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COULD BE OBTAINED FOR CANADIAN PROJECTS

Winnipeg, Man. Sept. 17.—"A tremendous amount of British capital is being invested in Australia and India, and on the continent, and it is up to Canadians to see that a good share of it is directed towards Canada," said T. A. Hooker, Industrial Agent for the Canadian National Railways in London, England, who, along with W. T. Shute, Special Representative, Industrial Department, at Montreal, was in Winnipeg on an extensive tour of Western Canada studying opportunities for British industries. Mr. Hooker has been appointed to take charge of the Industrial Department recently opened by the Canadian National Railways at London, with a view of making contracts with industrialists in Great Britain. "There is plenty of money available in Great Britain for investments," said Mr. Hooker, "and if Canadian manufacturers present sound plans, they will receive the support of British capital." Mr. Hooker's tour of Western Canada will take him through to the Pacific Coast with numerous stops en route.



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A safe, reliable, regulating medicine. Sold in three degrees of strength—No. 1, \$1.00; No. 2, \$2.00; No. 3, \$3.00 per box. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., 1030 W. 4TH ST., (Formerly Windsor)

SKINNING DAD

By the time the average college boy of to-day succeeds in accumulating the horsehide, the pigskin, the coonskin, and finally the sheepskin, poor father hasn't much hide left either. (The Pathfinder).



Picture of Health Now

"In May and June I was badly rundown and had faint spells until it was a drag to do my work. In July and August I didn't seem to pick up so I decided to try Lydia E. Pinkham's Vegetable Compound because I saw it advertised. I took two bottles and now I am the picture of health. I feel fine, do all my work and milk two cows. If any woman writes, I will certainly answer her letter."—Mrs. George R. Gillespie, Punnett, Saskatchewan.

Lydia E. Pinkham's Vegetable Compound



The Home and The Teacher

Too often the home, the school and the church keep in "water-tight" compartments, as though these three institutions were not three sections of a whole plan for the development of our citizens.

The school cannot do its best by our children unless the home gives it cooperation. We should begin by offering a hospitality to our teachers, affording them a comfortable place to live, at a fair price; welcoming them into our clubs, getting acquainted with them and giving them real friendship and a chance to share in our civic life. We are too likely to treat the teacher as an outsider or a mere temporary sojourner.

We owe it to our teachers to visit the schools and know what they are trying to do for our children and how we can gear into their program. We owe it to them to back them up by discipline in the home, which will keep our children fit to do their best in school. We owe it to them to stand by them, always speaking a good word about them before the children and in the community—if they are deserving of it. A critical attitude will not only hurt the teacher, but will make him unable to have much influence or achieve much with our children.

POTTERY

The fussy, over-ornate parlor, with its mantel loaded with useless bric-a-brac, is a thing of the past. In its place is the dignified, artistic reception room. On a small table of this room may be one choice vase, or it may reside in a more safe place on a shelf, but is the center of attraction in the room. It sets the color note and bides no rival in the way of cheap ornaments near to it. It reigns alone.

Such a piece of fine porcelain pottery, a jardiniere, a temple jar with a lid, a bottle, a vase, will brighten a dull room or subdue a too garish one. Modern pottery, made by the best companies, is patterned after ancient pottery, and its lines are truly artistic and its colors deep and rich.

The ancients knew six fundamental colors and these had a meaning. Red stood for fire, black for deep water, green represented the woodlands, white was for metal, yellow for the earth and blue for the sky. A vase, copying one of these ancient colors, seems to fairly radiate its rich tone.

Beautiful pottery pieces can be bought at moderate prices and one such is worth a roomful of tawdry ornaments. Do not purchase one hastily. It is a work of art, to add to the beauty of your room. Be certain it fits in with your color scheme. Select something of which you will learn to love more and more. When you have it in your home, remove from its environs all cheap and inartistic ornaments and let nothing distract from its simple beauty of line and color.

COOKING CEREALS

Cereals are one of the most valuable foods for the person who does heavy manual or outdoor work, and especially for children and young people; but they should be avoided by those past middle age who live sedentary lives. Being carbohydrates, it is well not to sweeten them heavily, for their starch will eventually turn to sugar; and to add more causes sour stomach or undue fermentation. If well salted, the demand for sugar will be less and they will be more palatable.

Different cereals require varying amounts of water, when making a cereal mush. One uses a cup of rolled oats for two cups of water; a cup of rice for three of water, and a cup of cornmeal for four. One must know his cereals.

There is little danger of over-cooking them, but much of under-cooking. Cereals with the outer coat or whole grain require longer cooking than polished or finer ground.

There are different methods of cooking cereals. One is to sift the cereal into salted, boiling water, stirring frequently at first, and then putting it into the double boiler to finish cooking, for a half hour or hour, or four hours, depending upon the cereal. If you can put it into the fireless cooker for ten hours, that is better. Oatmeal, cornmeal and many granular cereals may be put directly into cold water and cooked in the oven before serving. After hours in the fireless cooker, it is necessary to reheat the cereal before serving.

MARKETING

When buying grapes, select large, compact bunches, with large individual berries. When the grapes fall off the bunches are loose and straggly, something is wrong. The bunches should not show many decayed, cracked, shrivelled nor hard, green berries. The bunch as a whole should

be good, not merely the individual berries.

The best mangoes have a firm, smooth, bright green outer shell. Dull yellowish, rough wrinkled or flabby shells are not so good. A soft, watery decay should be avoided.

Cabbage should be crisp and green, the head solid and well formed and the outer leaves trimmed off. Cauliflower should have an outer green jacket, but the flower should be white and clean. It should be free from discoloration and decay.

In good celery the branches are well blanched and brittle and of medium length. The heart should be free from disease.

CHAIR COVERS

For the upholstered chairs in the dining room, a cover may be made to protect the seat covers from grease and soil which children or careless eaters are likely to drop on them. The covers may be made of figured denim, to resemble the original chair seats. Spread a paper over the chair seat and cut a pattern, allowing size enough to fall over the edges of the seat. The covers may be faced or hemmed all around and tied on to the chairs by means of strips of tape, sewed at each corner of the cover. These chair covers may be taken off and washed or left off for special occasions. They save the wear on the original cover and may easily be renewed when worn.

APPLE COMBINATIONS

For novelties, apples may be combined with other fruits into a sauce, which goes well with meats. Try combining apples with quinces. Cook them together, one fourth as much quince as apple. Apples and pineapple combine well into a sauce. Add one cup of cranberries to one of apples and make a sauce. It will be a pretty pink. To serve with hot pork roast, try apples and onions. This should be served hot.

A CHILD'S COAT.

Children's outdoor garments should be soft and warm and light in weight and large enough to permit freedom of movements. Rough surfaced materials, loosely woven, are warmer than fine, smooth material of tighter weave. Plain material may be used for the outside, if the lining is light and woolly. Pongee, or any light material, is good for summer coats.

NUT PUDDING

Chop fine one package of dates; three-fourths pound graham crackers, twenty-four marshmallows and one cup nut meats. Mix these together and add a half pint of coffee cream and pack into a loaf in a pan. Let this stand over night; slice; and serve with whipped cream.

MRS. SOLOMON SAYS:

To know that we don't know is the first step toward knowing what we don't know.

DEBEC

Mr. and Mrs. Morris Roberts, Debec, entertained about 30 friends recently in honor of Mr. and Mrs. W. B. Quigley, and their daughter, Miss Ellen Louise Quigley, of New Hampshire, who are spending their vacation in New Brunswick. Dancing was enjoyed with music under the direction of John Glanville. There was also a short entertainment with Mr. Wadsworth as chairman. Among those taking part were: Mrs. Riddell, solo; Mr. and Mrs. Davies, duet; Mrs. Thomas, solo; Mrs. Roberts and children, singing. Drinky refreshments were served by the hosts.

Among those present were: Mr. and Mrs. Riddell, Mrs. and Master Eric Thomas, Mr. and Mrs. Guy, Mr. and Mrs. Forest and family, Mr. Curzon Flemming and family, Mr. William Miller, Mr. and Mrs. W. J. Davies, Mr. and Mrs. R. Grant and family, Mr. and Mrs. J. Glanville and family, Mr. and Mrs. Robertson and family, Mr. and Mrs. Stewart and family, Mr. Tom Griffin.



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Chevrolet Sedan	1927
Chevrolet Coach	1927
Pontiac Sedan	1928
Pontiac Coupe	1928
Oldsmobile Sedan	1926

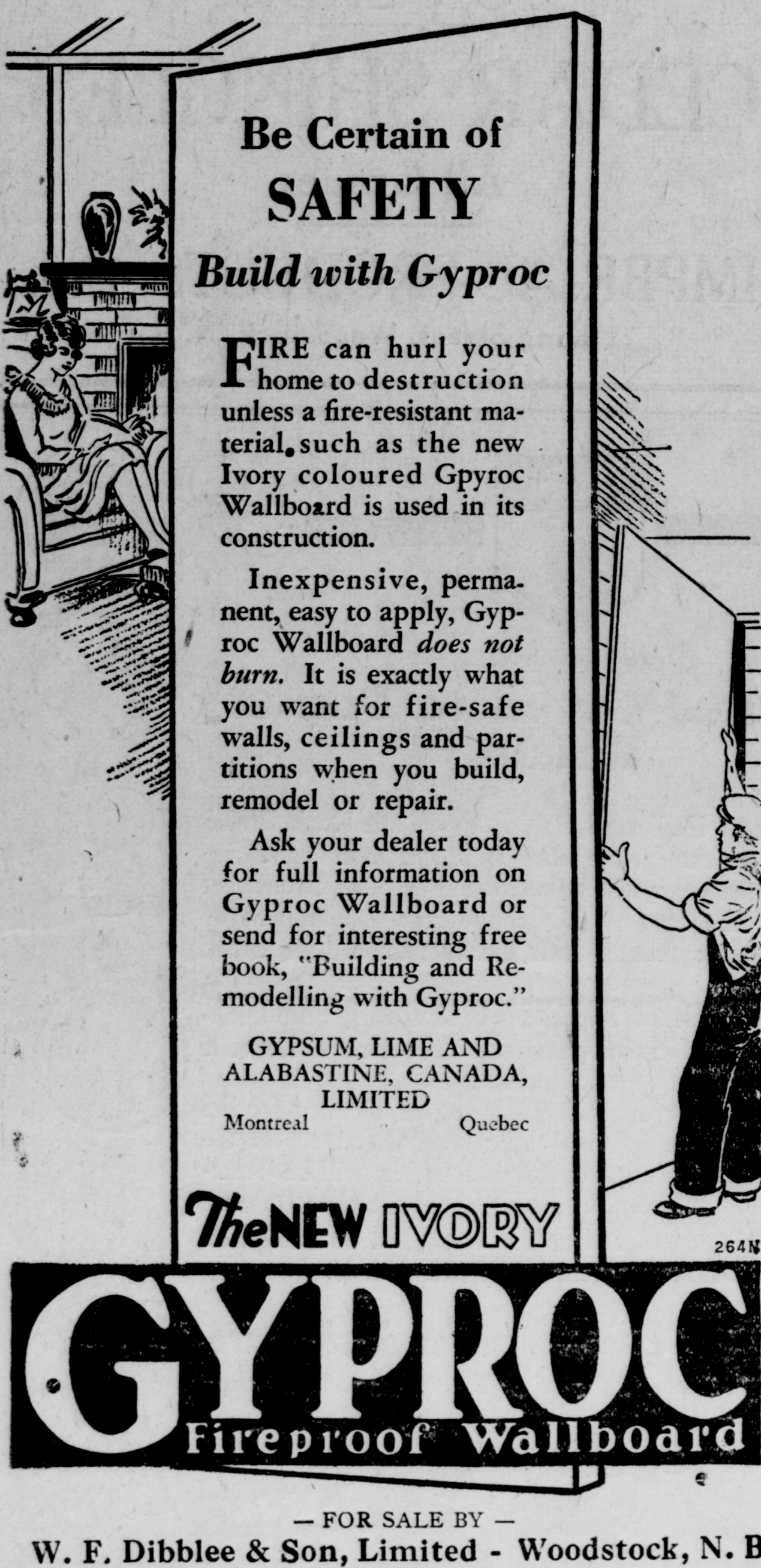
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