol the foregoing roots for the cure of just such ailments as the above symptoms indicate: Prof. E. Bartholow, M. D., of Jefferson Med. College, Phila.; Prof. H. C. Wood, M. D., of Univ. of Pa.; Prof. Edwin M. Hale, M. D., of Hahnemann Med. College, Chicago; Prof. John King, M. D., Author of American Dispensatory; Prof. Jno. M. Scudder, M. D., Author of Specific Medicines; Prof. Laurence Johnson, M. D., Med. Dept. Univ. of N. Y.; Prof. Finley Ellingwood, M. D., Author of Materia Medica and Prof. in Bennett Medical College, Chicago. Send name and address on Postal Card to Dr. R. V. Pierce, Buffalo, N. Y., and receive free booklet giving extracts from writings of all the above medical authorities and many others endorsing, in the strongest possible terms, each and every ingredient of which "Golden Medical Discovery" is composed.

Dr. Pierce's Pleasant Pellets regulate and invigorate stomach, liver and bowels. They may be used in conjunction with "Golden Medical Discovery" if bowels are much constipated. They're tiny and sugar-coated.

INTERCOLONIAL RAILWAY

ON and after SUNDAY, June 24, 1906, Trains will run daily, Sunday excepted, as follows:

Trains Leave Fredericton.
No. 303 Mixed for Chatham, Loggieville, Campbellton, St. John and Halifax.
301 Express for Montreal, Chatham, Loggieville, Campbellton, St. John and Halifax.
317 Suburban for Marysville, 17 00
321 " " " 6 15
323 " " " 11 15
325 " " " 13 00
327 " " " 18 20
329 " " " 21 00

Trains Arrive at Fredericton.
No. 302 Express from Montreal, Quebec, Chatham, Loggieville, 13 05
304 Mixed from Chatham, Loggieville, Campbellton, St. John and Halifax, 18 35
318 Suburban from Marysville, 8 15
322 " " " 13 25
324 " " " 18 30
326 " " " 21 00

All Trains run by Atlantic Standard Time. Twenty-four hour notation. 24.00 o'clock is midnight.

D. POTTINGER,
General Manager.

Moncton, N. B., June 20th, 1906.

Fashions For Men.

Derby hats are going out of style for wear with bathing suits.

Ties are usually worn around the neck.

Much jewelry is not considered good form with informal outing dress. A few rings, a jeweled fob, a set of diamond studs and one large stone in the pin are the only articles conservative men wear at this season.

Bulldogs are not worn so much as formerly. They are being displaced by terriers.

Many men appear ignorant of when a coat should be worn. The rule is simple enough—formal functions are spoiled by shirt sleeves, and no self-respecting man will display them on such occasions, even if it does render him better fitted to fight his way to the supper table. Coats should also be worn when Jersey mosquitoes are about.

It is very gauche to wear life-preservers when canoeing. It seems to indicate a lack of confidence in the ability of the girl to save you in case of an upset.

"Gaucho" is derived from "goat," and is the Parisian way of saying you're a goat.

Trousers are always in style.

In choosing socks for vacation wear, while considerable latitude is allowed, one should not select a pattern that will scare the farmers' horses.

Good form is especially desirable in bathing suits.—(New York American.)

College and club colors are very popular among young men, and add a touch of smartness. Good selections may be had at reasonable prices in most stores, but youths should be careful to select a college with becoming colors.

Bands are worn on straw hats and cigars.

Three Months for Stealing.

William Tracey, arrested some days ago by Sheriff Foster for stealing, was brought before Judge Carleton under the speedy trials act on Tuesday. He pleaded guilty. Taking into consideration the fact that he has a family, and was intoxicated when he committed the offence, the Judge concluded not to send the man to the penitentiary. He was given three months in the common jail. The stolen goods were taken from one Frank Lovely of Florenceville.

Subscribe for the SENTINEL.



Stolen Pleasure

The children will show you the merits of Mooney's biscuits if you give them the chance.

Mooney's Perfection Cream Sodas

have made themselves famous all over Canada in a very short time. Crisp, inviting, tasty. Different from any other cracker you have ever eaten. Say "Mooney's" to your grocer.



It is impossible to make a soap any better, purer, or more pleasant to use than

BABY'S OWN SOAP

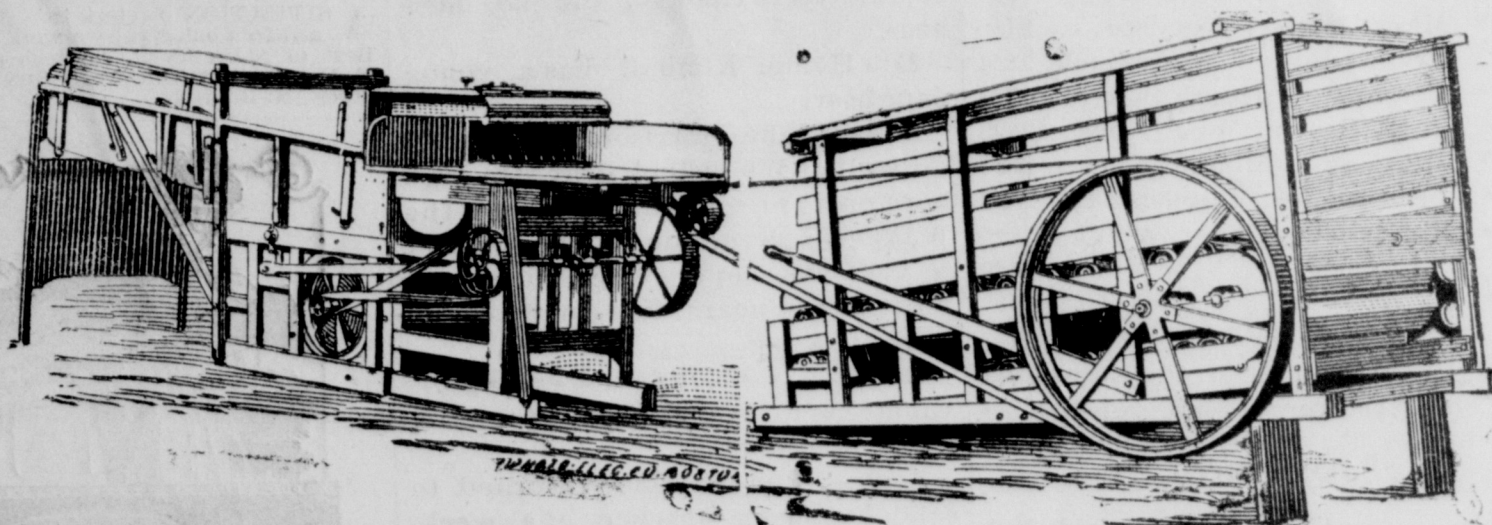
Ideal for toilet, nursery and bath.

ALBERT SOAPS, LIMITED
MFRS., MONTREAL, 3-1-05

Ladies Read This.

Wanted any quantity of dark, brown and blonde hair. I have on hand a large and well assorted line of switches and Pompadours. Good quality to be disposed of at very reasonable prices. Mail Orders promptly attended to.

Mrs. A. F. WINSLOW,
Regent Street



The New Firm at the Old Stand.

We beg to notify the public in general that we have taken over the plant and good will of the SMALL & FISHER Co., Ltd. We will continue to maintain and if possible excel the high standard of excellence reached by the old firm. We are manufacturers of

Rotary Mills, Shingle Machines, Gang Edgers, Rotary Bed Planers and Lath Machines, Etc.

ALSO

THRESHERS---The Famous "LITTLE GIANT,"

End and Side Shake.

Horse Powers, Wood Cutters, Drag Circulars, Sawing Machines, Plows, etc.; Pulpers and Feed Grinders;

Stoves, Ranges, Heaters, Furnaces, Etc.

We do all kinds of General REPAIR WORK on Farm and Mill Machinery.

The above cut represents our justly famous and highly popular Little Giant Thresher, which this year is better than ever. Special Terms and Prices to Early Buyers. Look our machines over before buying elsewhere. The Horse Power is roller bearing with double gear and all improvements.

SMALL & FISHER, Ltd.