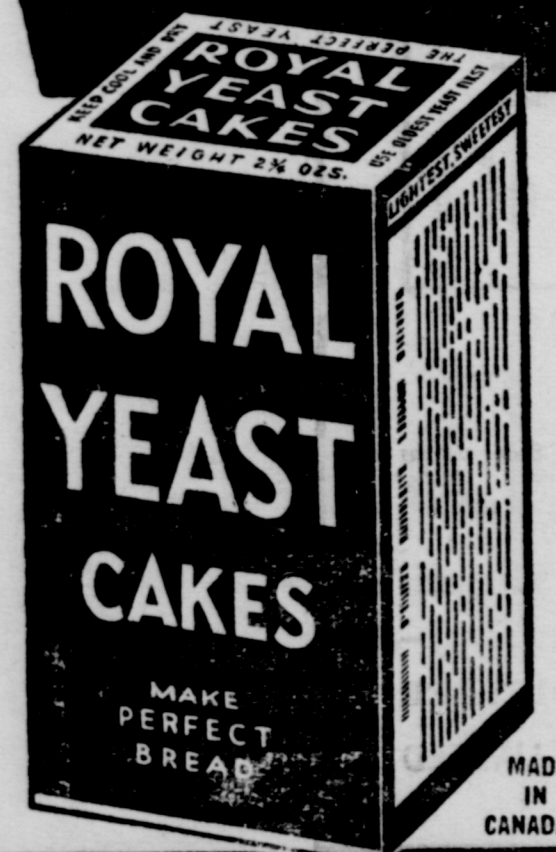


BREAD INSURANCE FOR ONLY 2¢ PER CAKE



ROYAL YEAST CAKES
MADE IN CANADA
FULL STRENGTH DEPENDABLE IN THE AIRTIGHT WRAPPER

TO CLEAN ELECTRIC IRON

To remove starch from the sole of an electric iron, wipe off with a damp cloth when cool. If the starch remains stubborn, use a very mild abrasive or a very fine fine steel wool. Be very careful, however, that the sole is not scratched or marred.

The Haunted House

H. B. Scott, Meductic, N. B.

Here we are again with another story of things that happened years ago but this is not a bear or a moose story, it is ghosts I am to tell about. I would not swear to the truth of it, but I'm just giving it to you as it was told to me. For my own part I have never seen a ghost but I am willing to admit I have seen some curious happenings that I could not account for.

You readers have no doubt heard and read of the exploits of that notorious pirate Captain Kidd. I don't know whether anyone has ever found any of his buried treasure or not, but I do know that folks have been searching for buried treasure on Meductic Flat as long as I can remember and long before that. I know this for a fact that one person calling unexpectedly on a neighbor in a house close to Meductic Flat saw an earthen churn filled with Mexican dollars.

It is said Captain Kidd was chased out of the Caribbean Sea by the English and French and his fleet of ships was scattered. One part, with the pirate on board, went south, the Captain was captured taken to London and executed. The other part came north as far as the Bay of Fundy, so the story goes, where the pirates abandoned ship, stole dug-outs and canoes, and with gold and treasure started up the Saint John River. Supposition tells us that when their load got too heavy, in paddling against the current, they buried some of their loot. When they got to Meductic flat it was getting late in the fall and being chased by soldiers in boats, they buried the balance of their treasure and made through the old trail to New England, then a British possession.

From that time on some people have maintained that money was

buried at the Flat. It was said digging must be done at night; also one must not speak during the operation or the pot of gold would sink deeper. At the time of our yarn 60 or 70 years ago, there was a house and barn on the Flat at the foot of the old dug road now on the farm of Gilbert Brown. The man who built the house moved out, no one knew the reason why but weird stories began to be circulated about ghosts and moanings and groanings that would make your blood run cold.

It was the habit in those days for the young bloods to gather in front of Grandfather Joel's as he was familiarly known to the boys and talk of bears and ghosts and treasure. I can see to-day the very boulder that was the meeting place of long ago.

One evening the conversation drifted to haunted houses and everyone was trying to tell the biggest yarn. George Scott spoke up and Alvery Taylor sided with him saying: "There was no such thing as ghosts."

"It's all bosh", says Albery. "I'll bet five dollars George and I can go up and sleep all night in that ghost house on the Flat."

"All right", said the others. "We'll take your bet."

So they got some blankets and went to the Flat. It was a windy night in October and the branches creaked spookily as they came along the road. When they reached the house they stayed outside for a while talking before going in to the little bedroom off the kitchen. The house was empty with the exception of an old stove in the kitchen. There was no bed, but the boys curled up on the floor and were soon asleep.

About one o'clock or thereabouts a

(Continued on Page Two.)



"CAN WITH A PLAN" WAR-TIME PROGRAM

Carry on with home canning. Make fruits and vegetables do their full share in building health for victory. Serve them fresh from now until fall, and can them for vitamin-rich meals when the growing season is past.

Can with a plan so that you will not have too much or too little of any variety. Can with care so that there will be no waste of products, time, energy, fuel, or sugar.

Chief causes of failure, says Miss Edith L. Elliot, Home Economist, Consumer Section, Department of Agriculture, are poor products, too tight packing, carelessness in processing, opening jars after sterilizing, and improper sealing.

In canning, she points out, the preservative is heat; enough heat for the right length of time. Chemicals, even the common ones, salt and sugar are not necessary, and any others may be actually harmful.

Vegetables are canned without sugar, and so fruits may be done that way, too. They syrup permitted under sugar rationing is thin, but gives quite enough sweetening for palatability. It does not, however, act as a preservative as in thick preserves done in the open kettle and these are out under the rationing regulations.

Begin now to look over your canning equipment. Take stock of your jars. Examine the top edges to see they are smooth and free from chips. Rubber rings are highly important. New ones are best but this year old ones must be used if possible. A good rubber ring will not crack when bent or folded and will snap back to its original size when stretched. Test clamps and screw tops to be sure they make a perfect seal.

If you have more jars suitable for canning than you require for your own needs, share with someone who can make use of them. Press into use for jams and jellies those serviceable glass jars in which come peanut butter, preserves, salad dressing and the like. Jam tins, even cups that have lost their handles, and unused sugar bowls may be utilized with the aid of paraffin and an outer covering to keep off the dust.

Not everyone has a pressure cooker, and there will be no new ones, but everyone can have a water bath for canning, or use the oven. One does need a supply of small tools, but these are available in most every kitchen.

Miss Elliot has revised the canning bulletin issued by the Dominion Department of Agriculture to bring it in line with wartime regulations. This bulletin, "Canning Fruits and Vegetables," containing complete information on various methods will be sent on request by Publicity and Extension, Department of Agriculture, Ottawa.

EVENING AUXILIARY RED CROSS SOCIETY

The monthly meeting of the Evening Red Cross was held recently in the United Church rooms with a good attendance. The vice-president, Mrs. Robert Cluff, was in the chair.

The minutes of the last meeting were read and approved. The treasurer's report showed that we had \$40 on hand. The following is a list of the articles completed during the month of April. On April 22nd, 58 pieces and 1 layette were taken to Red Cross headquarters.

Mrs. H. True—1 quilt top piece.
Mrs. Robert Stevens—1 quilt bound.
Mrs. Gertrude Kearney—2 prs. socks.
Mrs. Ian Newroth—1 pr. socks.
Mrs. Webb—1 baby sweater (donated).
Mrs. Donald Gabel—2 prs. pyjamas, 1 extra pr. pyjama pants.
Mrs. H. Lewis—1 airforce blue sweater.
Mrs. Wilbert Jones—1 pr. socks.
Miss Laura Balmann—1 tan, 1 cap, 1 boy's sweater (donated).
Mrs. H. Patten—1 pr. booties.
Mrs. Percy Colwell—2 dresses, 1 pr. rompers, 2 sweaters, 1 cap, 1 boy's sweater—Mrs. Percy Colwell.
Mrs. Jay Montgomery—1 pr. sea-men's socks.
Mrs. Fulton Smith—1 refugee sweater.
Mrs. Howard Leech—12 baby articles, 1 pr. pyjamas.
Mrs. R. Hickey—12 baby articles.

Look's Regulating Compound

A safe, reliable regulating medicine. Sold in three doses of strength—No. 1, \$1.25; No. 2, \$2.50; No. 3, \$3.75 per bottle. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, ONT. (Formerly Watson's)

W. I. CONVENTION THEME WAR WORK NUTRITION NEEDS

PROMINENT SPEAKERS ARE HEARD AT PROVINCIAL W. I. IN FREDERICTON

Special emphasis were placed on war work and the value of nutrition at the 28th annual convention of the New Brunswick Women's Institute which is being held this week, in Fredericton. A heavy agenda will occupy the attention of the delegates in attendance from all parts of the province. The sessions will be held at the Provincial Normal School with morning, afternoon and evening meetings each day. A French Session is planned Thursday afternoon.

With war activities and nutrition forming the theme of the gathering many of the reports and several of the addresses will deal with these subjects which hold so important a place in the lives of Canadians in these times of national emergency. The Women's Institute has been to the fore in the war effort on a broad scope. Too much stress cannot be laid at this time on the building of adequate diet in every home as the nation gears itself to meet the threat of the Axis powers, the W. I. firmly believes.

Mrs. Earle Saunders, (Havelock, vice-president of the N. B. W. I.), will preside over the sessions as the provincial president, Mrs. Robert Thompson, (Chance Harbor, is now a patient in the Ottawa Civic Hospital. Mrs. Denis Comeau, Carleton Place, was in the chair for the French meeting. The Wednesday morning session opened at 9.30 o'clock, the afternoon at 2.15 P. M., and the night at 7.45. Afternoon and night meetings are scheduled at the same times today but the delegates reassembled this morning at 9.15, quarter of an hour earlier than the first day of the convention.

Wednesday morning was taken up largely with greetings, reports and review of the past year which was shown as most successful in all the W. I. undertakings. Committees were named and delegates registered. Mayor Ray T. Forbes of Fredericton officially welcomed the convention to his city and Hon. A. Taylor, Provincial Minister of Agriculture, the Department which fosters the Women's Institute, gave an address.

Feature of the afternoon sitting will be an address by Miss Harriet Parsons coordinator of the illustrated address on the blood summer branch of the Wartime Prices and Trade Board, Toronto. A bank at the University of New Brunswick, given by Prof. C. W. Argue, moving pictures and a talk on visual education by Rolfe Nevers, Fredericton, also are on the afternoon program.

Addresses by Lieutenant-Governor W. G. Clark and Premier J. B. McNair, K. C., were highlights of that evening, which was devoted to the presentation of a musical program, readings and skits. The Canadian Legion Boys' Band played several selections.

Further business and submission of reports will be taken up to-day. The afternoon's program will include three addresses, "The Importance of Nutrition to National Defence," by Miss Elsie Estabrooks, girls' work supervisor, Fredericton; one on salvage, another effort behind which the W. I. stands solidly, and is expanding further, to be delivered by L. F. Sewell, Saint John, provincial organizer, and the third by Dr. A. S. McFarlane, Fredericton, chief superintendent of education, who will speak on "The Necessity of High School Education."

"The Role of Women in Education" will be the topic discussed by Dr. Norman A. MacKenzie, K. C., president of the University of New Brunswick, during Thursday evening's session. Also to be heard that night will be S. Wilfred Keohan, Fredericton, registrar of credit unions in the province, who will speak on the growth of the movement. School choral numbers will be presented by pupils from the Devon and Marysville schools.

Miss Alma E. Weldon, superintendent of the Women's Institute division of the department of agriculture, in her report the opening day will give a comprehensive outline of the amount of war work carried out and money spent for the patriotic and war purposes in the past year. Substantial supplies of quilts, blankets, sweaters, scarves, socks, mittens, helmets, layettes and toilet articles have been shipped to worthy causes. Money has been contributed to various funds and invested in war savings certificates and Victory bonds, in large sums. For instance, her report will tell of 61,518 pairs of socks knitted by the members, of \$163,248 given for boxes going to British war prisoners in Germany, of assistance in articles donated by the Salvation Army and Carleton Legion Recreation Centre and of clothing, filled utility bags and comforts consigned to

HOLD HIGH THE TORCH OF FREEDOM



Borrowing TO SAVE MONEY

In our country's present war economy, *saving* is the favourite financial watchword.

Save to be able to pay taxes when due, save to buy Victory Bonds, save to buy things for cash, save to be ready for unforeseen expenses—and yet there may be times when *borrowing* is necessary.

You may be in circumstances where borrowing at the Bank will actually save you money by preventing losses. Or you may be in a position where borrowing is necessary, regardless of your desire to save.

If you need to borrow, bring your problem to our nearest branch manager, who will regard your business as strictly private and confidential.



BANK OF MONTREAL

"A Bank Where Small Accounts Are Welcome"
MODERN, EXPERIENCED BANKING SERVICE
... the Outcome of 124 Years' Successful Operation

Woodstock Branch: H. P. BOUCHER, Manager

Buckingham Palace for the Women's Auxiliary Territorial Service and similar needs to Britain for use in air raid shelters.

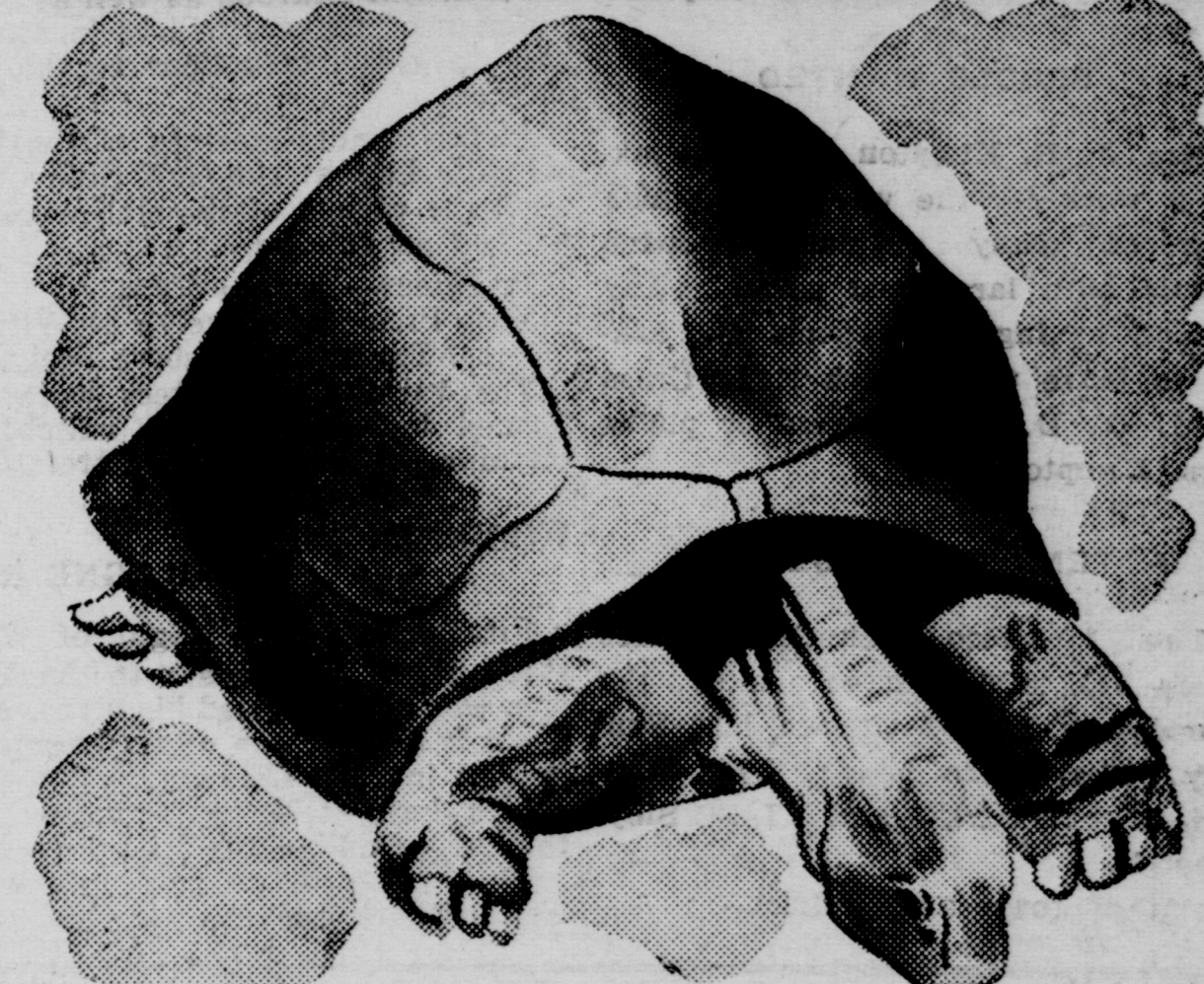
The biennial election of officers will be held next year. Thursday morning had been reserved also for the presentation of resolutions.

Help Canada's war effort—Buy War Savings Stamps.



20 for 25c (tax included)

DEPENDABLE PROTECTION



THE tortoise carries his home about with him. His broad shell back affords dependable protection.

In the same way, Brantford Roofs ensure complete roofing protection. Extra fire resistance is assured because of the coating of crushed slate embedded in the finest asphalt.

The weather-proof qualities of this superior roofing successfully resist rain, snow, sleet and sun. Thousands of Canadian homes have benefited from these advantages during the past 37 years.

Brantford Asphalt Slates may be applied over your old roof, giving your entire home new colour and beauty that will last throughout the years.

Ask your local dealer for information and prices.
Asphalt Slates—Insulated Siding—Roll Roofings.

Brantford ROOFS

are "MARITIME MADE" by
Brantford Roofing (Maritimes) Limited
HALIFAX, N.S. Factory: COLDBROOK, N.B. SAINT JOHN, N.B.



Aylmer PICKLES

"Sweet Mixed, Sweet Mustard Sour Mixed"

19 oz. Jar . 25c

Apple Juice

"Russet Gold"

105 oz. Tin . 39c

Queens Royal Sliced PEACHES

15 Oz.

2 tins . 29c

Shreddies

"Formerly known as Cubs"

2 pkgs. 25c

Culverhouse Choice TOMATOES

18 Oz.

3 tins 29c



RED ROSE Coffee

1 lb. 53c

We still have a few glass coffee makers left. Send \$1.89 and one coupon to T. H. ESTABROOKS COMPANY, LTD., ST. JOHN, N.B. Coupon given with each pound purchased.

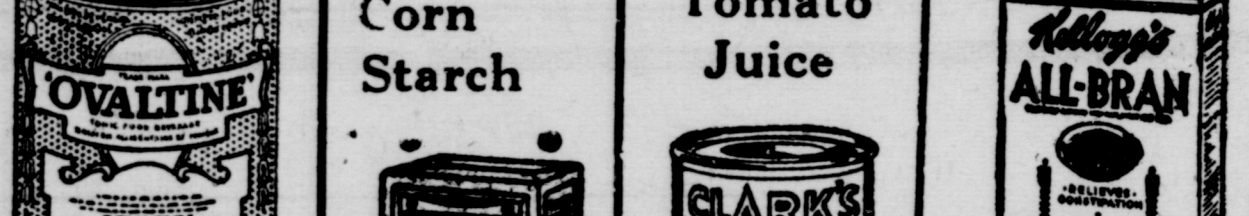
STORES HOME OWNED

Your mouth will water when you see all the Pickles, relishes and other delectables for summer picnics and summer meals! Everything good to eat at reasonable prices.

JUNE 5-6-8

HAWES' Lemon Oil .25 2 in 1 WHITE CLEANER

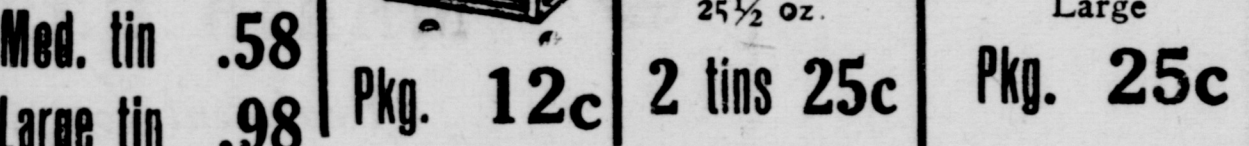
12 oz. bottle .25 Guaranteed NOT TO RUB OFF bot. 15c



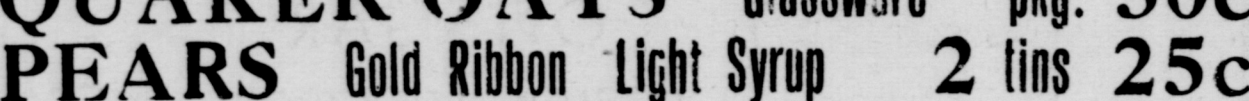
Small tin .38

Med. tin .58

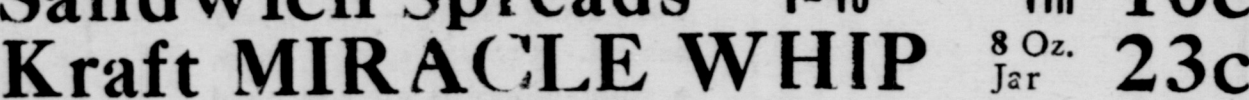
Large tin .98



Pkg. 12c



2 1/2 oz. 2 tins 25c



Large Pkg. 25c

QUAKER OATS "Glassware" pkg. 30c

PEARS Gold Ribbon Light Syrup 2 tins 25c

Clarks Assorted Sandwich Spreads 1-4s Tin 10c

Kraft MIRACLE WHIP 8 Oz. Jar 23c

Kraft Canadian CHEESE 1-2s Pkg. 25c

Aylmer Choice PUMPKIN 2 1/2s Tin 15c

Country Kist Asparagus Tips & Cuttings 12 oz. 2 tins 29c

Marven's SODAS SANI FLUSH

Family Package Pkg. 29c tin 29c

Crawford TUNA FISH "White Meat" 1-2s Tin 39c

Hire's ROOT BEER EXTRACT Bottle 35c

Willard's NUT TANGOS lb. 35c

CHOCOLATE MACAROONS lb. 35c

SUNSET DYE "All Shades" 2 pkgs. 25c



150 in box 10c

400 in box 25c



Lge. pkg. .25

Med. pkg. .10

5 blades 25c