

Ladies!

WHICH appeals to you more? A truth backed by a bond of good faith, or a mere claim?

Judge this:

REGAL Flour yields the best quality and the utmost quantity of bread per barrel of any flour in the world. Costs a bit more but you save on the quantity it bakes. Lovely loaves, white and light. Fine flaky pastry too.

Essential point:

Try one barrel. If we have not here signed our name to the truth, your dealer will return your money. Then we must pay him. And worse still, we shall lose our good opinion forever. Remember—Regal—the flour that is used exclusively by many of the best bakers in the provinces.

THE LAWRENCE FLOUR MILLS CO. Limited
Woodstock, N. B.

Warmth Without Weight

You don't want to be loaded down with clumsy, heavy cotton-filled underwear, you want to feel free—FREE to move your limbs and body without carrying a load all day. GET INTO

Eureka Underwear.

The one underwear made from pure domestic wool! "NOVA SCOTIA WOOL IS CANADA'S BEST." Wool that won't shrink. Wool knit into garments which still retain all that nature intended it to do, viz., Warmth Without Weight.

Eureka Underwear is guaranteed Unshrinkable.



Note the Trade Mark below. Almost every Storekeeper sells Eureka. Any trouble in securing either of our three weights, write us. We will see that you have warmth without weight this Fall.

THE NOVA SCOTIA UNDERWEAR CO., Ltd.
BUREKA, - - - Nova Scotia

COOKIES WITHOUT EGGS

Two cups sour cream, three cups sugar, six cups flour, one teaspoon soda, one teaspoon ground cinnamon, one-half teaspoon salt. Dissolve the soda in a little water, put the flour in the mixing bowl and add the other ingredients. Stir until all the flour is mixed in. Roll out thin, cut with cookie cutter, and bake in hot oven.

THE REALLY POOR

"This weather is certainly rough on some people."
"The poor, I presume you refer to?"
"No, the almost rich."
"I don't understand you."
"The fellows who own fur overcoats. It's too warm to wear them, and it's too cold to go without them."

A RIDICULOUS ALTERNATIVE

England Must Consult Canada on Issues of Peace and War—Sir Wilfrid Laurier Shows the Absurdity of This New Turn

The Nationalist Might Suggest a Method

Apparently a new turn has been made by Mr. Borden in his efforts to prepare public opinion for an emergency contribution. For a time he never lost an opportunity of declaring that if Canada gave direct aid to the Imperial Navy she must also have a voice in settling issues of peace and war. The absurdity of this was mercilessly exposed by Sir Wilfrid Laurier who spoke of the inevitable embarrassment to the British Ministry of Canada for instance at the present moment, having along with Australia, South Africa, and Newfoundland, any say as to peace or war in questions involving the Balkan States. Nevertheless Mr. Borden is persisting in striving for the form, even if he be unable to get the substance, and now we are told Canada is to have representations on an Imperial Council of Defence on which she would have about as much voice in settling issues of war or peace as she would have in arranging peace terms for Turkey. The Defence Council's duties are chiefly advisory and so limited that if it undertook to advise the Foreign Office on any question of foreign policy it would probably be diplomatically advised to mind its own business.

Canada is already well represented in London and can at any time deal directly with the Imperial Government through the Colonial Office. Adopting the circumlocutory route of representation in an ornamental defence council with the other overseas dominions would hardly seem even to the most pronounced Jingos an adequate return for \$30,000,000 of Canadian money. Perhaps the Nationalist wing of the coalition Government will be able, with Mr. Armand Lavergne's consent, to suggest some better method.

DISEASE IS DUE TO BAD BLOOD

To Cure Common Ailments the Blood Must be Made Rich and Red.

Nearly all the diseases that afflict humanity are caused by bad blood—weak, watery blood poisoned by impurities. Bad blood is the cause of headaches and backaches, lumbago and rheumatism; debility and indigestion, disfiguring skin diseases like eczema and salt rheum show how impure the blood actually is. No use trying a different

THE YOUTH'S COMPANION FOR 1913

The Youth's Companion appeals to every interest of family life, from house-keeping to athletics. It begins with stories of youthful vim and vigor, with articles which disclose the secrets of successful play in the great games, with charming tales of life at the girls' colleges. But the Companion does not surrender these readers when they have entered the more serious paths of life. Mothers will welcome the page for little children and the weekly doctor's article. Fathers will find the important news of the day as it is, and not as it is rumored to be. The entire household will appreciate the sketches which touch gently on common foibles or caricature eccentricity. In short, for less than five cents a week The Companion brings into the home clean entertainment, pure inspiration, fine ideals, increase of knowledge.

Names rarely seen in tables of contents will be found in The Companion's Announcement for 1913, which will be sent upon request—with samples of the paper, to those not familiar with it.

Every new subscriber for 1913 who sends \$2.25 will receive free all the issues for the remaining weeks of 1912; also free, The Companion Window Transparency and Calendar for 1913, in rich, translucent colors—the most beautiful of all Companion souvenirs.

THE YOUTH'S COMPANION,
144 Berkeley St., Boston, Mass.
New Subscriptions received at this Office

THE HAY SITUATION

The Trade Bulletin, under date of November 8th says:—"It is well known that the provinces of Ontario and Quebec have liberal supplies of hay, most of it of good to choice quality, but owing to the lower price now ruling compared with that obtained for last year's crop, farmers are reluctant to market their present holdings. But taking into consideration the reduced requirements of foreign countries, we cannot see any prospect of higher prices at the moment; but rather a tendency to lower rates. Sales of between 30 to 40 carloads of good No. 2 Timothy were purchased at country points yesterday costing \$12.50 to \$13.00 laid down here on track. An exporter stated that in order to prosecute an export trade farmers will have to make up their minds to accept lower prices. Take for instance the decline in the London market of late from 112s to 85s. in a comparatively short time. In order therefore to move their holdings to any extent farmers would have to accept reduced values. The farming community as a class, however, are well off and can afford to speculate on future chances, although at present there is nothing in sight for a rise. The hay crop of Great Britain as officially reported is 8,100,000 tons against 6,300,000 tons in 1911. A considerable portion of this year's yield is of very poor quality, and this fact may cause more demand for our good hay, as the season advances.

WHAT A WIDER MARKET HAS DONE FOR HAWAII.

In 1876, when Hawaiian sugar was still being denied access to the United States, the output of the islands was only 13,000 tons. In 1911, with free access to the United States, the output was 555,000 tons.

The Richard Shooting Affair

Concerning the shooting affair at Richard, N. B., there seems to be a whole lot of facts which ought to be brought to light but which seem to be slow in coming to the front. There are several men who are settlers in that country who gave their applications and money to the Land Agent, in the spring but which was returned to them last August. These men in all faith that their claims would be recognized went to work and made improvements only to be stopped when the applications were returned to them accomplished with the money they had paid. The question is: Were these applications ever sent to the Crown Land Department at Fredericton, and if not, why not? Did these applications for grants apply to any land held by the lease of the lumbermen, if so is that why they were not accepted if they were sent to Fredericton by the land agents? Why had the government a right to accept applications from some men and not from others? Was it because the applications made by these men were for land which had lumber which the lumber sharks wanted? There remains a lot of things which must be explained to the settlers. The shooting of last Saturday was from the direct cause of lumber grabbers. Its up to the Government of New Brunswick to sift the matter to the bottom.—Van Buren News.

LETTERS FROM MOTHERS

Every day we have letters from thankful mothers telling us what Baby's Own Tablets have done for their little ones. Some praise them for constipation, others for teething troubles, and still others for vomiting, indigestion and the many other ills of babyhood and childhood. We have received thousands of letters all giving praise. Mrs. W. G. Crowe, Midland, Ont., says: "I think very highly of Baby's Own Tablets. I gave them to my baby when troubled with constipation and they helped her so much I always keep them in the house and now use no other medicine." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Men who are writing proposals of marriage to the young women nurses who took care of Mr. Roosevelt while he was in the Chicago hospital yet that the age of gush is not yet ended and that there is yet legitimate work for the fool killer.

CITY CIRCULATION AGENT

Of Leading Montreal Daily Endorses GIN PILLS

FOR long years of suffering from Kidney Trouble, I have tried every box of GIN PILLS—and it's all gone. That has been the experience of Mr. Eugene Quessnel, Chief City Circulation Agent of La Patrie, of Montreal. He describes it feelingly.

May 3rd, 1912
"I have been suffering from Kidney Trouble for over five long years. I had also Rheumatism in all my bones and muscles, could not sleep nights and on some occasions could hardly walk. I had been treated by some of our best Physicians but without relief and I lost over fifteen pounds. One day I met one of our leading hotelkeepers, who had been cured by your famous GIN PILLS, and he advised me to try them. So I bought two boxes at my druggist's and before I had used one box I felt a big change. Before I finished the second one I was completely cured. I can assure you I can hardly believe it for if I had only known what I know now I would have spent over One Hundred Dollars for nothing when two boxes of GIN PILLS cured me."

GIN PILLS are gaining a world-wide reputation, by the way they conquer the most obstinate cases of Rheumatism and all kinds of Kidney Trouble.

If you write National Drug and Chemical Co., Montreal, Limited, Toronto, 149

Over Half-Century.

Humphreys' Specifics have been used by the people with satisfaction for more than 50 years. Medical Book sent free.

No. FOR Price
1 Fevers, Congestions, Inflammations.....25
2 Worms, Wound Fever, or Worm Disease.....25
3 Cough, Crying and Wakefulness of Infants.....25
4 Diarrhea, of Children and Adults.....25
5 Coughs, Colds, Bronchitis.....25
6 Toothache, Facies, Neuralgia.....25
7 Headache, Sick Headache, Vertigo.....25
8 Dyspepsia, Indigestion, Weak Stomach.....25
9 Salt Rheum, Eruptions, Erysipelas.....25
10 Group, Hoarse Cough, Laryngitis.....25
11 Salt Rheum, Eruptions, Erysipelas.....25
12 Rheumatism, or Rheumatic Pains.....25
13 Fever and Ague, Malaria.....25
14 Piles, Blind or Bleeding, External, Internal.....25
15 Croup, Whooping Cough, Spasmodic Cough.....25
16 Asthma, Oppressed, Difficult Breathing.....25
17 Kidney Disease.....25
18 Nervous Debility, Vital Weakness.....1.00
19 Urinary Incontinence, Wetting Bed.....25
20 Sore Throat, Quinsy.....25
21 Grip, Hay Fever and Summer Colds.....25
22 Sold by druggists, or sent on receipt of price.
HUMPHREYS' HOMEOPATHIC MEDICINE CO., Corner William and Ann Streets, New York.

"SALADA" is the same wherever or whenever you buy it—always of unvarying good quality.



Its native purity and garden freshness is perfectly preserved in sealed "SALADA" Packets.

Important!

My Restaurant is doing a good business. It is an ideal location.

I will Sell the Business at a Reasonable Figure

If you mean business call and see me, when my reasons for selling will be made known.

"ROYAL CAFE" N. S. DOW, Proprietor

P. S.—I will consider a proposition to exchange for farm or other good real estate.

A SPLENDID LIBRARY

110 Volumes of Standard Works of the world's best Author with Oak Sectional Book Case to be

GIVEN AWAY

A SPLENDID VOTING CONTEST

The public spirited and enterprising merchants of Woodstock, mentioned below, are making this popular and liberal offer. This grand Library and Book Cases will be given away by popular vote to the Church, School, Lodge, Society, Club or other organization in the Town of Woodstock and County of Carleton having the largest number of votes in the following manner:—The merchants listed below will give with every

5 Cent Purchase

5 votes, the blank space to be filled in with the choice you favor and deposited in a ballot box in Edgar W. Mair's Drug Store, and the standing of the different organizations will be announced each week in The Sentinel.

The Contest runs for four months, beginning August 1, 1912, and closing January 1, 1913.

The Library is on exhibition in the window of Hugh Hay & Son's Dry Goods Store. Current accounts when paid promptly will be entitled to votes.

The following merchants only can issue ballots on purchases made from them.

ASK FOR THEM

Druggist	Grocer
THE REXALL STORE E. W. MAIR THE PRESCRIPTION DRUGGIST	THE YERXA GROCERY CO High Quality Groceries, Fruits, Confectionery, etc., at money saving prices
Loots and Shoes	Jeweler
GIBSON & ROSS Boots and Shoes	H. V. DALLING Watchmaker, Jeweler and Optician. Eastman Kodaks and Supplies P. O. Box 102
Butchers	Marble Works
SCOVIL & BELYEA Dealers in Meat, Fish, Vegetables, Etc. Telephone 189-41 18 King Street, Woodstock, N. B.	J. GALLAGHER & SON Manufacturers of Granite and Marble Monuments, Tombstones, Gravestones, Etc.
Dry Goods & Men's Wear	Livery Stable
HUGH HAY & SON Established 1855 DRY GOODS, CLOTHING, ETC.	H. E. & J. W. Gallagher LIVERY STABLE All kinds of Teams to Let for Picnic Parties, Weddings, Etc.
Furniture	Hardware
A. Henderson Furniture Co., Ltd. Furniture, Oilcloth, Carpets, Pianos UNDERTAKERS	A. E. JONES & CO Hardware, Paints and Oils, Lime, Brick and Cement. Phonographs and Records.
Every subscription to the Sentinel is good for 100 votes. Votes will also be given on any orders for printing.	
The Sentinel Voting Contest	
This Coupon is good for Five Votes in Library Voting Contest. All subscriptions for Sentinel will be entitled to vote. Cut out and fill in blank line with name of Church, School, Lodge, Club or other organization you wish to vote for and deposit in ballot box at Mair's Drug Store.	
FIVE VOTES FOR	

MASTER WORKMAN

SMOKING TOBACCO

Words of Wisdom from the old smoker:

After many years experience, I vote for

"Master Workman"

Smoking Tobacco

This world-famous Brand can now be obtained for 15c. a cut at all the best Stores.

