

Silence!

The instinct of modesty natural to every woman is often a great hindrance to the cure of womanly diseases. Women shrink from the personal questions of the local physician which seem indecent. The thought of examination is abhorrent to them, and so they endure in silence a condition of disease which surely progresses from bad to worse.

It has been Dr. Pierce's privilege to cure a great many women who have found a refuge for modesty in his offer of FREE consultation by letter. All correspondence is held as sacredly confidential. Address Dr. R. V. Pierce, Buffalo, N. Y.

Dr. Pierce's Favorite Prescription restores and regulates the womanly functions, abolishes pain and builds up and puts the finishing touch of health on every weak woman who gives it a fair trial.

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You can't afford to accept a secret nostrum as a substitute for this non-alcoholic medicine of known composition.



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Care of the Teeth.

Written from the office of E. S. Kirkpatrick, by G. F. Clarke and A. J. Cormier, D.D.S.

PAPER NUMBER ONE.

The people of Woodstock and surrounding Country will, having read so far, readily suspect that this little talk on the teeth is meant to be one of many, during the fall and winter months.

The teeth are too often neglected, especially in the case of children, which, if taken in time would save a great deal of trouble in after life. Often it is a matter of not having the money necessary to pay the dentist for service rendered, more often it is mere neglect. The Dominion Dental Council has, during the last five years, distributed literature throughout Upper Canada for the same purpose as the present and subsequent papers which we are preparing,—to show that the teeth can and should be saved so as to insure perfect mastication and health. The general public knows very little about dentistry and therefore are more easily deceived by unscrupulous dentists who extract that they may have the remunerative pleasure of inserting a denture or set of false teeth. Such a man is a discredit to the profession. He gets rid of the grueling and nerve racking work at the dental chair.

What mother or father begrudges their children money spent for the betterment of the little ones teeth? Few indeed! as we have remarked. But thoughtlessness, the inability to grasp the importance of their preserving, is the cause for so many false teeth in the mouths of young men and women. A great many will exclaim: "Why! I've worn false teeth for years and years and they are perfectly satisfactory." But do they realize that the saliva plays an important part in mastication and digestion and that the saliva cannot flow as readily in a mouth filled with rubber-plates as one where the natural teeth are present. The saliva is for a definite purpose.

Save the children's teeth! The deciduous or first teeth. This is important. Buy the child a tooth brush—a soft one at first—and see that he or she becomes acquainted with its use, twice daily. You may say that this is unimportant. Could you see the diseased condition of the poor little souls teeth as we have, if you stopped to think, you would act and act quickly. Why is it necessary to preserve the baby teeth? We will explain: The too early extraction of baby teeth often result in the second or permanent teeth erupting or coming through irregular, which can only be regulated by infinite pains on the part of the dentist and heroic patience from the child. Again, say that we extract the two front teeth or a tooth on the side,—the two laterals on either side often press towards the centre, thus restricting the space needed for the permanent or second teeth and causing them to be pushed forward towards the lip or backwards towards the throat. Still again, when the child is six years of age, directly behind the baby molars, both on the upper and lower jaws, four second molars come in. Now these are placed there so that the jaws will be kept in position while the baby teeth are loosening and coming out, this begins about the sixth or seventh year. These molars which are meant to remain are ninety nine cases out of a hundred mistaken by the parent for baby teeth and are allowed to decay and to be extracted, thus bringing all the strain of mastication on the new permanent teeth, with the result that they are pushed forward and permanently irregular. Watch the child while it sleeps; if it breathes through the mouth you may be sure of the presence of adenoid growths or enlarged tonsils; have them removed; they cause protrusion both of teeth and jaws, making the mouth pigeon-shaped and otherwise deformed. The irregularity of the teeth will be gone into at greater length in a later paper.

We hope to gain the children's love and confidence. Gush and mere talk will never gain this end. We never lie to children, but try to read human nature and recognize the individuality of each child. It is said that the expression of a child's will in a free choice is the highest expression of his personality. Why should a dentist trifle with the sacred personality in every child, which God himself holds sacred in every creature. Do not coax or whip him to make him see the necessity of brushing or having his teeth filled. Sweet, gentle reasoning is the surest course. A child with a broken will is not as well fitted for the struggle of life as a child with one arm or one leg or one eye. Every child should be trained to conform his will to the demands of duty; but that is bending the will, not breaking it. Do not force him into an action against his will, but induce him to choose it.

Japanese Menthol is unequalled as a pain relieving agent. Applied in the "D. & L." Menthol Plaster it is the most effective remedy known for Lumbago, Sciatica, Rheumatic Aches and Pains. Try a "D. & L." Menthol Plaster the next time you are suffering from any one of these complaints and be convinced. 25c. each at druggists.

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FISH BRAND
SLICKER**
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FROM SIERRA LEONE TO CANADA
WITHOUT ADDRESS.

National Drug Co Receive Unusual
and Amusing Letter.

The National Drug & Chemical Co of Canada, Limited, have just received a letter from the West Coast of Africa, which reached its proper destination, although addressed in an extremely vague manner. The writer was evidently a native with an imperfect knowledge of English. The letter was written by a member of the 2nd West India Regiment and is as follows:

Sierra Leone, West Africa,
August 8th, 1910.
DEAR SIR,—With congratulations, I address you these few lines. May I find you enjoying good times and health at present. Sir, I have received your letter. I notice the contents. Please send me one box of your Gin Pills, 2/6d. I want to try it, and if it does me good, I will send back very early. While I am your truly same,

A O GREEN,
B Company, 2 W I R.

The envelope bears only the following inscription:—
National Drug & Co of Canada, Ltd.
27-29 Wellington St. West.

There is no town, city or country mentioned. Yet this letter was sent from the postoffice in Sierra Leone to England, as shown by the London postmark, and forwarded to Plymouth, thence to Montreal, reaching this city on August 21st, only twenty-one days after being written in West Africa.

This is an excellent example of the wide spread reputation of the National Drug & Chemical Co of Canada, Ltd. and of their excellent preparations, which, it may be safely stated, are known in all parts of the world.

COMFORT FOR THE DYSPETIC.—There is no ailment so harassing and exhausting as dyspepsia, which arises from defective action of the stomach and liver, and the victim of it is to be pitied. Yet he can find ready relief in Parmelee's Vegetable Pills, a preparation that has established itself by years of effective use. There are pills that are widely advertised as the greatest ever compounded, but not one of them can rank in value with Parmelee's.

Japanese Menthol is unequalled as a pain relieving agent. Applied in the "D. & L." Menthol Plaster it is the most effective remedy known for Lumbago, Sciatica, Rheumatic Aches and Pains. Try a "D. & L." Menthol Plaster the next time you are suffering from any one of these complaints and be convinced. 25c. each at druggists.

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FERROVIM
TRADE MARK
A Splendid Tonic
Builds up the System
Strengthens the Muscles
Gives New Life
Sold by all medicine dealers.
Davis & Lawrence Co., Montreal.

Crop Bulletin.

Ottawa, October 11th. The Census Office publishes today a Bulletin on the condition of crops in Canada at the end of September. The reports show lower averages of condition for the whole of Canada than those of a year ago, but the reduction applies chiefly to the Northwest provinces. In the eastern provinces a high per cent is maintained for nearly all the crops, and quantity and quality are nearly as good as a year ago and better than two years ago. In Manitoba, Saskatchewan and Alberta there is a drop of about twenty per cent in the quality of grains and roots, but the threshings indicate that the yield will be larger for wheat, oats and barley than was promised at the end of August. For the whole of Canada the condition of rye at the end of September was 53.59, which is ten per cent better than two years ago and 2.39 better than last year. Peas and beans are nearly eight per cent lower in condition than a year ago, but nearly ten per cent higher than in 1908. Buckwheat is about the same as last year, and 12 per cent better than in 1908, whilst mixed grains are better by five per cent than last year and by 19.47 per cent better than two years ago. Corn for husking compared for the three years 1910, 1909 and 1908 shows percentages of 85.12, 86.77 and 82, and corn for fodder of 89.82, 87.18 and 92 for the respective years. The condition of potatoes is 76.05 at the end of September compared with 90.37 last year, of turnips 82.09 to 83.34 and of sugar beets 83.13 to 71.02, whilst in 1908 their condition ranged from 68 to 74. Alfalfa has a condition of 83.30 for the end of September, and it exceeds 90 in the Maritime provinces and Ontario. In Quebec and the Northwest provinces it is not more than 70 per cent, and in British Columbia it is 88.33. All field grains in the province last named exceed 82 per cent in quality.

The estimated yield of rye this year for Canada is 1,634,000 bushels, of peas 6,444,500 bushels, of beans 1,089,600 bushels, of buckwheat 7,302,000 bushels, of mixed grains 20,103,000 bushels, of flax 4,314,000 bushels and of corn for husking 17,682,000 bushels. The average bushels per acre of these crops is 19.43 for rye, 16.89 for peas, 20.54 for beans, 26.95 for buckwheat, 34.91 for mixed grains, 9.04 for flax and 53.82 for corn. Better averages for wheat, oats and barley are assured when the final returns are made in December than the reports for the end of August gave.

Very many persons die annually from cholera and kindred summer complaints, who might have been saved if proper remedies had been used. If attacked do not delay in getting a bottle of Dr. J. D. Kellogg's Dysentery Remedy, the medicine that never fails to effect a cure. Those who have used it say it acts promptly, and thoroughly subdues the pain and disease.

right direction.

Neither do we wish to have it understood that we believe in coaxing and rewarding a child to be quiet in a dental chair or elsewhere rather would we recommend encouraging him to a better control of himself. That should be the aim of every one interested in child life.

(To be continued)

MARRIED

COLWELL-HALLET.

At the residence of the bride's mother on Wednesday, Oct 5th, a quiet but pretty wedding was celebrated when Miss Ethel Hallett, of Hartland, was united in marriage to Glenn A Colwell of the same place, in the presence of the immediate relatives of the bride and groom. The ceremony was performed by Rev J M Mallory. The happy couple started on Monday for New Westminster, B C, where they will make their future home. We join with their many friends in wishing them a long and pleasant life.

ALL OLD PEOPLE SUFFER from attacks of sudden exhaustion, weak heart action and prostration. The best aid in such cases is FERROVIM, the invigorating tonic which is prepared from fresh lean beef, extract of iron and pure old Spanish Wine. It stimulates the digestion and strengthens the whole body \$1.00 a bottle.

The Best Liver Pill.—The action of the liver is easily disarranged. A sudden chill, undue exposure to the elements, over-indulgence in some favorite food, excess in drinking, are a few of the causes. But whatever may be the cause, Parmelee's Vegetable Pills can be relied upon as the best corrective that can be taken. They are the leading liver pills and they have no superiors among such preparations.

YOU NEED A GOOD SALVE in your house. Davis' Menthol Salve is the best. It cures sunburn, mosquito and insect bites and stings, piles, old sores, skin diseases, etc. 25c per tin.

Vigorous Health

—the power to enjoy to the full life's work and pleasure—comes only with a good digestion.

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tone up weak stomachs—supply the digestive juices which are lacking—ensure your food being properly converted into brawn and sinew, red blood and active brain. 50c. a box at your druggist's or from National Drug and Chemical Co. of Canada, Limited. Montreal.

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