

## HEAT FLASHES, DIZZY, NERVOUS

Mrs. Wynn Tells How Lydia E. Pinkham's Vegetable Compound Helped Her During Change of Life.



Rio, Va.—"After taking Lydia E. Pinkham's Vegetable Compound I feel like a new woman. I always had a headache during the Change of Life and was also troubled with other bad feelings common at that time—dizzy spells, nervous feelings and heat flashes. Now I am in better health than I ever was and recommend your remedies to all my friends." Mrs. LYNA WYNN, 2812 E. O Street, Richmond, Va.

While Change of Life is a most critical period of a woman's existence, the annoying symptoms which accompany it may be controlled, and normal health restored by the timely use of Lydia E. Pinkham's Vegetable Compound.

Such warning symptoms are a sense of suffocation, hot flashes, headaches, backaches, dizziness, nervousness, timidity, sounds in the ears, palpitation of the heart, sparks before the eyes, irregularities, constipation, variable appetite, weakness and inquietude, and dizziness.

For these abnormal conditions do not fail to take Lydia E. Pinkham's Vegetable Compound.

Mrs. Tomah, whose son is now at the front, received \$120. last week being part of the pay assigned to her but delayed through some mistake in the legal papers. Mrs. Tomah was at St. Mary's reservation when the check arrived here. She has two other sons in the service.

pire and the ones that was upon me to maintain and keep up what our forefathers have fought and died for, found deep sympathy and applause rang through the theatre.

By-Sheriff Hayward who was the victim of a serious accident a few days ago, while lumbering at Salmon River is in the Fisher Hospital. He was standing between two bows of logs when the log rocker caught one of the pieces of timber and ran it ahead. Mr. Hayward was caught in the right leg, the call of which was almost severed. Twenty-four stitches were necessary to close up the wound. He is making as good a recovery as can be hoped for owing to the serious nature of the wound.

A little chap in Pittsfield, Mass., told his teacher he was ill and wanted to go home. The teacher sent him into another room to take his temperature, while he' back was turned the boy put the thermometer on the radiator until it registered 103 degrees, after which he obtained permission to go home.

"My husband tells me that he was out late last night with your husband."

"That isn't so. I want you to understand that my husband was out with your husband."

The Nova Scotia "Lumber King" says:

"I consider MINARD'S LINIMENT the best LINIMENT in use. I got my foot badly jammed lately. I bathed it well with MINARD'S LINIMENT and it was as well as ever next day."

Yours very truly,  
T. G. McMULLEN.

KIRKLAND.

(Intended for last issue.)

Mr. John Doherty is very ill of congestion.

Aurilla Graham has been confined to her bed for a few days.

Mr. and Mrs. Albert Dickson and Master Ronald made a trip to North Lake, recently.

The following is a list of those who have knit socks recently for the soldiers:

Miss Nellie Dickson, 4 pair; Mrs. Emma McLuskey, Mrs. Charles Bell, Mrs. Fred Burton, Miss Faye Burtard, Miss Mary Graham, Miss Grace Hall, 2 pair each; Miss Sarah Nicholson, Miss Nellie Prapp, Miss Clara Snow, Miss Louise McDougall, Miss Jennie Murchie, Mrs. George Dickson, Mrs. Chas Carter, Mrs. C. Gidney, Mrs. Alex Scott, Mrs. Renfrew Bunting, Mrs. Leslie Graham, 1 pair each.

There is more Catarrh in this section of the country than all other diseases put together, and for years it was supposed to be incurable. Doctors prescribed local remedies and by constantly failing to cure with local treatment, pronounced it incurable. Catarrh is a local disease, greatly influenced by constitutional conditions and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is a constitutional remedy, is taken internally and acts thru the Blood on the Mucous Surfaces of the System. One Hundred Dollars reward is offered for any case that Hall's Catarrh Cure fails to cure. Send for circulars and testimonials. F. J. CHENEY & CO., Toledo, Ohio. Sold by Druggists, 75c. Hall's Family Pills for constipation.

### Li's and Accounts of the Municipality of Carleton

The following bills and accounts were presented at the January session of the Municipality of Carleton.

1916 To J. C. Hartley, Dr.	
Jan 17 To certifying 145 school lists at 50c each	\$72.50
1915 To Charles Bettistone, Dr.	
Dec 17 To travelling expenses Tapley & Shannon trial, at 10c per mi., 45 miles	4.50
Attdg 2 sessions at \$1 p s	2.00
Hotel expenses	1.00
	\$7.50

Date of trial March 8th, 1915.

1915 To Geo W. Somerville, Dr. To travelling 16 miles making examination of John Lang an insane person
 1.60 |

Examination of John Lang
 4.00 |

  | \$5.60 |

To J. R. Tompkins, Sheriff, Dr.

To preparing voters lists and jury lists
 \$80.00 |

1915 To Dr. M. E. Commins, Dr.

July 28 Exam and certificate of insanity Mrs John Pye
 4.00 |

Mileage 15 miles at 10c
 1.50 |

Aug 30 Examination and certificate of insanity Mrs. Ludlow Pangburn
 4.00 |

Mileage 5 miles at 10c
 .50 |

Telephone message Dr. Anglin re patient
 .65 |

Nov 5 Coroner's fees viewing body Ashby Broad accidentally shot, and permitting burial
 4.00 |

Mileage 7 1/2 miles at 10c
 .75 |

1916 Jan 10 Examination and certificate of insanity for As-

# PROSPERITY DAY

## TUES. FEB. 29th

### The One Big Outstanding Day of the Year

# WOODSTOCK

### The Day that You can buy more for Your Money than any other day in the Year

The stores have all got through stock taking, and propose to devote this day to giving the biggest values ever before attempted in clearing out odd lines and balances of Winter goods, and there will be values on everything in stock

Anything you want to buy, you will find here in the stores represented: Flour and Feed, Hardware, Stoves, etc.-Tobaccoists, Men's Tailoring, Fresh and Cured Meats, Fruit and Fish, Furniture, Boots and Shoes, Musical Instruments, Bakers and Confectioners, Dry Goods, Hats and Furs, Groceries, Leather Goods and Harness, Books and Stationery, Sporting Goods, Fancy Goods and Ladies' Furnishings, Electrical Supplies, Druggists, Jewellers, Clothiers and Gents' Furnishings, General Clothing, Dry Goods and Millinery, 5 and 10c Store, China and Wall Paper.

A Carnival of Bargains. Everybody can take advantage of this Bargain Opportunity

### Every Store will be Surrendered to The King of All Bargain Days

RAILWAY RATES—Arrangements will be made to secure Special Rates on this day. Look out for announcement

# Prosperity Day FEBRUARY 29, 1916

SPECIAL SENTINEL OFFER:— 10 per cent. discount on New or Renewal Subscriptions on this day

### Watch the Sentinel for Further Announcements

## CLARK'S Demonstration

OF

Pork and Beans

Peanut Butter

Spaghetti with Tomato Sauce and Cheese

Potted Meats

Soups, etc.

For the Week Commencing

Feb. 14th, 1916

will be at

## W. S. SKILLEN'S

Don't Be Afraid to Overcrowd Us—We Want to See You All.

## LOCAL AND PERSONAL

(Intended for last issue.)

Mr. N. W. Brown of Southampton addressed two recruiting meetings in St. John last week before large audiences and got a splendid reception. The Telegraph says: "Nelson W. Brown delivered the same address he gave a few nights ago at the recruiting rally. His striking and unique arguments were received with great applause. His history of the building up of the British Empire

## NOT ENOUGH CHILDREN

ever receive the proper balance of food to sufficiently nourish both body and brain during the growing period when nature's demands are greater than in mature life. This is shown in so many pale faces, lean bodies, frequent colds, and lack of ambition.

For all such children we say with unmistakable earnestness: They need Scott's Emulsion, and need it now. It changes weakness to strength; it makes them sturdy and strong and active.

Scott & Bown, Toronto, Ont.

thony Kilfoil	4.00
June 18 Srvs warrant of arrest on Stephen Derrah charged with causing death of Fred Green	\$19.40
To J. S. C. Wetmore, Dr.	
Expense account municipal election Parish of Woodstock, Oct 12th, 1915.	\$3.00
Posting notices	3.00
Rent of room	3.00
Day at poll	3.00
	\$11.00

1915 To Albion R. Foster, Dr.	
June 18 Srvs warrant of arrest on Stephen Derrah charged with causing death of Fred Green	\$1.50
50 miles travelled	5.00
Serving warrant of arrest on Charles Smith charged with causing death of Fred Green	1.50
50 miles travelled	5.00
Cash paid Barry Wakem for team to convey prisoners from camp to Johnville, where I gave them over to Deputy Sheriff Armstrong	4.00
Pd telephone messages	.65
Pd for meals for Con Bell (who saved) and self	1.00
28 Srvs warrant of arrest on Thomas Brown, taking him before Magistrate Cameron	1.50
Srvs warrant of arrest on	

Jesse Foster	1.50
18 miles travelled	1.80
Taking him before Magis. Cameron and having him remanded	1.00
Serving King's summons on Zita Davenport	.30
17 miles travelled	1.70
Serving King's summons on Eva Davenport	.30
17 miles travelled	1.70

Attending trial of Jesse Foster one day	2.00
July 25 Srvs warrant of arrest on Willie Shaw	1.50
10 miles travelled	1.00
Serving warrant of arrest on Edgar Haywood	1.50
10 miles travelled	1.00
Taking them before Magis. Cameron who remanded them	

(Continued on page six.)