

AUTOINTOXICATION OR SELF-POISONING

The Dangerous Condition
Which Produces Many Well
Known Diseases.

HOW TO GUARD AGAINST THIS TROUBLE

"FRUIT-A-LIVES" — The Wonderful
Fruit Medicine — will Protect You

Auto-intoxication means self-poisoning, caused by continuous or partial constipation, or insufficient action of the bowels.

Instead of the refuse matter passing daily from the body, it is absorbed by the blood. As a result, the kidneys and skin are overworked, in their efforts to rid the blood of this poisoning.

Poisoning of the blood in this way often causes indigestion, loss of appetite and disturbed stomach. It may produce headaches and sleeplessness. It may irritate the kidneys and bring on pain in the back, rheumatism, gout, and rheumatic pains. It is the chief cause of eczema — and keeps the whole system unhealthily by the constant absorption into the blood of this refuse matter.

"Fruit-a-lives" will always cure auto-intoxication or self-poisoning — as "Fruit-a-lives" acts gently on bowels, kidneys and skin, strengthens the bowels and tones up the nervous system.

50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid on receipt of price by Fruit-a-lives Limited, Ottawa.

Newburg Personals.

Miss Helen Hourihan of this place, who has been operated on for appendicitis, in the Fisher Memorial hospital, is recovering nicely.

Mr. McCormick and daughter, Mabel, of Upper Woodstock were visiting friends here Sunday.

Mrs. Bowles and daughter of North Amity, Me., are visiting Mrs. Albert Sparrow.

Miss Marianna Culbert visited friends in Woodstock last week.

Miss Gertrude Gibbons of Lewiston, Me., was called home owing to the illness of her sister.

Mrs. Larkins of Bangor, Me., is visiting her mother, Mrs. McCarron.

Misses Mary and Josephine Hourihan, who have been staying with their aunt, Mrs. Wm. Gallagher, have gone to the west to join their mother.

Mr. Jerry Gallagher has gone to the west on the Harvest Excursion.

Mr. J. A. Maguire, Mrs. John Maguire, Mrs. Hugh Johnston and Miss Mae Burke made an auto trip to Maxwell and Houlton on Thursday last returning Friday.

Misses Carrie E. Maguire, Mae and Caroline Burke, Messrs. Albert Donovan and J. A. Maguire attended the lawn party in Houlton on Wednesday last.

Miss Mae L. Burke, who has been spending vacation at her home, returned to Bangor.

Mr. Albert Donovan, Lawrence, Mass., who has been visiting his aunt, Mrs. John Maguire, returned on Friday.

Messrs. Louis Maguire and W. T. Donovan went to Houlton Tuesday.

NO ROYAL ROAD.

We are told that there is "No Royal Road to Success" and most of us have, at some time or another proved it to be true. We have found that it is only by steady, persistent effort that anything worth while is attained. Yet, if the above is a truth, it is also a fact that success does come to those who earnestly strive for it along the right lines. A case in point is that of "KING COLE" TEA whose advertisement is seen from time to time in our pages. Starting some six years ago in the face of the sternest competition and adverse market conditions, this Tea, by making "QUALITY FIRST" its watchword, has made solid progress from year to year, until today it stands recognized by Grocers and the public generally, as one of the very highest class brands of Tea in Canada.

It is four years since the G. E. Barbour Company the blenders and packers of "KING COLE" — commenced to issue, with each package, the now well known guarantee of "Money back if not satisfactory." This was done to convince the public of the genuineness of the character of KING COLE TEA and to provide redress for any possible disappointment. The fact that not a single package has been returned in that time leaves no doubt in one's mind as to the high quality of "KING COLE" and the careful way in which that quality is maintained.

The Company gladly pays tribute to the newspapers as a medium for making the merits of their Tea known to the public and we are glad to feel that we have in a measure contributed to "KING COLE'S" success.

The slogan of KING COLE TEA is "YOU'LL LIKE THE FLAVOR."

CATARRH CANNOT BE CURED with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a local disease, greatly influenced by constitutional conditions, and in order to cure it you must take internal remedy. Hall's Catarrh Cure is taken internally and acts thru the blood on the mucous surfaces of the system. Hall's Catarrh Cure was prescribed by one of the best physicians in this country for years. It is composed of some of the best tonics known, combined with some of the best blood purifiers. The perfect combination of the ingredients in Hall's Catarrh Cure is what produces such wonderful results in catarrhal conditions. Send for testimonials, free.

F. L. CHENEY & Co., Toledo, O. All Druggists, 75c. Hall's Family Pills for constipation.



The Warmth and Wear of Honest Wool

You men who want the real thing in underwear — garments that have the weight, the warmth and the long-wearing softness peculiar to Maritime wool — ask your dealer to show you

ATLANTIC UNDERWEAR

Feel its quality — try its strength and elasticity — notice its substantial weight and neat finish — and think of the warmth and comfort it will mean when the raw, cold weather comes!

Once you have worn this splendid underwear, you'll realize why thousands put their faith in the ATLANTIC Trademark.



ATLANTIC UNDERWEAR LIMITED, MONCTON, N. B.

The Longevity of Total Abstinents

over Moderate Drinkers is proven by our statistics which cover a period of almost thirty years and embrace many thousand lives. Space will not permit a record of each year, but our experience in 1915 was but a repetition of previous years, the actual death loss in our Abstinents' Section being 42% of the expected, as compared with 66% in the General Section. Our little booklet "Total Abstinents vs. Moderate Drinkers" contains a history of the favorable experience of our Company. Copy will be gladly mailed upon request. Why not ascertain the special advantages we have to offer you, if you are an abstainer, before placing your insurance? Write us to-day for further particulars.

The Manufacturers Life

Insurance Company
HEAD OFFICE, - TORONTO

The E. R. Machum Co., Ltd. St. John, N. B.
G. N. King, Agent, Perth, N. B.

The "Tornado"

The "Tornado" Giant Thresher is a light, but very strong and durable machine, has all the latest improvements, and will thresh faster and do its work better than any other machine on the market.

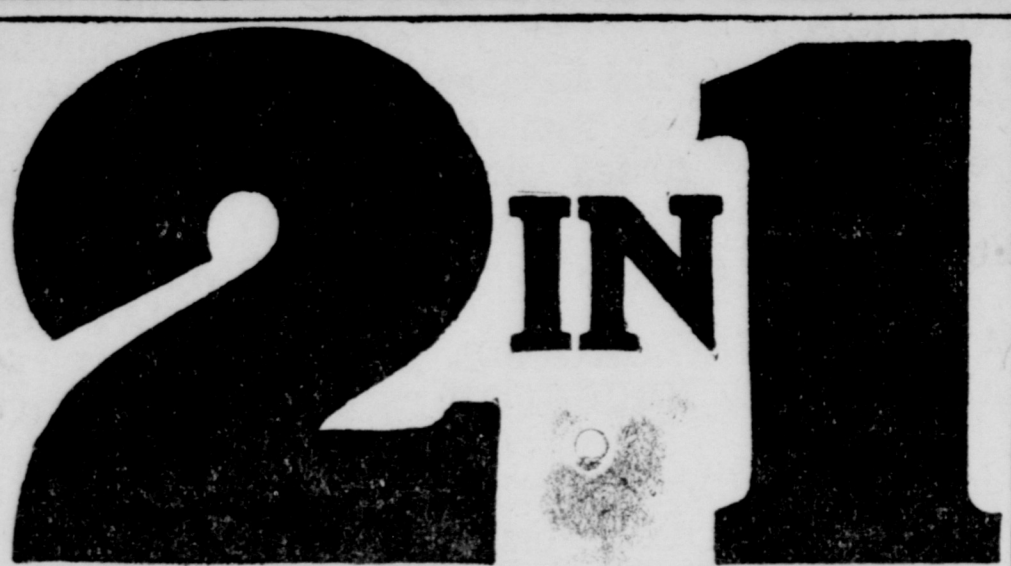
Has a revolving whip which prevents any grain passing over with the straw. The Cylinder is of the bar type, and all the teeth are made of steel. All the shafts are of steel. All the lumber used in them is sound, thoroughly seasoned, kiln dried, well painted, and stongly bolted together. Our Direct Gear Level Tread Horse Power is considered the best made in the Dominion.

Woodstock Foundry Ltd.

WHOLESALE AND RETAIL

Woodstock - N. B.

THE GREAT BRIGHT WAY



SHOE POLISHES
BLACK-WHITE-TAN - 10¢
KEEP YOUR SHOES NEAT

W. L. CHENEY & Co., LTD., HAMILTON, CANADA

Bargains on Refrigerators

\$15.50 size for \$12.00
10.50 " " 8.00
8.50 " " 6.00

We have a few Freezers still in stock, and, which we are offering, as follows:

2 gal reg price \$2.00 Price now \$1.50
3 " " " 2.50 " " 2.00
10 " " " 6.00 " " 5.00

Water Coolers at 25 per cent discount

Few Screen Doors left of 2ft 6in x 6ft 6in at \$1.00 each. Screens at 20 per cent off.

Big Bargains in Wall Clothes Racks — 8 arms at 25c each while they last.

W. F. DIBBLEE & SON LTD.

At the Sign of the Red Sentry

Longfellow's Grave.
Henry Wadsworth Longfellow, the poet, is buried in Mount Auburn cemetery, Boston.

LOST — A music lyre for a cornet August 8th, somewhere on Broadway. Please return to Julius Nielsen, Photographer, Queen street, Town.

BINDER TWINE

Just received a large shipment of best quality

Manila Binder Twine

Which we offer at bottom price]

Burt Hardware Co. Ltd

WOODSTOCK, - N. B.
Headquarters for reliable Hardware

Pickling Requiremnets

Best Vinegar = 30c gallon

Best Pickling Spices (mixed) 25c lb

| | | | |
|----------------|--------|---------------|--------|
| Tumeric powder | 3c oz | Pepper corn | 3c oz |
| Curry powder | 3c oz | Mustard seed | 3c oz |
| Ginger root | 3c oz | Whole cloves | 3c oz |
| Green tomatoes | 30c pk | Green peppers | 15c lb |

Fruit Jars

Mason jars pts, heavy glass 65c doz
" " qts " 75c " "
" " 1-2 gal " 95c " "
Best quality rubber rings 9c doz
Parawax 13c lb, 2 lbs 25c

Fresh Fruit

California peaches 30c doz
Oranges 35c, 45c, and 50c doz
Bananas 25c and 30c doz
Pears 40c and 45c
Watermelon 5c lb 6 lbs for 25c

Canned Goods

Pink salmon 14c can, 2 for 25c
Best red salmon 17c " 2 for 32c
Peaches in heavy syrup 15c can
" " 25c can
Tomatoes 13c can, 2 for 25c
Corn 10c can
Peas 10c " "
Oysters, large 23c " "
" small 15c " "
Finnan Haddie 15c " "
Shrimp 18c " "
Lobster 25c " "

Fresh Baked Biscuits

| | | | |
|-------------------------|--------|---------------------------|-----------|
| McCormick's rich butter | 22c lb | Soda biscuits 12 lb boxes | 8 1-2c lb |
| " fig bar | 22c lb | Ginger cookies | 12c lb |
| " walnut tarts | 22c lb | Sugar bars | 12c lb |
| " lemon cream | 22c lb | Havlock lunch | 15c lb |
| " maple mallow | 22c lb | Fancy mixed cookies | 12c lb |
| " Italian wafers | 22c lb | Milk lunch | 10c lb |

| | | | |
|---------------------------|-----|---------------------------------|-----|
| 3 pkgs corn flakes | 25c | 4 of any 10c cigars | 25c |
| " starch | " | 2 bobs Miner's white liniment | " |
| " porridge wheat | " | " 2 1/2 oz vanilla or lemon ex. | " |
| 5 lbs flaked wheat | " | " 2 " oz | " |
| " cream of wheat | " | 1 " fruit syrup or lime juice | " |
| " graham flour | " | 7 bars Yerrax's soap | " |
| 6 " bread or pastry flour | " | 9 lbs washing soda | " |
| " granulated oatmeal | " | 6 " baking " | " |
| 6 " rolled oats | " | 6 pkgs cow brand soda | " |
| " ground corn meal | " | 3 lbs best mixed starch | " |
| 7 " corn meal (ordinary) | " | 1 ree 30c pkg acme gloss starch | " |

Yerrax's

Main Street, Phone 33-21, Woodstock, N. B.

BANK OF MONTREAL

ESTABLISHED 1817

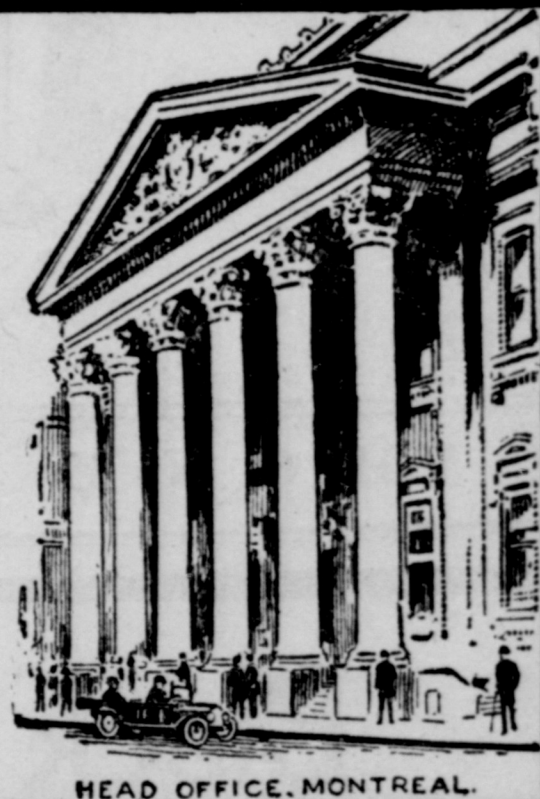
BOARD OF DIRECTORS:

| | |
|---|------------------------|
| H. V. MEREDITH, Esq., President | E. B. Greenhalgh, Esq. |
| R. B. Angus, Esq. | Hon. Robt. Mackay |
| Sir William Macdonald | C. R. Houser, Esq. |
| Lord Shaftesbury, K.C.V.O. | C. B. Gordon, Esq. |
| A. Ramsay, Esq. | D. Forbes Angus, Esq. |
| H. R. Drummond, Esq. | Wm. McMaster, Esq. |
| Sir Frederick Williams-Taylor, L.L.D., General Manager. | |

Capital Paid up - \$16,000,000.
Reserve - 16,000,000.
Undivided Profits - 1,321,193.
Total Assets (Apr. 1916) 390,421,701.

SAVINGS

Deposits received from \$1.00 up, on which interest is allowed.



E. W. Jarvis, Manager, Woodstock Branch.

P. J. E. Graham, Manager, Hartland Branch.

THE ROYAL BANK OF CANADA

INCORPORATED 1869

| | |
|---------------------------|---------------|
| Capital Authorized | \$ 25,000,000 |
| Capital Paid Up | 11,785,960 |
| Reserve Fund | 12,500,000 |
| Total Assets (March 1916) | 216,963,170 |

326 Branches Throughout Canada and Newfoundland.

28 Branches in Cuba, Porto Rico and British West Indies.

Correspondents in all the Important Cities in the United States & Europe

Savings Department at all Branches. Accounts may be opened with a deposit of \$1.00 and upwards. Interest compounded half yearly at highest current rates.

LONDON, ENG., OFFICE.
2 Bank Buildings—Princes St.
NEW YORK AGENCY,
Cor. William and Cedar Sts.

WOODSTOCK, N. B., BRANCH,
C. O. MacDONALD,
Manager.



Best hotels and restaurants serve them.

THERE'S A GROCER IN YOUR TOWN WHO SELLS THEM

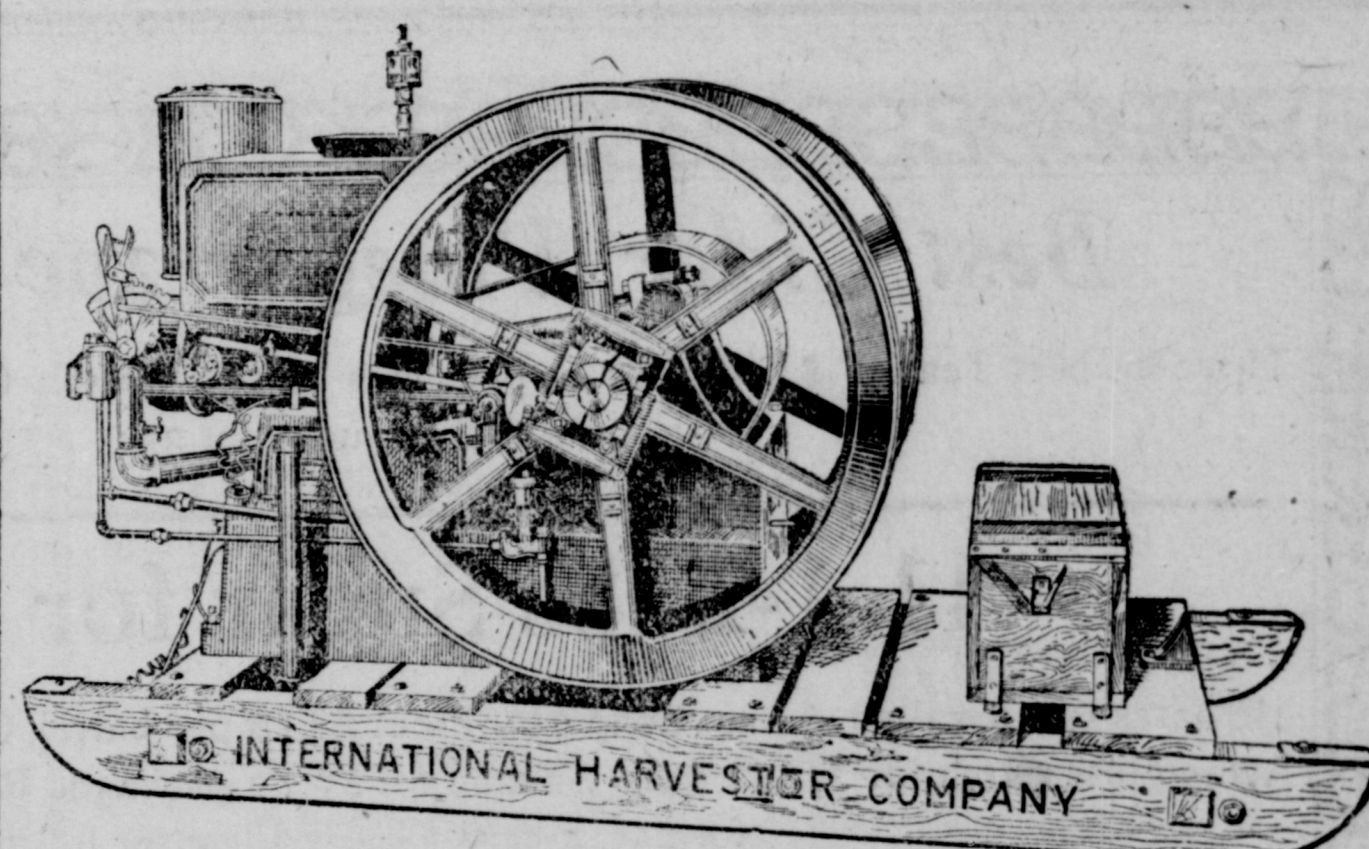


During the Game

after the game or any old time a glass of our cream soda is always welcome and enjoyable. It has just the right flavor, the right tang to make it a drink one never tires of. It quenches thirst, it restores energy. We want to send you a box for trial. Shall we do so to-day?

Woodstock Bottling Works

J. H. THOMPSON, Proprietor



Kerosene & Gasoline Engines Moody threshers, Hoover Diggers

The International Titan Engine is the strongest and most durable Gasoline Engine on the market. It can be operated equally as well with Kerosene as Gasoline. As Kerosene is less than half the price of Gasoline it is the only practical Engine to buy.

The Moody Threshers with their great capacity for handling grain as well as thorough cleaning have proved to be the most practical Threshers used in this country.

We sell the Original Hoover Digger, equipped with Roller Bearings making their light draft. This is the only Digger on the market is made by the Hoover Manufacturing Company of Avery, Ohio. Other Potato Diggers claimed to be similar to Hoovers are only imitations. The Hoovers are the only diggers that have constantly given satisfaction in the potato fields for the past forty years.

J. CLARK & SON, Ltd,

F. O. Creighton Manager,

G. W. Jackson, Special Salesman

Clark's New Brick Block, Connell St., Woodstock, N. B.

Hartland, H. N. Dickinson; Florenceville, F. L. Tompkins; Bath, W. J. Gallagher; Glassville, D. Fitzgerald; DeBec, B. D. Hoyt; Benton, J. K. Moxon; Canterbury, Chas. Price