

WESTMOUNT

THE LATEST CREATION FOR SUMMER WEAR, ALL THE COMFORTS OF A TURN DOWN EFFECT.

"Anchor" Brand "Westmount" 2 for 25c.
"Iron Frame" Brand "Almonte" 3 for 25c.

SOLD BY LEADING FURNISHERS. MADE BY TOOKE BROS. LIMITED, MONTREAL.

MANUFACTURERS OF SHIRTS, COLLARS, NECKWEAR AND IMPORTERS OF MEN'S FURNISHINGS.

Tooke Bros.

Throat Swelled Voice Disappeared Terrible Cough Agonizing Headache

The Trying Experience of a Woodstock Man who nearly Died with Grippe.

People that allow "grippy" colds to run on unheeded often find themselves in the perilous predicament that nearly cost Marx M. Melanson his life.

"It was a long drive through the rain that started my cold. I didn't pay much attention to it thinking it would pass away. I soon experienced a stabbing tightness in my chest and throat. This grew quite intense and my throat swelled below the ears and it hurt to turn my head. A terrible dry, racking cough kept me sleepless and miserably sick, and my head felt like bursting. A neighbor bought me Nerviline and rubbed it in copiously over my throat and chest, and advised me to use it as a gargle and take it in hot water every four hours. I did this and got relief—the soreness left my chest and I put on a Nerviline Porous Plaster. Although nearly in despair when I started Nerviline, it was no time before I was well and on my feet again. Such remarkable power for breaking a cold I never thought of being found in one remedy. Nerviline saved my life and I consider it should be in every home."

Not only will Nerviline break up colds and prevent pneumonia, but it will also cure Rheumatism, Earache, Lumbago and Sciatica. Wherever there is pain or inflammation, Nerviline will cure it quickly.

Beware of substitutes—get Nerviline only, large 25c bottles at all dealers.

Rifle Shooting.

I would like to call the attention of the people of Carleton Co. in particular and the Province of New Brunswick in general to the topic of rifle shooting.

At the present time when Lord Strathcona has offered \$10,000 a year to teach our school boys to shoot, and when our Canadian Government has offered 100 rounds of ammunition free, with an unlimited lot of ammunition at a small cost of one and a half cent per cartridge, there should not be a man or boy in all our Broad Dominion from the rock bound coast of the Atlantic Ocean to the sun lit shore of the Pacific coast, that could not shoot well—and can any one imagine the hard and fearful efforts it would cost an enemy to dislodge even a small army of 1000 men, all sharpshooters, from a rocky ridge. The oldest and most honored pastime of our Anglo-Saxon race was Archery, and as the best archers in the world were Anglo-Saxon, so surely the Anglo-Saxon should stand as the best rifle marksmen of the world, and only greed of money and fear of time wasted keeps us Canadians from being noted as a nation of riflemen.

Let us wake up and take our places at the rifle butts and learn to shoot. We have the best sighted military rifle in any army or country, a rifle that shoots well and throws the bullet hard and swift. No one need fear the recoil of either Lee Enfield or Ross rifle, and the sight of the Ross rifle can not be very well improved on for a military rifle. In Car Co we have either active or asleep rifle associations at Woodstock, Avondale, Hartland, Classville, Goldstream, Mount Pleasant, Peel, Centerville and Lakeville, and all should be up and doing. We have a country association, Dr. E. S. Kirkpatrick, Capt.; S. W. Smith, Mt. Pleasant, secretary; and we have the celebrated Irving cup for best individual rifle shot at annual shoot of association; the old association cup for best team of five from any company or rifle club; the new Smith cup donated last season for best shot at 500 and 800 yds range, and other trophies, and in the early spring season as the ground dries we should be ready to begin our practice. Let us encourage every young man to come on our ranges and enjoy a few shots, and two chances to one he will stay and be a member and in a few years may even hold a cup or trophy. In my short career how often have I seen a young fellow who has had little or no practice at Target shooting take the first prize after a little practice over a country Rifle Range.

Hoping these few words will quicken a few of our rifle men and young people to visit our shooting butts, I will close, thanking you for the space in your valued paper.

Yours,
CAPT. S. G. BARTER
of Little Presque Isle C. R. A.
Avondale, N. B.

DOCTOR SAID ONLY ZAM-BUK COULD CURE HER ECZEMA.

In view of the numerous cures which Zam-Buk has worked when all else has failed, there is little wonder that in the end the doctor attending Mrs. J. P. St. Denis, of 305, Thompson Street, Winnipeg, should tell her there was nothing but Zam-Buk could cure her. The result showed the far-seeing wisdom of this practitioner, and having been completely cured by Zam-Buk, Mrs. St. Denis gives her experience for the benefit of other sufferers.

She says: "Eczema started on one side of my face and nose. At first my nose felt sore, similar to what one feels when having a bad cold. I paid no attention to this, thinking it would pass away in a day or so, but to my surprise it got worse. The nose then became swollen and hard, and turned a purplish red, as well as part of the cheek on that side of my face. As the disease developed, pimples and ulcers broke out, then the skin cracked in places and peeled off in flakes, leaving my face and nose raw and sore. This condition reacted on my general health, and I became very ill. I could get no sleep at night because of the irritation and the pain, and my face was in such a shocking condition that for two months I did not go out of the house. I applied remedies which were supposed to be good for skin diseases, but in vain. My doctor also treated me, but without effect, until one day he said that the only thing which would now be likely to cure me was Zam-Buk."

"Acting on his advice, I procured a supply and found that even the first few applications had a soothing effect on the sores. I left off everything else in favour of this balm, and applied it liberally every day to the affected parts. In a remarkably short time, considering the obstinate nature of my disease, we saw traces of improvement, which encouraged us to persevere with the Zam-Buk treatment. Zam-Buk reduced the discoloration, then the hard swelling began to show traces of leaving, the sores seemed to be less angry, and in about three weeks' time most of the sores were healing nicely. To cut a long story short, I continued with the Zam-Buk treatment until face was cleared completely of all traces of the troublesome and painful eczema."

Zam-Buk is a sure cure for cuts, lacerations, burns, eczema, ringworm, poisoned wounds, festering sores, bad leg, and all skin injuries and diseases. It is also a cure for piles. Druggists and Stores everywhere sell at 50c a box, or post free from Zam-Buk Co., Toronto, on receipt of price. You are warned against cheap and harmful imitations sometimes represented as "just as good."

Hartland

Four inches of snow on Saturday a.m. last.

D. J. Coughlan spent Easter Sunday at his home in St. Stephen.

Mrs. John McInnis of St. Thomas is visiting friends in St. John.

Improvements and alterations in Sayre's Mill extension to be ready for sawing when the drive comes in. Neither waggoning or sleighing. Waggoning mostly in use, horrid roads and the effects felt by our business men.

Wm. S. Henderson is visiting friends in St. John and vicinity.

Mrs. Edith Perry is visiting in Calais and St. Stephen.

J. T. G. Carr deals heavily in phosphate.

Potatoes are bringing \$1.50 per bbl. Butter and eggs twin prices 20c.

Go to Everett's Agency for marriage licenses.

It is once more rumored that a company will be organized to put our vacant wood working factory in operation. It will prove a good investment if properly managed and a benefit to our village.

Trains running at all hours on the C. P. R. with Sunday included. An immense traffic.

Mrs. Fred Crawford was taken sick while visiting friends in Carleton Place. She is still poorly, but slowly convalescing.

Ice in river strong, a warm rain required to take it out.

The harnesses at Everett's Agency are admired and the prices exceedingly reasonable. Collars, bridles, reins &c.—Will order anything in the line that may be required.

We are anxiously awaiting the appearance of Fred Stevens newspaper enterprise to which we hope he may be successful.

It is understood that the Exchange Hotel with furniture, horses, waggon and sleighs are for sale. The present owner and proprietor although doing a good business is badly stricken with western fever. Good opportunity for the right parties to make money.

Missionary meeting in Methodist Chapel last Sunday evening; full of interest.

Miss Pine of Lunenburg, N. S. is the popular milliner at J. T. G. Carr's establishment.

Many have run short of wood and make coal a substitute where they have coal stoves.

J. C. Everett takes application for fire insurance representing solid companies.

Mrs. Gilland nee Clara Matheson was a visitor in our village last week. A nephew of J. T. G. Carr's recently a bank official in Hamburg is making his uncle quite a long visit.

Miss Grace Tompkins for a long time clerk with Miss McMullin has accepted a situation in East Florenceville.

Tracy Mills.

Rev. W. H. and Mrs. Johnson have been spending the past week in St. John visiting friends.

Jessie Clark has returned home, after spending the winter in Boston.

We are sorry to hear that Harry Perkins is on the sick list. We hope for his speedy recovery.

B. W. Trafford, proprietor of the "Lake View Poultry Yards," has organized a debating society for the young men of this place. We wish him every success.

Hazen Hartley is wearing a broad grin. It is a boy.

J. W. Adams, intends moving his family to Hartland in May, where he has purchased the under-taking business formerly owned by Geo. Watson. During his absence his house will be occupied by William Burr and family.

Annabel Miller, of Waterville who has been visiting her aunt, Mrs. Z. B. Miller, for several days, returned to her home on Saturday.

Clifford Kennedy was seen "Wading," Sunday night.

Mr. Geo. Sinnett is recovering from a very severe attack of La Grippe.

The school of this place is under the skillful management of Lulu Cronkite.

Ruel Barrett intends taking a trip to Geneva, Switzerland, and will be accompanied as far as Bell-fast by the miller of this place.

Mr. Dixon, and daughter, Clara, have returned home after spending the winter at Fort Kent, with his daughter, Mrs. Scott Reid.

Mrs. Wm. Stevens has been very ill but is recovering Dr. Peppers is in attendance.

Frances Sinnett has resigned her position as teacher of the Cogwell Settlement school for the purpose of taking a course in Domestic Science.

Mr. and Mrs. William Wheeler who have been spending the winter in Maine, have returned to their home, here.

B. R. Tracy called on friends in Upper Knoxford, recently.

Bertie Sinnett spent Easter in Royalton.

Mrs. Sidney Bancroft who has been visiting her sister, Mrs. Fred Moores returned to her home on Grand Manan, Monday morning.

Minard's Liniment Cures Distemper.

Facts For Sick Women

We know of no other medicine which has been so successful in relieving the suffering of women, or secured so many genuine testimonials, as has Lydia E. Pinkham's Vegetable Compound.

In almost every community you will find women who have been restored to health by Lydia E. Pinkham's Vegetable Compound. Almost every woman you meet has either been benefited by it, or knows some one who has.

In the Pinkham Laboratory at Lynn, Mass., are files containing over one million one hundred thousand letters from women seeking health, in which many openly state over their own signatures that they have regained their health by taking Lydia E. Pinkham's Vegetable Compound.

Lydia E. Pinkham's Vegetable Compound has saved many women from surgical operations.

Lydia E. Pinkham's Vegetable Compound is made exclusively from roots and herbs, and is perfectly harmless.

The reason why it is so successful is because it contains ingredients which act directly upon the female organism, restoring it to healthy and normal activity.

Thousands of unsolicited and genuine testimonials such as the following prove the efficiency of this simple remedy.

Belleriver, Que.—"Without Lydia E. Pinkham's Vegetable Compound I would not be alive. For five months I had painful and irregular periods and inflammation of the uterus. I suffered like a martyr and thought often of death. I consulted two doctors who could do nothing for me. I went to a hospital, and the best doctors said I must submit to an operation, because I had a tumor. I went back home much discouraged. One of my cousins advised me to take your Compound, as it had cured her. I did so and soon commenced to feel better, and my appetite came back with the first bottle. Now I feel no pain and am cured. Your remedy is deserving of praise."—Mrs. Emma Chatelet, Valleyfield, Belleriver, Quebec.

Women who are suffering from those distressing ills peculiar to their sex should not lose sight of these facts or doubt the ability of Lydia E. Pinkham's Vegetable Compound to restore their health.

About this time of year a number of things in and around the house would be decidedly better looking for a coat of paint or varnish. Every possible surface has been provided for in

SHERWIN-WILLIAMS PAINTS AND VARNISHES

For wagons and farm implements we have a paint that will stand exposure to the weather for years. For floors we have a paint that will withstand footwear, moisture and repeated scrubbing with soap and water.

Making a special finish for every surface—requires us to keep 5000 formulas constantly in use but enables us to get best results. Tell the Sherwin-Williams agent what you want to finish, and he will give you the proper paint or varnish. Write for booklet, B-60.

THE SHERWIN-WILLIAMS CO. LARGEST PAINT AND VARNISH MAKERS IN THE WORLD. MONTREAL TORONTO WINNIPEG

Brighten Up

SEEDS! SEEDS!! SEEDS!!!

English Seeds, direct importation to your address, from Sutton & Sons, Royal Seed Establishment of Reading, England. All Farmers, Market Gardeners, Florists, and Growers only, desiring the best seeds should write for Catalogue, Price and Order List at once to **Suttons Agent, 15 King Square, Saint John, N.B.**

Parisian Sage

Puts Hair On Your Head And Keeps It There

What's the use of being bald? What sense is there in deliberately allowing your hair to turn gray?

Do you want to look old before your time? Give up the thought; old age will come all too soon.

Look after your hair, Parisian Sage will kill the dandruff germs, and is the only preparation, so far as we know, that is guaranteed to do so.

Man or woman, no matter how old you are, Parisian Sage will make you look younger.

Why not go to E. W. Mair and get a large bottle today, it only costs 50 cents, and your money back if it does not cure dandruff, stop falling hair, or itching of the scalp. It will make your hair luxuriant, bright and beautiful, and it is the most refreshing, pleasant and invigorating hair dressing made.

WANTED A BOY to learn the printing business. Apply at SENTINEL office.

Minard's Liniment Cures Colds, etc.

Kirkland.

The Misses Louise McDougall and Laura Dickson teachers at Three Brooks, Victoria Co. and vicinity are at home spending their Easter vacation.

Alice Dickson has returned home from Lawrence, Mass.

Mr. and Mrs. Carter Edgar from Three Brooks Vic Co. are visiting Mrs. Charles Edgar of this place.

Mrs. Lottie Laurie from Fredericton, has been visiting her parents, Mr. and Mrs. James McGuire.

Mrs. Annie Wisely is visiting her parents at present.

Mrs. Everett Tidd of Pokewaughamy York Co., is ill in the Houlton hospital, where she was operated on for appendicitis.

Mrs. Louis Mushroo and family of Monument Settlement, wish to thank their many friends who were so kind during the illness and death of their mother and grand parent.

Robert Greer, Matthias Friel and Allan Dickson are each out sawing wood their machines are all in first class working condition.

Mrs. Ella Maguire is very ill of paralysis.

RAIN BOW.

The Ceiling For Looks--And All Else



are. Just as a matter of economy—for a Pedlar Ceiling costs no more to

start with than the very best decorated plaster; and yet it will be a perfect ceiling long after the best plaster has become a dangerous network of cracks. Economy is the first thing to think of in ceiling any room, of course; for it can't be a low-priced ceiling if you have to repair it every year or two. My Art Steel Ceiling will last as long as the building. Why shouldn't it last?—it's STEEL. It can't crack, no matter how unevenly the building settles. Its surface can't flake off. Moisture can't possibly get through it. The heaviest jarring overhead cannot loosen it. It is THE permanent ceiling. Which one of those facts is true of a plaster ceiling?

And, as for the looks of a plaster ceiling compared with the beauty

of a Pedlar Art Steel Ceiling—comparison simply isn't possible. For my ceilings, designed by notable artists—some two thousand designs—are absolutely correct from an artistic viewpoint.

The patterns are doubly stamped by huge and very powerful special Pedlar machinery, into sheet steel, in a way that embosses the design in clear, sharp, high relief, with every detail wrought out to perfection. Some metal ceilings are blunt

from the most delicate pastel shades to color-schemes fairly Byzantine in their strength and strikingness.

And, of course, my ceilings are fireproof,—which is one reason why anybody who carries insurance will save their whole cost in a few years time, simply through reduced premiums.

I wish you could see some literature I would like to send you—free, of course—upon this ceiling question. Between the illustrations and the text I guess I could

show you that Pedlar Art Steel Ceilings are the kind of ceilings you really want to get the next time you build or repair any structure worth ceiling at all.

Tell me your address (write to our nearest place)

and I will see you get the information you ought to have about the ceiling you ought to buy.

G. A. Pedlar

Pedlar products include every kind of sheet metal building material—too many items to even mention here. You can have a catalog—information—estimate—prices—advice—just for the asking. We'd like specially to interest you in our Art Steel Ceilings and Side Walls—they are a revelation to many people. More than 2,000 designs. May we send you booklet and pictures of some of them?

PEDLAR ART STEEL CEILINGS

For Churches, Residences, Civic Edifices, Schools, Libraries, Hotels, Club Houses, Office Buildings, Factories, Shops, Stores

and vague in design,—stamped badly. Mine are not.

There is a Pedlar Art Steel Ceiling for every style of architecture or fashion of furnishing,—Gothic, French Renaissance, Louis XIV., Greek, Colonial, or whatever; and in each architectural period you can have a choice of patterns that is wider than the whole range of some makers' output. With paint and judgment, my Art Steel Ceilings lend themselves to color effects as dainty or as brilliant as one might wish,

The PEDLAR PEOPLE of Oshawa

WRITE FOR DETAILS. ADDRESS OUR BRANKEST WAREHOUSE.

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