

THE CARLETON SENTINEL'S

\$3,825 Circulation

Campaign Ends

8 P. M. Monday,

August 16th

Details of Final Week and Count

In order to maintain absolute secrecy as to the standing of each candidate the last five days of the "The Salesmanship Club," will be brought to a close under a sealed ballot box

The locked and sealed ballot box will be placed in the Royal Bank of Canada where it will remain until the closing hour, Monday night, Aug. 16th. Club members should place their money and subscription stubs, in an envelope and deposit them in the ballot box, as no subscriptions or money will be accepted by the Campaign Manager. Neither does the Sentinel have anything further to do with the campaign except to see that everyone receives the same treatment. The gentlemen who have so kindly consented to act as judges are in entire charge and will retain the keys of the ballot box, and after the close of the campaign will open the box and make the final count, and award the prizes.

Heretofore the out-of-town members have had the privilege of placing their subscriptions in the mail as late as midnight on the closing of any period. This will not be permitted the last night. All credits and subscriptions must be in the ballot box before the campaign is declared closed at 8.00 o'clock Monday night, Aug. 16th. No excuses will be accepted from anyone, and if you fail to have the credits in the ballot box before the close they will not be counted.

Where it is not possible for club members to deposit their credits in person, they should place their subscriptions with the cash to cover same, in a sealed envelope and mark plainly, FOR BALLOT BOX; NOT TO BE OPENED.

IMPORTANT NOTICE TO ALL CLUB MEMBERS!

All subscriptions deposited in the sealed Ballot Box must be accompanied by cash, money or certified check for the full amount to cover. However, personal checks up to \$10.00 will be accepted, provided no two checks are signed by the same party. This ruling is made in fairness to all club members and will be strictly adhered to.

THE JUDGES

Members of the Advisory Board selected at the beginning of the campaign, will be asked to act as judges, to canvass the findings in box and to award the prizes. The personnel of this Board is as follows:

HIS WORSHIP MAYOR BELYEA
C. J. DURLING, Mgr. Royal Bank
D. G. SCOTT, Mgr. Bank Montreal
W. R. ADAMS, Mgr. Bank Nova Scotia.

ONLY A NEWSPAPER GUY

I see a man strut through a jam in the hall.
Take a seat amid the speakers and chat with them all;
"Is this Hoover?" I ask "that the crowd he defies?"
"No," says someone, "he's one of them newspaper guys."

I see a man pushing his way through the lines
Of cops where a fire brightly glimmers and shines;
"Chief Collins?" I ask, but a fireman replies:
"Oh, no, that's one of those newspaper guys."

I see a man start on the trail of a crook
And he scorns all assistance, but brings him to book;
"Mr. Burns?" I enquire; someone scornfully cries,
"Burns?" Naw. He's just one of them newspaper guys."

I see a man walk through the door of a show
Where great crowds are blocked by the sign S. R. O.,
"Is that Arliss himself that no ticket he buys?"
"Well, hardly. He's one of those newspaper guys."

I see a man knock on a President's door
And the sign, No admittance, completely ignore,
"Is this Morgan, that privacy's rights he denies?"
"Morgan? Shucks. It's just one of those newspaper guys."

And some day I'll walk by the great streets of gold
And see a man enter, unquestioned and bold,
"A saint?" I'll enquire, and St. Peter'll reply,
"Well, I should say not, he's a newspaper guy."

RUN DOWN IN HEALTH

Why Many Men and Women Are Badly Handicapped.

When you are so run down in health that it impairs the efficiency of your work as well as your power to enjoy your leisure hours, or obtain rest, it is time you looked to the cause. If you do not, a serious breakdown is almost sure to result. In nearly all cases this condition, which doctors usually describe as general debility, is due to poor blood—blood that is deficient in red corpuscles. When the blood is thin and weak your whole system suffers. You lose appetite, have no energy, your nerves trouble you and you feel restless.

What you need is help to build up your blood and you should begin at once to make your blood rich and red by taking Dr. Williams' Pink Pills. You will soon notice the difference in your health by a better appetite and increased vigor. The reason is that the new blood created by Dr. Williams' Pink Pills stimulates all the organs of the body to healthy activity and so the system gains nourishment and strength. If you are weak or out of sorts, begin gaining new strength to-day by taking Dr. Williams' Pink Pills. "I was in a badly run down condition," says Mrs. J. Potter, of Winnifred, Alta., "when I began using Williams' Pink Pills and they fully restored my health. I strongly recommend this medicine to all weak people."

Dr. Williams' Pink Pills are sold by medicine dealers or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

CHANGE IN THE MIGRATORY BIRD LAW

The following changes in the regulations under the Migratory Bird Act will be of interest to all gunners in the Maritime Provinces. The killing of black-breasted plover (commonly called "beetle heads") and golden plover is prohibited throughout the year. In New Brunswick and Nova Scotia the season for greater and lesser yellow legs opens Sept. 15 instead of Aug. 15 as heretofore and in Prince Edward Island the season for greater and lesser yellow legs on Sept. 1.

Copies of the Act with recent amendments to the regulations thereof will shortly be published and may be had on request to R. W. Tufts, Chief Federal Migratory Bird Officer for the Maritime Provinces, Wolfville, N. S.

THE WOODSTOCK EXHIBITION
DATES—SEPT. 14, 15, 16 & 17.

NOW

If you have hard work to do,
Do it now.
Today the skies are clear and blue
To-morrow clouds may come in view,
Yesterday is not for you;
Do it now.

If you have a song to sing,
Sing it now.
Let the notes of gladness ring,
Clear as song of bird in Spring,
Let every day some music bring;
Sing it now.

If you have kind words to say,
Say them now.
Tomorrow may not come your way,
Do a kindness while you may,
Loved ones will not always stay;
Say them now.

If you have a smile to show,
Show it now.
Make hearts happy, roses grow,
Let the friends around you know
The love you have before they go;
Show it now.

MUSICAL COMPETITIONS AT CANADIAN NATIONAL EXHIBITION

- 1.—The extension of date for receipt of entries for general Musical Competitions to August 10th, 1926.
- 2.—The Harmonica Competitions.
- 3.—The Old Time Fiddlers' Competitions on Music Day.
- 4.—The Bagpipe Competitions.

Full information can be received from J. S. Atkinson, 407 Ryrie Bldg., 229 Yonge Street, Toronto.

Just five years ago at the foremost scientific industrial research institute of its kind in the world a new product was developed. This

YOUNG WOMEN SUFFER MOST

These Two Found Relief by Taking Lydia E. Pinkham's Vegetable Compound

Ayer's Cliff, Quebec. — "I have been teaching for three years, and at the end of the year I always feel tired and have no appetite. I was a very sick each month, and having pains in my back until sometimes I was obliged to stop working. A friend recommended Lydia E. Pinkham's Vegetable Compound to me and I have been taking it and it has done me good. It was a great help to me. And it did. Now I take six bottles every year and recommend it to others." — LAURA J. EATON, Canning, King's County, Nova Scotia.

"Unable to Work"
Canning, Nova Scotia. — "I had irregular periods and great suffering at those times, the pains causing vomiting and fainting. I was teaching school and often for some hours I would be unable to attend to my work. Through an advertisement in the papers I knew of Lydia E. Pinkham's Vegetable Compound, and it has been of great benefit to me, the troubles being completely relieved." — LAURA J. EATON, Canning, King's County, Nova Scotia.

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THE finest Virginia Tobacco, made from an old English process, is now at the price of ordinary smoking tobaccos—this indeed should mark the beginning of a new pleasure in smoking.

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