"My trouble was gravel in the bladder. My case was very serious and my death was laily expected. No suffering could be worse than I had to endure. I beg you to publish my letter so that people may know what Gin Pills had done for me. The first box relieved me a great deal. Eight boxes were sufficient to cure me entirely and to bring me back to perfect health.

Your druggist sells Gin Pills-50c. a box, or 6 boxes for \$2.50. Sample free if you

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n Electric Shock. means of resuscitation shock is said to be a the soles of the feet ing the shoes. In all it is necessary to pull the throat, as the acmu "les, and the tongue

u Get This Box

into the throat, comth air passage. Part equipments consist ch will grasp the tongue stended position so open to permit of

land and Textiles. mill in the United in Pawtucket in Washlministration. The makhas become Rhode Isustry. Some 60,000 perand its output is about the manufactured prodte. which, little as it is, making of cotton goods the making of woolens

Busy Enough. First Playwright-If that manager had only had more time he would have shown me all the rare objects in his studio. Second Playwright-Was he very busy? First Playwright-Just had time to show me the door and

His Selfish State. "I live in a state where there are absolutely no divorces." "Indeed! What state is that?" "The state of single blessedness."-

Boston Transcript. Departed Warmth. "What have you there?" "A package of old love letters." "Going to burn them?"

"Yes. When I wrote these missives they were so fervent I had an idea they might be ignited by spontaneous combustion, but I guess I'll have to use a match after all."-Spokane Review.

That Held Him. He--I shall not marry a woman unless she is my exact opposite. She-You will never find so perfect a being

# minor towns on the shores of the strait. Homer did not accord a definite habitation for his terrible sea creatures, Scylla and Charybdis, but mariners familiar with the perils of the rocks on nd Fertilizer

lers, Fertilizer Disc Drills, Disc Drills, Evans Potato Charybdis dwelt under a rock only a bowshot away, on the opposite shore. Success Potato Planter, blew out sea water three times a day, and woe to the ship caught in the Tooth Harrows, Wagons, Harnesses,

# odstock, N. B.

of Milk Merged into One Pound of

ne HOME Butter Merger" Capacity 2 Pounds in Two Minutes)

Mergers One Pint of Milk into One Pound of wo Minutes. No Chemicals or Drugs Used.

# IONEY SAVER ON EARTH FOR THE HOME ime to save money. Save it when you are making give friends an idea of what was go-

Ill not always last, and when you get out of work, ing on. In most cases the accounts then to save your money. have the money stie can save with this machine, of course adds to their value.

will find she has g ot some when you need it, and ghty handy. le BUTTER TRUST your money.

f the most necessary articles of food, and the price is going One can hardly eat a n real of vituals without butter. Now, f this, and also that butter is the most expensive food used from 30 to 50 cents a ; pound, the great question comes into re help ourselves? It i was the solution of this question that brought to light this wonderful machine.

OF MILK WEIGHS A POUND

he machine does-THE PINT of MILK, PRICE NE POUND of BUTTER, PRICE 36c.

TOTAL

wo together making two pounds, that is sweeter than any ving you T'WO FOUND for FORTY CENTS, that just as hard, and is used for the same purpose as any ich would, cost you SEVENTY-TWO CENTS, for VING you THIR TY-TWO CENTS on two pounds. THIS IS WORTH SAVING?

GENTS WANTED This Wonderful Invention AS. J. SULLIVAN

Woodstock, N. B

## THE STRAIT OF MESSINA.

And the Ancient Legends of Scylla and Charybdis.

The Sicilian and Italian banks which border the strait of Messina for nearly twenty-five miles to the east and west are among the most luxuriant to be found in a cruise of the Mediterranean. Magnificent golden groves of lemon and orange and orchards of pomegranate, with their brilliant red fruit, contrast wonderfully with the flowers of the almond trees which perfume the whole region.

The strait is entered from the Tyrrhenian sea, on the north, at the narrowest point, the distance between Punta del Faro, on the Sicilian shore, and the mainland lighthouse on Punta Pezzo being not more than two miles. The whole of the Calabrian coast is thickly sown with villages, some clinging to the beach, while others clamber up the sides of well wooded hills which culminate in the towering Montalto, rising to an elevation of more than a mile above the sea. Beyond the strait to the southwest looms ever threatening Etna, the highest volcano in Europe.

The most important city situated on the strait is the once magnificent seaport of Messina, which boasted a population of 150,000 inhabitants before "the world's most cruel earthquake" of Dec. 28, 1908, tossed nearly 100,000 lives away.

The harbor of Messina is the largest and safest in the kingdom of Italy, with a depth of more than thirty fathoms. Before the great calamity it was visited annually by more than 5,000 vessels, which brought cargoes of wheat, cotton, wool and hardware and took away in exchange lemons, oranges, almonds, wines, olive oil and silks. Much of its commerce was and still is carried on with the mainland of the kingdom by means of a ferry line to Villa San Giovanni, only four and a half miles away, while Reggio, the chief seaport on the Italian side of the strait and also the chief earthquake sufferer next to Messina, is ten miles to the southeast. Ferryboats ply between these points too. Scilla, Fare, Catona, Pellaro, Scallita and Galati are

minor towns on the shores of the strait.

the Italian side of the strait and with the strong eddies near the harbor of Messina saw in the mythical monsters an explanation of such dangers. Scylla was supposed to be a horrible creature with six heads and a dozen feet, who barked like a dog. She dwelt in a lofty cave, from which she rushed whenever a ship tried to pass beneath, and she would snatch the unlucky seamen from the rigging or as they stood at the helm endeavoring to guide their vessels through the perilous passage. The second creature sucked in and maelstrom of its mouth!

Poets who came after the great Greek bard embroidered the legend to suit their fancy. Ovid, for example, described Scylla as the beautiful daughter of a sea god who incurred the jealousy of one of the immortals and who was changed into a sea monster. A second transformation made her a rock perilous to navigators. Some woman who seized and devoured the powerful Zeus, cast her into the sea, where her appetite presisted, but her tastes changed from c ttle to ships and seamen.-National Geographic Society

#### To the War With an Ambulance

Boyd, Professor of Pathology in the University of Manitoba. He has recently published a book giving his impression of the front, and it is one that should prove interesting because of its intimate personal touch. Professor Boyd has not written a war book such as the special correspondent turns out. "With a Field Ambulance at Ypres" is in reality a diary, written in the kitchens of French farmhouses, in muddy dugouts, and other romantic places from time to time, and then sent home to hours of the events described, which

Professor Boyd gives one of the most graphic stories of the affects on the gas when first used that has been written. His description is dated April 28th, 1915, the day that will be long rembered by

worst. And a very bad worst it is.

with gurglings in the throat were passing away into the undiscovered country. They were the first gas d Hill 60.

Soft, Clear, Smooth Skin Comes With The Use Of "FRUIT-A-TIVES".



NORAH WATSON 86 Drayton Ave., Toronto.

Nov. 10th, 1915. A beautiful complexion is a handsome woman's chiefglory and the envy of her less for tunate rivals. Yet a soft, clear skin-glowing with health-is only the

natural result of pure Blood. "I was troubled for a considerable time with a very unpleasant, disfiguring Rash, which covered my face and for which I used applications and remedies without relief. After using "Fruit-atives" for one week, the rash is completely gone. I am deeply thankful for the relief and in the future, I will not be without "Fruit-a-tives".

50c. a box, 6 for \$2.50, trial size, 25c. At dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

NORAH WATSON.

escribed as black, brown, yellow

rifle fire. A couple of hundred yards poets described Charybdis as an old but a storm of shrapnel burst over their heads, for the German gunners cattle of Hercules, and in punishment | had the range to a yard, and had

days ago cylinders of gas arrived in NE of the prominent Cana- ing made at present to secure one of dian University men who these, and determine the chemical accompanied the first army present; but so far without success. from the Dominion to the evening to try to secure one from the trenches in France was William German prisoners, and his return is in the hope that some indication may gas, but up to the present the results have been disappointing."

Publicity Needed.

In a leading article printed in The Paris Matin by a special representasive survey of Canada's efforts made. Both military and industrial phases of the Dominion's war work gladly giving money, blood work for the cause of humanity

Discussing this article a Canadian officer declared that such publicity regarding Canadian doings was greatly needed on the Continent, not only in France, but in the neutral countries. Countries such as Norway and Sweden, although receiving propaganda matter about Great Britain, are ignorant of what Canada is

THE ROAD TO SUCCESS.

Best of Your Ability. young men?" I asked H. P. Davison of J. P. Morgan & Co. "Did you conceive the ends are curled under and their any shining goal and bend everything nails point toward the ground instead

ever job I had was to me always the very best job in the world, and I tried for the future. If I had any system in my labor it was first to do my own work; second, to teach the fellow helow me how to take my place; third, to The third bone of the third toe at learn how to fill the position ahead of this stage stands almost straight up

Boys and young men should not imagine that their work is so unimportant that nobody takes note of how they do it. It does not take long to find out whether a boy is on his toes watching how he can best be of help ir a situation or whether he merely sits down and waits to be told what to do The simple virtues of willingness, readiness, alertness and courtesy will carry a boy farther than mere smartness.

"Perhaps it will not be out of place for me to describe an incident which may carry a lesson for the young men you are anxious to help. One day when I was teller a customer offered me a very fine gold pen. I went right into the office and asked if this man had any loan from the bank. I explained that he had asked me to accept the gift. The bank promptly acted, and it was not long before the fellow was in bankruptcy. The simple course I took saved the bank a good deal of money."-B. C. Forbes in Leslie's.

#### EQUINE ARTFUL DODGERS.

Deafness and Lameness That Were Just Pure Bluff.

We all know, of course, the livery nag who pretends to be deaf. You tell him to "get up," and he getteth not up; you cluck to him, and he accelerateth not his pace. Is he deaf? Not he. You know, by a certain rolling of his eye and wiggling of his ears, that he hears you perfectly well. His deafness is pure bluff. It is like the lameness which some shrewd old nags sometimes

Will a horse pretend to be lame when he is not? Some horses certainly will. Two or three years ago the Nomad was driving a livery nag on a road in Vermont, when the animal suddenly began to limp terribly; couldn't go off a slow walk. It was pretty serious, for a journey of about twenty miles had just been begun. Knowing a man on the road who was a practical horseman, the Nomad drove up to his door and submitted the animal to the expert's examination. The man looked at the horse's feet, examined his legslooked him over thoroughly. "Did the "The description of the gas varied horse go all right when you started out?" he asked. Yes; the horse had gone all right for three or four miles. green, and white. Some said that it | "Well," said the expert, "this horse is shamming: there is nothing the matter

Then he addressed some plain language to Dobbin, advising him with some sharpness to cut it all out and go the shoe, that also are painful, so the along as he ought to. The Nomad touched the horse with the whip, and he trotted on to the end of the journey without the slightest limp.-Nomad in Boston Transcript.

Many Ills Come From Wearing the Wrong Kind of Shoes.

THEN, TOO, WE SHOULD TOE IN

That Is the Natural Way to Walk or Run, as It Puts the Strain Where It Belongs, While Toeing Out Impairs the Bones and Breeds Trouble.

Corns, ingrowing nails, crooked toes, bunions, spreading feet, arch trouble, aching feet are all caused by toeing out while walking. It is not natural for this act the demigod's father, all everything in readiness. It was very for those who start with normal feet from end to end, so the arch has room

It is natural to toe in, not far in, but just inside of a line straight ahead. All children toe in, nearly all youths toe in. Some people toe in all their lives, but they are few. All barefooted people toe in. All moccasined Indians toe in. No one can run without toeing in. No speed can be made without doing so. By toeing in the spring of the foot comes from all the small bones of the front part of the foot. on the inner side of the foot.

Why does toeing out cause trouble? Because the strain upon the foot in walking is greater than it should be. It inclines the first two bones of the big toe toward the smaller toes by degrees, until the spring finally comes from the inner side of the big toe and be afforded as to the nature of the its second joint. This undue strain on the second joint is constantly pulling it inward and away from the smaller bones. As the strain continues the tissues and ligaments that bind the bones in the forefoot together stretch and give way, and finally it becomes separated somewhat and bulges out into what is called a bunion. A bunion is a partial dislocation.

At this stage of impairment the bones connecting with the smaller toes across the ball of the foot settle down, and what is called the transverse arch is impaired. There are two arches in the foot—a longitudinal arch, with which every one is familiar, and the transverse arch across the ball of the foot from side to side. It is the transverse arch that is first affected, and it is at this stage of foot trouble that most people begin to complain and look for

Why did those who toe out do so in the first place when it is natural to toe in? The real reason was because they wore shoes. Barefooted people do not toe out, so the shoe is the cause. Shoes are habitually too short and too narrow across the end of the toes, and the long, pointed toe of the shoe helps to prevent Fill Whatever Job You Hold to the toeing naturally. The big toe is strong and monopolizes the limited space; the "In climbing the ladder of success small toes, being weaker, are crushed what have you learned that you could in narrowed quarters until their natupass on as aid to other struggling ral symmetry is gone. They are crowded backward by a shoe too short until of straight ahead. The first two joints "No," he replied emphatically. "What of the third and fourth toes are forced upward, and the third joint is pushed down farther and farther as the tissues to fill it. I made no elaborate plans supporting it become more and more stretched by the pressure from above and the forced spreading of the bones

No need now to waste time soaking your feet so often. Nor run the risk of paring. Plue-jay plasters have ended millions of corns. This very night thousands of people will say goodbye to painful corns forever. Touchy corns are needless, even foolish. Blue-jay brings instant relief. And in 48 hours the average corn is gone. Only a few stubborn ones require a second or third treatment. A Blue-jay plaster, with its healing wax, is applied in a jiffy. No soreness, no inconvenience. The pain is not temporarily eased, as with paring. There is no danger, as with harsh liquids. Decide to join the happy crowd tonight which has won freedom the Blue-jay way. BAUER & BLACK 15c and 25c at Druggists Toronto, Canada Stops Pain-Ends Corns

the pressure and sometimes a corn or thickening on the bottom of the foot just under the third joint of the third toe. At this stage there are ingrowing nails, due to the sidewise pressure of sufferer begins to toe out to prevent the pressure pain that would occur from the sore and otherwise impaired

small toes if he toed in as he should. The most sensible covering ever made for the feet is the moccasin of little. They are constantly harassed the American Indian, worn without a by doubt and the fear that they will stocking. Sandals also are good. The sneakers of children and tennis shoes with pliable rubber soles are next best.

Shoes should be so constructed that

it will be difficult, if not impossible, to toe out. A line drawn through the length of the big toe of a normal foot backward will strike the heel near the inner edge. Shoes should not compress the toes to alter this line in children. However the toes may have been pressed out of shape, the shoes of adults when made of leather with an unyielding sole should extend straight | question as to whether he ought to forward well past the end of the big purchase a straw lid with a red band toe and outward past the third toe and on it or blue! then slope backward past the little toe to the outer ball of the foot. In a shoe so shaped the wearer will find it diffi- head over the problems as to whether cult to toe out; the big toe will have she will have her new gown cut obits share of room. The sole should liquely or on the bias. In the end she be flat, both from side to side and to settle down as required with each have it made severely plain. step to furnish the necessary spring. The heel may be made snug and provision made for a snug fit across the instep to prevent the heel from slipping. There should be no lift on the heel except just enough to raise it level

with the sole, and this lift should be of The right kind of a shoe will be a queer looking thing as we now see things, for in place of the offending pointed toe it will look more like the shally through life, you had better, in blade of a paddle. It will not be stiff the interests of strengthening you When one toes out he is trying to walk and unyielding. It will be from three moral fiber, make a mistake by a quick to five inches across the ball of the decision now and then. Focus the best foot. Pashion is whimsical, and such judgment of which you are capable on a shoe when it becomes regular may be the question at issue, then take your considered beautiful.-Dr. Arthur R. stand and hold your ground. Reynolds in American Magazine.

The only thing many a man has done in the past is to dream of the future.-New York Times.

Why It Worried Him. "What are you looking so glum about

"Somebody stole Dawson's umbrella." "But why should that worry you?" "It was stolen from me."

No Strange Experiments, "Did you have a homily when your minister came to dinner, Mrs. Jimps? "Dear me, no, mem. I don't never try them strange dishes."-Baltimore

Seek to learn what is best rather than to learn much.

### MAKE QUICK DECISIONS.

Wrong to Waste Valuable Time Over Trifling Problems.

There are some folks in this world who never appear to be able to come to a decision on any issue, either big or make the mistake of picking up some thing by the wrong handle. They spend their lives sitting astride the fence because they lack the courage to get down on either side of it. They strive to propitiate everybody and please nobody.

What more pathetic spectacle than to see a strapping big man chasing back and forth between the hat counter and the mirror on the wall in the agony of doubt and despair over the momentous

Sympathy goes out to the woman who for weeks perplexes her pretty has it cut scalloped, and every time she wears it her regret is that she didn't

If your processes of decision are going to halt and buck and stall over the color of a hatband or the cut of a gown how can you hope to decide the really serious problems of life? Blessed is he who can marshal his wits in calm judgment, then decide whether he will stay on this side or cross over and

burn the bridge behind him. Rather than dilly-dally and shilly-

Odd Coronation Ceremony. In the old time ceremony of coronation in Abyssinia there was one most picturesque incident. Noble maids held a crimson cord in front of the church door, and the king, approaching on horseback, cried successively: "I am your king, the king of Ethiopia!" "I am your king, the king of Israel!" But the girls repudiated him. Then he cried, "I am your king, the king of ion!" and cut the string with his sword, while the damsels cried, "It is a truth; you are our king!" and acclaimed him with hallelujahs .- London Chronicle.

