

FOURTEEN POUNDS IN TWO MONTHS

Remarkable Gain Made by Terra Nova, Cape Breton, Woman

"Father Morrissey's No. 10" (Lung Tonic) has wrought some wonderful cures. Here is a typical case, as described by the patient herself:

"During the Fall of 1906 I contracted a severe cold, which settled upon my lungs. After being treated by two physicians of high standing my condition was not any better, but in fact getting worse. My friends began to have serious doubts about my recovery. I had heard of Father Morrissey's remarkable career as a medical adviser, and wrote to him explaining my case. In a few days I received an encouraging letter from him, and some of his 'Lung Tonic,' and immediately I began to improve, gaining fourteen pounds in two months."

I strongly recommend his 'Lung Tonic' for Colds and any form of Lung Disease."

Yours sincerely,
ANNIE McDONALD.

TERRA NOVA, CAPE BRETON CO.
Trial size, 25c. a bottle. Regular size, 50c. Father Morrissey Medicine Co., Ltd., Chatham, N.B.

Where Bad Girls Go.

"Darling, where do good little girls go?" asked a Bolokow mother of her young hopeful. "To heaven," replied the child. "And where do the bad little girls go?" asked the mother. "To the depot to see the travelling men come in."

Proves Nerviline Cures Chronic Sciatica

Solemn Statement of a Well Known Newark Merchant Establishes that Sciatica can be Cured Quickly.

It was four years ago I first was attacked by sciatica. The pains came and went, and at first were not severe, I took no precautions against relapse and the conditions grew permanent. Severe grinding pains like points of steel being forced through my flesh, affected my left side. I became almost a cripple, and on a damp or stormy day was afraid to leave the house.

"NERVILINE" was recommended and I rubbed on lots of it. In a week I improved, and by persevering with the Nerviline rubbing and taking it every night, twenty drops in hot sweetened water, I finally got the disease under control. In eight weeks I was cured. I have never since felt a twinge or an ache, and for those affected with Neuralgia, Rheumatism, Lumbago, Sciatica, or any other muscular ailment, I can conscientiously recommend "NERVILINE."

For fifty years Nerviline has been a standard household remedy all over America. Many doctors and druggists use it in their own families because it is the best, strongest, most penetrating liniment made.

Beware of the unscrupulous dealer that endeavors, because of the extra profit on an inferior article, to induce you to take anything in place of NERVILINE. Large 25c bottles at all dealers."

Hope for the CHRONIC DYSPEPTIC.—Through lack of consideration of the body's needs many persons allow disorders of the digestive apparatus to endure until they become chronic, filling days and nights with suffering. To these a course of Farnell's Vegetable Pills is recommended as a sure and speedy way to regain health. These pills are specially compounded to combat dyspepsia and the many ills that follow in its train, and they are successful always.

An overdressed woman was talking to an acquaintance.
"Yes," she said, "since John came into his money, we have a nice country house, horses, cows, pigs and hens."

"That must be charming," remarked the other; "you can have all the fresh eggs you want."

"Oh, well," replied the first lady, "of course the hens can lay if they like to, but in our position it isn't at all necessary."

USEFUL IN CAMP.—Explorers, surveyors, prospectors and hunters will find Dr. Thomas' Electric Oil very useful in camp. When the feet and legs are wet and cold it is well to rub them freely with the Oil and the result will be the prevention of pains in the muscles, and should a cut, or confusion, or sprain be sustained, nothing could be better as a dressing or lotion.

POSSIBLE EXPLANATION.
Hixon—"My tailor has sent me two bills for one suit of clothes."
Dixon—"How do you account for it?"

Hixon—"He evidently uses the double entry system of book keeping."

Allen's Lung Balsam

Contains no Opium.

Is the one Safe and Effective Cough Remedy for general family use.

DAVIS & LAWRENCE CO., Montreal.

THE INFLEXIBLE AN EYE- OPENER FOR THE NEW YORKERS.

A New York letter telling of the arrival of the Inflexible at New York, says:—

"The Inflexible was an eye opener for the bench-warming naval experts who infest the Battery. They had heard she was one of the biggest ships in any navy; they knew she was a turbine boat of great speed, with a length of 530 feet, a displacement of 17,250 tons and four turrets armed with eight 12 inch guns. They were prepared to see something new in the way of naval equipment, but the British flagship fairly took their breath away."

"Cruiser!" said they, incredulously looking out from under their shabby umbrellas. "She's a battleship, if ever there was one. Look at those big guns forward!"

"Indeed," the Inflexible looked every inch a battleship as she came nosing up through the fog and rain. Her two great slate-colored funnels, set forward, and the smaller one aft, gave her an unfamiliar look. She rode low in the water like a battleship, and the Drake looked like a liner alongside of her. She was cut away aft until nothing but a narrow strip of grey showed above the water line underneath the muzzles of the great 12 inch guns.

"It was hard to believe that this great monster lying so low in the water has a speed of 25 knots an hour when she hurries. The wonder is that such a ship should ever want to hurry, for she looks fit to sit down in the water like a brick house and fight it out to a finish."

Real Fun for Halloween

Every boy feels that he has a special right on Halloween night to go out and have some fun. Somehow or other the fun is very apt to be at the expense of other people. It may seem very amusing to take gates off their hinges and hide them; but this is cruel fun, for it makes work for the older people who have to put them back again.

Ringed doorbells is another standing joke that may turn out badly. Some boys once stood a board up against a front door, rang the door bell and ran across the street to see what would happen. A woman came to the door with a lighted lamp in her hand, and the board fell against her, smashing the lamp, and setting her on fire, so that she was terribly burned.

There are plenty of ways of having fun without injuring anybody, and a good plan is to get up a Halloween masquerade party. Let every boy hunt up the queerest old clothes he can find and dress in them, so that the others will not know him. If he has not a mask, he can rub his face with burnt cork, or paint himself to look like an Indian, doing anything that will make it hard for the other boys to recognize him.—The Delineator for October.

**YOU'LL feel
better for work,
play or rest if you
eat Quaker Oats
at least once a
day.**

In Illinois there is an old law on the statute books to the effect that in criminal cases the jury is "judge of the law as well as of the facts." Though not often quoted, once in a while a lawyer with a desperate case makes use of it.

In one case the judge instructed the jury that it was to judge of the law as well as the facts, but added that it was not to judge of the law unless it was fully satisfied that he knew more law than the judge. An outrageous verdict was brought in, contrary to all instructions of the Court, who felt called upon to rebuke the jury. At last one old farmer arose.

"Judge," said he, "weren't we to judge the law as well as the facts?" "Certainly," was the response; "but I told you not to judge the law unless you were clearly satisfied that you knew the law better than I did."

"Well, judge," answered the farmer, as he shifted his quid, "we considered that point."

You Can't Dodge them all. Mosquito bites, sunburn, bruises, skin injuries. Some of them will attack you this season sure. Have a tin of Davis' Menthol Salve on hand. 25 cents.

The Bank of Montreal is about to erect at Winnipeg the finest bank building in the world.

GOOD BLOOD AND GOOD HEALTH.

Is the Result Obtained When Dr Williams' Pink Pills Are Used.

To have good health you must have good blood. It is only when the blood is bad that the health is poor. The blood is the life-giving fluid of the body—it is therefore an absolute necessity that it should be kept free from all impurities and poison. To do this nothing can equal Dr Williams' Pink Pills for Pale People. These pills make new, rich blood with every dose; they drive out every impurity—every poison—and thus give good health.

Concerning them Miss Bernadette Lapointe, of St. Jerome, Que., says:—

"For several years my health was very bad—my system was completely run down. I had indigestion almost continually; my heart was weak; I had headaches and back-aches, and was sore all over. My blood was very poor and more than once I was in despair. I tried many supposed remedies but none of them helped me. One day a friend advised me to try Dr Williams' Pink Pills, telling me that she had found them good in a case similar to mine. I followed her advice and began taking the pills. They soon gave me some slight relief. Encouraged by this I continued their use for several months and they strengthened my whole system. I am to-day in excellent health and always keep Dr Williams' Pink Pills in the house for if I feel a little out of sorts I take a box of Pills and am all right again."

Thousands of young girls throughout Canada suffer just as Miss Lapointe did. They are sickly all the time and are totally unable to take the enjoyment out of life that every healthy girl should. They need a tonic to build them up—to enable them to withstand the worries of household or business duties; to give them strength to enjoy social life.

Such a tonic is Dr Williams' Pink Pills for Pale People. These Pills give blood to bloodless girls; they strengthen the nerves; banish headaches and backaches; cure indigestion, rheumatism, heart palpitation and relieve the many ills of girlhood and womanhood. Sold by all medicine dealers or direct by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Autumn Recipes

TOMATO CATSUP.—One peck ripe tomatoes, 1-2 cups vinegar, 1 cup sugar, salt to taste, 12 teaspoonful red pepper, 1 teaspoon mustard, 1 teaspoon ginger, 1-2 ounce whole mixed spice; boil all until it thickens, strain, bottle and fill the necks of bottles with vinegar.

PLUM CATSUP.—Five pounds plums, 1 teaspoon salt, 2 pounds sugar, 1 teaspoonful pepper, 1 pint vinegar, 1 teaspoon cinnamon and 1 teaspoonful cloves; cook the plums, and when cool put through sieve to remove skins. Weigh, add ingredients and boil for twenty minutes, being careful not to burn. Bottle and seal tightly.

CHILI SAUCE.—Thirty large ripe tomatoes, 4 red peppers, 8 onions, 2 cups vinegar, 3 tablespoons salt, 2 cups sugar. Chop the onions and peppers, peel and slice the tomatoes and boil together for one hour. Add the vinegar, sugar and salt and boil a few minutes longer.

SPICED CURRANTS.—Seven pounds currants, 5 pounds sugar, 3 tablespoons cloves, 1 pint vinegar. Wash and stem the currants and put into a kettle with the sugar, vinegar and the spices tied in a bag. Bring to boiling point and let simmer for one and one-half hours. Serve with cold meats.

SWEET TOMATO PICKLE.—Twelve pounds green tomatoes, 2-3 pounds sugar, 1-2 pints vinegar, 1 ounce ginger, 1 ounce cloves, 1 ounce cinnamon. Put spices in a bag and boil in the vinegar before adding the tomatoes; sprinkle tomatoes with salt after slicing, and let stand overnight. Wash off with clear water in the morning and cook until tender in the spiced vinegar.

TOMATO MUSTARD.—Two pecks ripe tomatoes, 2 onions, 12 red peppers, 1 pound mustard, 1 pound salt, 4 ounces black pepper, 2 ounces ginger, 2 ounces mace, 2 ounces cloves, 2 ounces garlic. Vinegar to taste. Peel the tomatoes and boil one hour with red peppers and onions. Add the spices, except the mustard; strain through a colander and cool. Then add mustard and vinegar and boil one hour.

Hewson's Pure Wool Unshrinkable Underwear

Ever notice how easy it is to roll off a pay roll?

EIGHTH BATTLESHIP OF DREADNOUGHT CLASS.

Launch of the Neptune at Portsmouth—She is Great Britain's Eighth Battleship of Dreadnought Class.

Portsmouth, Eng., Sept. 30.—The Neptune, Great Britain's eighth battleship of the "Dreadnought" class, or her eleventh, including the three battleship cruisers, represented by the Inflexible, now participating in the Hudson-Pulton celebration at New York, was successfully launched here to day by the Duchess of Albany in the presence of a great concourse of people. The bulkheads of this superior "Dreadnought" are so heavily armored that experts consider her practically unsinkable by a torpedo.

The Neptune was commenced at Portsmouth on January 9th of this year. She has a displacement of 20,250 tons, length 510 feet and beam 86 feet. She is, consequently, ten feet longer and two feet wider than any of her predecessors. She exceeds the "Dreadnought" type by 2,750 tons, and the Bellerophon by 1,650 tons. She has turbine engines of 24,000 indicated horse power, giving a speed of 21 knots an hour.

The Neptune has been described as "the last word" in battleships. Her ten 12 inch guns will be of the new 50 calibre pattern, which has a greater range and penetration than the 12 inch guns now in use, and in addition she will carry four inch guns for repelling torpedo attacks. The admiralty considers her the most powerfully armed vessel thus far built.

He (pointing out field) That's Green over there. In a few weeks he will be our best man.

She—Oh, Cha lie; this is so sudden!

"Don't you like that quotation from Shakespeare. 'The friends thou hast and their adoption tried, grapple them to thy soul with hoops of steel?' he asked soulfully.

"I think hoops of gold would be better," said the summer girl shyly.

Wood's Phosphorine.
The Great English Remedy. Tones and invigorates the whole nervous system, makes new blood in old veins, cures Nervous Debility, Mental and Physical Weakness, Neurasthenia, Sexual Weakness, Emissions, Spermatocystitis, and Effects of Abuse or Excesses. Price 10c per box, six for 50c. One will please, six will cure. Sold by all druggists or mailed in plain package on receipt of price. Your remittance, mailed free. The Wood Medicine Co., formerly Windsor, Toronto, Ont.

House and Lot For Sale.

One of the finest residences in the Town of Woodstock on the Northern side of Connell St. The land, consisting of three lots, has a frontage of 1 1/2 ft. on Connell St. and a depth of 130 ft. The buildings consist of a large two story house with a wood-house and barn, and in good repair. The dwelling is well finished throughout; is heated with hot water, has a good bath, but no hot and is lighted with electricity.

For terms and further particulars, apply to be understood.

LOUIS E. YOUNG.

June 2nd, 1909. 15-23.

Safe Insurance and Prompt Payment.

Geo. L. HOLYOKE, Insurance Broker, Woodstock, N.B.

DEAR SIR:—I thank you for the prompt and satisfactory adjustment and payment of the full amount of Insurance, \$500, in the Ontario Fire Insurance Co. of Toronto, of which Wm. Thomson & Co. of St. John, are General Agents, on my Dwelling which was burned July 15th. I notified you on July 14th, and check in full payment was issued July 26th.

RICHARD E. PORT.

Paris Green Lime and Vitrol

for Bordeaux.
Also a few Army
Rifles at \$5.00

AT
Clarke and Johnston
HARDWARE STORE,
Connell St

Synopsis of Canadian Northwest Land Regulations.

ANY person who is the sole head of a family or any male over 18 years old, may homestead a quarter-section of available Dominion land in Manitoba, Saskatchewan or Alberta. The applicant must appear in person at the Dominion Lands Agency or Sub-Agency for the district. Entry may be made at any agency, on certain conditions, by father, mother, son, daughter, brother or sister of intending homesteader.

Duties.—Six months' residence upon and cultivation of the land in each of three years. A homesteader may live within nine miles of his homestead on a farm at least 80 acres solely owned and occupied by him or by his father, mother, son, daughter, brother or sister.

In certain districts a homesteader in good standing may pre-empt a quarter-section alongside his homestead. Price \$300 per acre. Duties.—Must reside six months in each of six years from date of homestead entry (including the required to earn homestead patent) and cultivate fifty acres extra.

A homesteader who has exhausted his homestead right and cannot obtain a pre-emption may purchase a homestead in certain districts. Price \$300 per acre. Duties.—Must reside six months in each of three years, cultivate fifty acres and erect a house worth \$300.00.

W. W. COLEY,
Deputy of the Minister of the Interior.

Windsor.

A meeting was held here on Thursday last to hear Mr. Allen Bradley's reply to certain charges made against him in his capacity as councillor. The meeting was largely attended by voters and others interested.

Mr. Bradley produced statements from the Secretary and Auditor showing the Parish to be in a more healthy condition financially than for 25 years previous to the time he became councillor. Showed that the rumor of ex-councillor Currie being behind in his returns for money collected to be entirely false. That Mr. Currie is not in debt to the county or parish one dollar. That collecting done by Ex. Everett was paid for by Mr. Currie and the amount not charged to the parish, with which Mr. Bradley had nothing to do.

Mr. Bradley satisfactorily answered all questions and made explanations. Quite a number were out from Hartland seeking Bradley's scalp on party lines and personal difficulties. Among them candidate Morgan, M. L. Hayward, S. S. Miller and C. E. Allen, who were granted the privilege of speaking and asking questions.

For all they gained, they might better have remained at home.

C. E. Allen, barber, as speaker, (Heaven save the mark!) heard Mr. Bradley say to Mr. Craig, present collector, not to delay the issue of executions too long, the parish needs the money.

The meeting a decided victory for Mr. Bradley.

Invest 25 cents in a box of Davis' Menthol Salve ("The D. & L.") and be prepared for a hundred ailments, which may not be dangerous but are very annoying and painful, like neuralgia, earache, sprains, burns, bruises, insect stings, cuts, piles, etc. It is a household remedy always useful for some trouble, and should be kept in the family medicine closet.

**WILL MAKE HAIR GROW
BEARINE**
Prepared from the grease of the Canadian Bear. Delicately perfumed.
The Standard Pomade for 40 Years.
All Dealers 50c. per Jar.
Davis & Lawrence Co., Montreal.

Not a Drop of Alcohol

What is a "tonic"? A medicine that increases the strength or tone of the whole system. What is an "alterative"? A medicine that alters or changes unhealthy action to healthy action. Name the best "tonic and alterative"? Ayer's Sarsaparilla, the only Sarsaparilla entirely free from alcohol. Ask your own doctor all about it. Never take a medicine doctors cannot endorse. J.C. Ayer Co., Lowell, Mass.

Without daily action of the bowels poisonous products must be absorbed. Then you have impure blood, biliousness, headache. Ask your doctor about Ayer's Pills for constipation.

Object Lessons for Our Children.

The prolific cause of drunkenness is not the drunkard who reels through our streets, or lies in the gutter, but the so-called moderate drinker, whom the boys quote, as a "pretty good kind of man" if "he drinks." It is the influence of men in high places in our land that tells. Public opinion has said that the position of a preacher or teacher must be denied a man who openly encourages the drink habit. It is to be hoped "public opinion" will become consistent and deny the public offices, which are in the gift of the people, to a man using the position to encourage drunkenness. I said before not the drunkard with his maudlin foolishness much less the drunkards home with its distress and poverty encourages drunkenness. Indulgence in strong drink is fashionable because men in prominent places in life openly countenance and practice the habit regardless of the influence on the youth of our land. A judge, a school inspector, a cabinet minister, a leading politician or a successful merchant by indulgence created the impression that is a manly habit. A drunken judge on the bench fosters more evil than a sober preacher behind the pulpit can ever eradicate.

SPANISH QUEEN POPULAR.

Paris, Oct. 1.—Queen Victoria Eugenie is praised enthusiastically by all Spanish newspapers, even by the Republican journals, for the manner in which she is organizing relief funds for the wounded soldiers at the front and the families of those killed in the war, says the Madrid correspondent of the New York Herald.

The funds collected already amount to over \$300,000 toward which the queen has contributed most liberally. Her majesty presides over the "juntas" held to collect funds and deliver eloquent appeals to the charity and patriotism of the women of Spain.

Mary, aged 14, was found one day by an elder sister sobbing and crying.

"What is the matter?" she asked with great concern.

"Three boys have asked me to go to the dance to-night," was the unexpected reply.

"Well, my dear child, certainly that is not such a terrible misfortune."

"Yes; but I told the first one I would go with him, and the last one was a longpanter!"

SUNLIGHT SOAP



A BASKET FULL of clean, sweet-smelling linen is obtained with half the toil and half the time if Sunlight Soap is used. Sunlight shortens the day's work, but lengthens the life of your clothes. Follow directions.

DO YOU REQUIRE ANY JOB PRINTING?

The Sentinel Job Department is equipped in excellent style for any kind of printing, from a Visiting Card to a Full Sheet Poster. When in need of Commercial Printing just telephone, write or call on us and see our work, get our prices, and its up to us to give you good work.

Are You Going to be Married?

Then let us print your Wedding Invitations; we can do it to the "Queen's Taste", and we pay expressage on any order outside of the town. We have a new line of type that is most pleasing when printed on excellent paper, the kind that we always give our patrons.

WE PRINT TO PLEASE.

The Carleton Sentinel,
Woodstock, N. B.