

GUARD THEIR HEALTH!

Children Who Grow Very Fast
Need Careful Watching.

Next to infancy, the years between ten and twelve and eighteen are the most critical in life, especially for the boys and girls who grow too fast. Rapid growth and the physical changes that are taking place render them particularly liable to weakness and disorders of the digestive system, kidneys or lungs that very frequently, when allowed to run on, condemn them to a lifetime of suffering. It is most important that at this period of life the organs which carry off the body's waste and impurities—the bowels, the kidneys and the skin—should be kept active and vigorous.



Dr. Morse's Indian Root Pills would make her healthy and happy.

Nothing will do this more effectively than that good old-fashioned remedy, Dr. Morse's Indian Root Pills. It acts directly on each of these organs, enabling them to do their work properly, and thus keeps the whole system pure and healthy. Dr. Morse's Indian Root Pills are still made from precisely the same formula as when our grandparents used them, for nothing better has ever been devised.

Made by W. H. Comstock Co., Ltd., Brockville, Ont., and sold by all dealers at 25c. a box.



MAIL CONTRACT

SEALED TENDERS addressed to the Postmaster General, will be received at Ottawa until noon, on Friday, the 8th May 1910, for the conveyance of His Majesty's Mails, on a proposed contract for four years 5 times per week each way, between CHAMBORNE and GRANT P. L. S. from the Postmaster General's pleasure.

Printed notices containing further information as to conditions of proposed contract may be seen and blank forms of tender may be obtained at the Post Office of CHAMBORNE and GRANT P. L. S. and at the Office of the Post Office Inspector at St. John.

G. C. ANDERSON, Superintendent.

Post Office Department, Mail Service Branch, Ottawa, 8th March, 1910.

A Speedy Cure

Kentville, N. S. Jan. 1st, 1910.

Messrs C. Gates Son & Co.

"This is to inform you that I have been a sufferer for the last fourteen months from kidney and stomach trouble, brought on by severe colds, having been laid up every winter during that time. Last year I was laid up seven months so that I could not go out of the house. Dropsy set in and my stomach swelled so that I was six inches larger than my usual size, and two doctors in attendance, but I grew worse and they were going to tap me. My friends despaired of my life. At this time I was recommended to use GATES' LIFE OF MAN BITTERS AND INVIGORATING SYRUP No. 1, and in one week after commencing their use, my size was reduced two inches, and four weeks was reduced to my usual size so that I went to work in my mills, and have been able to continue it ever since. By continuing the use of your BITTERS AND SYRUP I hope to get a cure of the kidney and stomach trouble so far as it is possible, as it always helps me when I take it.

You may make these truths known for the benefit of sufferers.

Yours very gratefully,

JOHN W. MARGESON



Maritime Express

IS THE
Most Comfortable Train
in Canada.

Leaves Fredericton 18.30
for Quebec and Montreal.

Dining Car Service.
Breakfast, 75c
Lunch, 75c
Dinner, \$1.00

Direct connections at Bonaventure Union Station, Montreal, with Grand Trunk Railway trains for all points in Ontario and the West.

AND TO
Detroit, Buffalo, Niagara Falls and Chicago.

REPAIRS FOR

Sharples
Cream
Separator.

R. S. CORBETT,
General St., Woodstock, N. B.

Whistle's will blow but will men come.

Kansas, City, Mo. March 31.—This evening the whistles of the coal mines from the southwestern interstate field will call the men to work, but in all probability they will not respond, as they have asked for an increase in wages which the operators say they cannot meet. The southwestern coal fields employ about 25,000 men, producing 13,000,000 tons of coal annually and is composed of the States of Missouri, Kansas, Oklahoma and Arkansas. The operators say they are willing to continue the contract made with the miners two years ago but they cannot grant the increase asked for by the miners because of competitive fuel in the shape of fuel oil and gas and also the fact that coal is being shipped into their territory by the Western and Eastern non-union fields.

Where were the Diamonds left?

London, Ont. March 31.—A man and woman who were believed to have \$30,000 worth of diamonds, which they intended smuggling into the United States, were followed by two detectives for the United States Customs' department, who watched them here and on to the border. No arrests have been heard of, and the couple may have left the diamonds in Toronto.

Back Strained by Heavy Lifting.

Lay Helpless in Bed for Four Days, Crippled, Suffering Agony and Torture.

"While engaged with a large construction company," writes Amos E. Wilbur, from Concord, "I wrenched my back while lifting a steel beam. I realized at once that I was hurt, but finished the day out. I was so lame when I reached home that my wife insisted on my going to bed. I applied poultices, hot water bags and other remedies, but at the end of the 5th day my suffering was more intense than at the first. A fellow workman brought me a bottle of NERVILINE, and rubbed my back twice during the evening. This gave me relief. Rubbing with NERVILINE was continued the next day, and by night I was much improved. NERVILINE must have penetrated right into the muscles that were sore, because it took out the stiffness, cured the pain, and had me well in four days' time. Of course, to strengthen my back, I put on a Nerviline Porous Plaster and find it a wonderful help to a working man."

Not a liniment on earth today that compares in pain-subduing, healing and curing power with NERVILINE. Fifty years' record has established its unusual merit. Look out for the substitutor, insist on "Nerviline" only. Large bottles 25c. at all dealers.

A British Tailor says that the fashionable costumes of one age become the servant's garb of the next. For instance, a powdered footman of today wears the dress of a gentleman of the time of George the Second. We feel sorry for the servants of 1910, all wearing green plush hats.

ARE YOU WEAK AFTER SICKNESS.

Later on it will be harder to get strong than today. What are you doing to get well.

A case in point is well exemplified in the following letter from Mrs. V. J. Wilder, wife of a well-known citizen of Pittsfield, who writes: "I had a nervous disorder that completely prostrated me. I couldn't sleep, and would lay and toss about a night, arising in the morning more tired than ever, head heavy, eyes dull, and every bone and muscle aching. I tried to get along without calling in a doctor, but was finally driven to it. He treated me for some time, but with no perceptible improvement in my health. Some one recommended Ferrozone. The change it effected in my system was noticeable almost instantly. I gradually took on flesh. The 'ail-gone' feeling left me. In less than six weeks I was fully recovered from what looked to me like an everlasting sickness. I will always recommend Ferrozone feeling with sincerity that it is an honest, powerful, health-giving tonic."

Try Ferrozone today! The nourishment and vital energy its supplies is wonderful. Ferrozone makes you feel better at once, it's good for men, for women, for children—just the thing for everybody seeking better health. Send your order, 50c per box or six boxes for \$2.50.

YOU have to buy hats on faith, at best. Seems wisest, then, to buy a make that justifies all the faith you can show. That is the kind labelled like this:

WAKEFIELD LONDON

It pays to find the hat-store that sells them.
A. A. ALLAN & CO., LTD., TORONTO
Wholesale Distributors for Canada



Georgia Letter.

This is the 29th day of March, 1910. This is the day my parents taught me that I first saw a New Brunswick sun. How many more I may see no one can tell, but of necessity they will be few, according to the course of nature there but a few more to be added to seventy— even before the court stops. This has been a remarkable March for the absence of the usual March winds, and, but very little rain, only one and a quarter inches have fallen so far in the month. All nature is showing forth the beauties of a Georgia spring. The whole country is one great flower garden. The fruit trees are shedding their pretty blooms, trees are unfolding their leaves gardens are looking well though late in planting on account of the cold but clear weather. Farmers are busy planting corn, some are through and the corn is up, and now they are bending their energies preparing to plant cotton. There has been a large quantity of grain sown this year, and no doubt a large crop of cotton will be planted. The prospect for a large fruit crop is good so far. The young fruit is forming. I see the political postmill bolts in Canada. That is one thing that boils whether hot or cold, rain or shine, sleet or dry snow. I had a little experience in that line before I left my borders. Carvell seems a very busy man, and the man for the occasion. I believe you will get the Valley Road way, and you should have it by all means, while your marketing facilities are much better than when I left you, yet there is much room for improvement. In the forties and fifties, farmers who could afford to do so would load a two horse sled with 80 or 100 bushels of oats or other farm produce and start from Carleton Place for Fredericton or St. John over the snow road or on the ice to get rid of their surplus. Now with such a road as the proposed valley route would so much facilitate and aid the honest tiller of the soil. Shame on you narrow minded politicians who disregard the honest tiller, and the men on whom you are depending for your bread and butter. Help them out, and thus help your own little selves. Be broad minded men, ye lawmakers. Love God and men, home and country, for it is not likely you will make laws much longer. No doubt your electors have seen the error of their ways in putting you where you are long ago. The good book tells us that our sins will find us out, (and don't you forget this) I am glad to read of such an inflow of Americans to Canada. They are so much more desirable than the foreign element that is swarming over this country. Of course there are a great many emigrants that make good citizens, but they are in the minority. Canada now is getting back to some extent (numerically) her law by such a host of her sons leaving for the United States in years gone by. They are to be found in every state and in every town and city all over this broad land. They form themselves into societies. There is one in Atlanta, Ga., our Capital, but I have never joined one, but as a rule the Canadians stand well wherever they go. You seem to be losing much valuable property by forest fires. It is such a pity that people in many cases are so careless with fire, no doubt, but the railroads are responsible for some of it, but more is due to carelessness and don't careism. In the wiregrass regions of Georgia we have but little trouble to control these fires. It is done in this way. Where it is desired to stop a fire in the woods we fire ahead of it

and one fire attracts the other and the newly set fire goes towards the larger one and then they win. The last set fire has burned far enough to allow the straw to be wiped out and the fire is stopped or as soon as they meet. Our wiregrass country where cattle are depending on it for a support is required to be burned (by law) every spring, but it must be burned in sections, so the first burn can be grassed and keep stock alive until the next burnt section sprouts up, and so on until all the land is burned over. One peculiarity about this wiregrass is, when once plowed it never comes again, not so with Bermuda or English sparrows.

E. T. MALLORY.

Calvin Austin, President of the Eastern Steamship Co., which conducts lines of palatial steamers from New England into Maine and Maritime Provincial ports, was in St. John last week completing arrangements for the further improvement of passenger and freight service between St. John and the United States. Mr. P. Giffins, General Manager of the Dominion Atlantic Co., operating in Nova Scotia, conferred with Mr. Austin, relative to docking facilities at St. John, and a satisfactory arrangement was made. Both gentlemen, speaking of the prospects for the coming season said they looked for more traffic than in previous years. Mr. Austin in particular was most sanguine and dilated upon the advantages of St. John city and the Province of New Brunswick generally as a resort for tourists.

I was cured of Acute Bronchitis by MINARD'S LINIMENT.

J. M. CAMPBELL.

I was cured of Facial Neuralgia by MINARD'S LINIMENT.

Springhill, N. S. WM. DANIELS.

I was cured of Chronic Rheumatism by MINARD'S LINIMENT.

Albert Co., N. B. GEO. TINGLEY.

Dr. Cook ill and "Broke"

Bellingham, Wash. March 29.—Dr. William H. Axtell, a personal friend of Frederick A. Cook, has received a letter from Mrs. Cook, dated Valparaiso, Chile, in which she says the explorer is broken up in health, without funds and unable to continue his fight to establish his claim that he discovered the pole.

Dr. Axtell said: "Mrs. Cook tells me, in her letter, that Cook made considerable money out of his trip when he first arrived in New York, but that he spent it in defending himself against bitter attacks from his enemies before the Copenhagen decision was made public."

"Cook left New York later to escape contempt, says Mrs. Cook, and to go before the board of enquiry at Copenhagen as his own representative. Then Mrs. Cook followed him, met him in England, found him a nervous wreck and very ill."

She writes that it was her fault that Cook did not appear publicly at the time he was unfavorably reported on. She says she took him to Holland, France, Italy and then to Spain, where they embarked for Buenos Ayres.

Cook is still very ill and will be in no condition to take up his fight for the honors which he still says should have been his.

Dr. Axtell added that, according to the letter, the explorer and his family will arrive quietly in New York in a few days and will settle down for a quiet life.

Salome Dancer Found Guilty. Boston, March 29.—Jeanne Pelletreau, the Salome dancer, was found guilty of giving improper dances by a jury which returned its verdict in the superior criminal court. She was sent to the Sherborn prison for women for an indefinite period.

The Devil a Monk Would Be. Tommy's Mother—"Why aren't you a good boy, like Willie Bjones?" Tommy—"Huh! It's easy enough for him to be good; he's sick most of the time."

Wit out and Within. "Why don't you teach your son a lesson by making him live without his allowance for a while?" "Goodness! I can't even make him live within it!"

If You Have a Cough, Have Lung Trouble, Have Lost Flesh, Are Thirstened with Consumption, Try

"The D.L. Emulsion"

Miss Clark, Supt. Grace Hospital, Toronto, writes they have used it with the best results. 60c and \$1.00 bottles. DAVIS & LAWRENCE CO., Montreal.

St. John, N. B. leads all the cities of Canada in its percentage of gain in building operations during the first month of the new year, according to a statistical report issued by "Construction," Toronto. This indicates that the far East of the Dominion is by no means succumbing to the great West, but that the Dominion is moving forward with a healthy average gain in nearly all its sections. The figures contained in the report, state that St. John's gain is 85 per cent, Regina coming second with 79 per cent and Calgary with 319 per cent. This increase for St. John precedes what it is predicted will be one of the most active periods of development the East has ever enjoyed.

THE BIBLE IN A NEW LIGHT.

Under the title of Religion in the Making, Professor Samuel G. Smith, of the University of Minnesota, has just published what he describes as a study in biblical sociology. For many years Professor Smith has held the chair of sociology in the University of Minnesota. At the same time he has been teaching the Bible to special classes in connection with the People's Church, of St. Paul. These two lines of activity have been combined in his new work to explain each other. Sociology, the author holds, is one of the best instruments for the interpretation of the Bible and on the other hand, to the student of sociology, the Bible is one of the greatest of treasure houses. Dr. Smith's work will be a great revelation to the many who have found difficulty in forming any just idea of the real life and thought of the ancient Hebrews. Perhaps the book is best described by the author's own phrase: "A fresh study at first hand of the Bible in the light of the principles of sociology."

Sweet are the uses of a Varsity At this time of the year. The place contains so many pretty girls We fair would shed a tear.

RED ROSE TEA.

"Is Good Tea"

A Greek Priest was imported from Boston last week to marry a couple of Athenians in the city of St. John and now the authorities declare the matrimonial event illegal. The situation is a bit embarrassing but the Greeks, like their doughty forefathers, are fighting the case. The registrar of marriages refuses to officiate because the Greek Clergyman was not licensed to solemnize marriage in the Province of New Brunswick, and suggests re-marriage by an authorized cleric. This the foreigners object to doing and a very awkward state of affairs is resulting. In the meantime the offending clergyman is back in Boston, quite innocent of the trouble he has stirred up.

Another Clubbing Offer.

The following papers will be sent to any address in Canada for one year, in clubs with the Carleton Sentinel, The Sentinel and Family Herald and Weekly Star \$1.50. The Sentinel and Catholic Register and Canadian Extension \$1.50. The Sentinel and Home Journal \$1.50. Other papers will be added in club with the CARLETON SENTINEL as soon as arrangements can be entered into with the different publishers. (1f)

"Footlights," a new Canadian weekly devoted to amusement enterprises makes the rather startling assertion that all amusements in Canadian territory are to be merged in a twenty million dollar concern. No person in authority has sought either to countenance or deny this story, but the entertainment people of the land are gossiping over it. In the Maritime Provinces, Keith & Albee, New York show-people, have important houses, especially in St. John and Halifax, but no information as to the truth of the proposed merger is forthcoming from their representatives. The scheme announced by "Footlights" includes consolidation of the Bennett houses, Schubert interests, Klaw & Erlanger, Keith & Albee, Sullivan—Considine, John Cori, Walker of Winnipeg, the Sparrow houses and others.

It is impossible for one who never goes wrong or makes a mistake or commits a blunder to know just how to be sorry for an erring one. We must stumble ourselves before we can really judge the hardships of a rough road and the frailty of weary feet. True character is first tender, then hopeful and afterward reformatory.

NA-DRU-CO

Formulae Have Been Well Tried Out

Though the NA-DRU-CO line of Medicinal and Toilet Preparations have been on sale for a few months only, don't think for minute that in buying NA-DRU-CO goods you are experimenting with new or untried preparations.

Their Origin

The twenty-one wholesale drug firms now united in the "National" had all of them lengthy careers, some for fifty to one hundred years, prior to the union. Each firm had acquired or developed a number of valuable formulae for medicinal and toilet preparations, all of which became the property of the "National". Since the union our expert chemists have carefully gone over these formulae and selected the best for the NA-DRU-CO line. Every formula has been carefully studied by these experts, improved if possible, and then thoroughly tested again, in actual use, before we consider it good enough to bear the NA-DRU-CO Trade Mark.

An Example

A good example of what we mean is NA-DRU-CO Nervozone for Brain Fog or nervous breakdown. The formula was pronounced the most scientific combination of nerve medicines, but this was not enough for us; we had it tried out with a dozen different kind of brain workers—School Teachers, Lawyers, Book-keepers—as well as Society leaders and home workers, and everywhere the result was so good that we adopted it as one of the best of the NA-DRU-CO line.

Some NA-DRU-CO Preparations You'll Find Most Satisfactory.

Camphor Ice
Coughless Toilet Cream
Talcum Powder
Tooth Paste
Tooth Powder

Baby's Tablets
Carbolic Salve
Cascara Laxatives (Tablets)
Cod Liver Oil Compound
Tasteless (2 Sizes)

Dyspepsia Tablets
Headache Wafers
Herb Tablets
Nervozone
Pile Ointment

Rheumatism Cure
Sugar of Milk
Stainless Iodine Ointment
Teethache Gum
White Liniment



National Drug and Chemical Company of Canada, Limited
Wholesale Branches at:
HALIFAX, ST. JOHN, MONTREAL, OTTAWA,
KINGSTON, TORONTO, HAMILTON, LONDON,
WINNIPEG, REGINA, CALGARY, NELSON,
VANCOUVER, VICTORIA.



Strongest and Most Stylish-Looking

MARITIME Ornamental Fencing and Gates have the quality. There is no gainsaying that. Only first quality tubing is used for the gate frames. We could, like many makers, use second quality and save one-third to one-half the tubing cost. We could also use small wires and save some more. But we use large, strong, stiff No. 9 wire. This wire is more smoothly, thoroughly and heavily galvanized than the wire generally used for fence and gate purposes. You know what that means. Strongest, most lasting, as well as most stylish-looking. Write for free catalogue, showing the different designs, and from them choose a gate you'll be proud of.

NEW BRUNSWICK WIRE FENCE CO., Limited
Moncton - New Brunswick

MARITIME ORNAMENTAL FENCING AND GATES