

The Red Rose Flavor and Strength

NO Ceylon tea nor Indian tea alone can have the "rich fruity flavor" of Red Rose Tea, because neither variety in itself possesses all the qualities of strength, richness, delicacy, and fragrance. Each has its own peculiar qualities, but each has its weaknesses.

By combining the two in the Red Rose proportions, I produce a tea with the "rich fruity flavor" and strength of Red Rose Tea, a flavor and strength found in no brand of Ceylon alone.

Red Rose Tea

is good Tea
T. H. Estabrooks
St. John, N.B., Toronto, Winnipeg



THE cost of living is an important thing in most homes. You may have to figure closely in these matters. A little extra on a barrel of flour may look big to you.

But there is a difference between spending money wisely and spending it foolishly.

Sometimes it is economy to spend instead of to save. It is in the case of Royal Household Flour.

Those few extra cents a week, that give you

Royal Household Flour

in preference to inferior flour, buy health.

Nothing contributes so much to the food you eat as flour, and therefore nothing should be more carefully bought. Ogilvie's Royal Household Flour is the whitest, cleanest and most nutritious flour that's milled. It is the only flour that is absolutely pure.

Ask your grocer.



Ogilvie Flour Mills Co., Ltd.
Montreal.

"Ogilvie's Book for a Cook" contains 150 pages of excellent recipes, some never published before. Your grocer can tell you how to get it FREE.

THE BEST in FANNING MILL CONSTRUCTION, The Western Gem

Combined Fanning Mill, Grain and Seed Separator, Timothy Seed Saver and Grader—is the most improved, easiest running, lightest and strongest machine on the market. The Western Gem is not stuck together with a few nails but is thoroughly bolted together, making a strong and durable machine that will stand the hardest kind of usage. The Western Gem, which is equipped with 15 different sieves, screens, etc., will clean, separate and grade all different kinds of grain and seed from the finest seed to the coarsest grains.

I positively guarantee this Mill to do everything that I claim for it, if used according to directions, which accompany every machine.

If you are in need of a Fanning Mill call around at warehouse and I will be pleased to show you this high class mill and quote you prices on same.

ROBERT S. CORBETT, MANUFACTURER.

Cornell Street, Woodstock, N. B. - Opposite Balmair Bros.
NOTE.—I can furnish Sieves for grain and seed purposes of any description for any kind of machine.

Artificial Teeth.



REMEMBER ALL WORK IS GUARANTEED FOR FIVE YEARS: all examinations are free and that we are practicing Dental Surgeons of the City of Woodstock where we have been located for 10 years, doing business under the firm name of

THE DENTISTS

DR. MANZER'S OFFICE,
Sign of the Big Tooth,
WOODSTOCK, N. B.

THE CLIMATIC TREATMENT OF TUBERCULOSIS.

By Dr. A. H. Prescott.

After some deliberation I decided not to write a learned and scientific dissertation on tuberculosis as you would not understand it if I did. So having cut ourselves loose from the trammels of the very learned, we shall not feel bound to observe that accuracy of thought and nicety of expression that should be characteristic of the scientific mind, but shall the rather, consider ourselves at liberty to indulge in even extravagant forms of expression, when they seem best fitted to impress truths that appear to us important.

All authorities agree that rest, pure air, maximum sunshine, good accommodation and food, are essential requirements in the treatment of tuberculosis. On the other hand whether an equable temperature is essential or even beneficial is very doubtful. No less an authority than Professor Burney Yeo is quoted as having said, "that the most important climatic element for the cure of consumption is a daily variation in temperature of more than twenty degrees, which acts on the organism in a way to produce conservative reaction against further bacterial invasion." The disease exists in all countries. Italy and England suffer alike, and the disease is very prevalent in the West Indies and South Sea Islands.

There is no doubt in my mind, however, that some cases are entirely cured by a suitable change of climate. Patients contemplating a change of climate for their health must know something of the country to which they go, and how to take the best advantage of the climate in which they sojourn. But the poor unfortunate individual who strikes out entirely ignorant of the country to which he goes, with probably his family, may come far short of realizing his ideal expectations. He does not go to a sanatorium for tuberculosis. Very probably he would not be received if he did. He is advised to go West. His ideas of the West are about as definite as ours are of the moon. After consulting numerous railway guides, he at last decides on some particular town, and thither the poor unfortunate flees. He arrives in the country tired and depressed, and having run the gauntlet of the various boosters, he is forced to the conclusion that he is an outcast on the face of the earth, that this small world has no place for him. He investigates the boarding house. He finds the rooms small and stuffy, the food poor, badly cooked and messy. He thinks of keeping house, but finds houses scarce, rents high and help impossible to get. In the end he will likely find him a hotel in one of the so-called health resorts, in a room which admits little fresh air and less sunshine, and surrounded by people of every class, all suffering from the same disease in all its stages. In the dining room he finds a meal of six or seven courses, not one of which he is able to relish. Left to his own care, in surroundings such as these it is any wonder he does not improve? This is the condition of the average patient who strikes out for change of climate to benefit his health.

It is however, far different with the professional man, notably the physician who goes West for his health? He understands placing himself in better environments. Also the medical men in the vicinity where he lands, being worthy confreres, will spare no pains in helping him carry out the lines of treatment to the fullest extent. Rest and fresh air the two first and most important parts of the treatment are insisted on in the most minute detail. He is allowed to recline in his hammock both day and night with suitable coverings, if there should be a drop in the thermometer. His diet is light and appetizing, a good breakfast consisting of Malt Vita and remainder of the day Brevit; diet of this kind has a tremendous effect at sharpening one's appetite. The patient improves so rapidly that in a few months, if at all ambitious, he is able to resume a rough count y practice.

To those contemplating going West for their health, it might be well here to give the words of Mr. W. Vaughan of Montreal who is good authority, as he has recently spent eighteen months in the West dividing his time about equally among Castle Creek, Hot Springs, Arizona and Colorado Springs.

Mr. Vaughan has the following to say regarding the different climates:—"The town of Prescott, Arizona, has an altitude 5300 ft., with a population of 5000. It is a prettily situated mountain town, 150 miles north of Phoenix. It is well built and possesses up-to-date conveniences. Prescott has the advantage of being an all the year round resort. The temperature during the hottest months, July and August, is thoroughly enjoyable, while the winter days are bright and sunny. The air is at all times more bracing and tonic than at lower altitudes in the Territory. The maximum summer temperature is about 95 to 98 and the mean for the month of July and August 78 to 79 respectively. Summer nights are deliciously cool, and a blanket is always needed. The mean temperature for the coldest months, January and February is 34 and 38 respectively. The nights during this season are quite cold with a mean minimum of about 18, but the daily maximum temperature varies between 40 and 60. Both the cold and heat are tempered by a very low relative humidity, and the patient is untroubled by sandstorms. During 1903, the precipitation amounted to 16 inches of rain, falling chiefly in short sharp thunderstorms in the summer season. There was also a total fall of 18 inches of snow, which under the influence of the bright sunshine very quickly disappears. The climate of Prescott challenged comparison with that of Denver

and that of Colorado Springs. In 1903 Denver had a total of 199 clear days, 105 pretty cloudy and 61 cloudy, whereas Prescott had 248 clear days, 16 partly cloudy and 21 cloudy." Thus it can be seen that Mr. Vaughan considers Prescott, Arizona the best all the year round resort for consumptives.

General News Items.

Forming a good character is better than reforming a bad one.

Stricken with Paralysis.

Mrs. W. R. STEPHENSON, St. Andrews, Man. writes:—"I was stricken with paralysis and lost power of the tongue and left leg. For six months I obtained no relief either by doctors' prescriptions or other medicines. My husband got me Dr. Chase's Nerve Food, which has revitalized my nerves, and given me full power of the paralyzed parts. I am strong and well now, thanks to this great medicine."

The lace trade affords employment to something like 200,000 persons in France.

Clark's Smoked Beef is thinly sliced ready for immediate use. It has a beautifully rich flavour of fine sliced beef. Try it.

Some people never begin to save for a rainy day until they see the clouds gathering.

For collars and belts, pillow shams, tray cloths, ready made aprons, blouse waists etc, call at the Ladies Emporium. Miss Helen McLeod, prop, Main Street, near C. R. Watson's shop.

Upwards of \$10,000,000 has already been spent in developing electric power at Niagara.

Just arrived at the Cloth Store, Centreville, a full assortment of Ready-made Clothing including Summer Overcoats, and Raincoats, mens two piece Summer Suits, Fancy vests and childrens Suits in every variety and style.

This is a ticklish job, as the fly remarked while it was walking over the old man's bald head.

Marion Bridge, C. B. May, 30, '02. I have handled MINARD'S LINIMENT during the past year. It is always the first Liniment asked for here, and unquestionably the best seller of all the different kinds of liniment I handle.

NEIL FERGUSON.

Life is for most people a continuous process of getting used to things that they haven't been expecting.

Picture framing done neatly and cheaply at Carr's, Hartland. Bring along your pictures, photos, marriage and other certificates. A new line of mouldings just received.

Mattie opines that whether a bird in the hand is worth two in the bush depends a good deal on the bird.

C. M. Sherwood, Centreville, offers for sale a good second hand Cook Stove "Gold Medal" in excellent condition; price \$12. Also a quantity of mixed feed at the Centreville Roller Mills—rich in milk and butter producing qualities.

Of course, it was an Irish philosopher who said—"If you would keep your head above water you must not let the grass grow under your feet."

Severe Colds in the Chest.

"My fourteen-year-old boy had a very severe cold in the chest last winter and I really thought he was going to die. He coughed nearly all the time and sometimes would spit up blood. I can positively say that he was completely cured by two bottles of Dr. Chase's Syrup of Linseed and Turpentine, and he has not been troubled since."—Mrs. J. PROCTOR, Kennew, Ont.

"Tom has proposed, and asks me to give him his answer in a letter." "Shall you do it?" "No; I will be more liberal, and give him his answer in two letters."

Are you satisfied with the kind of oil you are getting, or do you want something better? If you want the best American oil just patronize the grocers who keep Electric Light Oil. This oil is not sold off of tank wagon.—T. 36.

Sillicus—"It is a beautiful thing to see a young girl growing into womanhood." Cynicus—"That's right. So many of them seem to want to grow any manhood."

Mr. Charles H. Clark, who for several years was in business in Waterville and later was engaged in farming at Ashland, is now in the employ of the Elevated Road in Boston, Mass. Like a great many others who have gone to the States from this country, he has found street railroading very attractive.

Why are you here, my misguided friend? The Prisoner—"I'm the victim of an unlucky number thirteen." The Visitor—"Indeed, how's that?" The Prisoner—"Twelve jupors and one judge."

For Good Goods go to Carr's, Hartland. New Raisins, Currants, Figs, Nuts, Spices, Citron, Lemon and Orange Peel, Apples, Oranges, Grapes, etc, also Fancy Goods, Toys and everything to make your friends and the children happy.

A little tot, saying her prayers was asked by her mother why she had not asked forgiveness for some special act of disobedience. "Why mamma, I didn't s'pose you wanted it mentioned outside the family."

Make Over Your Hair

Make it new again! Get rid of that old, faded color! Arrest old age! Restore freshness, strength, youth to your gray hair! Hall's Vegetable Sicilian Hair Renewer will do all this. Sold for over half a century. For the whiskers and moustaches we use BUCKINGHAM'S DYE. It colors a rich brown or a soft black. In bottles and tins.

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Special attention to Collections anywhere in State of Maine, with prompt remittances. Also Real Estate Broker. Having some of the best farms in Northern Aroostook for sale. (T-2)

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Meals on arrival, or Tr. on First-Class Fare

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Livery Stable in connection.

Single and Double Rigs can be secured at quick notice.

Notice to the Public!

I have opened on Connell Street, Near Gilman's Stable, a

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Where I shall be pleased to receive your valued orders for any work in my line. Work and prices will be found right.

ALL WORK GUARANTEED FIRST-CLASS.

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THE Granite and Marble Works of the late JOHN GALLAGHER

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At the Old Stand,

Under the Management of Gallagher Bros

Thanking the public for past favors, and hoping for a continuance of their patronage, we would advise persons wanting anything in the above line to give us a call, examine our stock and learn prices before purchasing elsewhere.

Satisfaction guaranteed in quality of stock, workmanship and price.

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The only safe effectual monthly medicine on which women can depend. Sold in two degrees of strength. No. 1, for ordinary cases. 50 per box. No. 2, for Special Cases. 75 per box. Sold by all druggists. Ask for Cook's Cotton Root Compound. Take no substitute.

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ROSES, Carnations, Lilies, Violets, Narcissus, Hyacinths, Crysanthus, &c. Send your orders early.

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Ladies Read This.

The very latest real Hair Pompadour Note, 100% able when on, just the thing for March winds. Perfect match in switches. Guaranteed at

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