

THE TRIALS OF A HOUSEWIFE

How They Have Been Endured and How Overcome by
Lydia E. Pinkham's Vegetable Compound

Experience of a Providence Woman



Providence, R. I.—"I took Lydia E. Pinkham's Vegetable Compound for a female trouble and became ill. I began just after my baby was born, and I did the best I could about getting my work done, but I had awful bearing-down pains so I could not stand on my feet. I read in the papers about Lydia E. Pinkham's Vegetable Compound and the good it was doing other women, and I have got dandy results from it and will always recommend it. You can see the results as a testimonial if you wish."—Mrs. HERBERT L. CASSEN, 18 Main Court, Providence, R. I.

Ohio woman for three years could hardly keep about and do her housework. She was so ill. Made well by Lydia E. Pinkham's Vegetable Compound. Fayette, O.—"For about three years I was very nervous and had backache, sideache, dragging-down pains, could not sleep at night, and had no appetite. At times I could hardly do my housework. I got medicine from the doctor but it did not help me. I saw Lydia E. Pinkham's Vegetable Compound advertised in a newspaper and took it with good results, and am now able to do my housework. I recommend your medicine to my friends and you may publish my testimonial."—Mrs. CHESTER A. BALL, R. 15, Fayette, Ohio.

An Illinois woman relates her experience: Bloomington, Ill.—"I was never very strong and female trouble kept me so weak I had no interest in my housework. I had such a backache I could not cook a meal or sweep a room without raging with pain. Rubbing my back with alcohol sometimes eased the pain for a few hours, but did not stop it. I heard of Lydia E. Pinkham's Vegetable Compound, and six bottles of it have made me as strong and healthy as any woman; and I give my thanks to it for my health."—Mrs. J. A. McQUITT, 610 W. Walnut St., Bloomington, Ill.

The conditions described by Mrs. Cassen, Mrs. Ball, and Mrs. McQuitt will appeal to many women who struggle on with their daily tasks in just such conditions—in fact, it is said that the tragedy in the lives of some women is almost beyond belief. Day in and day out they slave in their homes for their families—and beside the daily routine of housework, often make clothes for themselves and for their children, or work in their gardens, all the while suffering from those awful bearing-down pains, backache, headaches, nervousness, the blues, and troubles which sap the very foundation of life until there comes a time when nature gives out and an operation seems inevitable. If such women would only profit by the experience of these three women, and remember that Lydia E. Pinkham's Vegetable Compound is the natural restorative for such conditions it may save them years of suffering and unhappiness.

There is hardly a neighborhood in any town or hamlet in the United States wherein some woman does not reside who has been restored to health by this famous medicine. Therefore ask your neighbor, and you will find in a great many cases that at some time or other she, too, has been benefited by taking it, and will recommend it to you. For more than forty years this old-fashioned root and herb medicine has been restoring suffering women to health and strength.

Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women" will be sent to you free upon request. Write to The Lydia E. Pinkham Medicine Co., Lynn, Massachusetts. This book contains valuable information.

Saw Wood--It Pays

WITH DUNBAR MACHINES

Drag Saws
Circular Saws
Pulp-wood Saws

DUNBAR ENGINE & FOUNDRY COMPANY

Get Just The Cloth You Want

We Have Something For
Men In Every Walk of life
Looking Over Our Large Range Of
Samples Imposes No Responsibility On You

We cordially invite you to our store to inspect
our big stock of suitings.

J. E. COGGER

TAILOR and CLOTHIER

Queen Street, Woodstock, N. B.

Thin, Watery Blood Means Ill Health

Rich, Red Blood Brings Bright Eyes
and Rosy Cheeks.

The girl who returns home from school or from work thoroughly tired out will be fortunate if she escapes a physical breakdown, because this getting tired so easily is probably the first warning symptom of a thinning blood that must not be disregarded if her health is to be preserved.

When the blood becomes thin and impure the patient becomes pale. She not only tires out easily but often suffers from headaches, palpitation of the heart, dizzy spells and a loss of appetite.

In this condition Dr. Williams' Pink Pills will be found to have a beneficial action on the blood. Miss Delima Lafreniere, St. Ambrose, Man., has proved this in her own case, and advises others to use these pills. She says: "Before I began the use of Dr. Williams' Pink Pills I felt like a complete wreck of my former self. My blood was poor and thin. I suffered from faint and dizzy spells and had backaches and headaches almost every day. I decided to give Dr. Williams' Pink Pills a trial, and by the time I had used three boxes I felt much better and I continued taking the pills until I felt as well as I ever did. For what they did in my case I cannot recommend these pills too highly."

You can get Dr. Williams' Pink Pills through any dealer in medicine or by mail at 50 cents a box from the Dr. Williams Medicine Co., Brockville Ont.

RIVALS

Woodstock, N. B.

June 20, 1921

I see by the last issue of the Sentinel a communication signed by one William Ritchie, who pretended to be an expert on the Belgian horse. Now as I am the only one in Carleton County who owns a Belgian stallion, he must be flagging my horse.

Mr. Ritchie has tried to give you a description of the Belgian in his feeble way. Let me describe his horse as best I can: he is big like his owner, with not a sound leg to float under him.

He led him to the Houlton fair and came back on three legs and was turned down at Woodstock Provincial Exhibition with no other horse in his class which never before happened to any horse. Most any day you may see Weary Willie plodding along the Kings Highway leading his horse with a pint of oats or some other plunder much resembling a gypsy band.

Now as to the Sire of this Great Liberty Bond—he is a big long backed, lopped eared, wind broken horse, and like his son—size is all he has. His dam is a small little mare with feet small and tender. They are both in Fort Fairfield and can be seen at any time. I have always been a Percheron man and am today but I want a horse with a set of feet and legs to stand on.

As for my Belgian stallion I will put him against Ritchie's horse or his big lop-eared wind broken sire to run, trot or haul on a stone drag, any time or place, one mile from Woodstock, for one hundred dollars aside and remember he will think there are some weeds killed before I get through with him. I will submit my Belgian for inspection against his horse or his sire for soundness to any vet. or compare enrollment papers. If he gets sound colts it will be getting something from nothing, which seldom occurs.

WARREN C. BULL.

TO OIL A MOP

Dry mops may be oiled or oiled mops renewed by pouring a few drops of light lubricating oil or any good floor oil into an old dish or a tin box and setting the mop on this for a day or two; or the mop may be sprinkled with a little oil and allowed to stand until the oil spreads through the strings.

Dempsey is a "Big Bum." Denouncing Jack Dempsey as a "big bum," who dodged the draft, Representative Gallivan, of Massachusetts introduced a resolution in the House at Washington last Wednesday to stop the world's championship bout until Congress grants a bonus to the United States veterans of the world war.



Modern milling of the world's best wheat, naturally produces the world's best flour. Ask your grocer for the best and he will sell you

PURITY FLOUR
"More Bread and Better Bread"

WOODSTOCK CHECKER PLAYER STICKS TO HIS GUNS

I note with extreme pleasure the manner in which the St. John Checker Players look upon checker playing, and I can speak both for Frank McClement and myself, that like all true disciples of Dame, we love the game for itself, and have always endeavored to uphold the best traditions of this noble pastime, but owing to the claim made by or on behalf of Mr. Latimer, which we do not recognize, and the challenge put out by McClement, I am authorized to say that his offer is still open to play for the honor of it, or for love as you say. I have played a great deal with McClement at different times, but the question of playing for a stake never cropped up in any way, as, like your St. John players, we love the game for its own merits.

May I be allowed to suggest as an alternative to the above two courses, that the suggested Tournament be held in St. John during August month, open to all the Province, and that a Cup or Shield be given for the winner to hold for one year, and anyone winning same for 3 successive years to become the property of the winner, this I think would be satisfactory to all and also satisfy the claims of the different aspirants, in which case I would be glad to come down and compete, and renew my acquaintance with some of my old Checker friends whose kindness to me on visits years ago has always left very pleasant recollections.

Trusting this will enable the matter to be settled amicably, and hoping that friend Latimer will look out for the Northern wolves when they descend on his fold.

JOHN LANGLEY



HORSE AILMENTS

of many kinds quickly remedied with

DOUGLAS' EGYPTIAN LINIMENT

STOPS BLEEDING INSTANTLY. PREVENTS BLOOD POISONING. CURES THRUSH, PISTULA, SPRAINS AND BRUISES. The best all around Liniment for the stable as well as for household use. KEEP IT HANDY.

At all Dealers and Druggists. Manufactured only by DOUGLAS & CO., NAPANEE, Ont.

A Bright New Stock Of Goods

AT

Reduced Prices

These Goods are bought at new season's low prices.

You will be surprised the Values we are offering in all lines of

Cotton Goods

A full line of Hosiery, Underwear and Piece Goods of the very best quality arrived in stock.

A Continuance of your Trade is Solicited.

McMANUS
STORE

TO CLEAN WHITE PAINT
To clean white flat paint take a flannel and squeeze nearly dry out of warm water and dip in a little whitening. Apply to the paint, and with a little rubbing it will instantly remove grease, smoke or other soil. Wash with warm water and rub dry with a soft cloth. It will not injure the most delicate color.

IF a YOUNG MAN or YOUNG WOMAN,

when applying for a position as Book-keeper or Stenographer, can say—"I am a graduate of the

FREDERICTON
BUSINESS COLLEGE

it is about all the recommendation that is required, so high is the standing of the Institution.

Send for full particulars to

W. J. OSBORNE, Principal.
Fredericton, N. B.

Rogers Bros. Grist Mill

(Formerly the Frapp Mill)

will be closed down during the month of July for repairs. Farmers will therefore send us their work as soon as possible.

We have in stock the well known Primrose Flour, Buckwheat Meal, Cracked Corn, Mash-ed Oats, Hen Feed, etc.

Rogers Bros. Meduxnakeag Roller Mill Woodstock, N. B.

CLASSIFIED ADS

TO LET—Two front bedrooms on King street, No. 69, or telephone 179-21. 3 ins-25

TO RENT—A flat, heated. Possession given July 1st. Apply at Sentinel Office. 25-1

FOR SALE—Second hand express wagon, and harness. Apply to Harry McElroy, Grafton, N. B. 3 ins-25.

FOR SALE—Piano in good condition. Apply at Riverside Hotel.

FOR SALE—MODERATELY PRICED house in town. Splendid location. Enough land for garden or building lot. For particulars inquire of—Jones & Jones 14-11.

FOR SALE—A house and lot on Maple street at a reasonable price. Owner wishes to sell at once. Apply to HOLYOKE & SQUIRES, Real Estate Agents, Main street, Woodstock, N. B.

FOR SALE—Blacksmith shop, situated in good location on Queen St., Woodstock. Apply to C. Gordon Sharpe, Box 1, Woodstock. 18-11.

Mr. Vernon Holyoke has resigned the principalship of the Broadway School. Application for the position must be sent to E. K. Connell, Sec'y School Board, Woodstock, N. B. 20-11.

HOUSE FOR SALE—A first class residence on Main Street, Woodstock, N. B., for sale. Admirably situated and in first class condition. Will accommodate two families. For further particulars enquire of F. C. Squires, Barrister, Woodstock, N. B. 2-11.

WANTED—First class dressmaker. Box 355, Houlton, Maine. 4 ins-25-pd.

WANTED—Position as Stenographer and Bookkeeper. First class references as to character and ability. Further particulars apply to the Sentinel Office, Box RR. 25-1-pd.

WANTED TO BUY—Used automobile in good condition, for cash. Give make, model, and general condition, with price. Address Carleton Sentinel, Woodstock, N. B. 25-2 ins.

IS YOUR FARM FOR SALE? If so, why not list it with some Real Estate Agent, I have a number of customers daily enquiring for farms and I can sell yours if you will give me a chance. My terms are very reasonable.

DAVID W. OLTS, Real Estate and Insurance, 604 Queen Street, Fredericton, N. B.

NOTICE Notice is hereby given that I have been appointed administrator of the estate of the late R. J. McLean Junior and that all creditors are required to file their claims, duly proven, with me. All those indebted to the estate will please make payment to me at once. Dated this 1st day of June, A. D. 1921.

R. J. McLEAN, Administrator.

PROFESSIONAL

Robert L. Simms
Attorney at Law, Notary, etc.
WOODSTOCK, N. B.

W. P. JONES C. J. JONES

JONES & JONES
Barristers, Solicitors, &c.
GIBSON BLD'G, MAIN ST., WOODSTOCK

F. C. SQUIRES

Barrister, Solicitor, etc.
Main Street, Woodstock, N. B.

Dr. J. F. L. Brown

PHYSICIAN AND SURGEON
Office and Residence
CHAPEL ST. WOODSTOCK, N. B.
N. B. Telephone 30. Farmers 41-1

Dr. W. T. Griffin

Physician and Surgeon
OFFICE AND RESIDENCE
CONNELL ST. WOODSTOCK.

Dr. A. H. Prescott

PHYSICIAN & SURGEON
OFFICE AND RESIDENCE
323 and 325 MAIN STREET
WOODSTOCK, N. B.

DR. K. DAMAN

DENTAL SURGEON.
Main St. (Over Royal Bank)
WOODSTOCK, N. B.

E. F. WOOLVERTON M. D.

OFFICE AND RESIDENCE
169 CHAPEL ST.
Tel. 9-31. OFFICE Hours: 2-3 7-8 p.m.

JAS. A. GIBSON

Jeweller and Optician
Issuer of Marriage License

WEDDING RINGS

A. Ross Currie

DENTAL SURGEON
Office in Young's Block.
Office hours 9 to 12-1 to 5.
Evening by appointment.
Gas administered.
House 128-41. Office 69-11

Would You?

Go to your grocer for legal advice; your druggist for dry goods, or your lawyer for hardware.

Then Why

Place your insurance with any Jack of All Trades when special service costs no more. Write, phone or call.

PERLEY S. MARSTEN

WOODSTOCK, N. B.
Insurance a specialty—not a side line

CANADIAN PACIFIC

CHANGE OF TIME

JUNE 26th.

(NO SUNDAY TRAINS
WOODSTOCK SUBDIVISION
EASTERN TIME

Trains No. 153 and 154 to be extended to run between Woodstock and Aroostook.

No. 153: Lv. Woodstock 9:00 p.m.

Ar. Aroostook 11:20 p.m.

No. 154: Lv. Aroostook 6:25 a.m.

Ar. Woodstock 6:25 a.m.

No change in Schedule between Woodstock and McAdam.

Trains Nos. 155 and 156 cancelled between Woodstock and Aroostook.

AROOSTOOK SUBDIVISION

Trains Nos. 187 and 188 between Presque Isle and Aroostook cancelled.

No. 185: Lv. Aroostook 2:50 p.m.

Ar. Presque Isle 6:05 p.m.

No. 186: Lv. Presque Isle 9:30 a.m.

Ar. Aroostook 12:30 p.m.

EDMUNDSTON SUBDIVISION

No. 189: Mon. Wed., Fri.

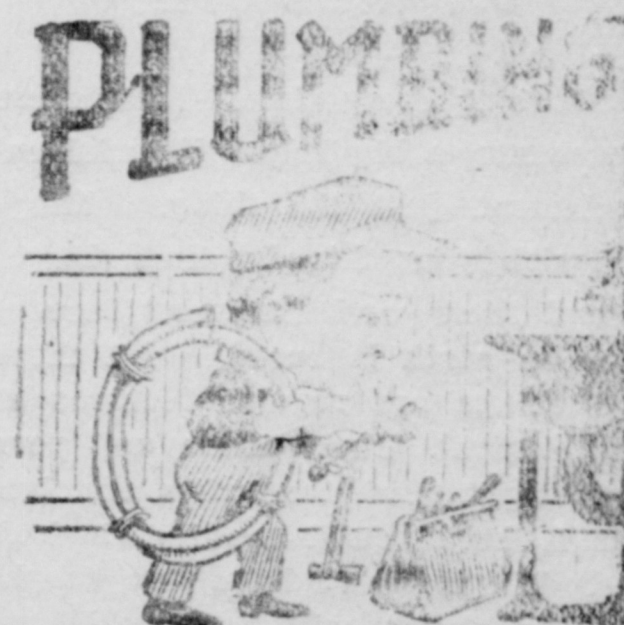
Lv. Aroostook 9:00 a.m.

Ar. Edmundston 2:35 p.m.

No. 190: Tues. Thurs. Sat.

Same as present.

For further particulars see Local Agent, N. R. Des Brisay, D. P. A., St. John, N. B.



We Guarantee Our Work.

We are ready to serve you. We will attend all phone calls.

We will make our charges REASONABLE

F. R. PICKLE

Sanitary Engineer

QUEEN STREET

Phone 161-41



1921

The G. W. V. A. meets the THIRD TUESDAY in each Month. During the Summer Months at 8.30 p.m.

Members are requested to attend all meetings. Returned soldiers always welcome at rooms.

REV. F. M. LOCKARY, Pres.

A. R. MOODERS, Secy.

WE HAVE

Best Western Beef,

Full Line Smoked Meats,

Lettuce, Celery,

Parsley, Parsnips,

Cabbage, etc.,

Cut the Cost of Living by

Buying From---

C. W. Wright

KING STREET

Store formerly Occupied by C. P. Wolhaupter.

WE ARE

SPECIALISTS

in Photography, Pic-

ture Framing, Photo

enlarging and Copy-

ing, Developing and

Printing of Films.

THE HARVEY STUDIO

Woodstock, N. B.

FOR FIRE INSURANCE

CALL ON

C. J. JONES

General Insurance Agent

GIBSON BUILDING

Main Street Woodstock

No Summer Vacation

Make such use of our courses

of training during your summer

months as will enable you to be

ready for the good times business

men tell us are coming.

Students may enter at any

time.

Send for Rate Card.

S. Kerr,

Principal