

HER DREAMS CAME TRUE

Life Unbearable from Indigestion
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MELIE C. GAUDREAU

Rochon P.Q., Jan. 14th, 1915.
"I suffered for many years with terrible Indigestion and Constipation. I became thin and miserable. I had frequent dizzy spells and became so run down that I never thought I would get well again.

A neighbor advised me to try 'Fruit-a-tives'. I did so and to the surprise of my doctor, I began to improve and headed me along with 'Fruit-a-tives'. I continued this medicine and all my Indigestion and Constipation was relieved. I consider that I owe my life to 'Fruit-a-tives' and I want to say to those who suffer from Indigestion, Constipation or Headaches, try 'Fruit-a-tives'. Give this lovely fruit medicine a fair chance and you will get well the same as I did."

CORINE GAUDREAU.

50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

Cupid's Christmas Frolics.

Christmas would be almost as incomplete without its love superstitions as without its holly and plum pudding, and the maid who cannot forecast her matrimonial fortune at least once a year is scarcely worth a lover at all. She ought to know, whether she does or not, that if she wants her husband to be to reveal himself in her dreams she has only to eat the egg of a black hen on Christmas eve and any fears or hesitations she may be troubled with will soon be dispelled when once her head is cozily pillowed. If she

wishes to make the spell as potent as possible she will boil the egg hard, remove the yolk and, after she has filled up the cavity with common or table salt, will eat egg, shell, salt and all. If she doesn't dream of her lover then it will certainly not be the hen's fault. If she is not partial to eggs on Christmas eve, she may peel a St. Thomas onion, wrap it in a handkerchief and place it under her pillow on Christmas eve, reading these mystic lines as she does so:

Good St. Thomas, do me right
And see my true love come tonight.
That I may see him in the face
And him in my kind arms embrace.

It is just as natural for a maid to speculate as to the ardor of her swain's affection as to wish to settle the young man's identity, and if she will she may know to a nicety how far his infatuation for her has gone. This is what she must do to gain this desirable knowledge: When she retires to bed she must place three pails of water in her bedroom and attach three holly leaves to her nightdress. Then let her slumber in full assurance that her lover in dream form will present himself and touch one or other of the three pails. And all depends on what particular pail he touches. If it is No. 1 it is a sure sign that his affection is but skin deep; if No. 2, he worships the very ground she treads on, but if he touches the third pail, alas, for her expectations, for he loves her not at all.

But Cupid has no monopoly of Christmas superstitions. Did not Shakespeare himself lend his sanction to the belief that the cock by its crowing on Christmas night keeps all evil influences at a respectful distance? Some say that over against that season comes
Where our Saviour's birth is celebrated,
The bird of dawn; stretch at night long,
And then they say no spirit dare stir abroad.

Because a Little Child Was Born.
Because a little child was born
The earth is filled with peace;
Old wrongs, old sorrows are forgot
In suffering a sweet survivor.
Oh, men that strain for empty gain,
Oh, hearts with hatreds torn,
There is no room for strife today—
A little child is born!

The Christmas Season

Not a Day but Weeks
Needed to Manifest
Its Spirit.

CHRISTMAS proper is never a day. It is really a week or about a month. When the almanac says December has come, then all hearts begin to feel the presence of that midwinter festival. Each day adds to this feeling.

The Romans perceived that one day did not contain all the import of the midwinter gaiety. Their Saturnalia continued seven days. It began as a one day celebration and was observed Dec. 19; but, as it was soon found that brief period was a cup too small to contain the wine of pleasure, it was extended to three days. At last it was enlarged by the Emperor Claudius so as to take in the 25th. In form the festival has now been changed back into the one day shape, but in reality Christmas is much larger under our presidents than it was under Claudius and Caligula.

It is a great midwinter period and may well be looked upon as a type of the public happiness or the public misfortunes of a given date. In the early Christian church it became a single day, because being asked to stand for the birth of Jesus it had to be a formal day rather than a week, but no such limitation could keep it from having adjacent times which partook of its spirit as dawn partakes of day. Professor David Salter.

10 CENT "CASCARETS" IF BILIOUS OR COSTIVE

For Sick Headache, Sour Stomach,
Sluggish Liver and Bowels—They
work while you sleep.

Furred Tongue, Bad Taste, Indigestion, Sallow Skin and Miserable Headache come from a torpid liver and clogged bowels, which cause your stomach to become filled with undigested food, which sours and ferments like garbage in a swill barrel. That's the first step to untold misery—indigestion, foul gases, bad breath, yellow skin, mental fears, everything that is horrible and nauseating. A Cascaret tonight will give your constipated bowels a thorough cleansing and straighten you out by morning. They work while you sleep—A 10-cent box from your druggist will keep you feeling good for months.

NOTICE

Please beware of three Notes of mine, for one hundred dollars each, held by Freeman Rogers, for which I received no value.
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MAGIC READ THE BAKING LABEL NO ALUM POWDER

The Story of the Magi.

The story of the Magi, as it is given by the evangelist Matthew, is astonishingly brief and unadorned. He tells us without preface that when Jesus was born in Bethlehem certain foreigners arrived at Jerusalem.

He does not tell us how many they were nor of what race nor of what station of life, although it is fair to infer from the consideration with which they were received at the court of Herod and from the fact that they carried treasure boxes with them that they were persons of distinction.

The most important statement in regard to them is that they were Magicians—that is to say, disciples of Zoroaster and members of the sacred or priestly order of Persia, which was then widely scattered among the oriental nations and included men of exalted rank. They came from the east, a word which to the dwellers in Palestine could hardly have any other meaning than the ancient region of Chaldea, lying beyond the Jordan and the desert.

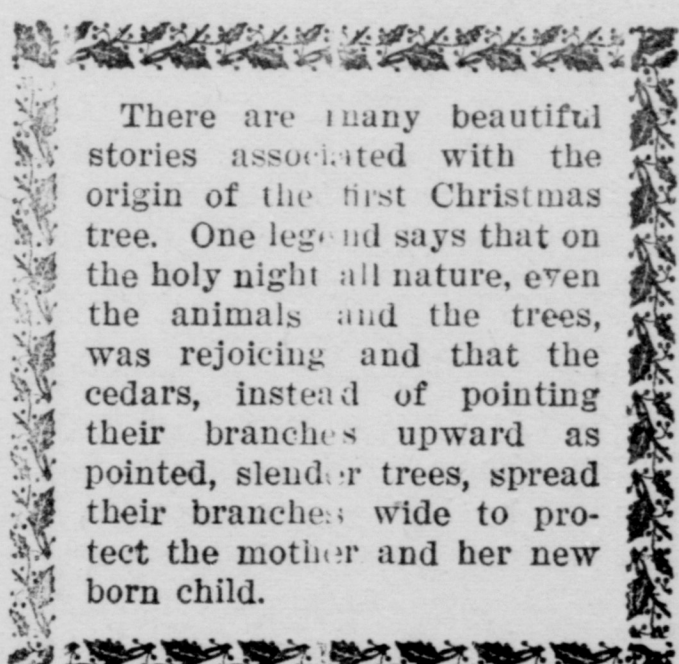
Their explanation of their journey to Herod was that they had seen an appearance in the heavens (whether one star or many or a comet they did not say) which led them to believe that the King of the Jews had been born, and they had come to do reverence to him. Herod was greatly troubled at hearing this and sent for the chief priests and scribes to inquire where the prophets had foretold that the Messiah should be born.

They answered at once that Bethlehem was the chosen place. Then Herod, having asked the Magi how long it was since they first saw the appearance in the sky, sent them away to Bethlehem, promising that when they had found the young Christ he also would come to do reverence to him.

Having set out on their journey, they saw once more the celestial sign, and its motion was such that it guided them to the place where Jesus was. Coming into the house—for Joseph had now found better shelter than a stable—they saw the young child with Mary his mother, and prostrated themselves before him in worship. Opening their treasure chests, they presented to him gifts of gold and frankincense and myrrh. Then, being warned in a dream not to go back to Herod, they took another road into their own country.

The conjunction of the planets Jupiter and Saturn is one of the rarest of sidereal events. It occurs only once in 800 years. This conjunction, all astronomers agree, happened no less

than three times in the year 747 A. D., shortly before the birth of Christ. It may be that we have here, in this "fairly tale of science," a confirmation of this beautiful story of religion, a hint and trace of
The light that led
The holy elders with their gifts of myrrh.
—Rev. Dr. Henry van Dyke



There are many beautiful stories associated with the origin of the first Christmas tree. One legend says that on the holy night all nature, even the animals and the trees, was rejoicing and that the cedars, instead of pointing their branches upward as pointed, slender trees, spread their branches wide to protect the mother and her new born child.

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Delicious "Fruit Laxative" can't harm tender little Stomach, liver and bowels.

Look at the tongue, mother! If coated, your little one's stomach, liver and bowels need cleansing at once. When peevish, cross, listless, doesn't sleep, eat or act naturally, or is feverish, stomach sour, breath bad; has sore throat, diarrhoea, full of cold, give a teaspoonful of "California Syrup of Figs" and in a few hours all the foul, constipated waste, undigested food and sour bile gently moves out of its little bowels without griping, and you have a well, playful child again. Ask your druggist for a 50-cent bottle of "California Syrup of Figs," which contains full directions for babies, children of all ages and for grown-ups.

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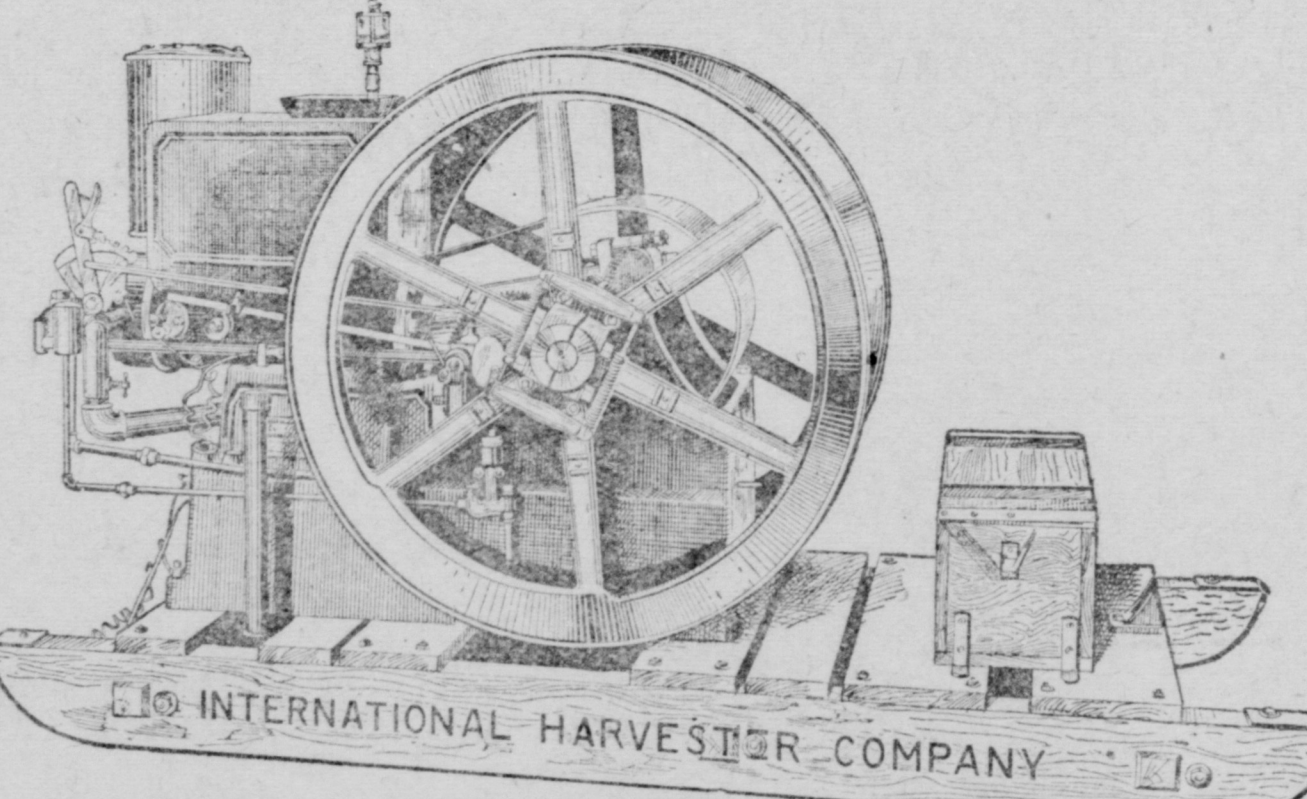
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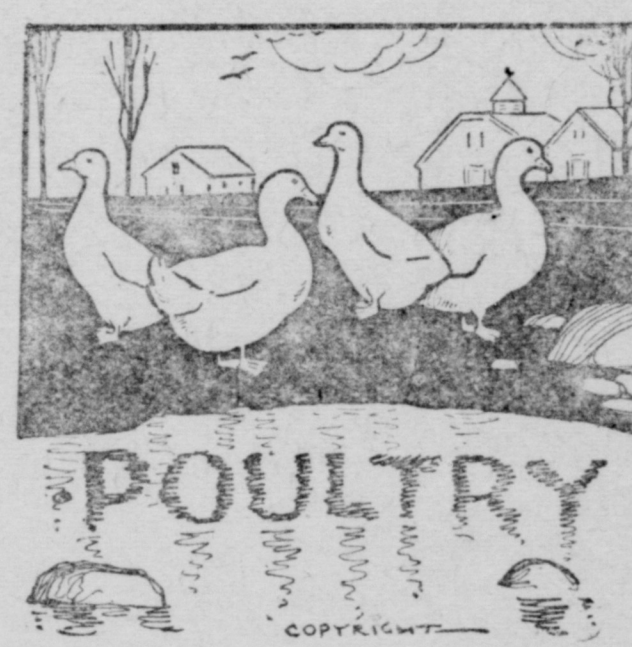
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