

Fifteen Years of Agony

"Fruit-a-tives" Promptly Cured Him After Doctors Had Failed To Give Relief.



CHARLES BARRETT, Esq.

Harbor au Bouché, Antigonish Co., N.S., March 24, 1909. "I wish to express my sincere appreciation of the great benefit I received from taking 'Fruit-a-tives.' I suffered from Biliousness and Dyspepsia for fifteen years and I consulted physicians and took many kinds of ordinary medicine, but got no relief. I was in miserable health all the time and nothing did me any good. I read the testimonial of Archibald McKee, of Ottawa, and I decided to try 'Fruit-a-tives.' I have taken a number of boxes of 'Fruit-a-tives,' but before I had taken one box I felt better and now am entirely well. I am thankful to be well after fifteen years suffering, and I am willing to have this statement published for the sake of other sufferers, and to them I strongly recommend 'Fruit-a-tives.'

(Signed) CHARLES BARRETT.

50c a box, 6 for \$2.50—or trial box, 25c. At all dealers or sent post-paid on receipt of price by Fruit-a-tives Limited, Ottawa.

Passenger Train Service from Woodstock.

Effective Oct. 3rd. Atlantic Time. Trains Daily. Except Sunday.

DEPARTURES
6:45 A.M. For Houlton, St. Stephen, Fredericton, St. John East; Portland, Boston, etc.
12:15 P.M. For all points North: Plaster Rock, Grand Falls, Ft. Fairfield, Carleton Place, etc.
5:00 P.M. For Fredericton via Gibson.
5:33 P.M. For Houlton, St. Stephen, Fredericton, St. John East, Boston, Sherbrooke, Montreal, Chicago, St. Paul, Canadian Northwest and British Columbia.

ARRIVALS
11:50 A.M. From Fredericton via Gibson.
12:15 P.M. From St. John and East, St. Stephen, Boston, Montreal and West from Houlton.
5:31 P.M. From Ft. Fairfield, Carleton, etc.
1:00 P.M. From Fredericton, St. John and East; St. Stephen, Boston, etc.
D.F. AS St. John, N. B.



We receive 3 times as many calls for office help as any school in the State on a basis of enrollment. Had 14 more positions than we could fill within two weeks. A good position has been secured for every graduate and they are giving satisfaction. We offer you the best course of study and instruction that can be arranged. Now is the time to prepare. Write for catalog and interesting information. Houlton Business College, Houlton, Maine.

GEO. L. HOLYOKE Insurance Broker, WOODSTOCK, N. B.

District Manager for the Northern Life Assurance Co. of Canada. Local Agent or Non-Tariff Fire Insurance. Health and Accident Insurance. Plate Glass, Horse and Stock Insurance.

Quick Adjustment and Payment of all Indemnities.

PROBATE COURT COUNTY OF CARLETON.

To the Sheriff of the County of Carleton or any Constable within the said County, Greeting:

Whereas George Whitfield Shaw, Executor and Trustee of the Last Will and Testament of Hartford A. Shaw, late of the Parish of Northampton, Farmer, deceased, hath filed in this Court an account of his administration of the said deceased's Estate and hath prayed that the same may be passed and allowed in due form of law, you are hereby required to cite the said George Whitfield Shaw, Heirs, Blood, Bull, wife of Warren Bull of the said Parish of Northampton, Etta Shaw and Frank Shaw of the said Parish of Northampton, and the heirs, next of kin and others interested in the said Estate, to appear before me at a Court of Probate to be held in my Office in the Town of Woodstock within and for the said County of Carleton on THURSDAY, the TWENTY-THIRD day of JANUARY, A. D. 1910, at the hour of eleven or the clock in the forenoon, then and there to attend as prayed for and as by law directed. Given under my hand and the seal of the Probate Court this SIXTH day of DECEMBER, A. D. 1909.

(Signed) THOMAS J. JONES, Judge of Probate, County of Carleton.

(Signed) JAMES McMANUS, Registrar of Probate, County of Carleton.

GATES' NERVE OINTMENT the greatest healer. Cures Brouchitis, Catarrh, Burns, Sores, Cuts, Piles, Galls on Horses, etc.

GEORGIA LETTER.

Forayth Ga.

Dear Sentinel.—This is Dec 28th 1909, only three more days and the old year will be gone never to return and it will be the last year to thousands who now live. Many have passed out since the holidays began already some by their own hand and some by the hand of others leaping up from the demon whiskey and many by natural causes. There is always some enemy to man, ready to cut his life short and rush him into eternity whether prepared or unprepared. The best insurance man can have on his life is a policy taken out and fully paid up in the company above where Christ is the President and his spirit is the examining physician he then has a policy that will be promptly paid at maturity (death).

We are having winter here now and have been for two weeks. It has been a very dry fall open and beautiful weather no snow or sleet yet, but some ice. The report of the tidal wave and a big snow east reminds me much of my young life in N. B. I see by yesterday's paper New York had ten inches of snow while I have seen in Carleton Co. eighteen inches at one storm. It almost starts the cold creepers up and down my back to think of it now but I enjoyed it hugely then. Well the holidays will soon be over and the masses will settle back into their normal condition and occupation and lay plans for the year 1910. Our present crop of cotton is about all in and the bulk sold at fine prices our farmers are now in better condition financially than they have been since we surrendered to General Grant long years ago. But how fresh is that incident in my mind now. Their have been many changes both local and foreign since then. What strikes the south has made in all her departments of life both in science and agriculture and her mineral resources have been developed to an astonishing degree.

There is a large plant that has been running for some years in Barton, Co., Ga. making Portland cement; it is owned and operated by Canadians, and we are building another in same Co. to manufacture the same article. This new plant is located at the foot of a mountain that much resembles one of the pyramids of Egypt. This mountain is composed of all the material necessary for the manufacture of first class Portland cement. This article is fast coming into general use in all manner of buildings and structures. We see no reason if properly managed why this plant should not do a profitable business.

I read much political strife in your columns, but see but little about the Court house, but hope it is nearing completion. I am at a loss to know if the valley railroad is to be a success or will it be defeated and left to another generation to build? I know you need a road running parallel with that old waterway St. John river to the sea. When I was a boy the farmers took their produce to Fredericton and St. John on sleds. How such direct connections with the local market by rail will save those good farmers in Carleton Co.

I still get bundles of Canadian papers from an unknown friend at what used to be Buttermilk Creek, but now called Florenceville. He takes special pains to obliterate his name on every paper. Perhaps that is best for if I knew his name I might not think so much of him. I used to know a man who lived there whose name I cannot quite recollect; it might have been Green. I think he ran a tannery. I was sorry to learn of the burning of the Dickinson tannery at Lower Corner, a place I spent three or four years of enjoyable life, but since then almost every one I knew has passed away to the great beyond.

Our market is about thusly, cotton 15c, Irish potatoes 40c a peck, sweet potatoes 75c per bushel, ham 15c, beef 12c to 25c per lb, and other things in proportion, so might it be.

I truly sympathize with County people who are annoyed with what they consider a worthless nuisance, (automobiles) It seems to be an annoyance that has come to stay until people get to flying as they soon will, then the auto will be of little use and will have to take a back seat. We have had the same trouble here with the iron chariot that jostles against each other in the streets, but our horses are getting used to them, and an accident seldom happens, but my old countrymen can rejoice in the fact that when the snow comes their fears will be dispelled until spring again. Now as long as the auto sleeps your ladies at home are out of the market, and it may save you men many a dollar, ha—

ET MALLORY.

WANTED—A Second Class Female Teacher. Apply, stating salary, to G. F. CUNNINGHAM, Weston, Car. Co., N. B. 3in-52-pd.

GATES' LIFE OF MAN BITTERS and INVIGORATING SYRUP cures Chronic Diseases when taken to gether.

THE DOCTOR SAID HE COULD NOT LIVE

An Almost Fatal Illness Following An Attack of LaGrippe.

The danger from grip is seldom over when the characteristic symptoms, the fever, the headache and the depression of spirits, pass away. Grip leaves behind it weakened vital powers, thin, watery blood impaired digestion and over-sensitive nerves—a condition that makes the system an easy prey to pneumonia, bronchitis, rheumatism, nervous prostration and even consumption. Too much stress cannot be laid on the importance of strengthening the blood and nerves during convalescence, and for this purpose no other medicine can equal Dr. Williams' Pink Pills which contain the elements necessary to enrich the blood and restore weakened nerves. Mr. James L. Whitman, Mulgrave, N. S., says:—Following a severe attack of La Grippe I was completely prostrated. The doctor who attended me said that my whole system had gone wrong. My heart was affected, my kidneys weakened, digestion impaired, and to make the trouble worse I had a hemorrhage of the bowels, and nearly bled to death. The doctor said I could not live, and told my wife to tell me that I had better settle up my worldly affairs. I did not care to live my sufferings were so intense. I could not sleep, my complexion very yellow. Friends came to see me in the last time, and one of these, more hopeful than the others, persuaded me to try Dr. Williams' Pink Pills. While I had but little faith that they would help me I decided to try them. Quite soon they seemed to benefit me, my heart became stronger, continuing the use of the Pills it was not long before I was able to be out of bed, and after using fifteen boxes I am in good health for a man of my age. The doctor and those who knew of my case look upon me as a living wonder, as none of them expected me to get better."

You can get Dr. Williams' Pink Pills from any medicine dealer or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Kirkland.

We have just had a very heavy fall of snow with high winds. The roads are not very good at present.

The Misses Laura Dickinson and Louise McDougall, teachers, are spending their vacation at home.

A very large number of young people from this place and Maxwell were in Woodstock on Friday. They went by train from Debec.

Miss Bessie Grapes from New York is spending her vacation with Mrs. Leslie Kennedy.

Robert Anderson, Jr., has been poorly for a few weeks and report says he has gone to Portland, Maine, to be operated on for appendicitis.

Mr. and Mrs. Robert Scott and family of Debec, spent Christmas with Mr. Scott's sister, Mrs. Margaret Bunting, over the Eel River Stream.

Mrs. Inez O'Connor and two children from Houlton, Me, spent Xmas with her parents, Mr. and Mrs. Harvey Watson, in Maxwell.

One of the best shows ever held in this place or Maxwell, was in the Temperance Hall at Maxwell recently. Three men belong to it. There was music on the violin, cornet and organ all at the same time and some other wonderful performances. Messrs McDonald, Sullivan and Sutherland are the men who compose it.

Mr. and Mrs. Watt Taylor were in Woodstock on a pleasure trip recently.

Messrs Geo Maxon, Jr. and Robert Greer are lumbering in Golden Ridge and are doing quite a business.

The school in Monument Settlement will remain vacant during the winter months.

Bernice Hall of Maxwell, who is a student at the Normal School is home during her vacation.

Officers Elected.

Alexandria L. O. No 120 held its annual meeting Dec 29, and elected the following officers for the ensuing year. Robt Bell, W. M.; W. H. Beckin, D. M.; Lee McLellan, Chap.; H. L. Thomas, Rec Sec; Hedley Cheney, Fin Sec; F. W. Gartley, Treas; Henry Beckin, Lect.

COMMITTEE
Henry Beckin, Henry Davis, Ernest Cluff, Fred Kidney, Alfred Bell.

Smile.

Smile in the day time, smile at night, Smile when the world goes wrong or right.

Smile for the old folks, smile for the kids, And smile for the chirping Katy-dids.

Smile in the twilight, smile in the dawn, Smile when the light of day is gone For smiles are the children of success Which guide through the lifetime wilderness.

Glassville.

The young people of the village presented the instructive and amusing comedy, "Valley Farm" in the Church Hall on Xmas eve. Robert Ronald, Harry Pearson, Jack Grant, Arthur McIntosh, Murray Lamont, Chas Wilson, Bernice Sewell, Maud McIntosh, Lily Wilson, Katie Ronald Hilda Lamont and Jean Murray took the parts. They were greeted by an audience that took up all the standing room. Mrs Wm Love and Mr Frank Nixon presided at the organ and violin between the acts. Pretty duets were sung by Mr Arthur McIntosh and Miss Bernice Sewell, also by Mr Arthur McIntosh and Miss Maud McIntosh. Coun D H Lamont was rushed at the ticket office and when receipts were counted it was found that ninety dollars was realized. The play was voted a success by all. Both play and talent were enthusiastically praised.

The Xmas holidays hereabouts were greatly enjoyed. The roads were excellent. The merchants did a large trade. Every store was prettily decorated and the buyers were numerous and well satisfied. Harry Pearson, George McIntosh, John Lamont, Will McDougall and Clarence Robinson go to Truro on Monday to take the short course at the Agricultural College. These young men are among our very brightest.

Knoxford.

Old St Nick brought us lovely weather for Xmas and when the roose and all the good things were attended to we had a perfect moonlight night for sleigh driving as all the boys who have a sleigh, a driver and best girl can testify. A good many attended the play at Centerville.

While helping Stanley Burk saw circular wood one day last week, Will Margison had the misfortune to slip, falling with his arm on the table which tipped with his weight on the sawcutting his arm through the muscle to the bone. The wound was dressed by Dr White.

Edmund Longstaff has started his hay press in Houlton, with his brother Trueman Blair, Carlisle, and when they start in on a mow of hay or a plate of beans it will soon disappear.

Lewis Bartley has gone to the woods, he is in for B F Smith on the east branch of the White Lake.

Mr and Mrs Frank Shaw and family of Mars Hill, were visiting in this place Sunday.

Foxes are very thick this winter, quite a number have been snared. Deer are also quite plentiful, but the boys can't snare them without license the kind O E Vall advertises in the Mars Hill view.

Harry Toms who has been working on Craig Bros hay press, in Me, spent Xmas at home.

Mrs Eddie Bartley spent Xmas with her parents at Robinson, Me.

Leonard Woolverton and family spent Xmas at their daughters Mrs Beckwith.

Barrie Bartley and Lee Cain, broke the road through to Umphry Bridges Sunday. T O Cain can drop the blocks off a drag of Wood in short order with his new gasoline engine. He sawed a day and a half for Robinson Longstaff, and it took three quarters of an acre for Lorn Smith to pile the blocks on.

WHY SUFFER?

Breathe Hyomei and Kill the Loathsome Catarrh Germs.

Just as long as you have catarrh your nose will itch, your breath will be foul, you will hawk and spit and you will do other disgusting things because you can't help yourself. The germs of catarrh have got you in their power; they are continually and persistently digging into and irritating the mucous membrane of your nose and throat. They are now making your life miserable; in time they will sap your entire system of its energy; its strength, its vigor and vitality.

But there is one remedy that will kill the germs and cure catarrh, and that is Hyomei, the Australian dry air treatment.

Joseph Dural, of Woodstock Street, Tavistock, Ont says: "Catarrh had given me all kinds of suffering for a long time. There was a swelling of the glands under the eyes and adjacent to my nose and the discharges would drop into my throat. I used several remedies, but never got the relief that I did from Booth's Hyomei so that I highly recommend its use to catarrh sufferers."

E W Mair the druggist, will guarantee Hyomei to cure catarrh or money back. Don't delay this pleasant antiseptic treatment. Breathe in Hyomei and kill the germs.

E W Mair will sell you a complete Hyomei Outfit, including inhaler, for only \$1.00. It is also guaranteed to cure bronchitis, asthma, coughs, colds, hay fever and croup.

Williamstown.

January 3rd, 1910.—We have had some very cold weather for the last week; we think the river must be frozen over now.

The farmers are hauling their hay, oats and potatoes to Florenceville Station, a long, hard haul.

Mrs. Reid Culverson is visiting her parents, Mr. and Mrs. George Watterson.

Miss Fern Page spent last Tuesday with her cousin, Miss Marion Owens Tracey Mills, who has been confined to her bed for several months with paralysis.

Miss Maud Page, Windsor, visited her aunt, Mrs. Thos. Corbett, one day last week. She has returned to Normal School.

Miss Maggie Lindsay, Perth, spent Xmas with her parents, Mr. and Mrs. Hanford Lindsay.

Mrs. Myrtle Carvell has returned to Presque Isle after spending a week or two with her parents, Mr. and Mrs. Rulofson Fowler, Lakeville.

Mr. Gerald Bearisto, Winnipeg, is visiting his father, Dr. Bearisto, and other relatives and friends. He has been away for about three years.

Mr. and Mrs. Colin King, Woodstock, spent New Year's at Lakeville and vicinity.

Miss Annie Gillis, trained nurse, is at home on account of her mother's illness.

Mrs. Wm Page and daughter Grace, spent last Thursday at Mrs. Grace Page's, Tracey Mills.

Mrs. Burns King and son Ellis, Lakeville, spent one day last week at Mr. Andrew Jameson's.

Mrs. Wm Wilson and daughter Hilda, Lakeville, were guests of Mrs. Jane Gillis last Wednesday.

Mr. Kerr McLeod and sister Lena, Jacktown, were guests of their sister, Mrs. Johnnie Gillis, last week.

Miss Bessie Armstrong came home for Xmas vacation from her millinery work.

Mr. and Mrs. John A. Watterson were visiting their daughter, Mrs. W. Margison, Knoxford, recently.

Mr. and Mrs. J. A. Kilpatrick, Tracey Mills, spent yesterday with her sister, Mrs. J. I. Williams, Lakeville.

A SECRET OF THE PAST

Revived for Use of Modern Man.

For twenty centuries the secret of the wonderful balsam with which the gladiators and charioteers of Ancient Greece and Rome healed their wounds lay undiscovered. Zam-Buk is the modern counterpart of these balsams, and owes its great success to the same root cause—it is purely vegetable. Since its discovery Zam-Buk has been welcomed in mansion and cottage.

The reasons for this triumph of science are simple and few. Taking a lesson from the Ancients, the proprietors of Zam-Buk first of all wisely decided that the ideal balsam must be purely herbal and contain not the slightest trace of rancid animal fats or poisonous minerals. Thus Zam-Buk is made solely from rich and pure essences obtained from certain rare medicinal herbs. These jalos

and extracts are prepared and refined by ingenious scientific processes and then so skillfully blended that a unique, effective, and yet perfectly natural skin healer is secured. Zam-Buk has an affinity for the human skin such as no ordinary ointment or liniment can possibly possess. Besides soothing pain and allaying irritation, it possesses high antiseptic qualities, and solves the problem of always having handy at home or at one's work an ever-ready and reliable first aid for cuts, burns, scalds, bruises, lacerations, scratches, etc. Zam-Buk is without equal for eczema, ulcers, piles, bad leg, ringworm, scalp sores, festering sores, sprains, stiffness, poisoned wounds of all kinds face sores, chafing, chapped hands, cold sores, frost bites, sore feet, diseased ankles, and all itching, irritation, and inflammation.

Zam-Buk is a daily need in every household, and is sold by all druggists and stores at fifty cents a box. Refuse harmful and dangerous substitutes sometimes "pushed" as being "just as good." They are not!

"What a beautiful sight it is, Mrs. Bates, to see your two little boys always together!" the summer boarder exclaimed, in an ecstasy, on the approach of Bobby and Tommy Bates hand in hand. "Such brotherly love is as rare as it is exquisite."

Mrs. Bates nodded in pleased assent. "I tell Ezra," she said, "that they're inseparable as a pair of pants!"

Died at her home, Summerfield, Carleton Co. N. B., December 21st 1909, Mary A. widow of the late Leonard Richard, aged 64 years nine months and one day, leaving to mourn their sad loss four daughters and two sons, Mrs. Thomas Hamilton of Norridgewalk Maine, Mrs. Daniel Inman of Kilburn N. B., Mrs. Colman Lunn of Summerfield, N. B. William of Helmsville, Montana, Dean and Pearl at home. The funeral services were conducted by the Rev. Thomas Pearce with an appropriate discourse from Job 14-14.

PERHAPS SO.

I Saxony they manufacture yarns, That's where a lot of yarns all get their names from; I wonder if that country wasn't where Our old friend Ananias really came from?

Smith walked up the street the other evening with a box of chocolates under one arm and a big package of meat under the other. "Hello, Smith," said Brown, "gone in for housekeeping? I didn't know you were married."

"I am not yet!" "What are you doing with those chocolates and meat, then?" "Going to see my girl."

"Do you have to furnish the family with sweetmeats already?"

"Oh, no; the sweets are for the girl and the meat is for the dog. I have to keep square with both."

More bread and Better bread —And the Reason for it

A STRONG FLOUR can only be made from strong wheat. Manitoba hard wheat is acknowledged the strongest in the world—and that is the kind used for Purity Flour.

But that's not all. Every grain of this wheat contains both high-grade and low-grade properties. In separating the high-grade parts from the low-grade the Western Canada Flour Mills put the hard wheat through a process so exacting that not a single low-grade part has the remotest chance of getting in with the high-grade.

Of course this special process is more expensive to operate but it means a lot to Purity flour users—that's why we use it.

It means that Purity Flour is made entirely of the highest-grade flour parts of the strongest wheat in the world.

It means a high-class, strong flour and therefore yields "more bread and better bread."

Purity may cost a little more than some flours, but results prove it the cheapest and most economical after all.



DO YOU REQUIRE ANY

JOB PRINTING?

The Sentinel Job Department is equipped in excellent style for any kind of printing, from a Visiting Card to a Full Sheet Poster. When in need of Commercial Printing just telephone, write or call on us and see our work, get our prices, and its up to us to give you good work.

Are You Going to be Married?

Then let us print your Wedding Invitations; we can do it to the "Queen's Taste", and we pay expressage on any order outside of the town. We have a new line of type that is most pleasing when printed on excellent paper, the kind that we always give our patrons.

WE PRINT TO PLEASE.

The Carleton Sentinel, Woodstock, N. B.