

The Carleton Sentinel

A Weekly Newspaper printed and Published by the Carleton Sentinel Publishing Company, Limited.
A. D. McCain, President.

FRIDAY, JAN. 23, 1920

PUBLIC HEALTH

There has been a lot of talk concerning the Health Act and the chief grievance seems to be that officials are paid salaries with nothing to do. It don't seem to have dawned on these financial critics that it is better for a community to practice preventive rather than curative medicine. There will be enough of the latter at the best. All well meaning persons will desire to co-operate to the limit with health officials. After the harrowing experience which this county endured in the influenza epidemic there is not much need to urge that all preventive measures taken by the board of health to prevent the spread and protect the general public against infectious and contagious diseases, should have the undivided support of all well meaning citizens.

The old question, "What's your poison?" takes on a vivid meaning with the serving of wood alcohol drinks in these later and more informed days.

There is one time-honored New Year's pledge that it won't be very difficult to keep this year.

The man who had so lived his life in 1919 that it wasn't necessary for him to turn over any new leaf in 1920, was, of course, the best situated of all. But among mortals, how many such men were there?

Needed Protection

Keep your body well nourished and strong and there is little danger. It's essential that you keep up your resistance. There are thousands of families who would not dream of being without the protection that

SCOTT'S EMULSION

affords. The right idea is to start in the fall with Scott's Emulsion and be protected for a strenuous winter. It's Scott's Emulsion you ask for.

Scott & Bowne, Toronto, Ont.

BUSINESS MEN GO DOWN BEFORE FAST VETERANS

Gilt Edge Hockey Game Full of Thrills.

The fastest game of hockey between the Vets and the Business Men. Neither team had lost a game and the outcome was watched with a great deal of interest by the fans. The game was clean, the referee not having to hand out any penalties. Three periods of fifteen minutes each were played. In the first period Hayden scored for the Vets, and in the second period each team notched one. Shortly after the commencement of

the last period the Business Men tallied twice, putting them in the lead, but their advantage was short lived as the Vets scored three in rapid succession. A minute before time was up the Business Men scored an 8-4 in favor of the Vets. The Vets, other, leaving the score at full time had a little fresh blood in the person of Guy Pierce in goal. Pierce, who is an old St. John goal-tender, put up a nice game and contributed very largely to the success of his team. Hayden and Fewer for the Vets showed a good two-man combination throughout the game and all the goals scored in the last period by their team with the result of their clever work, while Wallace got away with some good runs. For the Business Men Judge was the star, being probably the best individual player on the ice, while Clark was very effective. R. C. Tait refereed most satisfactorily and the game was practically free from any foul playing. Judge and Fewer suffered injuries from contact with the puck, necessitating short delays for repairs. The teams lined up as follows:

VETS	BUSINESS MEN
Pierce	Goal
Tompkins	Prft
Atherton	Cover Point
Hayden	Centre
Fewer	L. Wing
Wallace	R. Wing
Judge	Dent

The league standing is as follows:

Won	Lost	P.C.
G. W. V. A.	3	0
Business Men	2	1
St. John Lake	1	2
High School	0	3

On Thursday night the Vets and the St. John Lake team met, and a good many fans are predicting that the Vets will take the mat. A good hard game is looked for.

WHAT TO USE TO PREVENT APPENDICITIS

Woodstock people should know simple buckthorn bark, glycerine, etc., as mixed in Adler-i-ka, flushes the ENTIRE bowel tract so completely, that appendicitis is prevented. ONE SPOONFUL Adler-i-ka relieves ANY CASE sour stomach, gas or constipation because it removes ALL foul matter which clogged and poisoned your system. The INSTANT action surprises both doctors and patients.

Forestall Colds, Chills and Influenza

Take

BOVRIL

Use Bovril in your cooking. It flavors, enriches, nourishes more.

The Body-building Power of Bovril has been proved by independent scientific experiments to be from 10 to 20 times the amount of Bovril taken.



SEALED TENDERS, addressed to the Postmaster General, will be received at Ottawa until noon, on Friday, the 27th February 1920 for the conveyance of His Majesty's Mails, on a proposed Contract for four years, 3 times per week on the route, Bath and Mouse Mountain, from the 1st July next.

Printed notices containing further information as to conditions of proposed Contract may be seen and blank forms of Tender may be obtained at the Post Office of Moose Mountain and route offices and at the office of the Post Office Inspector.

POST OFFICE INSPECTOR'S OFFICE
St. John N. B. January 14th 1920
H. W. WOODS
Post Office Inspector



SEALED TENDERS addressed to the Postmaster General, will be received at Ottawa until noon, on Friday, the 20th February 1920 for the conveyance of His Majesty's Mails, on a proposed Contract for four years, 6 times per week on the Lakeville Rural Route No 1 commencing at the pleasure of the Postmaster General.

Printed notices containing further information as to conditions of proposed Contract may be seen and blank forms of Tenders may be obtained at the Post Office of Lakeville, and at the office of the Post Office Inspector.

POST OFFICE INSPECTOR'S OFFICE
St. John N. B. January 7th 1920
H. W. WOODS
Post Office Inspector.

Houlton has a daily paper, the Aroostook Daily News, which made its first appearance on Monday.

HUSBAND SAVES WIFE

From Suffering by Getting Her Lydia E. Pinkham's Vegetable Compound.

Pittsburgh, Pa.—"For many months

I was not able to do my work owing to

a weakness which caused backache

and headaches. A friend called my

attention to one of your newspaper

advertisements and immediately my

husband bought three bottles of

Lydia E. Pinkham's Vegetable Compound

for me. After taking two bottles I felt fine

and my troubles caused by that weakness

are a thing of the past. All women

who suffer as I did should try Lydia E.

Pinkham's Vegetable Compound."—

Mrs. JAS. ROHRBERG, 620 Knapp St.,

N. S., Pittsburgh, Pa.

Women who suffer from any form of

weakness, as indicated by displacements,

inflammation, ulceration, irregularities,

backache, headaches, nervousness or

"the blues," should accept Mrs. Rohr-

berg's suggestion and give Lydia E.

Pinkham's Vegetable Compound a

thorough trial.

For over forty years it has been

correcting such ailments. If you have

mysterious complications write for

advice to Lydia E. Pinkham Medicine

Co., Lynn, Mass.

Very truly yours,
M. D. CLARKE,
Assistant Secretary

Woodstock, Jan. 15, 1920.

AN EXCELLENT MEDICINE FOR LITTLE ONES

Baby's Own Tablets are an excellent medicine for little ones. They are a mild but thorough laxative which sweeten the stomach and regulate the bowels thus bringing relief in cases of constipation indigestion, colic, colds and simple fevers.

Concerning them Mrs. L. J. Chanson, Paquetville, N. B., writes:—I have found Baby's Own Tablets excellent for my young baby in the case of constipation and colic and it gives me great pleasure to recommend them to other mothers. The Tablets are sold by medicine dealer or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

CARD OF THANKS

The family of the late Mrs. Margaret Wiley, of Jacksonville, wish to thank all friends for kindness and sympathy shown them in their late sad bereavement.

Mr. A. D. Holmrope left on Tuesday on a trip to St. John and Montreal.

FARMS WANTED.

We want from fifty to one hundred good farms in the counties of Carleton, Victoria and York. Last year we sold thirty-two farms and we expect to more than double that this year. We already have a long list of applications for our new 1920 Catalogue.

If you want to sell your farm it will be to your advantage to communicate with us. We charge you a small commission only, and we pay all the expenses connected with the sale.

We are now starting on our new catalogue and want to complete it by the middle of February. It will not cost you anything to get full particulars and terms.

Write to us now.

HOLYOKE & SQUIRES,
The Real Estate Men,
WOODSTOCK, N. B.

SOUR, ACID STOMACHS, GASES OR INDIGESTION

"Pape's Diapiesin" neutralizes excessive acid in stomach, relieving dyspepsia, heartburn and distress at once.

Time it! In five minutes all stomach distress, due to acidity, will go. No indigestion, heartburn, sourness or belching of gas or eructations of undigested food, no dizziness, bloating, foul breath or headache.

Pape's Diapiesin is noted for its speed in regulating upset stomachs. It is the surest, quickest stomach sweetener in the whole world, and besides it is harmless. Put an end to stomach distress at once by getting a large fifty-cent box of Pape's Diapiesin from any drug store. You require in five minutes, how needless it is to suffer from indigestion, dyspepsia or any stomach disorder caused by fermentation due to excessive acids in stomach.

"GIRLS WANTED IN GANONG BROS. CANDY FACTORY, ST. STEPHEN, N. B. Good salaries and steady work. Board will be furnished at our Boarding-house (which is presided over by a very competent Matron) at a very reasonable amount. Write for particulars." 2ms. 4.

WE FIT EVERY FORM
Yes, Sir!
Bring in Your Shape
and Let Us Prove It
Men who are hard to fit
can come here expecting to
be fitted correctly with a
SUIT or OVERCOAT.
Prices Moderate

THE JOHN McLAUCHLAN CO. LTD

Clothing to Man and Boy
Woodstock — N. B.

JAMES P. HULL Shoe Hospital

We do repairing of all kinds—Shoe Packs, Gum Rubbers, Overshoes, Hot Water Bags, or anything in rubber shoes. We sole shoes with Leather or Neokun—half or whole soles—nailed or sewed.

RUBBER HEELS—In Black—Tan—White.

SKATES screwed or riveted on shoes.

OUTSIDE CUSTOMERS Send your Shoes and Skates, we will have them sharpened, put on and Return Promptly.

Having secured the services of another Good Man we are able to cope with all work that comes to us.

Our work is done on United Shoe Company Machines—there are None Better.

WE CARRY A FULL LINE of Shoe Polish in Pearl Grey, Smoked Grey, Palm Beach Grey, Palm Beach, Brown, Polar White, White Kid, Champagne, Bronze and Cleanser for cloth or kid.

DYE YOUR OWN SHOES—Black—Brown—Bronze—This dye has no odor. 2 in 1 Shoe Polish in Black—Ox Blood and Brown. We also carry the Famous Rose Leather Dressing—will Positively Keep Out Water and make your shoes soft and wear longer.

HEEL CUSHIONS for men and women, helps to keep your shoes straight and nails from going up in your heels.

HEEL GRIPPERS for low shoes—prevents slipping in the heels.

We have Radium Corn Cure—A Sure Cure. Shoe Laces—the Best.

All Mail Orders Will Have Prompt Attention.

JAMES P. HULL,

Connell Street - Woodstock, N. B.

Large Pictures!

From Your LITTLE SNAPSHOTS

Will make charming and exclusive Gifts for Birthdays, Weddings, etc., or serve as a Fine Decoration for the walls of your home.

Send us the film of any favorite snapshot and we will make for you a fine 8x10 Enlarged Picture for 50 CENTS.

Other sizes in proportion.

NEWMHAM & SLIPP

(SUCCESSORS TO E. W. MAIR)

The Rexall Store

Canadian National Railways

ST. JOHN RIVER VALLEY ROUTE

TRAIN SERVICE

BETWEEN

Woodstock, Centreville, Fredericton, Gagetown and St. John.

Passenger Train Service

(Eastern Standard Time)

Tuesdays, Thursdays and Saturdays

Read Down	St. John	Ar	Read Down	St. John	Ar
12:55 Lv			2:05 p. m.		
3:10 "	Gagetown		11:50 a. m.		
4:30 Ar	Fredericton		10:30 "		
5:00 Lv	Fredericton		10:00 "		
7:47 "	Woodstock		7:12 "		
9:00 Ar	Centreville		6:00 "		

Local Train Service Mondays, Wednesdays, Fridays

10:00 Woodstock for Fredericton and St. John at 7:15 a.m. and for Centreville at 4:50 p. m.

For further information apply to TICKET OFFICE.

Through the garden of New Brunswick

QUEBEC—ST. JOHN
(Through Bagby, Shattuck, Parlor Car Service)
Quebec Bridge and St. John River Valley

Southbound (Read Down)	Quebec (Main Station)	Ar	Northbound (Read Up)	Quebec (Main Station)	Ar
Mon. Wed. Fri. Dep. 3:45 p.m.			Wed. Fri. Sun. Dep. 11:00 a.m.		
Tue. Thurs. Sat. Ar. 1:40 a.m.			Mon. Wed. Fri. Dep. 12:45 a.m.		
Dep. 2:50 a.m.	Edmundston		Ar. 1:35 a.m.		
Ar. 3:42 a.m.	St. Leonard		Dep. 12:37 a.m.		
4:05 a.m.	Grand Falls		12:10 a.m.		
5:04 a.m.	Plaster Rock		11:05 p.m.		
7:48 a.m.	McGowen		8:10 p.m.		
11:15 a.m.	Fredericton		6:25 p.m.		
Dep. 10:30 a.m.	St. John		Ar. 4:30 p.m.		
Mon. Wed. Fri. Dep. 2:05 p.m.			Dep. 12:55 noon		
Tue. Thurs. Sat. Ar. 1:40 a.m.			Fri. Thurs. Sat. Dep. 12:55 noon		

Canadian National Railways