

Bad Constipation And Sick Headaches Ended By Vegetable Pills

Formerly a wreck from Constipation, Sick Headaches and Indigestion, Mr. V. H. writes: "It was a red-letter day for me when a friend recommended Carter's Little Liver Pills. Results have been marvelous. Because they are PURELY VEGETABLE, a gentle, effective tonic to both liver and bowels, Dr. Carter's Little Liver Pills are without equal for correcting Acidity, Bloating, Poor Complexion and Indigestion. 25c. & 75c. red pkgs. Ask for Carter's by NAME."

Yerxa's

20 lb Shortening	\$1.95
10 Cakes Surprise Soap	.50
Royal Household Flour 98 lb	2.85
Royal Household Flour 49 lb	1.60
Royal Household Flour 24 lb	.85
Feed Flour	1.60
Middlings	1.45
20 lbs Oatmeal, Fine or coarse	.75
Bulk Oatmeal 7 lb for	.25
White or Yellow Eye Beans Peck	.35
2 Cans Sliced Pineapple	.25
Snowflake Ammonia 3 for	.25
Bulk Cocoa 2 lbs	.25
2 cans Blue Berries	.25
Special Imported Tea per lb	.30
Lantern, or Lamp Globes 2 for	.25
Christies, Marvins, Rankins Sodas	2 for .25

Fresh Spinach, Tomatoes, Lettuce
Fresh Fruit in Season

Free Delivery

Telephone 337

Ours Is a Real Service
You are Invited to Join Us

Get More Eggs

Give Your Hens a Daily Dose of—

Pratt's

Poultry Regulator

"Makes Hens Lay More Eggs"

Sold by

7,000 Dealers in Canada

Pratt Food Co. of Canada, Ltd.

Guelph, Ont.

for NEURALGIA

A good application of Minard's, according to directions, just "hits the spot". You'll find that you get wonderful relief!

MINARD'S
"KING OF PAIN"
LINIMENT

SPECIALS

at HALL'S Up-Town Grocery
Feb. 1st to 15th

Fresh Caught Smelts No. 1	2 lbs for	35c
Fresh Sardine Herring	3 doz. for	25c
Brunswick Brand Sardines	5 tins for	25c
Rankine's Soda Biscuits	2 lbs for	25c
Peanut Butter, Barbour's Best	15c lb	
Cocoa	2 lbs bulk	25c
Fry's Cocoa, 1-2 lb tins		19c
Brooms, made by the Blind School		
	4 String Special at	29c
	5 String Special at	39c

Axe Handles, best, special made,
single and double bit 2 for 25c

Save the 1c Coupons on Every 25c Purchase
for Cash, and get CHINAWARE.



LARGE
2 Cans for 23c

SMALL
3 for 18c



HEALTH SERVICE of the CANADIAN MEDICAL ASSOCIATION

AFTER-CARE

It is quite obvious to everyone that the person who is acutely ill requires care. It is not so generally understood, however, that care during the period of recovery is of almost equal importance. Failure to give after-care may cause much unnecessary suffering and may lead to serious, if not fatal results.

This statement is particularly applicable to those who are recovering from a communicable disease. Such diseases are the result of poisoning by the toxins or poisons given off by the germs. The tissues and organs of the body are not restored to a normal condition of health when the acute period of the illness is past. It takes a considerable period of time for them to recover from the poisoning.

There are certain general rules which may be laid down to serve as a guide in the after-care of patients. Rest comes first as a means of securing a return to health. A rest period of an hour or more during the morning and afternoon, together with an early bedtime, is desirable.

Activity should be resumed gradually, and should always stop before there is any sense of fatigue. In this way, no undue or sudden strain is placed upon organs which are not capable of meeting it.

Fresh air, night and day, sunshine, and a proper diet are needed. Meals should be regular. Eating between meals is no good, unless the food taken is a glass of milk or some fruit in the middle of the morning or the afternoon. Over-eating, with the idea of building up the patient's health, stuffing him with food, is harmful, no help.

Measles is a serious and frequent fatal disease because of the complications which occur, such as pneumonia and diseases of the ear. The care given the child after he is apparently over the disease is important in the prevention of such complications. It is because measles is regarded as being of such minor importance that it is neglected and so is often followed by disaster.

Following measles and whooping-cough, the child should be protected from exposure or chilling at the same time having plenty of fresh air. The scarlet fever patient requires the care indicated, during convalescence, and the diphtheria convalescent needs a great deal of rest because the diphtheria poison is particularly severe in its effect upon the heart muscle.

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How long the after-care needs to be continued, and how soon the patient may safely resume his normal life depend upon the actual condition of each case. What we wish to stress is the need for after-care, based upon an understanding that the patient is not back to normal health as soon as the acute stage of the disease is past. Convalescence is a time when to go slowly is to go safely, and when rest is the best remedy.

Questions of Health, addressed to the Canadian Medical Association, 184 College Street, Toronto, will be answered personally by letter.

SOME QUESTIONS ASKED CAPTAIN RITCHIE OF THE SALVATION ARMY DURING THE WEEK

1. Why Do we call ourselves An Army?

Because the organization is organized and governed after the manner of the great standing armies of the world; but with this difference, that its object, instead of slaying men, is to bring them to a saving knowledge of the truth as it is in Christ Jesus.

2. Does The General Draw any Salary from The Army?

No; he has other resources at his disposal, and all succeeding Generals will be provided for in the same manner.

3. Does The Army Do Its Own Printing?

Yes. For years past now The Salvation Army has printed "The War Cry" and its other periodicals and books, possession as it does the presses and other necessary to the carrying on of the printing business.

4. What Are The Social Operations of The Army?

Operations to benefit those who have sunk through misfortune or wickedness so that they are less able or willing to help themselves than ordinary people.

5. What is The Purpose of The Army in Social Operations?

Not merely to relieve the necessities of the hour, or temporarily assist these unfortunate people by feeding, clothing, and housing them, but to get them saved, and permanent raise them out of their wretched condition.

Any question relating to The Salvation Army will be gladly answered by Captain T. W. Ritchie of Woodstock, N. B.

Here and There

Figures of United States motor cars entering New Brunswick in 1931, issued by the provincial bureau of information and tourist travel, show a 3 per cent. gain over 1930. The new record for 1931 is 58,583 as compared with the former record of 54,068 for 1930.

Approximately \$11,000,000 was saved in Canada last year in the cost of construction dwellings and other buildings in 61 cities owing to reduced cost of building materials. Aggregate value in these cities of building permits was \$110,971,410.

The aid of Hon. G. Howard Ferguson, Canadian High Commissioner in London and of Lord Beaverbrook will be sought by the Maritime Provinces representatives who left aboard S.S. Montcalm from Halifax recently, in an effort to secure the lifting of the British Government's embargo on Canadian potatoes.

A railroad career that has seen many changes and covered much widely separated territory witnessed another movement when Robert E. Larmour, general freight agent, Canadian Pacific Railway, was transferred recently from Montreal to Toronto. Mr. Larmour, aside from his railway duties, is well known as one of Canada's outstanding yachtsmen.

Carnival Queen nominations from Edmonton, Dunbar and Vancouver testify to the great popularity of the Banff annual winter carnival to be held February 6 to 13. The Alberta branch of the A.A.U. of Canada has agreed to hold figure skating championships at the carnival and may hold their ski-championships there as well. Every kind of winter sport will be represented.

Entries are coming in rapidly for the great winter event of the 1932 sporting season, the 11th annual Eastern International Dog Sled Derby to be run over a course of 123 miles, spread over the three days February 22-24 and concluding with the Dog Derby Costume Ball at the Chateau Frontenac, February 24. St. Godard, Senegal and other names outstanding in Dog Sled racing are already entered.

The largest shipment of Government-approved cockerels for any one breeder or hatcheryman in Canada arrived recently by Canadian Pacific special at Fergus, Ont., from Winnipeg to the order of J. G. Tweedie, of the former city. The birds were selected by government inspectors from the choicest flocks from British Columbia to Nova Scotia. During the last four years Mr. Tweedie has shipped an average of 200,000 chickens to various points between the Atlantic and Pacific.

Competition between truck and railroad service is shown in a new angle by a letter recently to a Reading paper, "Labor." A cattle raiser of Niobrara, Nebraska, tried out both methods, shipping cattle by truck and by railroad. On the railroad there was a shrinkage of 21 pounds for each animal; by truck there was a shrinkage of 98 pounds each. What the raiser saved on freight he much more than lost on the animals shipped by truck, where the value of the shrinkage amounted to \$13.14 on each animal. (G18)

BRITISH DUTY PLAN ADVANCED

London, Feb. 9.—The Government's 10 per cent. tariff proposals were helped along by the House of Commons tonight, but two cabinet members voted against the Government in an upset of Parliamentary precedent.

Necessary financial resolutions attached to the tariff plan were adopted by a vote of 452 to 76, after which the House adopted another resolution empowering a special tariff Commission to impose additional duties.

Minard's Can't spill—new metal cap.

REPORT OF FISHER MEMORIAL SCHOOL

JANUARY GRADE I

Enrolment	34
Average	32.42
Percentage	95.36
Perfect Attendance	23
Enid Colpitts, Evelyn DeWitt, Doris Jones, Barbara Killam, Shirley Killham, Margaret McKinley, Ann Mitchell, Barbara Montgomery, Geraldine Montgomery, Glenna Patten, Hilda Scott, Mary Standbridge, Mary Winslow, Thelma York, George Baker, Wesley Dickinson, Henry Durost, Aldon Hemphill, Eldon McCallum, William Scott, James Stairs, Melbourn Stairs, John Taylor.	

GRADE II

Enrolment	27
Average	26.1
Percentage	96.66
Perfect Attendance	16
Gerald Briggs, Richard Baker, Audrey Carter, Elizabeth Corbett, Arthur DeWitt, Louis Foster, Donald Hay, Norma Hay, Elizabeth Jacques, Stanley Leech, Daphne Mitchell, Carleton McKinley, Karl McCollum, Ada Rogers, Earl Segee, Gerald Scott.	

GRADE III

Enrolment	32
Average	31.10
Percentage	97.18
Perfect Attendance	16
Reid Britton, Frank Colwell, Robert Corbett, Janet Cowie, Alta Dickinson, Ada Franklin, Edith Furlong, Eva Furlong, Frances Graham, Ada Gray, Edward Hall, Rena Kirk, Eugene McKinley, Jean Patten, Dorothy Stewart, Shirley Tapley.	

GRADE IV

Enrolment	51
Average	48.6
Percentage	95.3
Perfect Attendance	29
Rowena Bell, Patricia Bell, Clement Breneol, Marion Burt, Dorothy Carter, Helen Colwell, Harold Feldman, Dora Grant, Ruth Lindsay, Robert MacDonald, Edward MacLean, Arthur MacKinley, Betty Mercer, Natalie Mitchell, Lena Nason, James Nicholson, Frank Oliver, Dorothy Patten, Gordon Ross, Cecil Segee, Edith Schriver, Geneva Schriver, Vivian Smith, Robert Taylor, Grant True, Faye Welch, Robert York, Ruth York, Orlean Leech.	

GRADE V

Enrolment	28
Average	27.625
Percentage	98.66
Perfect Attendance	16
Ruth Allaby, Frederick Burt, Eldon DeWitt, Shirley DeWitt, Betty Dunbar, Margaret Fimmare, Joseph Kirk, Carleton Lenehan, Margaret Macraire, Bertha Mills, Mary Nason, Dorothy Reed, Doris Speer, Mervin Stairs, Marie Tapley, Irvine Veysey.	

GRADE VI

Enrolment	37
Average	35.77
Percentage	96.6
Perfect Attendance	24
Kenneth Allaby, Bernard Babbirk, Jacqueline Britton, Barbara Bradbury, Phyllis Clarke, Betty Connell, Mildred Cummings, Margaret Deming, Carita Durling, Ronald Furlong, Jack Fulton, Grace Franklin, Irma Greer, Harold Harley, Edward Hamilton, Ronald Lambert, Katherine Reed, Marie Taylor, Ruth True, Katherine Tweedie, Ralph Veysey, Jennie Welch, Robert Webb, Edith Purvis.	

GRADE VII

Enrolment	30
Average	29
Percentage	96.67
Perfect Attendance	15
Robert Brown, Phyllis Carter, Allen Fimmare, Phyllis Fulton, Kathleen Gans, Peggy Hanson, Lillian Harley, James Jacques, Basil Lenehan, Connie Lester, Jack Painter, Jean Saunders, Doris Scott, Doris True, Clarence Veysey.	

GRADE VIII

Enrolment	32
Average	29.4
Percentage	92.3
Perfect Attendance	20
Muriel Birmingham, Helen Burt, Evelyn Colwell, Katherine Dunbar, Grace Emery, Rita Margison, Pauline Tompkins, Betty Troy, Louis Beaty, Ellis Bradbury, Cyril Gray, Bobby Hartley, Douglas McLaughlan, Paul Oliver, Willie Rogers, Edward Saunders, Tom Squires, Arthur Stone, Edwin True, William Cox.	

GRADE IX (Boys)

Enrolment	38
Average	37
Percentage	97.4
Perfect Attendance	24
Percy Allaby, R. Burhoe, H. B. Dell, Cleighton Burhoe, Edwin Connell, H. Duffield, C. Downey, Clinton Dow F. Fewer, E. Grant, Bennie Kauter, Rice Lenehan, Reginald Lenehan, Malcolm MacBride, D. McElroy, C. Montgomery, F. Morris, C. Nickerson, R. Page, Robert Ross, P. Raymond, Donald Sharpe, M. Schriver, Edgar Troy, Arnold Cowan.	

GRADE IX C2 (Girls)

Enrolment	36
Average	35
Percentage	97.22
Perfect Attendance	19
Mary Barber, Josephine Boyer, Irene Colwell, Dorothy Durost, Mildred Dykeman, Jean Emery, Marion Hay, Kathleen Hillman, Florence Kerr, Myrtle Lester, Katherine Lowrey, Gertrude Montgomery, Faye Quigg, Eleanor Shaw, Marjorie Sib-	

REPORT OF FISHER MEMORIAL SCHOOL

JANUARY GRADE I

Enrolment	45
Average	45
Percentage	97.9
Perfect Attendance	22
Ralph Harley Laurence Smith, William Stevenson, Granville White, Ruth Atherton, Agnes Babbirk, Neta Betts, Stena Bird, Irene Clarke, Lillian Clarke, Kathleen DeWitt, Marquerite Fleming, Nettie Green, Marie Hayden, Marie Hood, Pauline Jewett, Beatrice McCloskey, Hazel McElhinney, Pauline Slipp, Ruby Sharpe, Eleanor Vall, Mary Watson.	

GRADE XI

Enrolment	44
Average	42.7
Percentage	97.2
Perfect Attendance	16
Harold Allaby, Fred Beatty, Gerald Clarke, Archie Fleming, Ralph Hannah, Danold Hull, Carter Hovey, Herbert Jones, Robert King, Alonzo MacDonald, Neville Noble, Ronald Noble, James Parker, Phillip Sharpe, Bernetta Arbo, Doris Clarke, Marjorie Crawford, Ruth DeWitt, Dorothy Durling, Anna Griffith, Muriel Havens, Mildred Lutz, Louise Richardson, Elizabeth Stevenson, Ruth Webb, Catherine Cameron, Clara Smith, Edward Fewer.	

F. E. MacDiarmid, Principal.

REPORT OF BROADWAY SCHOOL

JANUARY GRADE I

Pupils enrolled	42
Average attendance	40.92
Percentage	97.42
Perfect attendance	25
Faye Bartlett, Jacqueline Buck, Geraldine Downey, Gertrude Dykeman, Vera Flewelling, Phyllis Glass, Evelyn McIntosh, Ella Niles, Ruth Slipp, Ralph Brooks, Franklin Brooks, Neil Carr, Allan Dibblee, Kenneth Everett, Raymond Fillmore, Donald Holyoke, Paul Lockwood, Richard MacCormick, Cedric MacDiarmid, Leigh McIntosh, Kenneth McKenney, Ronald Morehouse, Arnold Palin, Ronald Smith, John Evans, Orval Thornton.	

GRADE II

Pupils enrolled	28
Average attendance	26.3
Percentage	94.9
Perfect attendance	16
Blair Avery, Hazel Bulmer, Mary Dibblee, Roberta Fillmore, Ronald Fleming, George Flewelling, Jane Gabel, Mary Grant, Paul Kaye, Geo. McKenzie, Clarence Peters, Norma Richardson, Audrey Slater, Robert Slipp, David Stone, Winnifred Stokes, M. Winnifred Harper, Teacher.	

GRADE III

Pupils enrolled	31
Average attendance	29
Percentage	93.5
Perfect attendance	5
Jean Ashe, Jean Bartlett, Malcolm Brooks, Donald Carter, Audrey Colwell, Erna Downey, Harvey Flewelling, Betty Gillen, Robert Grant, Sybil Keetch, Richard McCloskey, Margaret McIntosh, Myrinda McKinley, Norma Shaw, Beatrice Wallace, Kathleen A. Smith, Teacher.	

GRADE IV

Pupils enrolled	49
Average attendance	47.3
Percentage	96.5
Perfect attendance	22
Myrtle Bulmer, Rita Carr, Buddie Chase, Ann Connell, Faye Craig, Glenna Cox, Roberta Campbell, Irene Davidson, Weldon Downey, Shirley Flewelling, Rowena Fox, Ruth Kaye, Eileen Lovely, Anna McMullin, Muriel McKinley, Jack McKinney, Douglas McDonald, Ruby Orser, Doris Porter, Gerald Stairs, Adrian Shaw, Donald Veysey.	

GRADE V

Pupils enrolled	40
Average attendance	37.92
Percentage	94.81
Perfect attendance	23
Walter Downey, Robert Franklin, Hazen Porter, Raymond Smith, Bob By Dibblee, Clarence Fiske, Terrence Watters, George Phillips, Robert Carter, Roy Flewelling, Hartley Johnston, Anetta Niles, Pauline Green, Ella Dykeman, Ruth Little, Madeleine Raymond, Peggie Johnston, Barbara Camp, Jean Slater, Bernice Bragdon, Cleo MacLean.	

GRADE VI

Pupils enrolled	31
Average attendance	30.07
Percentage	97
Perfect attendance	21
Burley Bowyer, Loe Burhoe, Carolyn Chase, Glenna Dickinson, Bernice Fox, Allan Glass, May Hatto, Ida Kinney, Harry McMullin, Jordan Nelson, Dora Palin, Barbara Pickel, Phyllis Porter, Robert Richardson, Darrell Shaw, Wilbur Slater, Charlotte Slipp, Hazel Spaulding, Florence Stewart, Jerome Thompson, Frederick Cowan.	

GRADE VII

Pupils enrolled	28
Average attendance	26.3
Percentage	93
Perfect attendance	13
Edward Johnson, Walter Andow, Bertram Gardner, Eileen Ashe, Jean Wright, Rhoda Palin, Helen Everette, Marie Stone, Grace Porter, Maud Dibblee, Heloise Shea, Shirley Jewett, Josephine Karnes.	

GRADE VIII

Pupils enrolled	37
Average attendance	35
Percentage	97
Perfect attendance	19
Helen Boyer, Mary Bowlin, Hazen Craig, Phillip Carter, Paul Cogger, Margaret Campbell, Ivan Downey, Tolland Fox, Otty Hamilton, George Lee, Joseph Lavoie, Hollis London, Marion Lutz, Madeline McFarlane, Walter Neal, Mary Slipp, Vaughan Thompson, Alice Wallace, Maudie Yerxa.	

R. J. Coy, Principal.

CURRENCY STANDARD

Ottawa, Feb. 9.—Stabilization of the currency of all British countries on a basis other than gold is advocated in a resolution placed on the order paper of the House of Commons by William Ivimey, P. F. A. member of Wetaskiwin.

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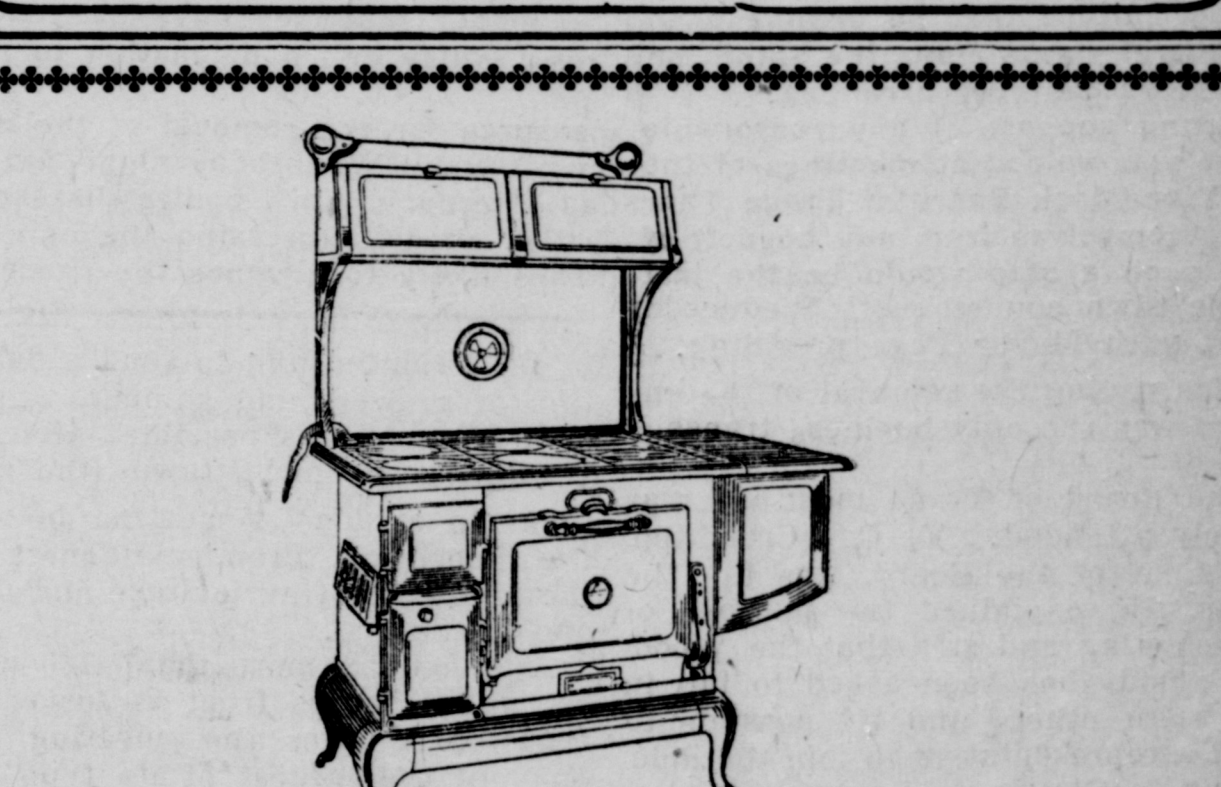
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MORSE'S orange pekoe TEA is supreme



The New Creighton & Ridley Ranges

The Master Baker is the Range you have been looking for. A Quality Range and at a price you can pay.

The Brunswick will impart a new conception of what a popular price Steel Range can be.

The Duchess for Wonderful Value at a low price cannot be equalled.

Construction. Two thicknesses of heavy gauge Copper fused Steel, with Asbestos insulation and Cast Iron reinforcing.

Water Fronts. Coal or Wood Grates easily removable without bolts optional for all Models.

Fireboxes large and roomy for wood. Ovens large and airy with Silver White Walls. Quick and uniform heat.

Finish, cream porcelain panels, nickel trimmed and highly polished Tops.

Exceptional Values and Easy Terms.

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WOODSTOCK, N. B.

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Scotch Coal in Stove and Furnace sizes

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Sydney Mine Coal

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WOODSTOCK, N. B.

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