

**"O! MY POOR HEAD"****Stop Those Headaches.**

Headache and neuralgia are pronounced signs of blood poisoning. This poisoning of the blood comes from the waste matter of the body being left in the system, instead of being regularly carried off by the bowels, kidneys and skin.

When the bowels do not move regularly, the refuse is absorbed by the blood. Thus, the blood is loaded with foul poisons which irritate the nerves.

Poor skin action also causes headache and neuralgia. Impurities cannot escape through the skin, so the blood must take them up and deposit them on the nerves.

If the bowels and skin are not ridding the system of waste, the kidneys try to do so and are overworked.

There is just one way to cure headaches and neuralgia—to regulate bowels, kidneys and skin so that all the poisons of the body will be properly carried off.

"Fruit-a-tives" keep blood pure and rich—relieve the stomach and kidneys—regulate the bowels; and invigorate the skin to healthy action. "Fruit-a-tives" are a wonderful discovery, being a combination of fruit juices and tonics. 50c a box—six for \$2.50. At all dealers, or from "Fruit-a-tives" Limited, Ottawa.

**FEWER BROS.****The Plumbers.**

Begin to announce to the public that they have moved into new and more commodious quarters in

**The Gillin Store on King Street.**

Where they will be better than ever prepared to attend to the wants of their patrons. All work in the plumbing line attended to. Estimates cheerfully furnished. Write, Telephone, or call on

**FEWER BROS.**

Woodstock, N. B.

**AN EXCELLENT FARM FOR SALE ON EASY TERMS.**

A 150 acre farm about 4 1/2 miles from Woodstock with 75 acres cleared; good orchard; well watered; well wooded and with considerable lumber; house 2 1/2 x 3 1/2 and all finished and with good cellar; large barn 80 x 30 with granary and wagon house.

LOUIS E. YOUNG.

**INTERCOLONIAL RAILWAY**

ON and after SUNDAY, Oct. 13, 1907, Train will run daily, Sunday excepted, as follows:

**Trains Leave Fredericton.**

No. 303 Mixed for Campbellton, Moncton, Chatham and Loggieville.	5 45
317 Suburban for Marysville.	6 15
321 " " " "	11 15
323 Suburban from Marysville.	16 20
301 Express for Montreal, Chatham, Loggieville.	18 30
327 Suburban for Marysville.	18 40
329 " " " "	21 00

**Trains Arrive at Fredericton.**

No. 318 Suburban from Marysville.	8 15
302 Express from Montreal, Quebec, Chatham, Loggieville.	13 05
322 Suburban from Marysville.	13 45
326 Suburban from Marysville.	18 20
304 Mixed from Chatham, Loggieville, Chatham, Loggieville.	18 50
328 Suburban from Marysville.	19 15

All Trains run by Atlantic Standard Time. Twenty-four hour notation. 24.00 o'clock is midnight.

D. POTTINGER, General Manager.

**NOTICE.**

Have your house or store wired and your repair work done by Baird and Girard. All kinds of electric light stock kept on hand. We sell a high grade lamp that we offer at a reasonable price and we can furnish you with a lamp that will guarantee will cut your electric light bill down 25 per cent. Electric bells installed and repaired. All work done satisfaction of the underwriters. We did the work in the New Methodist and Baptist Churches.

HARRY D. BAIRD, HERMAN GIRARD. Call at Fewer Bros. Plumbing Shop on King St.

**FOR SALE!**

A Second Hand Rotary Mill as Good as New. A Bargain. Apply to SMALL & FISHER, LTD.

**MAX SMITH,**

Dealer in Junk of All Kinds.

Highest Cash Prices for Iron, Brass, Copper, Calf Skins, Lead, Rubbers, &c.

Near Queen Hotel, Woodstock, N. B.

**MAIL CONTRACT.**

SEALED TENDERS addressed to the Postmaster General, will be received at Ottawa until Noon, on Friday 18th June 1908 for the conveyance of his Majesty's Mails, on a proposed Contract for four years three times per week each way, between Coldstream and West Peel, from the Postmaster's Pleasure.

Printed notices containing further information as to conditions of proposed Contract may be seen and blank forms of Tender may be obtained at the Post Office Inspector at St. John, N. B.

POST OFFICE DEPARTMENT, MAIL CONTRACT BRANCH, G. C. ANDERSON, Superintendent.

**Prohibition and Prosperity.**

The annual report of the state assessors was filed with the governor and council Jan 10, 1908, and gave the total valuation of the cities, towns and plantations of the state, as certified by the municipal assessors, as \$354,516,848, an increase over last year's valuation of \$14,188,076. Of this increase, \$2,496,669 was personal estate and \$11,648,091 real estate.

The valuation of the cities, towns and plantations for 1907, as returned by the municipal boards of assessors, was \$281,876,801, and for the present year it is \$354,516,848, a gain of \$72,640,047 in 10 years. The increase in the two years past, as shown by similar returns, is \$25,089,924, a greater gain than has ever been shown in a like period during the history of our state. The gain of \$14,188,076 in valuation last year was also the largest for any year in the history of the state.

Maine has the largest number of teachers according to pupils, of any state in the Union, and the percentage of its population in the common schools exceeds that of any other North Atlantic State, except Vermont.

If one feels dull and spiritless, in the spring or early summer, they call it "Spring Fever." But there is no fever—usually. It is the after effect of our winter habit. The nerves are mostly at fault. Tired, worn out nerves leave us languid, lifeless, and without spirit or ambition. A few doses of Dr. Shoop's Restorative will absolutely and quickly change all of these depressing symptoms. The Restorative of course won't bring you back to full health in a day or two, but it will do enough in 48 hours to satisfy you that the remedy is reaching that "tired spot." Druggists everywhere are advertising its use as a splendid and prompt general tonic. It gives more vim and more spirit to the spoonful than any other known nerve or constitutional tonic. It sharpens a failing appetite, aids digestion, frees sluggish livers and kidneys, and brings new life, strength and ambition. Test it a few days and be convinced.

Nobody ever saw Job printing, there were no print shops in his day, but the best job printing may be had at the Sentinel Office.—tr.

Cucumbers and melons are "forbidden fruit" to many persons so constituted that the least indulgence is followed by attacks of cholera, dysentery, griping, etc. These persons are not aware that they can indulge to their heart's content if they have on hand a bottle of Dr. J. D. Kellogg's Dysentery Cordial, a medicine that will give immediate relief, and is a sure cure for all summer complaint.

It is the tea grown on the hillsides of the world-famous Nuwara Eliya district in Ceylon, used in "Salada." Tea that gives it that rich, uniform, delicious flavor.

IN FIELDS FAR OFF.—Dr. Thomas' Electric Oil is known in Australia, South and Central America as well as in Canada and the United States and its consumption increases each year. It has made its own way, and all that needs to be done is to keep its name before the public. Everyone knows that it is to be had at any store, for all merchants keep it.

Girl wanted to learn typesetting. Apply to the Foreman at Sentinel Office.—tr.

MILD IN THEIR ACTION.—Pain-Relieving Pills are very mild in their action. They do not cause griping in the stomach or cause disturbances there as so many pills do. Therefore, the most delicate can take them without fear of unpleasant results. They can, too, be administered to children without imposing the penalties which follow there use of pills not so carefully prepared.

A School Picnic will be held in Belleville on 10th June if rainy, the next fine day; all are invited to attend.

THEY ARE A POWERFUL NERVEINE.—Dyspepsia causes derangement of the nervous system, and nervous debility once engendered is difficult to deal with. There are many testimonials as to the efficacy of Pain-Relieving Pills in treating this disorder, showing that they never fail to produce good results. By giving proper tone to the digestive organs, they restore equilibrium to the nerve centres.

Wedding Stationery in all the latest styles neatly printed at Sentinel Office.

THOS. SARIN of Eglinton says: "I have removed ten corns from my feet with Holloway's Corn Cure." Reader, go thou, and do likewise.

To be up to date buy a Brass or Iron Enamel bed. The A. Henderson Furniture Co. have the greatest variety to select from.

**Good Appetite. Good Digestion. Good Health.**

To have these blessings keep your stomach and liver well and active, by taking Mother Seigel's Syrup when necessary. This great medicine ensures their perfect action and keeps you well.

**MOTHER SEIGEL'S SYRUP**

Price 60 cents per bottle. Sold everywhere. A. J. White & Co. Ltd., Montreal.

**Provincial Contests.**

On Monday the provinces of Ontario and Quebec will hold their provincial elections. In the former Premier Whitney has held sway for one legislative term, and in the main, has given good government. In the present campaign he is seeking to retain office chiefly on the strength of the so-called cheap power scheme which has been boomed so enthusiastically by one of his colleagues, the Hon. Adam Beck. Although the Liberal party was all but annihilated there in the last contest when the Ross administration went under, the present campaign has witnessed a rejuvenation under the energetic leadership of Hon. A. G. McKay, a clever young barrister of Owen Sound, who seems to be rapidly gaining prestige. Out of 106 members the Liberals held only 26 seats, so their chance of winning is somewhat remote, but the iniquitous gerrymander, the dissatisfaction of the temperance party, and a great deal of questionable legislation have all contributed to the general feeling that Premier Whitney's huge majority will be materially reduced. We should not be at all surprised if Hon. Mr. McKay's following in the new Assembly be increased by at least a dozen seats.

In Quebec a somewhat complicated situation exists. Premier Gouin, a very able man, is being opposed by a very bad combination, a fusion of the straight Conservatives with the Castor element, the chief representatives of the latter being Henri Bourassa and his young friend Armand Lavergne, who but recently resigned his seat at Ottawa in order to follow his leader into the local arena. It is admitted by everyone that the issue is not seriously in doubt, Premier Gouin being certain of winning, but his big majority, like Premier Whitney's, should take a tumble, each being abnormal and out of all proportion to the relative voting strength of the two great political parties. The leader of the Conservatives is Hon. P. E. LeBlanc, personally estimable, but of no great importance politically. He is making a show of resistance, but the chief interest centres in the Bourassa attack. That able but erratic chieftain has chosen to beard the lion in his den, having thrown down the gauntlet to Premier Gouin in St. James, one of the chief divisions of the city of Montreal, but as an act of caution remembering his previous disastrous defeat in Bellechasse at the hands of Hon. Mr. Turgeon, has also accepted nomination in the neighboring city of St. Hyacinthe, where the Nationalist heresy is thought to be more popular. Good judges claim he will be snowed under in St. James and buried in St. Hyacinthe. If so, there will be sincere cause for rejoicing, for Bourassa is certainly the worst enemy of the Liberal party in the province. As for Lavergne it really makes little difference what fate may have in store for him. He is a young man of some ability, but to use the none too elegant description of a near relative, politically a foolish fellow. Senator Choquette has consented to lead the battle against him in Montmagny. If we were to hazard a guess as to the result in Quebec we should be inclined to place the government's majority over all comers at twenty five. This will allow for the election of two dozen Oppositionists, three times the number chosen four years ago, but in that fight they "laid down" in fifty seats, contesting only twenty three out of seventy three. We feel this is a most generous allowance, and would not be surprised if it should prove 100 per cent too much. Of course the eyes of the federal politicians are on Quebec and Toronto. Sir Wilfrid Laurier and Mr. R. L. Borden will be more than interested spectators.

To stop any pain, anywhere in 20 minutes, simply take just one of Dr. Shoop's Pink Pain Tablets. Pain means congestion—blood pressure—that is all. Dr. Shoop's Headache or Pink Pain Tablets will quickly coax blood pressure away from pain centers. After that, pain is gone. Headache, neuralgia, painful periods with women etc., get instant help. 20 Tablets 25c. Sold by ALL DEALERS.

Remember in The Manufacturers Life Ins. Co. every participating policy holder is entitled to a vote in the management of the Company's affairs, and no company is more economically managed.

Sectional Book Cases are now used almost exclusively. The A. Henderson Furniture Co. carry these in stock.

Leading farmers calling at this office this week included Stephen McLaughlan of Lindsay and George E. DeWitt of Oakville.

WG Baskin O.E. of the Panama Canal is in town renewing acquaintances.

Irvine and Lebaron Diblee arrived in town Saturday to spend a few days with relatives.

**NATURE AND A WOMAN'S WORK**

LYDIA E. PINKHAM

Nature and a woman's work combined have produced the grandest remedy for woman's ills that the world has ever known.

In the good old-fashioned days of our grandmothers they relied upon the roots and herbs of the field to cure disease and mitigate suffering.

The Indians on our Western Plains to-day can produce roots and herbs for every ailment, and cure diseases that baffle the most skilled physicians who have spent years in the study of drugs.

From the roots and herbs of the field Lydia E. Pinkham more than thirty years ago gave to the women of the world a remedy for their peculiar ills, more potent and efficacious than any combination of drugs.

Lydia E. Pinkham's Vegetable Compound is now recognized as the standard remedy for woman's ills.

Mrs. J. M. Tweedale, 12 Napanee Street, Toronto, Canada, writes to Mrs. Pinkham:

"I was a great sufferer from female troubles, had those dreadful bearing down pains, and during my monthly periods I suffered so I had to go to bed. I doctored for a long time but the doctor's treatment failed to help me. My husband saw Lydia E. Pinkham's Vegetable Compound advertised and got a bottle for me. I commenced its use and soon felt better. I kept on taking it until I was well and an entirely different woman. I also found that Lydia E. Pinkham's Vegetable Compound made childbirth much easier for me. I would recommend your Vegetable Compound to every woman who is afflicted with female troubles."

What Lydia E. Pinkham's Vegetable Compound did for Mrs. Tweedale, it will do for other suffering women.

**PAIN**

Pain in the head—pain anywhere, has its cause. Pain is congestion, pain is blood pressure—nothing else usually. At least so says Dr. Shoop, and he proves it by his created a little pink tablet. That tablet—called Dr. Shoop's Headache Tablet—coaxes blood pressure away from pain centers. Its effect is charming, pleasantly delightful. Gently, though safely, it surely equalizes the blood circulation.

If you have a headache, it's blood pressure. If you are sleepless, restless, nervous, it's blood congestion—blood pressure. That surely is a certainty. Dr. Shoop's Headache Tablets stop it in 20 minutes, and the tablets simply distribute the unnatural blood pressure.

Brush your finger, and doesn't it get red, and swell, and pain your? Of course it does. It's congestion, blood pressure. You'll find it where pain is—simply Common Sense.

We sell at 25 cents, and cheerfully recommend

**Dr. Shoop's Headache Tablets**

FOR SALE BY ALL DEALERS.

Piles are easily and quickly checked with Dr. Shoop's Magic Ointment. To prove it I will mail a small trial box as a convincing test. Simply address Dr. Shoop, Racine, Wis. I surely would not send it free unless I was certain that Dr. Shoop's Magic Ointment would stand the test. Remember it is made expressly and alone for swollen painful, bleeding or itching piles, either external or internal. Large jar 50c. Sold by ALL DEALERS.

F. B. Carvell M.P. who spent Sunday at home left for the capital Monday night.

MINARD'S LINIMENT CO., LIMITED. GENTS.—I have used your MINARD'S LINIMENT in my family and also in my stables for years and consider it the best medicine obtainable.

Yours truly, ALFRED ROCHAV, Proprietor Roxton Pond Hotel and Livery Stables.

If your children moan and are restless during sleep, coupled, when awake, with a loss of appetite, pale countenance, picking of the nose, etc., you may depend upon it that the primary cause of the trouble is worms. Mother Graves' Worm Exterminator effectively removes these pests, at once relieving the little sufferer.

10c. The latest success.

**Black Watch**

The big black plug chewing tobacco.

Minard's Liniment Cures Distemper.

**Mr. Bourassa.**

Mr. Bourassa at least keeps us talking about him, and makes some people utter great, swelling words about him. He who was once the delight of the Conservatives as showing to what radical lengths of anti-British feeling Liberalism might carry one, is now the pet of the same party, having severed himself from the Liberals and joined the Tory ranks. Not that Mr. Bourassa admits that he has joined the Tory ranks. He is not a man to join any ranks. He is a leader, if he only leads one. Put the Conservative party has opened its arms wide for him; has counted him in—whether as leader or follower remains to be seen—and has adopted his warcries. The "Gazette" is possibly right in declaring that Mr. Bourassa is the ablest candidate who has offered himself to Montreal since Sir George Cartier.

Why except Sir George Cartier? Sir George lacked the fine culture of the grandson of Papineau. He is as eloquent as Bryan and better educated. At least, let us grant all this. He certainly has Bryan's genius for claptrap. Claptrap is the art of warming audiences to applause by appealing to their preferences. When Mr. Bourassa did not rise fast enough in the Liberal party, into which he was born, he broke with it. The occasion of his doing so was the sending of a contingent to the Boer war. The parliamentary reason he alleged was in form a good one, namely, that for Canada to send a contingent to an imperial over-sea war was a proceeding of such constitutional importance as to require that parliament should act in the matter. The country had, however, made its will known so insistently that the calling of parliament for the purpose would have been a mere form, and would have cost more than the contingent did, while it would have given the country the appearance of being in panic. The opposition of Mr. Bourassa to the Boer War contingent lay far deeper than that. He did not want British arms to succeed in South Africa. He did not want British interests to have any meaning here in Canada. He went to his county and preached these sentiments so effectively that by and by there was almost a race war there.—Witness.

Letter to S. J. Parsons. St. John, N.B., 30th May 1908. S. J. Parsons, Esq., Woodstock, N.B. DEAR SIR:—It has come to my knowledge that an interested competitor is circulating the report that the Atlantic Mutual does not promptly pay its losses, taking loss of Fredk Greer for an example. I enclose you a letter from Mr. Greer, from which you will see that he was perfectly satisfied, and that the loss was paid in full on the third day from the date of its occurrence. I hope you will give this matter due prominence and look after the man who is circulating it.

Yours very truly, W. I. FENTON, Managing Director.

February 1st, 1908.

W. I. Fenton, Esq., Man-Director Atlantic Mutual, St. John, N.B.

DEAR SIR:—

I beg to acknowledge in full of my loss under policy No 2204 of the Atlantic Mutual Fire occasioned by fire of Jan 27th. I commend the fairness and promptness of the Association to prospective insurers.

Yours truly,

(sgd) FREDERICK GREER.

To OUR PATRONS.

The name of the man who retails such slanders was furnished in confidence to

Yours truly,

S. J. PARSONS, Local Agent.

I. W. N. BAKER, M.D., SPECIALIST

IN DISEASES OF THE Eye, Ear, Nose and Throat.

Office hours: 10 to 12 a.m.; 2 to 5 p.m. or by appointment.

Office—Main Street, near Orange Hall Woodstock N. B.

W. D. CAMBER, DENTIST.

Nitrous Oxide Gas used for the Painless Extraction of Teeth.

Office—In Connell's Wooden Block, Queen

T. F. SPRAGUE, M.D., Physician & Surgeon,

Has Removed to the house lately occupied by B. B. MANZER, Albert Street.

J. P. ATHERTON, Chartered Accountant & Auditor.

AMHERST, N. S. Town and County Auditing a specialty.

WOOD'S PHOSPHODINE, The Great English Remedy.

Tones and invigorates the whole nervous system, makes new blood in old veins. Cures Nervous Debility, Mental and Brain Worry, Dependence, Sexual Weakness, Emissions, Spermatorrhoea, and Effects of Abuse or Excesses.

Price 25c per box, six for \$1.50. One will please, six will cure. Sold by all druggists or mailed in plain pkg. on receipt of price. New pamphlet mailed free. The Wood Medicine Co. (Formerly Windsor) Toronto, Ont.

Minard's Liniment Cures Garget in cows.

**Tooke SHIRTS**

The comfort and fit of a shirt depend largely upon the way the neck band is cut. Each neck-band in Tooke Shirts is cut out separately, not in lots.

It's this care in the cutting of the neck-band that makes the collar fit equally well whether the shirt be made with a soft or stiff bosom.

The great objection to most Neglige Shirts is that the collar never fits properly.

Many men, for this reason, have become disgusted with soft-bosomed shirts.

No trouble of this kind is ever experienced with a Tooke Shirt.

TOOKE BROTHERS, LIMITED, MONTREAL.

GENUINE COCOA BEANS

**GENUINE COCOA BEANS**

Pure Chocolate is made exclusively from the kernel of the cocoa or chocolate nut.

The only positive way to avoid frequently adulterated forms and to procure the pure article is by personally selecting genuine cocoa beans and grinding them yourself, which we do.

This explains why the coating on our bonbons is so much richer, finer flavored, why it's wise to insist on

Moir's

Chocolates

MOIRS, Limited, HALIFAX, N.S.

HUMPHREYS' Veterinary Specifics cure diseases of Horses, Cattle, Sheep, Dogs, Hogs and Poultry by acting directly on the sick parts without loss of time.

A. A. FEVERS. Congestions, Inflammations, Lung Fever, Milk Fever.

B. B. SPRAINS. Lameness, Injuries, Rheumatism.

C. C. SORE THROAT, Quinsy, Epistaxis, Distemper.

D. D. WORMS, Bots, Grubs.

E. E. COUGHS, Colds, Influenza, Inflamed Lungs, Pleuro-Pneumonia.

F. F. COLIC, Bellows, Wind-Blown, Diarrhea, Dysentery.

G. G. Prevents MISBARRIAGE.

H. H. KIDNEY & BLADDER DISORDERS.

I. I. SKIN DISEASES, Mange, Eruptions, Ulcers, Grease, Farcy.

J. K. BAD CONDITION, Staring Coat, Indigestion, Stomach Stagnation.

60c. each; Stable Case, Ten Specifics, Book, &c., \$7.

At druggists, or sent prepaid on receipt of price.

Humphreys' Medicine Co., Cor. William and John Streets, New York.

BOOK MAILED FREE.

Wood's Phosphodine, The Great English Remedy.

Tones and invigorates the whole nervous system, makes new blood in old veins. Cures Nervous Debility, Mental and Brain Worry, Dependence, Sexual Weakness, Emissions, Spermatorrhoea, and Effects of Abuse or Excesses.

Price 25c per box, six for \$1.50. One will please, six will cure. Sold by all druggists or mailed in plain pkg. on receipt of price. New pamphlet mailed free. The Wood Medicine Co. (Formerly Windsor) Toronto, Ont.

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