



Mother's Helper
"Black Knight" Stove Polish is entirely new. Nothing like it—nothing so good—has ever been offered housekeepers before.

"Black Knight"
Stove Polish
makes a quick, lasting shine that stands the hottest fire you can build in the stove.
Equally good for Grates, Stovepipes, or other Ironwork you want to keep polished.
Insist on having "Black Knight"

Notice to Builders.

We have received direct from the SOUTH, a large shipment of

HARD PINE

For Sheathing and other purposes.

GIVE US A CALL. WE CAN SUIT YOU.

THE WOODSTOCK
Woodworking Company,
Green Street, near College School.

C. E. WILLIAMS

Groceries and Dry Goods.

Family Trade Given Special Attention.

Phone 84-4.

SOUTH SIDE BRIDGE

Rothsay College for Boys,

ROTHESAY, NEW BRUNSWICK.

ESTABLISHED AS DAY SCHOOL 1877. Re-organized as Residence School 1891.

Average daily attendance, Seventy. Preparation for the Royal Military College, McGill University, University of New Brunswick, and for business. Teaching staff consists of five resident masters, instructors for violin and piano, also instructor for physical and military drill. An experienced matron presides over the household.

Cadet company, debating societies, school magazines, track and athletic teams, also rowing club to be organized.

Calendars containing lists of students past and present, information in regard to aims and general management, conditions of entrance, fees, etc., address

PRINCIPAL, Rothsay, N. B.

PLUMBING



Must be kept in good condition if you value your health. We can repair your plumbing, furnish you with new

ATH-ROOM FIXTURES,

New Sinks, Wash-Tubs, or anything you may need along this line. Our work is always very fine and our prices defy competition.

Pickel & Davidson.

OFFICE—CONNELL STREET, in MARCY BUILDING.

Telephone 89-2, Woodstock.

We have Just Received
A Large Stock of

CROSS CUT SAWS, AXES

And all kinds of Lumbering Tools.

H. E. BURTT
Cor. Main & Connell Sts.

Subscribe for the Sentinel.

Luncheons for School Children.

In preparing luncheons for school children, it should be continually borne in mind that the little ones must be well fed, if they are to be strong and healthy, and bright of mind. Stock will not thrive without good feeding; neither will children. To feed well, two essentials must be recognized: (1) The food must be nourishing; (2) it must be appetizing enough to induce the partaker of it to eat enough for his needs.

This last fact is not, perhaps, regarded as much as it should be, especially when preparing luncheons for delicate, studious children, who are more likely to sit about the school-room during recreation time than to go out and take part in the health-giving, appetite-inducing games which are the delight of more sturdy natures. A romping boy finds almost anything "good," and may be quite satisfied with the thick slices of bread with chunks of meat between, from which his more fragile sister will turn almost with disgust.

As a rule, a lunch-box with compartments (very good ones may now be bought in any town) is much better than a basket; but if one cannot be procured, an expedient is to partition off one end of the basket with stout pasteboard. In this smaller compartment may be placed the small glasses containing fruit, etc., which might be in danger of being spilled if put in the larger one.

Fruit of some kind should have a place in every school basket. It is wholesome and appetizing, and, of itself, can transform an otherwise tasteless luncheon into one which the child will enjoy. It may consist of canned fruit, baked apples, stewed prunes, or figs, jelly, marmalade, or jam. Rich preserved fruit should seldom be given to children, but honey is exceedingly nutritious, as well as appetizing.

The most substantial part of the luncheon should consist of a few bits of thin, buttered bread to eat with the fruit, and sandwiches, which should be of such variety that the child will not tire of them. They may be made sometimes of white bread, sometimes of brown, and the filling may consist of thinly sliced beef, hard boiled eggs, Imperial or grated cheese, chopped peanuts, sliced chicken, salmon or sardines, and always a lettuce leaf when it can be procured. Rich cake or pie should never have place in a school luncheon; but a piece of sponge cake or gingerbread, oatmeal cookies or Graham gems will be found a welcome addition. Pickles should never be given, but they will not be missed if a ripe tomato or a small glass of canned tomato, or beet potato or other salad be put in. A bottle of milk will of course always have a place.

Just one word more, don't pile the luncheon in promiscuously, so that the cake will be flavored with the meat, and the jelly from a jelly sandwich dripping over on a salmon sandwich below. Wrap each kind separately in waxed or butter paper, cover the whole with a clean napkin, and above that put a covering of clean paper, not a bit of dirty news paper. Your children may forget to thank you for your care when they come home, but you may be very sure that when they uncover such a dainty basket their little hearts will thrill with pride and pleasure, which could you know of it, would be ample reward for the bit of extra trouble you have taken.



MOONEY'S PERFECTION Cream Sodas

5 or 500 or 5,000,000 —they are all alike.

Each biscuit as light as if made by fairy hands.

Baked to a golden russet brown.

So fresh, and crisp, and tempting, that just opening the box is teasing the appetite.

And you find a new delight in every one you eat.

You get perfection when you get

Mooney's Perfection Cream Sodas



Cook's Cotton Root Compound.

The great Uterine Tonic, and only safe effective Monthly Regulator on which women can depend. Sold in three degrees of strength—No. 1, \$1; No. 2, 50c; No. 3, 25c. Sold by all druggists or sent prepaid on receipt of price. Free sample. Address: THE COOK MEDICINE CO., TORONTO, ONT. (Formerly W. Windsor)

No Need for Woory.

The Blunderbuss in true Bourbon style gravely informs its readers that the local government party is having trouble in getting a ticket to oppose Smith, Flemming and Munro. It further goes on to intimate that these men may have opposition in order to keep them at home, as otherwise they would go to the aid of weaker candidates. This is refreshing indeed, and we can only add that if Mr Hazen has a poorer outfit than that which is carrying his ensign in Carleton, the wonder is that some enterprising dime museum manager hasn't long ago secured them as freaks. Talk of staying at home! The Press will find to its sorrow that there will be a ticket to not only keep Smith Flemming and Munro at home during the Campaign, but for the next five years in addition. Oh, no, they needn't fear. They'll be kept home sure enough. The only cause of worry which the government party may meet will be in the altogether not improbable event of a surplus of suitable timber from which to select a Candidate. We could easily name a dozen probable men, any one of whom will measure to the standard of the Opposition ticket in so far as honesty, ability and general fitness goes, and we have reasons for stating that more than half of the number would gladly accept nomination.

Some REGULATORS—Mandrake and Dandelion are known to exert a powerful influence on the liver and kidneys, restoring them to healthful action, inducing a regular flow of the secretions and imparting to the organs complete power to perform their functions. These valuable ingredients enter into the composition of Parmelee's Vegetable Pills, and serve to render them the agreeable and salutary medicine they are. There are few pills so effective as they in their action.

The N. B. Temperance Commission's Report.

The Commissioners appointed by the N B Government to enquire into the working of the Prohibition Act of Prince Edward Island and the Canada Temperance Act in New Brunswick have submitted their report. The members of the Commission are A O Skinner, Esq., Rev Thomas Marshall and Wm D Carter, Esq. It had been thought not unlikely that there would be a majority and a minority report, but it appears that the Commissioners have been able to agree upon the statement which they should make as a result of their investigations. As to the working of the Act in P E Island the Commissioners say: 1 That the evidence shows that under the Prohibition Act there has been a considerable decrease of the sale of liquors in Charlottetown and to a lesser extent in Souris and Georgetown. In Summerside the evidence is so conflicting as to leave the question of any decrease in the amount of liquor used there in doubt. 2. The Act has abolished the open saloon and bar room and treating and has curtailed to a great extent open drunkenness, noise and rowdiness. 3. In the country districts the open sale of intoxicating liquor has been practically stopped by the Canada Temperance and Prohibition Acts. 4. Owing to the fact in accordance with certain sections of the Act a larger number of persons are placed on oath, there has been an increase in the crime of perjury. 5. That the liquor sold in many of the drug stores, and where it is sold illicitly, is of bad quality. The Commissioners also find that the penalties provided under the Prohibition Act of P E Island are in most cases more severe than in the Canada Temperance Act. In reference to the working of the latter in New Brunswick the Commissioners say: In the country districts of New Brunswick the Canada Temperance Act is fairly well enforced, and the sale of liquor to a great extent wiped out. This is not, however, generally the case in cities and towns under the Act. Here we find that in most cities and towns the Act has been used as a means of raising civic revenue, thus virtually converting it into a license system. Spasmodic attempts, for longer or shorter periods, have been made to change this state of affairs, but the result has been in most cases to return to the revenue system. In the city of Moncton, we find there are about 15 open bars; in the town of Newcastle 6; in Chatham 6 or more; in Fredericton 15 or more; in St Stephen 8; in St Andrews and Milltown there are also open bars, and in Shediac intoxicating liquor is freely sold. The evidence shows that in Marysville, Sussex, Woodstock, Sackville and St George, this system of fining for revenue does not prevail, and that in these five towns the Act is fairly well enforced. Also that a difficulty experienced in the enforcement of the Canada Temperance Act is that insufficient remuneration is provided for inspectors and officers.

—M Baptist.

A lady writes: "I was unable to remove the corns, root and branch, by the use of Holloway's Corn Cure." Others who have tried it have the same experience.

\$15 Overcoats



We are not half as proud of our Dress Suits at \$40—as we are of Fit-Reform \$15 Overcoats. It takes months of planning and testing, and two trips a year to England—to get cloth worthy of bearing the Fit-Reform label and yet reasonable in price.

It takes careful business management to enable the finest tailoring corps in Canada to make these Overcoats, and still let us sell them for \$15.

262

Every good style and dozens of handsome patterns, at \$15.

Fit-Reform

B. B. MANZER

Woodstock, New Brunswick.

KENDALL'S SPAVIN CURE

The Horseman's Friend—Safe and Sure.

If you have a lame horse, get Kendall's Spavin Cure. If you have a horse that you can't work on account of a Spavin, Strain or Bruise, get Kendall's Spavin Cure. If you have a horse that even the veterinarian can't cure of Spavin—or any Soft Bunches or Swellings—get Kendall's Spavin Cure.

Be sure you get KENDALL'S. Two generations—throughout Canada and the United States—have used it and proved it.

"I have been using Kendall's Spavin Cure for the last 20 years, and always find it safe and sure." HUBERT P. MCNEILL.

Write for a copy of our great book "Treatise on The Horse." It's a mine of information for farmers and horsemen, who want to keep their stock in prime condition.

Mailed free. 25

DR. B. J. KENDALL CO., ENOBBURG FALLS, VERMONT, U.S.A.

LADIES

Get what you want by writing for our Catalogue. Rubber Goods of every description. Toilet and Sick Room Supplies, Drugs and Patent Remedies. We sell fifty per cent cheaper than any other house.

The F. E. KARN CO., Limited
Canada's Largest Drug House
Cor. Queen & Victoria Sts., Toronto

GET THE BEST

and
TAKE NO CHANCES

Insure

YOUR BUILDINGS

with

J. W. ASTLE

The Reliable Insurance Man.

Oldest and Strongest

Companies

FIRE, LIFE, ACCIDENT

and SICKNESS.

Queen St., Woodstock, N. B.

FOR BREAD, CAKE and PASTRY

CALL AT

The Imperial Bakery,

Emerald St.,

Next to H. G. Noble's Grocery.

If you cannot get our goods from your grocer send your order to the Bakery. We deliver twice daily.

WM. HILL, Prop.

No Better Goods in Town.

FOR SALE.

Farm Implements and Household Furniture for Sale, consisting of 1 parlor suit, 4 bedroom suits, curtains, beds and bedding, couches, dishes, dining table, parlor tables. Also 2 single waggons, 1 express wagon, 1 slaved wagon, 1 high wagon, 2 puns, 2 long sleds, 1 set bob sleds, plows and harrows, reaper, mowing machine, 2 horse rakes, pitching machines, turnip pulper, 1 Farmers boiler, set scales, double and single harness. Also 3 Horses and 8 m mlock Boards. And a lot of smaller articles. For further information inquire of

TYLER G. HANNAH, Farmerston, Car. Co., N. B.

81-47

An Upper Flat on Prince Albert St to let. August 14th, 1906.

LOUIS E YOUNG.

OUR New Features are

Great Student Getters.

Our present attendance is much larger than it has ever been before at this season of the year.

Send to Catalogue.

S. KERR & SON,

Old Fellows Hall.

THE ST. JOHN'S COLLEGE

INTERCOLONIAL RAILWAY

ON and after SUNDAY, Oct. 13, 1907, Trains will run daily, Sunday excepted, as follows:

Trains Leave Fredericton.

No. 303 Mixed for Campbellton, Moncton, Chatham and Loggieville, 5 45

317 Suburban for Marysville, 6 15

321 " " " " " " 11 15

323 Suburban from Marysville, 16 20

301 Express for Montreal, Chatham, Loggieville, 18 30

327 Suburban for Marysville, 18 45

329 " " " " " " 21 00

Trains Arrive at Fredericton.

No. 318 Suburban from Marysville, 8 15

302 Express from Montreal, Quebec, Chatham, Loggieville, 13 05

322 Suburban from Marysville, 13 45

326 Suburban from Marysville, 18 20

304 Mixed from Chatham Jct., Chatham, Loggieville, 18 50

328 Suburban from Marysville, 19 15

All Trains run by Atlantic Standard Time. Twenty-four hour notation. 24.00 o'clock is midnight.

D. POTTINGER, General Manager,

Moncton, N. B., Oct. 10th, 1907

NEW Carriage Factory.

I have opened a New Factory in:

KING STREET,

DIRECTLY OPPOSITE THE

Where I shall carry on a General Carriage Business; also all kinds of JOBBING in FARM MACHINERY, &c.

COME AND SEE

THE CORNINGS AND ROAD

WAGGONS ARE READY

FOR THE ROAD.

TATTERSALL

All dishes at sacrifice prices at Holyoke & Brown's.