

The Carleton Sentinel

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F. B. CARVELL, President.

FRIDAY, AUGUST 23rd, 1912.

FIRST AND IMPORTANT LESSON.

One of the first things taught a patient who enters a sanatorium is that "Rest and open air, taken with nutritious food, is the medicine that cures consumption." If it is necessary to impress this fact upon the sanatorium patient, it will be just as valuable to the consumptive at home. Almost every one can manage to get into the open, somehow—either in the yard in a tent, or better, in a balcony. The home treatment will never be as satisfactory as the sanatorium treatment. As a matter of fact, a great majority of "home treatment" cases are proving disappointing failures.

Consumption, although a curable disease, is a most difficult disease to cure. In the home treatment for tuberculosis, like home study, there is lack of thoroughness because of lack of discipline. In addition to failure to do the right thing persistently, there is far too much ignorance of what should be done. First, it should be repeated, the patient with a temperature must have absolute rest in the open air. Second, there must be nutritious food taken in quantities to restore all waste as well as to build up.

Consumption, in its incipient stages, can surely be cured, but not in a week nor in a month. It is a pretty safe guess to assume that if you have been "coming down" with the disease for six months, it will require at least another six months of most persistent treatment to effect a cure. The consumptive should avoid all patient nostrums. No reputable physician will recommend any medicine that is advertised as a "sure cure for consumption." It is pretty safe to assert that all such advertised "consumptive cures" are frauds. The consumptive gets very few drugs in a sanatorium. Very few drugs should be taken by a consumptive at home. Because of all these things the sanatorium treatment is making most satisfactory progress, while the "home treatment" is going back. More intelligence exercised should make the home treatment a splendid auxiliary to the sanatorium work. It cannot be made, however, until these two essentials are generally recognized: "Absolute rest in the open air and nutritious food, giving especial attention to the danger of exercise in the active stage of the disease."

IF ?

If by paying \$1.33 for a dollar's worth of cement a man becomes prosperous;

If by paying \$170 for a \$140 bind a man grows more loyal;

If by paying \$1.25 for a dollar's

woollen shirt a man becomes a true Canadian;

If by paying \$1.66 for a dollar's

worth of express service a man really attains riches;

If by paying \$2.00 for a dollar's worth of telegraph service the service becomes cheaper;

If by paying \$1.75 for a dollar's worth of freight service a farmer helps his country;

If by paying ten per cent. interest on six per cent. money a farmer is increasing his power to help his family;

If by paying \$7.50 for seven dollars' worth of coal, the coal gives out more heat;

If by paying 6 cents for 4 cents' worth of sugar becomes sweeter;

If by paying \$1.25 for a dollar cotton jacket the jacket becomes warmer;

If by paying \$1.25 for a dollar's worth of canned goods a man becomes healthier;

If by paying \$2.70 for a pair of two dollar shoes the shoes wear longer;

If by paying \$110 for an eighty dollar drill the seeds grow better;

If by paying \$19 for a twelve dollar plow the furrows are any straighter;

If by paying \$38 for a twenty-four dollar hay rake the hay is raked cleaner;

If by paying \$1.35 for a dollar hat the brain develops faster;

If by getting 90 cents for a dollar's worth of wheat a farmer feels happier;

If by getting 45 cents for 75 cents' worth of barley a farmer is richer;

If by paying \$2,500 for a \$1,900 automobile the car goes faster;

If by paying \$680 for a \$558 engine gang plow the sod turns better;

If by paying \$250 for a \$190 Western farmer should be the most prosperous, most contented, happiest, most loyal, warmest, strongest, healthiest, sweetest and brainiest men in the world.—The Grain Growers' Guide.

The Gazette has given up "putting in a good word" for Germany this morning in order to tell its readers that if Mr. Bonar Law were prosecuted for inciting Ulster to violence, nasty things might be said about the conduct of the Irish during the Boer War. Perhaps someone might also be found to remind Mr. Law and the Gazette of the heroic Irish soldiers, mostly Roman Catholics and Home Rulers, who went nobly to their death in South Africa for the honor of the Empire. They shed something other than bloodless platitudes.—Herald.

The liner Corsican hit an iceberg in the North Atlantic. She was proceeding slowly at the time. She is still afloat and so little damaged that she will continue on her long voyage across the ocean. Not long ago speed personified hit a chunk of ice and now they are setting up memorial tablets in two continents. That is the difference.

If the town officials would get in touch with the manufacturers of Burdock Blood Bitters they could probably realize something handsome on the luxuriant crop of this biennial weed that adorns the public streets. The town should get some return for its care of this rare species of the aster family.

MONDAY, SEPTEMBER 9th.

The enterprise and public spirit shown by some N. B. towns in their old home week celebrations are very creditable. Similar efforts would hasten the fruition of the greater Woodstock amazingly.

If the prices of foodstuffs keep going up it really won't make much difference about the freight rate on wood and coal, for only the wealthy few will have anything to cook.

"Silence is golden" was the opinion of the ten stalwarts who met in the town hall Friday night to talk over the resources and charms of Woodstock.

The hired man who a few years ago was just a common creature is now the most important person in the country.

Has the latest move on the political chess board helped the situation in Woodstock one iota?

The great inspiring base ball argument now a days is "I told you so."

THE LIBRARY VOTING CONTEST

Interest is growing in the contest and it promises to be a hot race. It will be sometime before the finish and "dark horses" may be in evidence before the close. Don't forget that every Sentinel has a coupon worth five votes—cut them out—and deposit for your favorite candidate.

Rebekah Lodge	1930
Masonic Lodge	2780
A. O. H.	930
Church of England	795
Hospital	9375
Firemen	530
Odd Fellows	440
Catholic Church	8505
Presbyterian Church	900
Public Library	340
K. of P.	385
Order Owls	225
Woodstock Band	565
Orange Lodge	435
Baptist Church, Jacksonville	133
Armory	140
Baptist Church	125
Methodist Church	505
Salvation Army	55
Foresters	25
United Baptist Church	165
Woodstock High School	270
Boy Scouts	190
Brighon Engineers	10995
Eastern Star Lodge	14510
A. M. E. Church	325
Broadway School	330
Cadet Corps	30

Archbishop Casey

(Catholic Record, London, Ont.) The publisher of the Catholic Record sends heartiest greetings to the Archbishop-elect of Vancouver. In the far off province by the Pacific he will have a splendid opportunity to display those rare talents for administration which have been such a blessing to the people of the diocese of St. John, and which brought consolation to the heart of His Holiness the Pope. He is just the man to carry to full fruition the great work for the spread of the faith which Archbishop McNeil set his heart upon accomplishing in the Archdiocese of Vancouver.

OBITUARY

RAY KENNEDY

Ray Kennedy, aged 21 years, died at the home of his parents, Mr. and Mrs. Leander Kennedy of Tracey's Mills, N.B., July 22nd, of pulmonary tuberculosis.

The saying oft repeated, "Death loves a shining mark," is again indicated in this sad bereavement.

He was an unusually talented, cultured young man, about whose life many bright hopes and fair prospects clustered. He was graduated from the Provincial Normal School, receiving a first-class diploma. At the early age of 17, he taught in the public schools of Manitoba a year. Upon returning home he spent a year at the University of New Brunswick. Since then he has taught in Saskatchewan until last February, when compelled by failing health to resign his position. Hoping that change of occupation would be beneficial, Mr. Kennedy engaged in the real estate business and continued the work until his return home, 5 weeks before his death.

When 13 years old he made a profession of religion under the preaching of Rev. Ben Beatty, and afterward was baptized and joined the Baptist Church. Realizing that his death was near at hand, he requested that Mr. Beatty should preach the funeral sermon from John 14:6, "I am the way, the truth and the life." The hymns, "Jesus Lover of My Soul" and "Never Alone" were chosen. A last good-bye was spoken to the grief stricken relatives, and perfect resignation to God's will was expressed almost with the last fleeting breath. This breaks the circle of a hitherto united and happy family. How greatly this eldest son will be missed, can be realized only by those who have passed through a like experience.

Deep sympathy is felt for the young lady whom Mr. Kennedy was engaged to marry.

Beside the parents, two brothers, George and Russell, are left to mourn.

The flowers were abundant and beautiful. Wreaths sent by the Odd Fellows and Rebekah were especially lovely and appropriate.

The pastor of the Baptist Church, Mr. Harlow and Mr. Daggett assisted Mr. Beatty in the service.

The bearers were Geo. Long, Geo. Williams, Jack Tracy and Beecher Tracy. Harry Miller conducted. The singers were Mr. and Mrs. Page, Mrs. Simonds, Granville Page, Harry Miller and Ed West. Miss Belle Peterson was organist.

MARRIED

At Woodstock, N. B., on August 15th, by Rev. H. C. Archer, Arthur R. McKee of Newport, R. I., to Miss Emma M. Morehouse, formerly of Keswick, York Co., N. B. The happy couple will visit the bride's relatives in N. B. for a time, after which they will return to Newport where they will reside.

At the Methodist Parsonage on Aug. 21st, by Rev. R. W. Weddall, Robert Graham of Ashland, Me., to Mary Nevers of Green Lake, York Co., N. B.

NOTICE

Parents are notified that grades 1 to 8 in L. P. Fisher Memorial School will not open until Sept. 9th. Grades 9 to 11 will open Aug. 26th. Delay has been caused by non-arrival of desks.

Base Ball Tag Day, Saturday, August 24th.

The daily program of the Greater St. John Exhibition, to be held from August 31st to September 7th, next, is a concrete list of the highest class of entertainment—educational, scientific, thrilling, musical, and comic. It is as follows:—

MORNING SESSION.

8 o'clock—Doors of the building thrown open.

9 o'clock—Side shows and "Pike" opened up.

10 o'clock—Parade of cattle on Exhibition track.

10 o'clock—Judging of live stock commences.

AFTERNOON SESSION.

1 o'clock—Altitude flight in Morok monoplane by Mons. Emil Metach of France.

2 o'clock—Judging of live stock continued by Government and visiting judges.

2.30 to 5 o'clock—Concert in Main building pavilion by Signor Jovine's Neapolitan Troubadours.

3 o'clock—Outdoor program in front of grandstand introducing Professor C. C. Bonnette, America's famous acrobat in thrilling balloon ascension with triple parachute drop.

Also the daring Slide for Life suspended by teeth only.

The renowned Ernest Trio of German Knockabout comedians and Takeawg's Imperial Japanese Troupe in marvellous acrobatics, tumbling, juggling, black art, and high perch work.

3 to 4.30—Military Band Concert on the Exhibition grounds.

5.45—Second flight (distance) of Mons. Emil Metach in his Morok monoplane.

EVENING SESSION.

7 o'clock—Entertainment in Exhibition theatres.

8 to 10.30 o'clock—Concert in Main building pavilion by Signor Jovine's Neapolitan Troubadours.

8 o'clock—Repeat program as per afternoon in front of grandstand.

8.30—Grand fireworks display, concluding with the magnificent, animated spectacle "The Bombardment of Tripoli."

8.30—Repeat performance in Exhibition theatres.

ADDITIONAL PROGRAM FEATURES.

Wednesday and Thursday, September 4th and 5th, at 6.30 p. m., a Field Athletic Meet will be held on the Exhibition grounds under the direction of the Y. M. C. A. Gold, silver and bronze medals will be awarded. Entries open to all comers through the Y. M. C. A.

During the life of the Exhibition a Horse Show, conducted upon regular horse show lines, will be held with parades, driving in all sorts of vehicles, expert judging and the awarding of the traditional ribbons, etc.

A competent committee of breeders and owners have this important department in hand.

Dairying competitions will take place in the Dairy Section on Wednesday, Thursday and Friday, Sept. 4th, 5th and 6th.

During Exhibition week musicales will be held at regular intervals among exhibitors; manufacturing demonstrations will be held in Machinery Hall; judgments will be made in the Art Department and Gallery, etc.

"GIRLS WANTED in Candy Factory. Ganong Bros. Limited, St. Stephen, N. B. Good salaries and steady work. Very reasonable board. Write for particulars."

4ins-34.

A SPLENDID LIBRARY

110 Volumes of Standard Works of the world's best Authors with Oak Sectional Book Case to be

GIVEN AWAY

A SPLENDID VOTING CONTEST

The public spirited and enterprising merchants of Woodstock, mentioned below, are making this popular and liberal offer. This grand Library and book cases will be given away by popular vote to the Church, School, Lodge Society, Club or other organization in the Town of Woodstock and County of Carleton having the largest number of votes in the following manner:—The merchants listed below will give every

5 Cent Purchase

5 votes, the blank space to be filled in with the choice you favor and deposited in a ballot box in Edgar W. Mair's Drug Store, and the standing of the different organizations will be announced each week in The Sentinel.

The contest runs for 5 months, beginning August 1, 1912, and closing January 1, 1913.

The Library is on exhibition in the window of Hugh Hay & Son's Dry Goods Store. Current accounts when paid promptly will be entitled to votes.

The following merchants only can issue ballots on purchases made from them.

ASK FOR THEM

Druggist	Grocer
THE REXALL STORE E. W. MAIR THE PRESCRIPTION DRUGGIST	THE YERXA GROCERY CO High Quality Groceries, Fruits, Confectionery, Etc., at money saving prices
Boots and Shoes	Jeweler
GIBSON & ROSS Boots and Shoes	H. V. DALLING Watchmaker, Jeweler and Optician Eastman Kodaks and Supplies P. O. Box 102
Butchers	Marble Works
SCOVIL & BELYEA Dealers in Meat, Fish, Vegetables, Etc. Telephone 189-41 18 King Street, Woodstock, N. B.	J. GALLAGHER & SON Manufacturers of Granite and Marble Monuments, Tablets, Gravestones, Etc.
Dry Goods & Men's Wear	Livery Stable
HUGH HAY & SON Established 1855 DRY GOODS, CLOTHING, ETC.	H. E. & J. W. Gallagher LIVERY STABLE All kinds of Teams to Let for Picnic Parties, Weddings, Etc.
Furniture	Hardware
A. Henderson Furniture Co., Limited Furniture, Oilcloth, Carpets, Pianos UNDERTAKERS	A. E. JONES & CO Hardware, Paints and Oils, Lime, Brick and Cement. Phonographs and Records.
Every subscription to the Sentinel is good for 100 votes. Votes will also be given on any orders for printing.	
The Sentinel Voting Contest	
This coupon is good for Five votes in Library Voting Contest. Early subscriptions for Weekly will be entitled to vote. Cut out and fill in blank line with name of Church, School, Lodge, Club or other organization you wish to vote for and deposit in ballot box at Mair's Drug Store.	
FIVE VOTES FOR.....	
LAST TEARS ON WOODSTOCK TROT, TING PARK, Labor Day, Sept. 2.	Base Ball Tag Day, Saturday, August 24th.

100 WATCHES GIVEN AWAY Absolutely Free!

A genuine time-keeper, solid nickel case, stem wind and stem set, will wear a lifetime, just the watch for every day wear. Worth fully 25 per cent. more than an Ingersoll and GIVEN ABSOLUTELY FREE and this is the proposition

To the first 100 families or individuals purchasing \$5.00 worth of goods at this store between Wednesday, August 21 and Saturday, August 31

We will Present Absolutely Free one of these Watches

Bear in mind you are not limited to any line of goods, everything is included: Prescriptions, Medicine of all kinds, Soap, Toilet Articles, Brushes, Hand Bags, Smokers Goods, Chocolates, Soda Water, etc.

ANTICIPATE YOUR WANTS

This is equal to a discount of 30 per cent.

THINK OF IT

Start in early, as we have only 100 Watches and offer will have to be withdrawn when this stock is exhausted

BOYS GET BUSY and interest your neighbors. Offer open for 11 days only, Wednesday, August 21st to Saturday, August 31st

SEE WATCHES DISPLAYED IN WINDOW

EDGAR W. MAIR,

The Prescription Druggist